

Pakisqnuk Community Newsletter April 1-30, 2025



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Notices

Housing Report and Update – Gayle Michel

Review AFN Housing Policies, rental units and homeowners.

I took a ride through the reserve to get an idea of what the rental units are looking like. As the snow melts away, yards need to be cleaned. If you need help with your yard, please give me a call at 250-342-6301 ext. 3822.

Be happy in your home. Keep your yard clean and fire smart. https://firesmartbc.ca/

Rental Policy section 25 - Unlicensed vehicles

Give me a call to make arrangements for any unlicensed vehicles to be towed as they may be a fire hazard.

SPRING HAS SPRUNG....DON'T STEP IN THE DUNG.

Spring Cleaning Check In

- Check and clean hood filter on your range/stove.
- Spring clean your home and yard.
- Check and clean or replace the furnaces air filters each month during the heating season.
- Check smoke and carbon monoxide detectors and replace batteries if needed. If you don't have a smoke detector contact kevin.mcnab@akisqnuk.org.
- Clean windows, screens and hardware. Check the screens and repair as needed.
- Open water valve to outside hose connection after all danger of frost has passed.
- Examine the foundation walls for cracks, leaks or signs of moisture, and repair as required.
- Check eaves troughs and downspouts for loose joints and secure attachments to your home, clear any obstructions, and ensure water flows away from your foundation.
- Clear all drainage ditches and culverts of debris.







AFN PROJECT MANAGER BOB COTTERALL UPDATE NO.11

MULTIPURPOSE FACILITY

COMMUNITY MEMBERS ARE INVITED TO DROP BY THE PROJECT MANAGER'S OFFICE ANY TIME TO DISCUSS ANY QUESTIONS THEY MAY HAVE.

DEAR PAKISÓNUK COMMUNITY,

I am pleased to report on the current activity of construction of the Multipurpose Center.

Winter conditions have certainly become much warmer and have allowed foundation work to proceed on the Health Center under-slab work and similarly on the west side of the Administration component. The framing crews will be arriving within the next weeks to start framing on the Administrative Component. Once finished in this area they will proceed to the Health component.

Several meetings are happening with BC Hydro, Telus, and the fiber optic providers. These services will probably be portions of both underground and aerial distribution. Our next newsletter will outline the design once these meetings are concluded.

With the return of spring, attention will be given to species at risk - mainly the bats and badgers. A discussion with the provider of bat houses is currently underway and the best location to erect these houses is also being reviewed.

In regard to the facility septic field, this area of land is being closely watched for the possible return of badgers. Badger mitigation will be reviewed with Vast Resources (wildlife biologists) to ensure badger safety.

Danny Burgoyne and his committee continue to work on the design and construction of the new Arbor. More information on the Arbor will be provided in the next newsletter.

Construction of the fourplex is continuing with expected completion in September of 2025.

Should you have any questions please drop by the ATCO Trailer. We would be happy to answer any questions.





UPCOMING_{events}

APR 1

Health Centre Closed for Staff Meeting 12-4PM

APR 3 Good Food Box Pickup @ Mural Room 12-3:30PM

APR 3 Monthly Lunch & Learn Round Room 1-2PM

APR 3 Haŧi·¢atik Magazine Issue #2 Launch Party! Invermere Library 6-7PM

APR 7-11 Regional Health Survey Health Centre

APR 18-21 Offices Closed for Easter Weekend

APR 22 Earth Day Clean Up & BBQ Meet at Health Centre 10AM-5PM APR 24 Good Food Box Pickup @ Mural Room 12-3:30PM

