

Pakisqnuk Community Newsletter

October 7th 2022



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AKISQNUKNIK ARE YOU INTERESTED IN **VOLUNTEERING TO ASSIST WITH CUTTING** AND DELIVERING FIREWOOD? HONORARIUM WILL BE OFFERED. CONTACT GLYNDA JOSEPH AT RECCENTRE@AKISQNUK.ORG





The federal government recently announced that certain renovations on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds + (AFN Home grant*) = the possibility of major renovations on your home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further, dale.shudra@akisqnuk.org or 250 342 6301 ext.3808



Interested in building a new home on-reserve?

The federal government recently announced that new homes being build on-Reserve may qualify for increased subsidies of up to \$106,416.

Increased funding + Member funds + (AFN Home grant?) = the possibility of a new home

If you are interested, please contact the Housing Manager (Dale Shudra) to discuss your situation further at dale.shudra@akisqnuk.org or 250 342 6301 ext.3808



Members Messages



?akisqnuk First Nation

Please be Cautious



Center of ?akisqnuk reservation

Bears on the Rez

Membership is cautioned that bears are around looking for their last minute meal before going to sleep.

Please keep them in mind when handling food (Dog food too) and garbage.

Smiles 4 Canada

free* braces program for low income families with children up to age 14 as applications reopen in January 2023.

https://smiles4canada.ca/

*There is a \$500 admin fee once accepted, but that's still a far cry from the \$5000-8000+ that traditional braces usually cost.

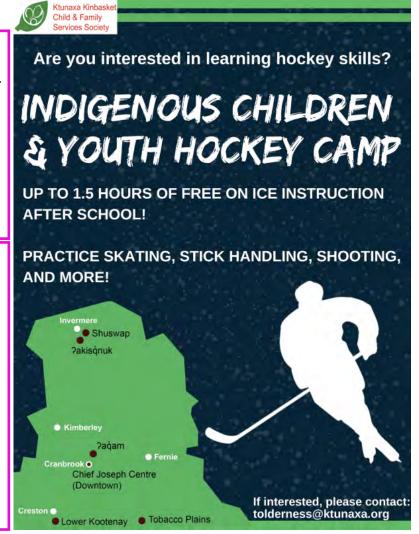
Hunting on ?akisqnuk Reservation

Membership did pass a motion which is still in effect that non-members will not be allowed to hunt on Akisqnuk First Nation lands weather guided or not. No member of Akisqnuk will be allowed to guide non-members for the purposes of hunting on AFN lands.

This includes traveling through the reserve to access crown lands.

Also the Akisqnuk First Nation does not condone hunting at night on Akisqnuk Lands

