

Pakisqnuk Community Newsletter



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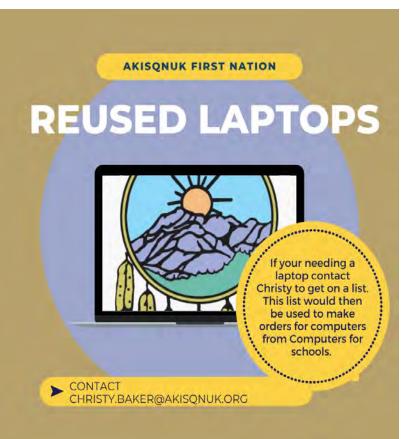






AKISQNUKNIK ARE YOU INTERESTED IN **VOLUNTEERING TO ASSIST WITH CUTTING** AND DELIVERING FIREWOOD? HONORARIUM WILL BE OFFERED. CONTACT GLYNDA JOSEPH AT RECCENTRE@AKISQNUK.ORG





Members Messages

Community Christmas Dinner

Akisqnuk would like to get on the planning for the Christmas season and is seeking input from community on what they would like to see happen this year for the Community Christmas Dinner/celebration with a proposed date of Sunday, Dec. 11th. There is also a call out for caters if

the community wants a catered dinner. Please take a minute to complete the survey by clicking the link below or scanning the QR code https://







Let the 2022-2023 Ski Season Begin! Well... almost!
Most hills are due to open beginning of December!
We are excited to offer FREE skiing/snowboarding again this year! We have partnered with Resorts of the Canadian Rockies(this includes: Nakiska, Kimberley, Fernie, and Kicking Horse resorts) to offer all community members(and their spouse/children, on and off reserve free lift tickets, lessons and ski rentals, as well as a \$25 food voucher! This will be available on Sundays, as we are only able to offer it once per a week.

To participate, you must email Raylene at raylene.fortin@akisqnuk.org with the following information for each participant: Ski hill you wish to ski at, Names, Ages, equipment needed, and lesson information (level).

You will then receive an email with a copy of the vouchers to print and present at the ski hill!

We are also working on a partnership with Panorama near
Invermere. The program will be the same as above. We are just
awaiting confirmation from them!







Members Messages



Housing Department Newsletter

Dale Shudra, AFN Housing Manager November 2, 2022

Attention Seniors!

Do you want to move to a new accessible housing unit?

If so, 3-plex 2 (3048 Hwy 93/53) will be ready for occupancy shortly.

- Rent for these beautiful new units is only \$550 per month
- Two units include accessible features such as:
 - One floor units with low slope entrances
 - Wheelchair accessible with walk-in shower
 - Accessible cabinets and appliances

If you are interested and have not submitted an application, please contact me to discuss.



Members Messages





Do you want to renovate your home?

CMHC funding is available for renovations to adapt your home for senior's independence.

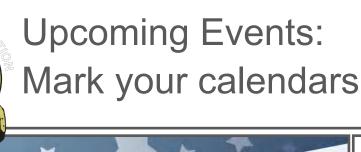
These renovations could be:

- Replacing tub with a walk-in shower
- Adjusting cabinets heights
- Installing Grab bars or handrails
- Relocating appliances

If you have interest in such renovations, please contact the Housing Department.

Dale Shudra , Housing Manger 250 342 6301

dale.shudra@akisqnuk.org





\$150/person (includes \$50 tax Receipt)
For tickets or information visit ekfh.ca
or call 250-489-6481