RECURRING events

1st Tuesdays: April 1 @ 1-4:30PM

2nd Tuesdays:
Acupuncture Clinic @ 10AM - April 8

Health Centre closed for Staff Meeting

Elders Meeting - April 16

Every other Wednesday: Chief & Council Meetings - April 16, 30 MAY 1

Pakisqnuk Open House & Health Fair Columbia Lake Rec Centre 2-6PM

1st Mondays: Community Shopping Trip @ 10AM - April 7

> 3rd Tuesdays: Massage Clinic @ 10AM - April 15

> > Every Tuesday & Thursday: Healing Circle, Wiyu Lodge

Every other Thursday:
Dr. Page Clinics @ 2-4PM - April 10, 24

Health & Wellness

MARCH 2025						
S	M	Т	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2025

	MAY 2025						
S	М	Т	W	Т	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

						31
SATURDAY	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY
5		Good Food Box at Rec Centre	2	1 Health Centre Closed for Staff Meeting In Afternoon	31	30
		Physio Rehab Services				
		Recovery Healing Circle at Wiyu Lodge				
12		10	9	8	7	6
		Dr. Page Clinic		Acupuncture Clinic	Community Shopping Trip to Cranbrook	
		Recovery Healing Circle at Wiyu Lodge		Women's Circle at Wiyu Lodge		
19	18	17	16	15	14	13
	Good Friday - Health			Massage Clinic		
	Centre Closed					
		Recovery Healing Circle at Wiyu Lodge		Women's Circle at Wiyu Lodge		
26		24	23	22	21	20
		Good Food Box at Rec Centre			I Wall	
		Dr. Page Clinic			Easter Monday - Health Centre Closed	Easter Sunday
		Recovery Healing Circle at Wiyu Lodge		Women's Circle at Wiyu Lodge		
3	2	1	30	29	28	27
			Foot Care Clinic			
				Women's Circle at Wiyu Lodge		

Please contact the ?akisqnuk Health + Wellness Center at healthcentre@akisqnuk.org or 250-342-6379 for more information or to book or cancel an appointment



Pakisqnuk Health and Wellness Programs: Scan the QR code for more details, or visit our <u>website</u>.

- Mental wellness and trauma recovery
- One-on-one recovery mentorship
- Serenity After the Storm Recovery Healing Circle
- Chiropractics
- Acupuncture
- Massage
- Nutrition coaching
- Vaccines
- Non-coverage medical



Don't forget to schedule your appointments for physician, massage, acupuncture, and foot clinics by calling the **Health Centre at (250) 342-6379**, or in-person at the Health Centre!



April 3rd 2025, from 6-7pm

Meet us at the Invermere Library for snacks, crafts, and a free issue of hative atik magazine!









Monthly Lunch & Learn

For members & staff!



Thursday, April 3rd from 1-2pm in the Round Room

This session, join our guest speaker to discuss online physiotherapy, which brings physiotherapy to remote communities via telehealth.

Lunch will be provided.

Please RSVP by calling the Health Centre: (250)342-6379



REGIONAL HEALTH SURVEY (RHS) 4

?Akisq'nuk Nation

April 7th - 11th
Akisqnuk Health Centre
3050 BC-93, Windermere BC

What is the RHS4?

The RHS is a voluntary nation-wide survey for First Nations people **living in their home community**. It asks about wellness, access to health care, health conditions and behaviors, housing, traditional health, food security, water quality, etc. The survey is important to gather data that will help in policy development and decision-making to improve the well-being of First Nations people. Your voice is important, and we want to hear it!

Visit www.fnha.ca/health-surveys for more information about us!

Receive a \$25 gift card for participating in the Survey!

Interested in participating, but couldn't see us in person?



Email us at RHS4@FNHA.ca and ask about participating. We'll email a link so you may fill out the survey yourself!



Call us at 1 (833) 633-3642 press #3 and then #3 to be connected to one of our knowledge gatherers!

All Nations members residing in community may participate in the survey



Earth Day Clean Up and BBQ - Tuesday April 22, 2025

Sign up for a day of celebrating Mother Earth! Land clean up on reserve, BBQ, and prizes!

Agenda:

10:00am: Meet at the Health Centre, staff and members will be divided into teams. Everyone participating will be provided with gloves and safety vests. There will also be helpers needed for the support vehicles.

Noon: Bagged lunches will be delivered to all teams.

2:30pm: Wrap up and return to the Rec Centre. Prize for the strangest item found!

3:00pm to 5:00pm: Barbeque at the Rec Centre.

All staff and members who would like to participate are required to sign up in advance so we have enough support to keep teams safe.

We will pick up large items at the end of your driveway. If you need assistance getting items to the end of your driveway let us know.

To sign up please email: val.stackhouse@akisqnuk.org or call 250-342-6301 ext. 3879



Pakisqnuk Members AGA Planning Committee & AGA Save the Date

Your ideas, input, and knowledge are requested to help make the 2025 AGA a great success!