Lorne Shovar
Director of Lands Resources & Infrastructure

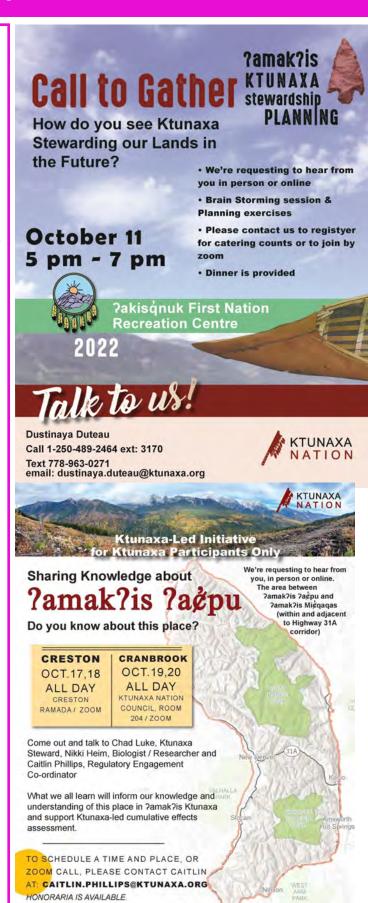




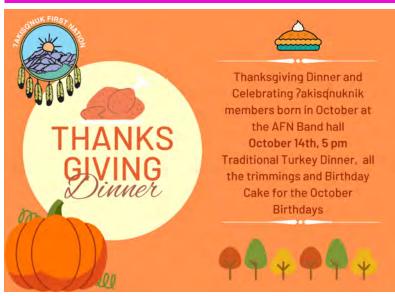
Upcoming Events: Mark your calendas

October

- Oct 11th 5-7pm.: KNC Lands Call to Gather stewardship planning. Contact Dustinaya Dusteau at 1250 489 2464 ext.317 or email dustinaya.duteau@ktunaxa.org
- Oct. 13th 2 4pm.: ?akisqnuk Dr. Page Clinic at AFN health center. To Book appointment or cancel contact 250 342 6379.
- Oct.14th 5pm.: ?akisqnuk Thanksgiving and October Community Dinner at the Bandhall.
- Oct. 17th &18th.: KNC Lands is requesting to hear from Ktunaxa Citizens and sharing knowledge about ?amak?is ?a¢pu and ?amak?is Mi¢qaqas within and adjacent to highway 31A corridor. Do you know about this place? At the Creston Ramada/Zoom. Contact caitlin.phillips@ktunaxa.org
- Oct.18th & 19th 9-4pm.: ?akisqnuk Foot Clinic at AFN health center.
- Oct. 19th & 20th.: KNC Lands is requesting to hear from Ktunaxa Citizens and sharing knowledge about ?amak?is ?a¢pu and ?amak?is Mi¢qaqas within and adjacent to highway 31A corridor. Do you know about this place? At the Cranbrook Ktunaxa Nation Council building room 204 or Zoom. Contact caitlin.phillips@ktunaxa.org.
- Oct.19-24.: Ktunaxa ksukiłwi·na'tik 2022 Hunting Camp
- Oct.24th.: Ktunaxa Literacy Day
- Oct.25th 10am.: ?akisqnuk Elders' meeting.
- Oct. 27th 2 4pm.: ?akisqnuk Dr. Page Clinic at AFN health center. To Book appointment or cancel contact 250 342 6379.
- Oct.27th.: KNC Economic sector 2022 Ktunaxa Business Showcase at the Prestige Rocky Mountain Resort Cranbrook. Need a ride? Contact <u>alexis.martig@ktunaxa.org</u> to make arrangements.
- Oct.28th 2-4pm.: 3rd Annual ?akisqnuk KKCFSS Trunk O'Treat at the ?Akisqnuk Arbour.



Upcoming Events: Mark your calendas



Note the date change for community thanksgiving dinner



Ktunaxa Literacy Day 2022

Monday October 24th, 2022 11:AM

Cranbrook Public Library 1212 2nd St. N Cranbrook B.C

- Ktunaxa Legend Time
- Scavenger Hunt
- Ktunaxa Language Lesson with ?aqam Language Team

Fun for all and everyone!!

Hosted by Cranbrook Public Library & 7aqam Language & Culture Department







For more information contact Brett Capilo at bcapilo@aqam.net or Mike Selby at mselby@cranbrookpubliclibrary.ca







Upcoming Events: Mark your calendas



Thursday, October 27, 2022

Prestige Rocky Mountain Resort 209 Van Horne St. S. Cranbrook

Authentic Ktunaxa products available!

Connect with Ktunaxa business, entrepreneurs and artists

Open to the public 1:00PM - 5:00PM

Opening by the Ktunaxa Nation Dance Troupe







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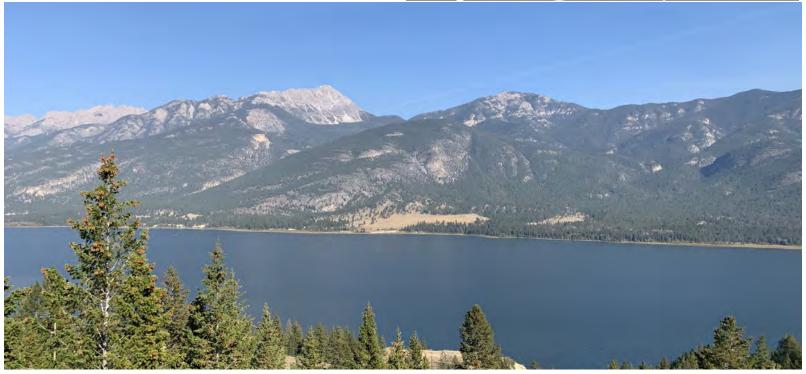