NOT ALONE

October

- Nov.1st 10am-2pm.: Flu Shot Clinic at ?akisqnuk First Nation Health Center.
- Nov.8th & 9th 9am-4pm.:Chris Luke Sr. Wellness Workshop at the ?akisqnuk band Hall. RSVP with Christy Baker for catering Numbers.
- Nov.8th 5:15-715pm.: Free food recovery community dinner at the Little Badgers Early Learning center, serving chili with both meat or vegetarian options. Bring your own bowls and spoons to help reduce waste.
- Nov.10th 2-4pm.: ?akisqnuk Dr.
 Page Clinic at AFN health center.
 To Book appointment or cancel contact 250 342 6379.
- Nov.16th 9am-12pm.: Coffee with the Cops at the Columbia Valley Rec.center. Come join Jamie and Monty for a cup of coffee.
- Nov.18th 2:30pm.: Qat'muk Pow wow at the Heritage Inn in Cranbrook. RSVP with Karri Garner at kgarner@ktunaxa.org.
- Nov.24th 2-4pm.: ?akisqnuk Dr.
 Page Clinic at AFN health center.
 To Book appointment or cancel contact 250 342 6379.
- Nov.29th 10am.:?akisqnuk Elders committee meeting at ?akisqnuk Band Hall. Zoom available.
- Nov.29th & 30th 9-4pm.: ?akisqnuk
 Foot Clinic at AFN health center.

Upcoming Events: Mark your calendars

Little Badgers Early Learning Centre Invites You!

Our team at Little Badgers are hosting our first FREE food recovery community dinner.

Where: Little Badgers Early Learning Centre (3046 Highway 93/95, behind the Akisqnuk Recreation Centre)

When: Tuesday November 8th from 5:15-7:15pm.

What: We will be serving chilli with both meat and vegetarian options.

We are really looking forward to connecting with our community. IF possible, please help us reduce waste by bringing your own bowls and spoons:)

Please note childcare will not be provided at this event

A huge thank you to Sobeys and The Columbia Valley Food Bank for making this possible!







Chris Luke Sr. Wellness Workshop

Come to this workshop and work with Ktunaxa Elder and published author Chris Luke Sr.

NOVEMBER 8TH & 9TH, 2022 9AM-4PM 7AKISQNUK BANDHALL

RSVP with Christy Baker for catering numbers christy.bakereakisqnuk.org or Call 250 342 6301 ext.3845 Zoom will be available

WES Remembrance Day invite

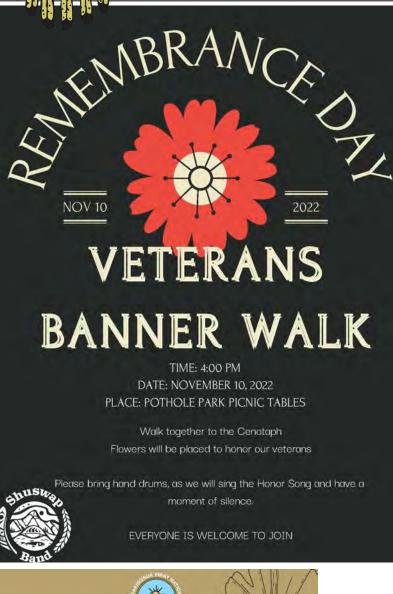
Windermere Elementary would like to extend an invitation to members of the Akisqnuk First Nation and Shuswap Band to join our school in celebrating Remembrance Day. We will be hosting a ceremony at 11:00 on Thursday, November 10 in the gymnasium at Windermere Elementary School. All are welcome.

Sincerely,

Members of the WES teaching, administrative, and support staff



Upcoming Events: Mark your calendars







COFFEE WITH

November 16th 9am—12pm Rec. Center





for a cup of coffee





Upcoming Events: Mark your calendars



Celebrate Qat'muk



November 18, 2022 Heritage Inn Cranbrook

2:30 Doors Open (Doors close at 2:50)
3:00 Welcome & Ceremony

Opening Comments & Acknowledgements

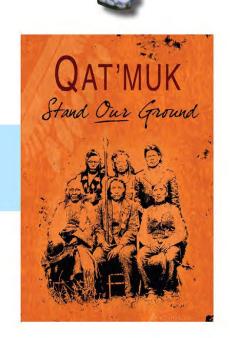
5:30 Dinner **7:00** Pow Wow

Celebrate the Past, Present and Future of Qat'muk

So we can plan for the meal, please RSVP to Kerri Garner at kgarner@ktunaxa.org by October 18, 2022. Thank you!

