

# neuroSHIFT

coaching | training



neuroSHIFT presents:

## Leadership Readiness

Building a solid foundation to set emerging leaders up for success, Leadership Readiness is a powerful, interactive learning program that prepares participants to take the next step in their career.

Grounded in neuroscience, our course content provides emerging leaders with the know-how to build stronger leadership skills to become more effective and influential, regardless of their formal role.



## OUR APPROACH

*What could be more vital to a company's health than the cultivation of its future leaders?*

Leadership Readiness can help you increase your organizational effectiveness to optimize your company's performance and lay the foundation for the leadership culture you've been dreaming about.

Our programs are made up of several components:

### **Webinars**

An introductory webinar, covering logistics and expectations as well as a closing webinar that will serve as a reinforcement of the course material.

### **Classroom**

There are four parts to our training: teaching, experiential, discussion and assignments. The aim of this design principle is to provide a diverse learning environment and the greatest opportunity for the content to 'stick.'

### **Coaching**

Each participant will have three individual one-hour coaching sessions with a certified leadership coach.



# PROGRAM CONTENT

## Explore:

- Your Leadership Baseline
- What Organizations Look for in Leaders
- Individual Contributor vs. Leader - the Differences
- Emotional Intelligence in the Workplace

## Gain Insight into Your Behaviour When You:

- Communicate with Others
- Interact within a Team
- Attempt to Influence Others
- Deal with Change
- Solve Problems
- Are in Conflict
- Manage Stress

## Hone Your Skills In:

- Achieving Results
- Creating Leadership Presence
- Building Self-Awareness
- Responsibility, Accountability, Reliability
- Building Peer Relationships
- Developing Cultural/Political Awareness
- Managing Conflict and Tough Conversations





## WHAT SETS US APART?



Your Facilitators: Jacquie Stephens (L) and Leanne Pottinger

- All of our Coaches are neuroscience-based trained and certified
- We offer Leadership and Emotional Intelligence Assessments, with debrief and action plan included
- Courses offer a supportive, safe environment to learn, practice and grow
- Our online community, myneuroSHIFT, provides deeper levels of engagement with past and present clients, so leaders are exposed to other leaders from diverse backgrounds and industries

*'You won't get a pretty little binder that sits on a bookshelf, but you will get practical, valuable tools that you will use long after your session - not only in your business leadership role but in your personal life.'*

*- Glenda*

### About Us

- Since 2005, neuroSHIFT has delivered leadership development training to organizations across Canada and the U.S. . From the field to the C-suite, neuroSHIFT has helped a diverse industry portfolio build the leadership culture they're looking for, working with teams in oil and gas, utilities, agriculture and energy services.

\*Visit us online at [neuroshift.ca](https://neuroshift.ca) for more info. Be sure to ask us about Government Grants to save your training dollars.