

neuroSHIFT

coaching | training



Leadership Development Workshops

Looking to optimize your leadership bench strength in a competitive, high pressure business world?

We can help.

With foundations in neuroscience, our customizable training solutions help leaders at all levels improve how they connect, communicate and influence others, ensuring more effective leadership and enhanced results.



WHAT TO EXPECT

In today's world, organizations need leaders to be strategic, agile and emotionally intelligent to get the best out of their teams, create engagement and get exceptional results.

A customized workshop with neuroSHIFT can provide leaders with self-awareness, knowledge and the right tools for the job.

Our Workshops Provide:

- Access to Facilitators who spend the time to understand your organization's unique opportunities and develop the most effective content and learning approach for your team
- Theory and tools that stick and reflection practice delivered in highly interactive and engaging live or virtual workshops
- Experiential learning to embed new information, support new habits and increase engagement
- Content grounded in neuroscience to help your team leverage a common language and raise self and social awareness

We have delivered our workshops in forums that range from Leadership Summits, Town Halls and Team Meetings to Quarterly Leadership Meetings and Team Building Events. We do it all!



WORKSHOP THEMES

Potential Topics*:

- Biases
- Brain Basics
- Change Management
- Communication
- Confidence
- Emotional Intelligence (EI)
- Feedback
- Leadership Identity
- Mindsets
- Relationships
- Resilience
- Self-Awareness
- Values

Workshops and Series:

- Leading Through Change
- Navigating Change (For the IC)
- From Star to Star Maker (IC to Leader)
- Leading with EI
- Building Influence with EI
- Raising the Leadership Bar
- Feedback: The Good 'F' Word
- Tough Conversations
- When OK Performance Isn't OK
- A Personal Confidence Project
- Healthy Work Relationships

*We know every organization is different, so customization to meet your unique needs is something we do. Let's talk!



WHAT SETS US APART?

- All of our Coaches are neuroscience-based trained and certified
- We offer Leadership and Emotional Intelligence Assessments, with debrief and action plan included
- Programs and Workshops offer a supportive, safe environment to learn, practice and grow
- Our online community, myneuroSHIFT, provides deeper levels of engagement with past and present clients, so leaders are exposed to other leaders from diverse backgrounds and industries

'Jacquie and Leanne were wonderful facilitators and their workshop left me with concrete tools I could put to use on the spot. The one-on-one interactions were extremely helpful, as were the many tools they provided. Both were fully committed to the attendees' success and development.'

- Sarah

About Us

- Since 2005, neuroSHIFT has delivered leadership development training to organizations across Canada and the U.S. . From the field to the C-suite, neuroSHIFT has helped a diverse industry portfolio build the leadership culture they're looking for, working with teams in oil and gas, utilities, agriculture and energy services.

*Visit us online at neuroshift.ca for more info.