Please Note: Due to health concerns of some who will be in attendance, we request that you do a COVID rapid test within 24 hours of the event and also wear a mask. We will have rapid tests at the door if you do not have access to one.







Community Engagement Needed

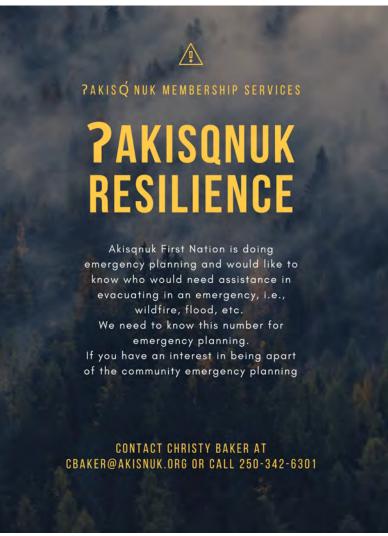


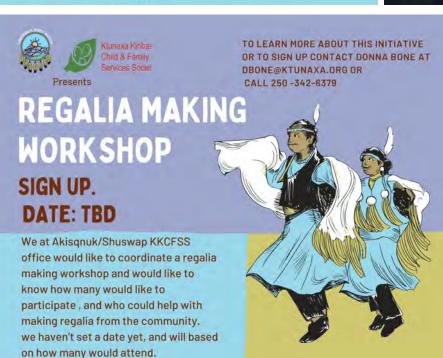
Akisqnuk is recruiting/looking for people who would be interested in being in an events team to assist in planning events for the community. Honorium will also be provided for your time

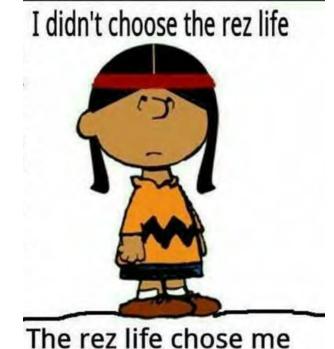


If your interested in being apart of the events team will be meeting every thursday at the rec center at 1:30pm, zoom can be made available. if that works best for you. You may send ideas to communication@akisqnuk.org

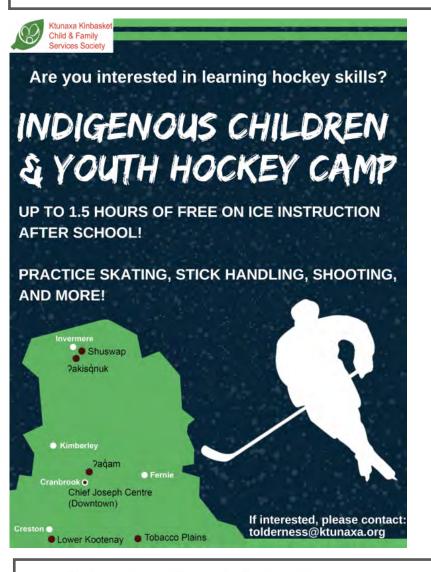








Community Engagement Needed







Ktunaxanintik Did you sign up yet?

Ktunaxa Hakqyit is to provide an online engagement space for Ktunaxa. Register to learn

about, and contribute to, engagement opportunities such as surveys, stories, forums and ideas. Share your thoughts and stay updated on the projects that matter most to you. Most Engagement Projects are open to Ktunaxa contributors only, while the Sections are available to view by everyone.

Sign up here https://ktunaxahakqyit.org/

For ?akisqnuk artist & photographers to submit ian Rose is collecting submissions for the Ktunaxa Legacy Publication project. Please reach out to have your story idea, article, photo or artwork included! Contact Lillian Rose Traditional Knowledge and Language Coordinator Cell 250 342 1635 lillian.rose@ktunaxa.org Our Land. Our Words. Our Stories.