Meetings will be limited to once per month and no longer than 1.5 hours.

Snacks will be provided at meetings and your time will be covered by honorarium.

AGA Dates: August 22nd, 23rd, & 24th

If you are interested in joining, please email val.stackhouse@akisqnuk.org or call (cell) 902-526-0919 for further information.

Sign up for the Planning Committee by April 15!



Open House!

Columbia Lake Recreation Centre

Save the date: Thursday, May 1st, 2025

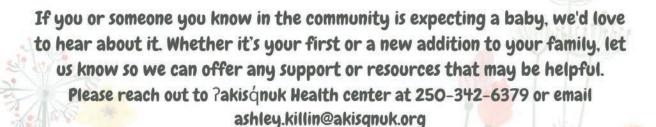
2:00pm to 6:00pm

Open House and Health Fair – Meet the staff at ?akisq́nuk First Nation and see what we are working on.

Visit our Health Fair booths!

This event is open to both members and the greater community.

Plus! Members Wellness Day (Members only area) Enjoy an afternoon of wellness activities. Relax and rejuvenate!



Save the Date

Family Summer Camp 2025 July 2nd - 4th, 2025

Get ready for adventure, connection, and unforgettable memories! Join us for a fun-filled family getaway with exciting activities, campfire nights, and quality time in nature.

Mark your calendars and stay tuned for registration details! #FamilyCamp2025 #SaveTheDate #SummerFun





Left: A young reader enjoying hali ¢atik magazine issue #2! Right: New spring growth. Photos submitted by Theresa Kains.



COMMUNITY SHOPPING TRIP TO CRANBROOK



FIRST MONDAYS!

APRIL 7, MAY 5, JUNE 2

Details:

- Seats Available: Up to 7 passengers
- Registration: Required for all participants. Elders will have priority.
- Need a Ride? Let the Health Centre know if you need transportation to the Health Centre.

Book Early! Seats may fill up fast.

Depart from Health Centre at 10AM Morning stops:

Superstore, Walmart (with optional stops at the second-hand store and dollarama)

Afternoon (time permitting):

Casino (2:00 PM - 4:00 PM)

Return:

Depart from the Casino at 4:00 PM

TO REGISTER CALL ROBERTA @ 250-342-6379



Thursdays, 6pm-7pm

Thursdays, 6pm-/pm Wiyu Lodge

A welcoming and supportive environment for community members and their family and friends who are struggling with substance use to share experiences, strengths, and hope to help each other on the road to wellness.



Are you or someone you love struggling with addiction?

Hello everyone, my name is Shayne Bonenfant. I am a Recovery Mentor & Liaison who works within communities as an independent contractor. I have over 6 years of experience sponsoring & mentoring more than 100 men & women battling addiction. I build relationships with community members and give them the tools to help them create a new life. Ceremony has been a big part of my healing journey. In truth, I am also an addict in active recovery who has gained a lot of knowledge on the grips of substance use & alcoholism. My purpose in life is to help others & do Creator's work.

I am on site at the ?akisq́nuk Health Centre every Thursday & Friday, and available to talk any time.

If you would like to reach me, please call or text 403-437-3097 or email me at shayneb@billward.life









Good day, my name is Hilary Vance, and I am offering community members an opportunity to visit my place for HOCATT (Hyperthermic Oxygen Carbonic Acid Transdermal Technology) and PEMF (Pulsating Electromagnetic Field) treatments.

Discover the Healing Power of HOCATT (Hyperthermic Oxygen Carbonic Acid Transdermal Technology)

Supports Detoxification – Sweats out toxins, heavy metals, and impurities. Boosts Oxygen Levels – Enhances oxygen absorption for improved energy and healing. Strengthens the Immune System – Helps the body fight infections and inflammation. Supports Joint & Muscle Health – Reduces pain, stiffness, and speeds up recovery. Improves Circulation – Enhances blood flow and nutrient delivery to cells. Promotes Relaxation & Stress Relief – Calms the nervous system and enhances well-being. Increases Cellular Energy – Helps the body function more efficiently. Revitalizes Skin & Anti-Aging – Improves complexion and promotes youthful skin.

