

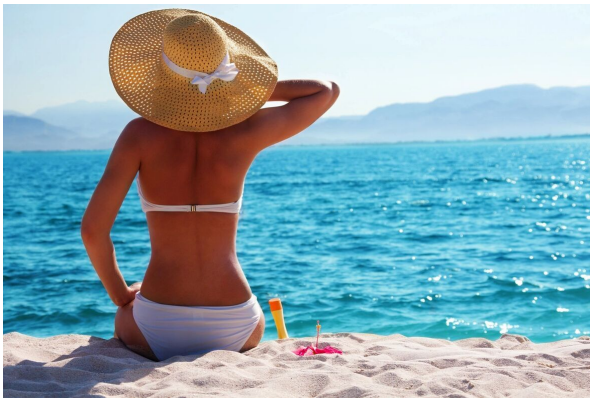


STILLWATER SKIN
CENTRE & MEDSPA



R E L A X . R E N E W . R E S T O R E .

August Bliss...



Summer is in full swing!

Escape the summer heat and immerse yourself in a world of tranquility as we unveil the ultimate Spa Oasis for August!

[Email Us!](#)

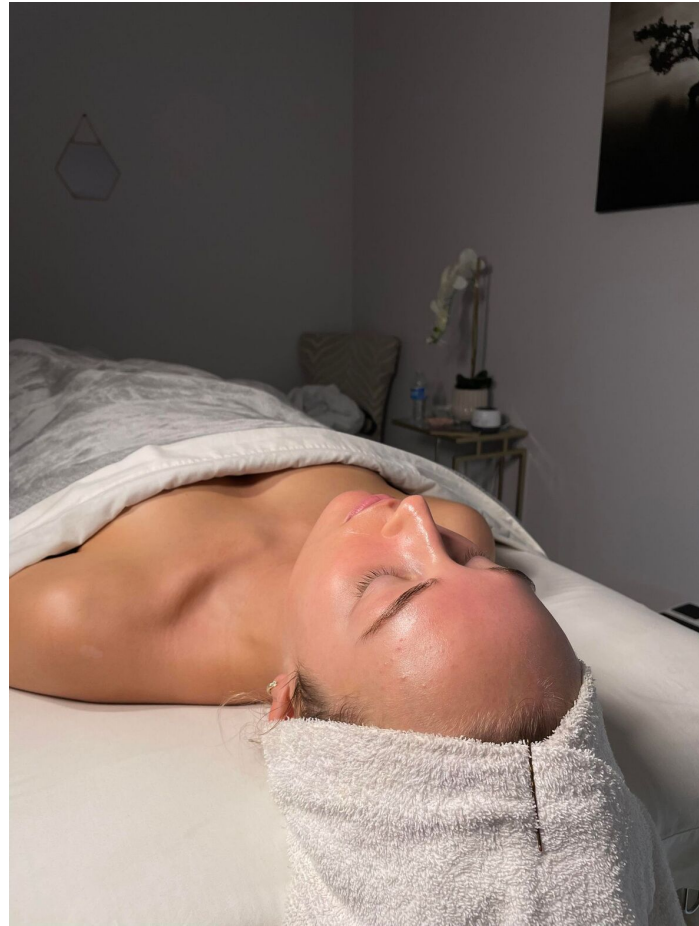
Exclusively For You - Say Hello to Dewy Skin

Book ANY 60 min. **Customized Facial** and receive a 30 min. **Neck and Scalp Massage** for \$25! (Save \$20!).

Facials are **ALWAYS** customized to YOU.

Infusing active ingredients deep in our skin will rebalance and build our matrix again.

Experience deep relaxation with a neck and scalp massage. Release tension, soothe muscles, and induce a profound sense of calm and rejuvenation.