Ktunaxa Legacy Publication

Lillian Rose is collecting submissions for the Ktunaxa Legacy Pubication project.

Please reach out to have your story idea, article, photo or artwork included!

Contact Lillian Rose Traditional Knowledge and Language Coordinator Cell 250 342 1635

lillian.rose@ktunaxa.org

Pioneer article on the project

https://www.columbiavalleypioneer.com/ktunaxalegacy-publication-in-the-works-through-parkscanada/



Check out the revamped Ktunaxa newspaper Ktug¢gakyam!

https://www.ktunaxa.org/ktug%cc%93%c8%bcgakyam-% c2%a2%cc%95upnakutnamu-fall-2022/? fbclid=lwAR15DFQ6jcEPCLwFbfhuiEEteTcxiKe2F4gJ8jcF 6IAorfYtmcZJsa7iVM0

Or pick up your paper copy at the band office



Treatment Centre Update



Reminders & Notices



? a k i s q n u k

Health Centre

& Ktunaxa Kinbasket Child & Family Services

250-342-6379





COME ON IN, GRAB A
FREE COFFEE, A BOOK,
AND CHECK OUT OUR
SERVICES AND
RESOURCES!







You can often find free donated food items, and even a pot of chili or soup on the stove!

Stop by between 830-12 or 1-430, Monday-Friday.





Reminders & Notices

Service Coordinator



Assistance with Jordan's Principle requests, appeals, payments, data collection, and case management

?AQ'AM HEALTH AND WELLNESS CENTRE:

OCTOBER 19

NOVEMBER 2

NOVEMBER 16

DECEMBER 14

?ЛО'ЛМ ПЕЛЬТИ FAIR

NOVEMBER 30

Health

- · mobility aids
- · wheelchair ramps
- elders' services
- mental health services

Social

- · social work
- · land-based activities
- respite care
- · cultural programming

Education

- · tutoring services
- teaching assistants
- · mental health services
- assistive technology

MICHAELA.MATTERS@KTUNAXA.ORG

2504641631







Ktunaxa Kinbasket Child & Family Services Society





Social Development update



Job Search documentation and Monthly Renewal Applications need to be submitted to Christy Baker email:

chirsty.baker@akisqnuk.org Due the 15th of every Month





Self-Care



?AKISÓNUK **HEALTH CENTER**

KTAŁU?K ¢UPQA (DEER RUTTING) NOVEMBER

NOV. 10TH 2-4PM.: DR. PAGE CLINIC NOV. 24TH 2-4PM.: DR. PAGE CLINIC

NOV. 29TH & 30TH- 9AM-4PM.: FOOT CLINIC

Please note that all Medical receipts should be submitted directly to Christy Baker christy.baker@akisqnuk.org

Naloxone kits are available for pickup at the Health Center for anyone who would like them

For more details on the Clinics or to cancel your appointment Contact Office: (250) 342-6379



Self-Care

Mental Health

on-call 310-1234 Available counsellors

https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf

KUU-US Crisis Line can be reached toll-free at 1-800-588-8717. Alternatively, individuals can call direct into the Youth Line at 250-723-2040 or the Adult Line at 250-723-4050.

can support individuals, but are not limited to, mental health issues and crisis related to residential school, child welfare, addiction, health concerns, divorce and separation, suicide ideation and survivorship, grief and loss, crime, abuse, peer pressure and financial distress.

Dr. Page Clinic

November 10th is the next clinic. Contact Health Center for booking, canceling or more information at 250-342-6379

Foot Clinics

November 29 & 30 are the next clinics. Contact Health Center for booking, canceling or more information at 250-342-6379

Chiropractor*

Pakisqnuk Members may book your Chiropractor appointment at *Invermere Family Chiropractor at 250-342-9666*

Massage*

Pakisqnuk members may book your massage with Lynn Birkett, Rising Sun massage therapy in Radium at 250 341 5668.