These sessions are sponsored by the band, making them accessible to community members at no cost.

If you're interested in learning more about these treatments, feel free to reach out to me. There's also plenty of information available online for further research.

Contact me at 250-688-6135 to book a session. Start 2025 by healing and rejuvenating your body!



We Want to Keep You Moving!

Invermere Family Chiropractic looks forward to meeting the musculoskeletal needs of the Akisqnuk band. We have a longstanding agreement with the band and welcome all members to receive treatment in our office.

To keep moving well you can call our office to make an appointment, 250-342-9666, or book online at https://invermerefamilychiropractic.janeapp.com.

We are located at 505B – 7 Ave. Invermere, between the barbershop and yoga studio.

It's always a great time for Flourishing Health!



We invite you to use the services of Flourishing Health! We offer Traditional Chinese Medicine which includes acupuncture, nutrition coaching, qi gong exercises, cupping or Chinese medical massage to address your health concerns.

We come to you! We are at the ?akisq́nuk Health Centre on the second Tuesday of each month. You can book an appointment or drop in by contacting the Health Centre.

Or, book an appointment at our clinic on our website:

https://flourishinghealth.janeapp.com/ or text (250) 688-0033 to request an appointment.



I recently had the privilege of attending three significant events in Hawai'i that focused on language preservation and technological integration:

- 1. Computel-8 (March 4–5, 2025) Hosted at the University of Hawai'i at Mānoa, Computel-8 explored the intersection of language and technology. This event highlighted innovative tools and strategies for Indigenous language revitalization. Key moments included:
 - A keynote by Elder Bruce Starlight on developing an intelligent dictionary for Tsuut'ina.
 - Panels and discussions featuring languages like SENĆOŦEN, Hawaiian, Ojibwe, Kwak'wala, and others.
- 2. International Conference on Language Documentation and Conservation (ICLDC 9) (March 6–9, 2025) The conference brought together linguists, language champions, and tech innovators to share knowledge and strategies for supporting Indigenous languages. We were deeply inspired by the presentations from First Peoples speakers and the robust collaboration between communities. The emphasis was on actionable tools, such as Alenhanced resources, digital dictionaries, and multimedia applications.
- 3. **Hilo Field Study** The Hilo Field Study offered a practical immersion, enabling us to learn from on-the-ground initiatives in language documentation and conservation. This hands-on experience enriched our understanding of the challenges and successes of language revitalization efforts in different contexts.

Key Takeaways and Impacts

- Integration of Technologies: Leveraging modern tools can greatly enhance efforts to revitalize Indigenous languages.
- Collaboration: Combining traditional knowledge with modern technology through crosscommunity and interdisciplinary collaboration is crucial.
- Culturally Informed Design: It's not just about data; the design must respect cultural
 contexts and involve collaboration with communities, industry, and linguists.
- · Holistic Approach: History, culture, and language are intertwined and central to identity.
- Respect for Spiritual Beliefs: Developing new resources must honor the spiritual beliefs associated with the language.
- Adaptability: As knowledge grows, it's important to adapt and evolve.
- Consistency in Resources: Ensuring alignment in verb tenses and other linguistic elements is key for consistency.
- **Human Element in Al:** While Al can assist, human expertise remains vital for transcription and data collection.

- Building Trust: Establishing trust and rapport is essential, especially when working with diverse communities.
- **Technical Skills:** Audio tech skills, coding, and linguistic knowledge are necessary for effective language documentation.
- Open Source Tools: Transcribing tools can be open or closed source, but no single tool does it all yet.
- Living Dictionaries: These tools help document and provide access to Indigenous languages.
- Coding Workshops: Basic coding workshops from a linguistic perspective can enhance collaboration.
- Safe Spaces for Publishing: Creating accessible and mobilizing spaces for Indigenous voices in academic publishing is important.
- Immersion Programs: Immersion day models and adult immersion programs are effective for language learning.
- Music and Songs: Using music to reconnect and preserve language and culture.
- **Data Persistence:** Ensuring data is not locked into proprietary systems for long-term sustainability.
- Library Science Models: Libraries are starting to play a significant role in language collection and preservation, and this is being integrated into library science curricula.
- Interactive Games: The development of interactive games using narrative design for language learning.
- **Home Language Learning Kits:** Kits centered around learning through play and meeting families where they are.
- Language Survey Design: Designing surveys to collect useful data for policy-making and measuring fluency.
- **Prosody in Language Education:** Incorporating prosody (melody and rhythm) into language education before literacy, especially when languages differ significantly.
- **Field Studies:** Observing and learning from thriving language revitalization communities, like the Hilo field study, to inspire and inform local initiatives.