Teck



Ktunaxa Nation Council Economic & Investment Sector





Upcoming Event: Mark your calendas



\$150/person (includes \$50 tax Receipt)
For tickets or information visit ekfh.ca
or call 250-489-6481



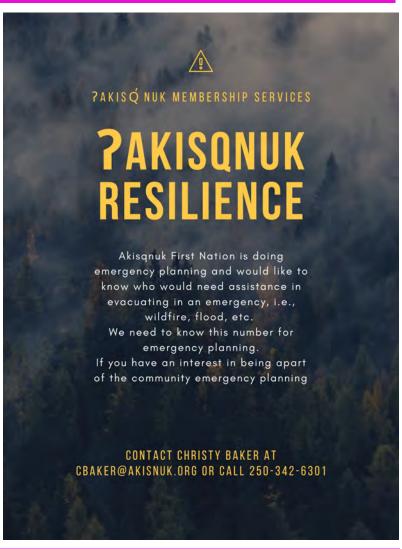




SOMUK FIRST NAME OF THE PROPERTY OF THE PROPER

Community Engagement Needed







Ktunaxanintik Did you sign up yet?

Ktunaxa Hakqyit is to provide an online engagement space for Ktunaxa. Register to learn

about, and contribute to, engagement opportunities such as surveys, stories, forums and ideas. Share your thoughts and stay updated on the projects that matter most to you. Most Engagement Projects are open to Ktunaxa contributors only, while the Sections are available to view by everyone.

Sign up here https://ktunaxahakqyit.org/

Community Engagement Needed





TO LEARN MORE ABOUT THIS INITIATIVE OR TO SIGN UP CONTACT RICAHRD BRYCE AT RICHARD.BRYCE@KTUNAXA.ORG

REGALIA MAKING WORKSHOP

SIGN UP. DATE: TBD

We at Akisqnuk KKCFSS would like to coordinate a regalia making workshop and would like to know how many would like to participate, and who could help with making regalia from the community.

we haven't set a date yet, and will based on how many would attend.



"AND THAT'S HOW YOU MAKE MY FRYBREAD"

Contact
communication@akisqn
uk.org if you want more
information or have
questions with anything
in the newsletter



ું For ?akisqnuk artist & photographers to submit



Ktunaxa Legacy Publication

Lillian Rose is collecting submissions for the Ktunaxa Legacy Pubication project. Please reach out to have your story idea, article, photo or artwork included! Contact Lillian Rose Traditional Knowledge and Language Coordinator Cell 250 342 1635

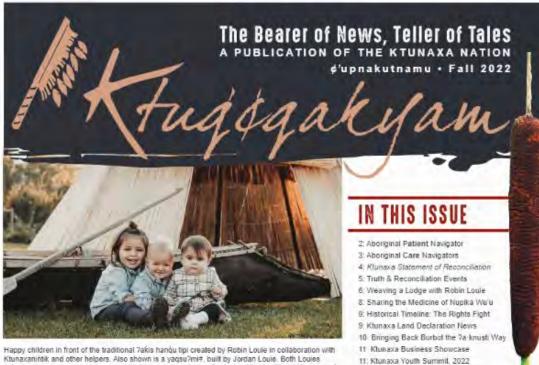
lillian.rose@ktunaxa.org

Pioneer article on the project

https://www.columbiavalleypioneer.com/ktunaxa-legacy-publication-in-the-works-through-parks-canada/

For ?akisqnuk artist & photographers to submit





Ktunaxanintik and other helpers. Also shown is a yaqsu?mi#, built by Jordan Louie. Both Louies (who are cousins) are devoting considerable energy and expertise to tend the traditional Klunaxa cultural and technological practices that make being Khunaxa so unique. See Page 6 for more (Photo, R. Louie)

12 Celebrate the Ktunaxa Economy

Treatment Centre Update The Seven Nations Scaring Eagles Treatment Centre Council Social and Economic investment sectors, and

ans who seek help and treatment.

As Nasurkin Louis told My Cresson Vou com in 2019, Next steps "They've made the decision that they want to change. The members of the design committee have been final-

so far "The team, including Shane Stewart, manager missions. of KNC's Economic Investment Sector, is ensuring the If everything goes according to the schedule, by end of

NuZkiy, First Nations Heath Authority, Ktunaxa Nation construction will begin.

