# neuroshift

coaching | training



# Leadership Coaching

Looking to optimize your leadership bench strength in a competitive, high pressure business world?

Leadership is about more than strategic thinking, work execution and delegating tasks. The best leaders understand the path to great results is through the people around them.

Coaching can play a valuable role in helping leaders make the connection between relationships and results.



# **OUR APPROACH**

#### Our coaches don't pull punches.

We pride ourselves in our ability to partner with leaders to gain insight into who they are, identify leadership skills and behaviours they want to master and help them get there in an honest, non-judgmental environment.

Our clients emerge with increased confidence and self-awareness, enhanced presence and influence, the ability to leverage strengths and lean into their purpose and values and improved leadership capabilities.

### We offer:

- Individual or Group Coaching
- Leadership and Emotional Intelligence 360 Degree Assessments
- Six, 12 or 18-session engagements
- Conflict Resolution
- Team Psychological Safety Assessments

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## THE COACHING ADVANTAGE

Coaching can optimize performance, improve engagement and relationships, foster communication and improve results.

#### Who Would Benefit\*:

- Emerging Leaders
- Front Line Leaders
- Senior Leaders
- Individual Contributors
- Individuals Navigating Change
- Disengaged Employees
- · Leaders with Blindspots
- Teams
- Performance Issues
- Individuals seeking growth

### **Organizational ROI:**

- Enhanced Employee
  Engagement
- Better Results
- Stronger Relationships
- Improved Performance
- Motivation and Empowerment
- Greater Accountability
- Enhanced El and Self-Awareness
- Healthy Work Relationships
- Increased Creativity
- Strategic Thinking and Agility
- Higher Retention

\*Actually - EVERYONE

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# WHAT SETS US APART?

- All of our Coaches are neuroscience-based trained and certified
- We offer Leadership and Emotional Intelligence Assessments, with debrief and action plan included
- Coaching sessions offer a supportive, safe environment to learn, practice and grow
- Our online community, myneuroSHIFT, provides deeper levels of engagement with past and present clients, so leaders are exposed to other leaders from diverse backgrounds and industries

"I was struggling with not only work issues, but personal issues as well. Jacquie's style allowed her to break through my tough outer shell in order to see what was truly going on. It was amazing how fast she earned my trust."

- Sarah

#### About Us

- Since 2005, neuroSHIFT has delivered leadership development training to organizations across Canada and the U.S. . From the field to the C-suite, neuroSHIFT has helped a diverse industry portfolio build the leadership culture they're looking for, working with teams in oil and rass utilities agriculture and energy services.
- with teams in oil and gas, utilities, agriculture and energy services.