 How do the akisqnuknik envision incorporating these new insights into our Ktunaxa language initiatives?

Please let me know if you'd like more detailed notes or specific points.
Thank you for your continued support.
Theresa Kains,
Community Engagement Administrator, theresa.kains@akisqnuk.org



ASSEMBLY OF FIRST NATIONS



Assembly of First Nations (AFN) Bulletin

Claims Process Launch for First Nations Child and Family Services and Jordan's Principle Settlement

Summary:

- The Federal Court has approved a launch date for the first claims period to begin for those affected by discrimination in the First Nations Child and Family Services Program and narrow application of Jordan's Principle class action settlement.
- This process is separate and distinct from ongoing efforts to secure an agreement on long-term reform of First Nations Child and Family Services. The negotiations on compensation and long-term reform are two different settlement agreements with different approvals processes.
- The first claims period will open on March 10, 2025, and applies to the Removed Child and Removed Child Family classes.
- Individuals who may be eligible for compensation under the period opening March 10, 2025 include First Nations individuals who were removed from their homes as Children between April 1, 1991, and March 31, 2022, while living on reserve or in the Yukon and placed into care funded by Indigenous Services Canada, as well as their Caregiving Parents or Caregiving Grandparents.
- The Removed Child and Removed Child Family classes are two of the nine classes under the final settlement agreement on compensation. The additional classes will have claims periods to be determined at a future date.
- Help is available to support applicants with the claims process. Visit www.fnchildclaims.ca for more information.

Federal Indian Hospitals Class Action

If you were admitted to a Federal Indian Hospital, you may be eligible to receive money as part of a proposed Canada-wide settlement that has been reached to compensate individuals for harms they suffered.

Compensation is not yet available — the Settlement Approval Hearing will be at the Federal Court of Canada from **June 10 — 11, 2025.**

Sign up for emails

News release

Final agreement reached to resolve Hardy class action \nearrow

Lands & Resources

Request for participants on Pakisquak Lands Committee

Do you want to have a voice and contribute your ideas and advice about how to steward ?akisqnuk Lands both on and off reserve?

This is your chance!



Do you have:

- Traditional and modern on the land knowledge;
 Knowledge of Ktunava Perspective and Values
- Knowledge of Ktunaxa Perspective and Values including ?aknumuøtiŧiŧ;
- Desire to improve ?akisqnuk reserve lands and ?amak?is Ktunaxa;
- Interest in Land Stewardship and management;
 Willingness to work with other Ktunayanintik in a
- Willingness to work with other Ktunaxanintik in a positive and supportive environment;
- Willingness to learn new knowledge, skills and perspectives

Submit a resume and cover letter to lorne.shovar@ akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org if you are interested in joining the ?akisqnuk.org is a particular to the same of the same of

CLICK <u>HERE</u> for the BC Government's website on Surveillance and Testing for CWD.



Pictured above:

Before and after photos of prescribed burning at Indian Beach Estates, November 2024 and March 2025 respectively, which is now 90% complete.

ATTENTION HUNTERS: COMPLETE THESE STEPS

Leave 3 inches of neck

to keep tissues needed for CWD intact.

ELK, MOOSE, CARIBOU

STEP 1

Prepare to submit tissues for CWD in one of three ways:

> Submit a head:

Cut head off animal and remove antlers (nose can be removed for elk/moose).

> Keep upper skull for Euro mount:

Cut out lower jaw with the tongue and all tissues at back of throat. Only need lower jaw for deer. Also need the obex for elk/moose.

> Submit your own samples:

Remove lymph nodes and tonsils (for deer), or lymph nodes and obex (brainstem - for elk and moose).

STEP 2.

Fill out CWD Ear Card provided at freezer.

STEP 3.

Remove and retain perforated portion of Ear Card to look up results online.