Cover (the architects). The group had regular meetings The project has been in the works for several years. to review drawings and designs. They raised many Nasu2kin Jason Louie of Yaqan Nu2kiy says it sep-resents the seven First Nations that live in B.C. He says finalized the schematic designs based on the needs of the 12-bed facility will accept all Indigenous Canadithe treatment centre clients. Most funds are in place. with other applications in process.

their lifestyle. They're realizing that there's an issue ired, and meeting dates have been set. The committee with alcohol and drugs in their lives. That their lives will tackle decisions on siding, roofing, materials, have become unmanageable. We just want to get them flooring, colour choices, all the choices needed to complete the entire project.

Dabbia Whitahead, Director of Ktunaxa Nation Coun- Meanwhile, the architects will create the construction ci) Social Investment Sector, is pleased with progress documents and get ready for the bidding tender sub-

centre is built in a timely manner," she said. "The sociate is built in a timely manner," she said. "The sociative is incorporated, and the curriculum is complete."

January, 2023, the bad package tender will be sent out to potential contractors. By end of February, 2023, the A group was informally created, made up of Yaqan tender will be awarded. And by April or May, 2023,



Drawing courtesy Cover Architects, A site view of the Seven Nations Soaring Eagles Treatment Centre. Construction is anticipated to begin as early as April of 2021. If you have questions about the treatment centre building project, please contact Curtis Wullum, Lower Koolenay Banti If you have questions about the operations, contact Debbie Whitehead, KNC Social Investment Sector, and if you have questions about the design, contact Shane Stewart, KNC Economic Sector.

Ktugeqakyam, The Bearer of News, Teller of Tales

Check out the revamped Ktunaxa newspaper Ktug¢gakyam!

https://www.ktunaxa.org/ktug%cc%93%c8%bcgakyam-%c2%a2%cc%95upnakutnamu-fall-2022/? fbclid=lwAR15DFQ6jcEPCLwFbfhuiEEteTcxiKe2F4gJ8jcF6lAorfYtmcZJsa7iVM0



Reminders & Notices



KNC CEO Codie Morigeau Report

Check out the latest KNC report from CEO Codie Morigeau https://sway.office.com/
oKF0ys39viB8WtyH?ref=Link

In this issue:

- A historic and beautiful day...
- Ktunaxa Literacy Day coming up!
- AGA: Thank you
- Truth & Reconciliation Day coverage
- Covid Booster Clinic: October 13
- Sharing Knowledge about ?amak?is ?a¢pu
- Jared Basil elected Vice Chair, COTR
- Education & Employment Sector Council endorses Dr. Stan Chung
- Water totes delivered
- Little bit 'bout burbot
- BladeRunners outdoor training recap
- Most excellent newsletters...
- Salmon Festival Photo Gallery
- PAnDA NDN Tacos adds stew to the menu!
- #EndOverdose event coverage
- Ktuggakyam: See the newspaper online
- Ktunaxa Business Showcase coming up fast!
- Ktunaxa Nations' Links
- Career Pathways

Ktunaxa Phrases of Today

WHO

BC Youth aged 14 to 18

WHEN

January 2023 to June 2023

WHY

- Discuss issues that matter.
- Play an essential role in how the RCMP connects with Youth.
- Receive volunteer hours and a reference letter.

HOW

Send an email to yacbc@rcmp-grc.gc.ca for an application

BC RCMP YOUTH ADVISORY COMMITTEE

APPLICATION CLOSING DATE: Oct 31, 2022!!

Lend your voice
Explore new perspectives
Achieve change
Dare to make a difference





Social Development update



Job Search documentation and Monthly Renewal Applications need to be submitted to Christy Baker email:

chirsty.baker@akisqnuk.org Due the 15th of every Month

Reminders & Notices



OPEN FOR APPLICATIONS

Deadline: November 28, 2022

Funding amounts from: \$5,000 - \$16,100

MAP is a one-on-one language immersion program in the home and on the land! The goal is to support the development of fluent speakers of B.C. First Nations languages.

Offering two program streams: **Mentor-Apprentice Program:** offers 300 hours of

immersion per year for up to 3 years.

Mentor-Apprentice Connections: less intensive, offering 100 hours of immersion at a flexible pace.

