

neuroSHIFT

coaching | training



Raise the Leadership Bar: Workshop Series

Looking to optimize your leadership
bench strength?

We can help.

With foundations in neuroscience, our Raise the Leadership Bar Workshop Series helps leaders at all levels improve how they connect, communicate and build influence, ensuring a more engaged workplace and enhanced results. Improved leadership behaviours don't happen overnight - our Series is a process that allows new habits to form over time.



THE SERIES

- There are a wide range of topics in the series chosen based on our experience with typical leadership gaps for both new and seasoned leaders.
- Outcomes include greater confidence, increased understanding of the minimum table stakes as a leader, raised self-awareness, higher emotional intelligence and an expanded leadership toolkit and vocabulary.
- Each workshop in the series builds on the previous content and is driving towards the goal of creating a culture of leadership that gets the best out of people and maximizes results.
- Number of workshops in the series can be customized to meet your development needs and timing.
- Coaching can be added to the series to take your leaders to the next level.

Raise the Bar Leadership Series Roadmap*:

1. YOUR LEADERSHIP IDENTITY

Understand what drives you, the impact you have on others, how you want to be experienced

2. COMMUNICATION

Communicating in a way that engages, inspires and gets results

3. LEADING THROUGH CHANGE

Understand your role as a People Leader during change including enabling, enacting and supporting it

4. INSPIRING PERFORMANCE

Understand what makes your team tick and leverage that to boost engagement and results

5. CREATING A CULTURE OF FEEDBACK

Look at your contribution to the culture of feedback and high-grade your feedback skills to help motivate and engage your team to achieve exceptional results

6. TOUGH CONVERSATIONS

Own your role in high stakes conversations and harness tools to help achieve the desired outcome

*Sample



WHAT TO EXPECT

- Flexibility! You have access to Facilitators who spend the time to understand your team's unique opportunities and develop the most effective content and learning approach for success
- Recommended six to eight sessions, eight hours each, ideally quarterly over the course of two years (timing can be customized to meet your development needs)
- Theory and tools that stick and reflection practice delivered in highly interactive and engaging live or virtual workshops
- Experiential learning to embed new information, support new habits and increase engagement
- Content grounded in neuroscience to help your team leverage a common language and raise self and social awareness
- Exercises that work to build a deeper understanding of personal and team dynamics, working to establish trust and safety in real time
- Virtual workshops in between in-person sessions to refresh, reflect on what's working (or not!) and set the table for the next workshop
- Conversations Starters (for leaders of leaders) and Action Items between sessions to further embed the learning



WHAT SETS US APART?

- Our Facilitators are certified Coaches trained in neuroscience
- We offer Leadership and Emotional Intelligence Assessments, with debrief and action plan included
- Programs and customized workshops offer a supportive, safe environment to learn, practice and grow together
- Our online community, myneuroSHIFT, provides deeper levels of engagement with past and present clients, so leaders are exposed to other leaders from diverse backgrounds and industries

'Jacquie and Leanne were wonderful facilitators and their workshop left me with concrete tools I could put to use on the spot. The one-on-one interactions were extremely helpful, as were the many tools they provided. Both were fully committed to the attendees' success and development.'

- Sarah

About Us

- Since 2005, neuroSHIFT has delivered leadership development training to organizations across Canada and the U.S. . From the field to the C-suite, neuroSHIFT has helped a diverse industry portfolio build the leadership culture they're looking for, working with teams in oil and gas, utilities, agriculture and energy services.

*Visit us online at neuroshift.ca for more info. Be sure to ask us about Government Grants to save your training dollars.