Non Coverage Medical*

Pakisqnuk members living in BC have Pacific Blue Cross Coverage. If your needing assistance with medical expenses that are not covered contact the Pakisqnuk Member services director Christy Baker for assistance at christy.baker@akisqnuk.org

Medical Appointment Transportation

If you need assistance with transportation to health appointments contact health staff to make arrangements at 250 342 6379.

*If you like to see someone else or are living off reserve keep/submit receipts for reimbursement or to make other arrangements contact Member Services Director Christy Baker at christy.baker@akisqnuk.org.



Contact
communication@aki
sqnuk.org if you
want more
information or have
questions with
anything in the
newsletter

Community Quality of Service Standards Survey



COMMUNITY QUALITY OF SERVICE Survey

SCAN QR CODE

HTTPS://WWW.SURVEYMONKEY .COM/R/F5T6GWG



Service standards strengthen Band accountability by making performance transparent and increase the confidence of members in their leadership by demonstrating commitment to service excellence.

Please set aside some time to complete this survey.



Learning Something New

?Akisqnuk First Nation—Wildland Firefighting

We are looking at running a training program for people interested in Wildland firefighting for next year. If you are interested, please contact Stephanie with name and contact information to be added to the list.

(250) 342-6301 Ext:3807 or stephanie.sam@akisqnuk.org More information will be provided when it's available.





Early Childhood Education

Begin your journey towards Early Childhood Education certification at College of the Rockies

College of the Rockies is offering ECED 113 Health, Safety and Nutrition in a monthly intake model. The course will be offered starting the first Monday of every month from October through March. Students can complete the online course at their own pace over a maximum of 15 weeks.

The 10-Module course focuses on the important aspects of health, safety, and nutrition in an ECE setting Topics explored include:

- · Introduction to field trip and menu planning
- . The promotion and modeling of a healthy, safe environment
- . Standards of cleanliness; preventing the spread of
- · Supporting the management of a chronic health condition

Children and Family Development's approved courses for Early Childhood Educator Assistant certification through the ECE Registry.

Course prerequisite: Minimum 65% in English Studies 12, English First Peoples 12, or equivalent (refer to Course Equivalency Information on the College website

To register:

or by phone at at 250-489-8237.



BladeRunners

BladeRunners is a free employment readiness program to provide you with the skills certifications, experience, and connections to gain employment.

We offer both individual and cohort delivery methods

By going the individual route, you can customoze the program to fit your needs and life goals.

Those who qualify are:

- Between the ages of 15 and 30
- · Unemployed or underemployed
- · Not currently on EI
- · Not enrolled in full-time studies.

Intake is ongoing; give us shout!

CERTIFICATIONS

- First Aid
- Serving It Right
- WHMIS
- Skid Steer Operator
- Chainsaw Safety Construction
- Safety Training
- Microsoft Excel
- ... lots more

For more information or to share your ideas, contact:

Brandon 250-489-2464 ext 3155 Brandon.Hunt@ktunaxa.org

250-489-2464 ext 3063 Jenn.Higginbottom@ktunaxa.org

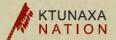
LOCATIONS

- · ?akisánuk
- ?adam
- Yaqit ?a·knuqli'it
- Yaqan Nu?kiy
- Argenta
- Cranbrook
- Crawford Bay
- Creston
- Fikford
- Fernie
- Golden
- Grasmere
- Invermere Kaslo
- Kimberley
- Nelson
- Salmo
- Sparwood





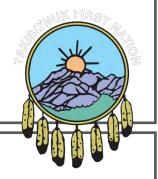




Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.