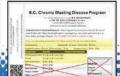
STEP 4

Attach CWD Ear Card to head or jaw with ziptie, or put in ziplock with samples.

STEP 5.

Place sample in drop-off freezer.







Cut off head between base of skull and spine (first

vertebrae).

EURO MOUNT

naue, and all tissues

t back of throat.

THANK YOU FOR YOUR CONTRIBUTION TO CWD RESPONSE! Visit gov.bc.ca/chronicwastingdisease for more information

Learn how to submit samples for the testing requirement in the CWD Management Zone (MUs 4-1 to 4-8 and 4-20 to 4-25) on our website.

Hunter samples from deer, elk, and moose are **critical for science-based** Chronic Wasting Disease (CWD) management.

Be part of the solution and help stop the spread of CWD.

Learn more at gov.bc.ca/chronicwastinadisease



Odds & Ends



Water totes for Ktunaxa recipients.

Between 2021 & 2022, the KNC facilities team delivered 80 water totes to Ktunaxa recipients, generously gifted by SKookumchuk Pulp (Domtar, formerly Paper Excellence).

Totes are free (first come, first served), clean (but not for human drinking water), and delivered to you in late April/early May.

Great for fire protection, gardening, trees, critters, hot tubs & kiddie pools!

To claim your gift tote, contact communications@ktunaxa.org (250) 489-2464



TUESDAYS & THURSDAYS 11 AM - 12 PM

DESIGNATED TIME FOR OUR WOMEN, ELDERS, AND SENIORS TO USE THE WEIGHT ROOM AND WALKING TRACK!

Elders are welcome to walk the outer boards of the main gym floor.

Faculty of Medicine UBC Learning Circle: Centre for Excellence in Indigenous Health - Upcoming Webinars



April 17th, 2025 – Indigenous Patient Experience: Measuring Cultural Safety In Health Care with Dr. Jenny Morgan and Alison Hill



April 22nd, 2025 – Daylighting 7 Colonial Knots in COVID-19 Pandemic Response: Doing Our Homework with the BC Office of the Provincial Health Officer

CALLING ?AKISÓNUKNIK WHO ARE INTERESTED IN MENTORSHIP

As the Chief and Council address national matters, we would like to reach the members who are interested in attending conferences, workshops, etc., to get a glimpse into matters we address that impact our community.

Some of the events encourage Knowledge Holders and Youth to attend. If this interests you, please reach out to kevin.morrall@akisqnuk.org.

?akisqnuk First Nation Chief and Council



Indigenous Tourism BC Training Opportunities



www.indigenousbc.com/training | Indigenous Tourism BC | training@indigenousbc.com

SAVE THE DATE

CULTURE CAMP

You're Invited!
All Ktunaxa ?aq‡smaknik
JUNE 12-15, 2025
at Grave Prairie



MORE DETAILS SOON!

LandsCommunityEngagement@ktunaxa.org















Aknumu@i‡is: Ecological Engagement Through the Seasons 2025

Program Information



Application Deadline May 07, 2025 Program Dates Sep 02, 2025 - Oct 03, 2025 Arrive Sep 07, 2025

Depart Oct 04, 2025

This program starts online:
Online September 02 - 06, 2025

In Person September 08 - October 03, 2025





7akisq'nuk First Nation Community Consultative Group

Cpl. Jarret Cottrell of the Cranbrook RCMP and BC Indigenous Policing Services is looking for 3 - 10 member volunteers to meet 4 times a year or when issues arise to help provide suggestions, share community policing priorities, share issues from the RCMP, offer advice, and enhance police officers cultural sensitivity and awareness.

If you are interested contact jarret.cottrell@rcmp-grc.gc.ca

This five-week hybrid residency will engage 12 visual artists whose artistic practice includes land-based themes, environmental sustainability, Indigenous narratives of the land, and/or use of natural materials.



MAY 27-29, 2025

CROWN ISLE RESORT
399 CLUBHOUSE DRIVE
COURTENAY, BRITISH COLUMBIA

QUENEESH INDIGENOUS COMMUNITY SOCIETY, 3100 SAHTLOOT CRESCENT COMOX, BC, V9M 4G7

CONTACT INFORMATION

QUENEESHSOCIETY@GMAIL.COM

WEST COAST INDIGENOUS ELDERS CONFERENCE

2025 West Coast Indigenous Elders' Conference—the conference theme is, Teachings from the Past, Shaping Our Future.

With that vision in mind, we will come together to share, teach, learn, create and celebrate our rich diversity of Indigenous culture.