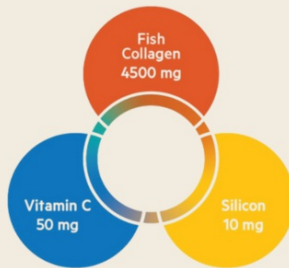


[Reserve Your Appointment](#)

AUG 1ST, 2023

REJUVENATE YOUR BEAUTY FROM WITHIN

MARINE COLLAGEN + CO-FACTORS



WHO DOESN'T WANT HEALTHY HAIR, SKIN & NAILS?

Meet your favourite Marine Collagen powder with Health Canada claims!

Made in Halifax.

Promotes collagen production in the skin, while also boosting hair + nail health.

DAILY USE

JUST ADD 2.5 TEASPOONS TO YOUR MORNING COFFEE OR BEVERAGE OF CHOICE.



MENTION "COLLAGEN" AND RECEIVE \$5 OFF YOUR FIRST BOTTLE.

The synergy of collagen peptides along with whole food vitamin C and Silicon support the production of healthy and strong collagen in our own body.

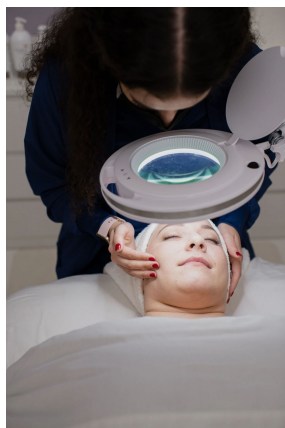
- We love how our finger nails are remarkably stronger and have the ability to grow.
- This vital source of pure antioxidant helps protect against free radicals to keep the skin matrix thriving beautifully.
- It even repairs our skin and helps in wound healing!

*** Please note those with marine allergies are unable to use this product.



Tegan's Favourite! Mention 'collagen' for \$5 OFF!

[Reserve Your Deal](#)



If you weren't born with it and you don't like it, we can treat it!



Reserve Your Skin Consultation



What's in your beach bag?!

Here are our essentials!

Protecting your skin is easy when you've invested in products and accessories you love.

1. Sunscreen!

It's definitely the most important item in your beach bag. Why not combine skin care, makeup and sunscreen in one? Or, choose from a variety of water resistant options that suit your lifestyle. Sunscreens are 100% customizable.

2. Sunglasses

Self explanatory. We've got a few affordable pairs to choose from here if you're in need!

3. Lip Protection

The sun can be very drying on your lips. The skin is incredibly thin which means it can easily burn, so remember to protect your lips with SPF. We have many Colorescience lip shines/glosses that have SPF35. We love them because they aren't icky sticky. They're incredibly nourishing, & perfect protection for your lips.

4. An Umbrella!

5. Cover Ups & Komonos

Layering your sun protection is always clever, fashionable and functional. Come check out our variety of styles - we have crochet, tie dye, and floral ones!

6. A Sun Hat

There's a hat for every head in our boutique! We have roll-n-go sun hats, adjustable sun hats, and other fashionable hats that will keep you protected from the sun this summer and fall.





Looking for skin tightening? Our Carbon Peel is incredible for lax skin! No downtime.





[Reserve Your Consultation](#)



Chicken Chickpea Salad

Carlie's go to recipe lately! She loves how healthy, yet delicious and filling it is.

For 1 serving you'll need:

- 100g of chicken breast
- 1 cup chickpeas
- 1/2 cup red onion
- 1 cup cucumber
- 1/2 cup tomatoes
- 1/4 cup feta cheese

Dressing:

2 tbsp olive oil
3 tbsp lemon juice

Please don't hesitate to tag us on socials if you try it. We'd love to hear how you love it.



May we ask you for a review?

Your feedback allows others who may have never given us an opportunity a little taste of what their experience will be like. If able, we thank you in advance.

[Google - Leave A Review](#)

[Facebook - Leave A Review](#)

Wishing you a beautiful summer! We can't wait to care for you soon.

- The
Stillwater
Team



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