Program Contact

Hannah Green, Language Program Coordinator map@fpcc.ca

For more information and guidelines, visit: fpcc.ca/MAP

WHEN UR CA FROM THE REZI **SKODEN**

fpcc.ca/grants



Used Laptops to Donate

(Nation Members only)

The laptops (10) have been setup as donation systems with base Windows 10 and open office, they will be first come first served, they can be picked up at KNGB or possibly delivered to communities.

Contact Kyle Highwind kncreception@ktunaxa.org or call 250 489-2464. Contact
communication@
akisqnuk.org
if you want more
information or have
questions with
anything in the
newsletter





Self-Care





7AKISÓNUK **HEALTH CENTER**

KU?ŁMAKAKU
(RIPENING OF THE CHOKECHERRIES)
SEPTEMBER

KUPAQPI?K

(FALLING LEAVES)

OCTOBER

SEPT. 29TH 2-4PM.: DR. PAGE CLINIC OCT. 13TH & 27TH 2-4PM.: DR. PAGE CLINIC

OCT. 18TH & 19TH 9AM-4PM.: FOOT CLINIC NOV. 29TH & 30TH- 9AM-4PM.: FOOT CLINIC

*Please note Jason Juell Akisqnuk RN will be away from the Office Sept 21st - Oct.5th *

Naloxone kits are available for pickup at the Health Center for anyone who would like them

For more deatils on the Foot Clinic & Dr. Page Clinic or to cancel your appointment Contact Office: (250) 342-6379



Contact
communication@aki
sqnuk.org if you
want more
information or have
questions with
anything in the
newsletter

Self-Care



Mental Health

on-call 310-1234

Available counsellors

https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050.

can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

Dr. Page Clinic

September. 29th is the next clinic. Contact Health Center for booking, canceling or more information at 250-342-6379

Foot Clinics

October 18th & 19th, November 29 & 30 are the next clinics. Contact Health Center for booking, canceling or more information at 250-342-6379

Chiropractor*

Pakisqnuk Members may book your Chiropractor appointment at *Invermere Family Chiropractor at 250-342-9666*

Massage*

Pakisqnuk members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

Non Coverage Medical*

?akisqnuk members living in BC have <u>Pacific Blue</u> <u>Cross</u> Coverage.

If your needing assistance with medical expenses that are not covered contact the ?akisqnuk Health Manager Patsy Nicholas for assistance at <u>patsy.nicholas@akisqnuk.org</u>

Medical Appointment Transportation

If you need assistance with transportation to health appointments contact health staff to make arrangements at 250 342 6379.

*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Health Manager Patsy Nicholas at patsy.nicholas@akisqnuk.org.





?Akisqnuk First Nation—Wildland Firefighting

We are looking at running a training program for people interested in Wildland firefighting for next year. If you are interested, please contact Stephanie with name and contact information to be added to the list. (250) 342-6301 Ext:3807 or stephanie.sam@akisqnuk.org
More information will be provided when it's available.



Employment Opportunities



?akisġnuk Fist Nation

The following positions are available at ?akisgnuk First Nation.

To view the full descriptions visit https://akisqnuk.icompasscms.com/content/employment-and-contracting-and-submitting-your-interest to hany.hafez@akisqnuk.org

- Financial Officer
- Social Development Worker
- Land Referrals Coordinator
- Water Operator Trainee
- Project Manager Trainee
- Administrative Assistant
- Registered Forest Technician
- Community Wellness Facilitator

Eva Joseph Learning & Cultural Society

The society is currently looking for ?akisqnuk /Ktunaxa grass roots people interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.