- Ethnobotanist Dr. Nancy Turner on First Nation Traditional Plant & Land Tending
- New Possibilities for Health in Food as Medicine with Dr. Don Wilson, Heiltsuk Physician
- Love is Medicine, Monique Gray Smith, author of Braiding Sweetgrass for Young Adults and Speaking our Truth: A Journey of Reconciliation
- Workshops on Devil's Club, Regalia Making, Cedar Weaving, Formline & Bentwood Box Making
- Traditional Plants for Food & Medicine
- Ne'nagwa'nakwala Project on the former St. Michael's Residential School
- Welcome Reception & Casino Night
- Queneesh Regalia Walk & Indigenous Fashion Show Gala

The Queneesh Indigenous Community Society invites First Nation, Inuit and Métis 50+ years young to come together on the Traditional Territory of the K'ómoks First Nation.

Visit queneesh.com for more information. Registration link at komoksfestival.com.





AIYUKPANCHI, HA? ADS L. WELCOME

INTERNATIONAL NETWORK OF INDIGENOUS HEALTH, KNOWLEDGE AND DEVELOPMENT RECLAIMING INDIGENOUS ECOLOGIES OF LOVE CONFERENCE

28 APRIL — 2 MAY 2025
27 APRIL 2025 - STUDENT PRE-CONFERENCE
TAMAYA RESORT. ALBUQUERQUE. NEW MEXICO. USA

Call for Interest: Indigenous Health Conference Opportunity!

Are you an ?akisq́nuk member passionate about Indigenous health and community leadership? We're offering the opportunity for a few members to attend the International Network in Indigenous Health Knowledge and Development (INIHKD) Conference in New Mexico at the end of April.

What's Covered?

Conference fees, transportation, accommodations, meals (per diem rate)

→ Who Should Apply?

This opportunity is for members (18+) who are able to travel, committed to participating in the conference, and bringing back knowledge to benefit the ?akisqnuk community.

→ How to Apply?

Email <u>healthcentre@akisqnuk.org</u> for an application form. Selection will be based on an application process.

Learn More:

Find conference details here: INIHKD Conference

Don't miss this chance to grow, connect, and give back! 🦠

Ktunaxa Citizens' Excellence Honour Awards Nomination Deadline

2025 April 15, 2025

Nominate Ktunaxa for these award types:

- Lifetime Achievement
- Recognition

In these categories:

- Cultural Knowledge
 & Language
- Sports
- Arts & Entertainment
- Business & Career
- Other Contributions

Who Can Nominate?

Ktunaxa individuals, groups, or recognized organizations.

Who Can Be Nominated?

Any living Ktunaxa citizen or active Ktunaxa group.

How to nominate



Easiest option

Use the **QR code** with your smart phone to access the online form at...

https://forms.office.com/r/N5yC0UdcdY

Or you can...

Download the form, fill it in and email, fax, mail or deliver by hand.

Download at:

www.ktunaxa.org/ 2025-ktunaxa-nationcitizens-excellencehonour-awards/

Email:

citizencommittee@ktunaxa.org

Fax: (250) 489-2438

Mail: 7825 Mission Road, Cranbrook, BC V1C 7E5

Drop-off:

Ktunaxa Nation Council, 220 Cranbrook St. N, Cranbrook, BC

Questions or want help with forms?

Shaun.Penner@ktunaxa.org | 250-489-2464

Awards Presentation: May 13, 2025 Ktunaxa Nation Council in Cranbrook

Celebrate Excellence.
Nominate Today.







CALLING ALL **AKISQNUK ARTISTS!**

We're building a contact list for ?akisqnuk artists to keep you informed about opportunities and events. If you're an artist in our community, we want to hear from you!

How to Join:

 Email your name, contact details, and a brief description of your art.

Contact: communication@akisqnuk.org





CALLING ALL AKISQNUKNIK!

Calling All ?akisqnuk Band Members!