Visit us at www.ktunaxa.org/five-pillars/educationemployment

Employment Opportunities





REGULATORY ENGAGEMENT COORDINATOR

FULL-TIME PERMANENT

LANDS & RESOURCES SECTOR

The Klunaxa Nation is characterized by the spirit of courage, initiative, innovation, perseverance, and leadership that it has brought to the work of preserving and protecting both the past and the future of its people. This has been accomplished through the exceptional commitment and vision of its human resources. It is therefore expected that employees who represent the Ktunaxa Nation will be committed to honouring the spirit of the Nation's work by putting their best into all that they do and by conducting themselves at all times ethically, professionally and respectfully.

POSITION SUMMARY:

The Regulatory Engagement Coordinator (REC) is responsible to the Team Lead, Mining Oversight, and the Rumaxa Lands and Resources Council (RELRC) for ensuring that Rumaxa aboriginal fille, rights, and interests, including stawardship principles, are protected and enhanced in any regulatory decision-making processes. The position is responsible for ensuring coordination between RNC staff and Contractors in reviewing and responding to external land use applications as directed. These responsibilities are to the extent possible within reasonable regulatory decision-making functions.

Coordination includes badgeting, organizmage gengagement at a technical level, coordination of participation of other RNC sectors, community outreach and communication, and overseeing external consultants on an associed basic.

DUTIES AND RESPONSIBILITIES:

Project Coordination

- 24 Coordination
 Primary person responsible for the effective coordination of staff involved in relevant permitting and EA projects, casures that comprehensive responses are provided to the external based on Kunava aboriginal fille, rights, and intensis including stewardship principles.
 Coordinates and supports KNC participation in strategic level engagement as directed (i.e. under the government-to-government and government to S¹⁰ party agreements or processes).
 Provides significant input into government regulatory schedules;
 Coordinates data gathering and finishwork pertaining to relevant projects including use and occupancy, archival, biophysical, archaeological, etc.

- · Maintains detailed records of meetings, and discussions as they pertain to consultation and reports out on results
- and action items; cassures action items are completed by KNC staff.

 At the direction of the Team Lead, Mining Oversight prepares and presents reports and bracfings to edition meetings thand and Nation level). Lands and Resources Council, and community chief and council meetings.
- Supervises the completion of reports required by funders
- pport information tharing and reporting including the development of newsletter items, presentations, and
- Support the analysis and preparation of options and recommendations for electron-makers pertaining to relevant regulatory engagement projects.
- · Maintain confidentiality on all matters relating to the affairs of the KNC

- · With guidance from the Team Lead, Mining Oversight, the coordinator develops and monitors budgets relating to projects the treambent leads and develops funding proposals and position/contractor descriptions to support relevant projects
- . Responsible for the accuracy of paperwork (travel claims, expense claims, 18%, time tracking) related to project the incumbent lead-

The incumhent is the primary steward of all documents created by multiple working groups and committees, agreements, records of decisions, as well as any official or confidential documents married to the KNC.

POSITION QUALIFICATIONS

A Bachelor's degree (BA or BSe) in natural resource management or related discipline with extensive relevant experience.

Required Skills, Knowledge, and Experience

- 5-8 years of job-related experience Strong technical knowledge with the ability to communicate technically in layman's terms Project management and coordination experience
- Friges inangement experience:
 Extensive experience working in a Frist Nations government or with First Nations,
 Knowledge of natural resource industries (mining, forestry, hydro)
- Knowledge of British Columbia permitting requirements within relevant Ministries (i.e. Environmental Assessment Office, Ministry of Mines, Environment, Forests, Lands and Natural Resource Operations, etc.).
- Knowledge of the consultation and accommodation legal framework associated with Aberiginal rights Ability to weic independently and in a feam environment Strong oral and written communication skills Problem-solving and interpersonal skills

- Ability to meet deadlines
- Valid BC Driver's License and access to a reliable vehicle

The Klunaxa Nation Council is committed to providing and maintaining a safe and healthy work environment for all employees and the people, Communities and Bands that we serve.

Proof of vaccination is required in accordance with the Ktunaxa Nation Council vaccination
Policy,
Internal staff and Ktunaxa people are encouraged to apply; support to apply for this position
can be accessed through the Education and Employment Sector Service Center.