Ktunaxa Nation Career Opportunities

in the territory checkout KNC website at https://www.ktunaxa.org > Careers for Bids for Contracted Services and current postings

Nupqu is looking for

- Operations Manager
- Forestry Technician
- Archaeology Field Director

Check out the full descriptions at https://ca.indeed.com/jobs?q=nupqu&l=British% 20Columbia&from=searchOnHP&vjk=d2287aa816a4dc9a&advn=8704366642967792







Chief & Council

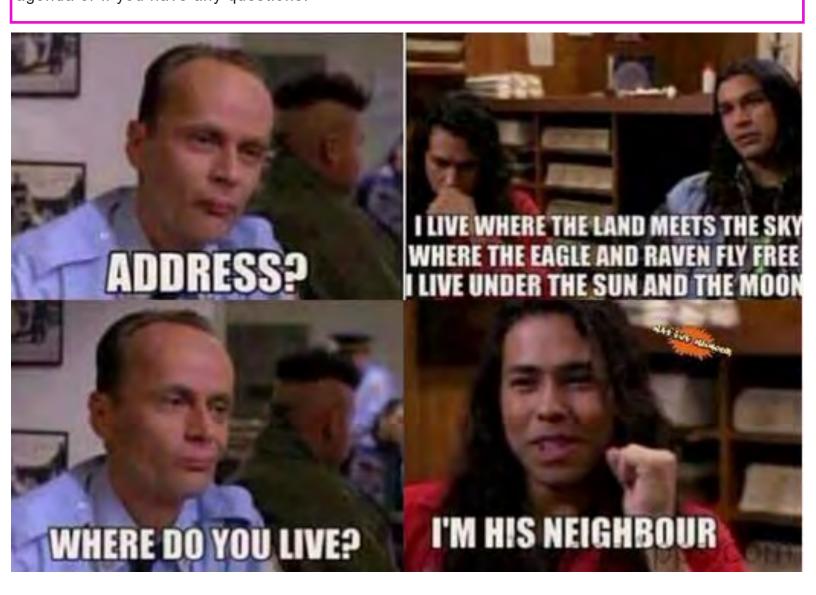


Band Meeting

TBD

Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before. Deadline is October 14th for October 19th Chief and Council. Contact Executive Assistance Karen Vargas karen.vargas@akisqnuk.org to request to be on agenda or if you have any questions.





Elders' Corner

?Akisqnuk Elders Committee

Scheduled

Scheduled: September 27th 2022, 10 am AFN Band Hall and Zoom.

Usually Last Tuesday of the Month

All members over 60 are welcome to attend or log in.

Zoom: https://us02web.zoom.us/j/85632236041?pwd=OU85WCs4MURKeTU0djZGUlpxcmZEdz09

Ktunaxa Nation Council, Traditional Knowledge and Language (TKL) Elder's Advisory

1st Wednesday of Every month. Next meeting is October 5th 2022.

Contact Barbara Fisher for agenda items, information (location for in-person) and/or Zoom link at barbara.fisher@ktunaxa.org

KKCFSS Elder Resident position posting

KKCFSS is looking for Resident Elders for their offices ?aq'am, Yaqan Nukiy, ?akisq'nuk, BC

https://www.ktunaxa.org/wp-content/uploads/Resident-Elders.pdf

Eva Joseph Learning and Cultural Society

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.







Eva Joseph Learning and Culture Society (EJLCS)



Dear Akisqnuk Families,

Thank you to everyone who visited the center during the AGA. The staff enjoyed meeting community members and reuniting with past students. Kayla has changed the story walk to "k‡aw‡a New Friend" and it is a perfect bedtime or anytime stroll! The children at Little Badgers have been learning all about swaqmu this month and are excited to place their Art fish on the Garden Fence for everyone to see!

The potato harvest has been postponed upon the advice of wiser gardeners but are excited to harvest! There will be 3 garlic beds planted this fall for next summer's harvest. If anyone is interested in planting please stop by the center or reach out to Kayla at kayla.ejlcs.ahs@gmail.com!

Just a reminder! Community members requiring child care are placed at the top of our waitlist and given priority placement within programs! To register your child or inquire about the programs available please feel free to call us at 250-342-6331 or email little.badger.windermere@gmail.com.

As part of the Aboriginal Head Start Programming community members under the age of 6 are entitled to receive free childcare and quarterly care packages throughout the year! If you have a child in this age range and are not receiving information on AHS please reach out to Kayla at kayla.ejlcs.ahs@gmail.com!

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.

Community Quality of Service Standards Survey



COMMUNITY QUALITY OF SERVICE Survey



HTTPS://WWW.SURVEYMONKEY .COM/R/F5T6GWG



Service standards strengthen Band accountability by making performance transparent and increase the confidence of members in their leadership by demonstrating commitment to service excellence.

Please set aside some time to complete this survey.