Join our exclusive email list to stay connected and informed about community updates and events.

How to Join:

Email your name and contact details to communication@akisqnuk.org and/or your preferred direct contact method: email, text, or call.

Our goal would be to have all members!







?akisqnuk challenge: Share Your Story with Us!

We want to hear from you! Share your life stories, experiences, and memories with the ?akisqnuk community. Whether you're an elder, youth, or a reclaimed status member, your story matters.

Why Share Your Story?

Sharing your stories helps us connect and understand each other better within the ?akisqnuk community. By telling and listening to each other's experiences, we can heal together, witness each other's journeys, and educate ourselves about where we are as a people. Your story is a vital part of our collective history and future.

How to Participate:

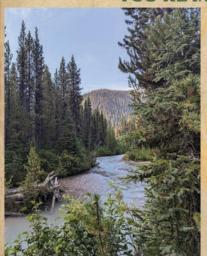
 Submit your stories, and photos via email or set up an appointment with Theresa: theresa.kains@akisqnuk.org



LAND STEWARDSHIP VISIONING WORKSHOP

April 8-9 2025 ● KNC GYM 10am- 3pm Lunch provided

All Ktunaxa ?aq‡smaknik YOU'RE INVITED



Come and learn about an important initiative to create a Ktunaxa led territory-wide approach to stewardship that can benefit our Nation and strengthen our ability to fulfill our sacred responsibility to care for the land.

Please register with Eventbrite. See link in the description.



Rooms & honoraria available

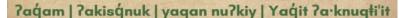
For more information contact: LandsCommunityEngagement@ktunaxa.org





LAND STEWARDSHIP VISIONING Community Meetings

May 27-30 2025



Join us to learn about the Land Stewardship Vision project, hear about past research on Ktunaxa values, and help to identify key areas within ?amakis Ktunaxa that are important to you

MAY ^{?αάαm Dan Joe Memorial Gym}
27 10 am- 2 pm

MAY yaqit ?α·knuqti'it- Gym
28 10 am- 2 pm

MAY 29

yaqan nu?kiy- Gym

3:30 pm- 6:30 pm

MAY 30 ?akisģnuk- Lions Hall

10 am- 2 pm

Lunch and door prizes provided

For more information contact: LandsCommunityEngagement@ktunaxa.org





HOW DO YOU WANT TO BE ENGAGED?

GET INVOLVED WITH KNC LANDS

How can we support you in becoming more involved with the Lands and Resources Sector at the Ktunaxa Nation Council?

- Would you like to be part of our Information
 Distribuation list? Project & Event Information
- Would you like to be invited to our On the Land Engagements?
- Are there obstacles restricting your participation?
- Everyone is valued and we welcome all Ktunaxa ?aq‡smaknik voices.

landscommunityengagement@ktunaxa.org

Contact us: VIN

KTUNAXA



Let us know if you have questions, comments, or submissions for our newsletter by emailing us! communication@akisqnuk.org

Employment Opportunities

If you are a community member re-entering the workforce, navigating a career change, or a recent graduate, ?akisqnuk First Nation (?AFN) is dedicated to your success. We offer training, coaching, mentorship, and professional development opportunities to support you.

While having all the qualifications listed in the posting isn't always necessary, the first step is to apply for an opportunity that interests you.



We're hiring!

?akisqnuk First Nation has exciting new employment opportunities available! Visit our website to see the full requirements and submit your application.

www.akisqnuk.org/employment-opportunities

Current Opportunities Available as of April 1, 2025:

- Policy Coordinator



Lakeshore Resort and Campground Job Postings for 2025 Season (5 Positions)

Seasonal Campground Maintenance Worker - 2025 (2 Positions)

Campground Attendant - 2025 (Store Clerk/Front Desk) (2 Positions)

Lakeshore Resort & Campground, All Around Worker - 2025

Columbia Lake Rec Centre - Job Postings

- 1 Part-Time Position
- 1 Casual Position

Please drop resumes off at the Columbia Lake Rec Centre front office, send to: AFN Enterprises: P.O. Box 2217, Invermere, BC, VOA 1KO, or e-mail: friends@columbialakereccentre.com

Hey folks! It's HAPPENING! Are you interested in helping administer the vote in your community? Apply online now!