Come with your willingness to learn! Please submit your cover letter and resume Telling us what attracts you to the position and how your experiences relate.

Human Resources Ktunaxa Nation Council PO 7825 Mission Road

Cranbrook, BC V1C 7E5 Fax: (250) 489-2438
CLOSING DATE: December 2 2022
styly: however, only those selected for an inner

Pakisgnuk Fist Nation

The following positions are available at ?akisġnuk First Nation.

To view the full descriptions visit https:// akisqnuk.icompasscms.com/content/employment-andcontracting and submitting your interest to hany.hafez@akisqnuk.org

- **Financial Officer**
- Social Development Worker
- Land Referrals Coordinator
- Water Operator Trainee
- Project Manager Trainee
- Administrative Assistant
- Registered Forest Technician
- Community Wellness Facilitator

Eva Joseph Learning & Cultural Society

The society is currently looking for ?akisqnuk /Ktunaxa grass roots people interested in sharing stories or cultural activities with the Badger students please contact Kayla

at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.

Ktunaxa Nation Career Opportunities in the territory checkout KNC website at https:// www.ktunaxa.org > Careers for Bids for Contracted Services and current postings

Lands and Resource Sector Director (CLOSING DATE:

October 27, 2022, 4:30 pm)

Aboriginal Care Navigator

Clinical Supervisor – Complex Care Shelter

Maintenance Worker

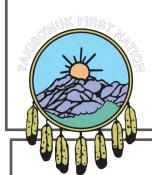
Medical Office Assistant

Regulatory Engagement Coordinator (Nation Council

Client Services Worker

Wellness Center Project Manager

Elder Secretariat



Chief & Council

Band Meeting

TBD

Chief and Council

Deadline to submit items to Chief and Council Agenda is always the Friday before. Deadline is November 11th for November 16th Chief and Council.

Elders' Corner

?Akisqnuk Elders Committee Scheduled

Scheduled: November 29th 2022, 10 am AFN Band Hall and Zoom.

Usually Last Tuesday of the Month

All members over 60 are welcome to attend or log in.

Zoom: https://us02web.zoom.us/j/85632236041?pwd=OU85WCs4MURKeTU0djZGUlpxcmZEdz09

Ktunaxa Nation Council, Traditional Knowledge and Language (TKL) Elder's Advisory

1st Wednesday of Every month. Next meeting is December 7th 2022.

Contact Barbara Fisher for agenda items, information (location for in-person) and/or Zoom link at barbara.fisher@ktunaxa.org

Upcoming Workshop

Dec 5 – Seniors BC – Elders abuse workshop – virtually via zoom. (More info to follow – from Seniors BC)

KKCFSS Elder Resident position posting

KKCFSS is looking for Resident Elders for their offices ?ag'am, Yagan Nukiy, ?akisg'nuk, BC

https://www.ktunaxa.org/wp-content/uploads/Resident-Elders.pdf

Eva Joseph Learning and Cultural Society

If you are interested in sharing stories or cultural activities with the Badger students please contact

Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.



Eva Joseph Learning and Culture Society (EJLCS)



Dear Akisgnuk Families,

A busy few weeks at little badgers!!!

The Eva Joseph learning and cultural society received the Columbia valley chamber of commerce business excellence award for Outstanding Workplace!

Teacher Evy received CBEENS Award for environment excellence in the early years!

And we had so much fund at our Halloween party with special guest draquarius from the Invermere public library and trunk or treating!

As part of the Aboriginal Head Start Programming community members under the age of 6 are entitled to receive free childcare and quarterly care packages throughout the year! If you have a child in this age range and are not receiving information on AHS please reach out to Kayla at kayla.ejlcs.ahs@gmail.com!

If you are interested in sharing stories or cultural activities with the Badger students please contact Kayla at Kayla.ejlcs.ahs@gmail.com. Honorariums are available.