The FAT ITALIAN
RESTAURANT, BAR & GRILL

2 Course Set Menu

£19.95

Starter & Main Course

Available Monday – Thursday
4:00pm – 8:30pm

Choose **one starter** and **one main course** from the set menu selection.
Supplements apply to selected dishes.

Please Note

Not available on **Valentine's Day, Mother's Day, Father's Day, Christmas Eve, or New Year's Eve**. Or as part of EatClub

This set menu is offered **as listed** and **no substitutions or changes can be made**.
All menus and offers are **subject to availability**.

An **optional 10% service charge** will be added to the bill for parties of **8 or more**.

Starters

Seabass Poco
Lightly coated seabass fillets tossed in garlic and chilli butter, served on toasted bloomer

Classic Bruschetta
Ripe tomatoes, fresh basil, and extra virgin olive oil on toasted ciabatta

Salt & Pepper Ribs *(£1.95 supp)*
Crispy pork ribs fried in our house flour, tossed in salt and pepper seasoning, served with Asian slaw

Arancini of the Day *(£1.95 supp)*
Golden, crispy risotto balls filled with the chef's daily selection

Funghi Ripieni
Oven-baked mushroom stuffed with garlic and herbs, topped with crunchy breadcrumbs and finished with pesto cream

Sticky Chicken *(£1.95 supp)*
Tender chicken strips in a sweet and sticky chilli glaze, served on the chef's rice salad

Black Pudding Stack
Seared black pudding layered with potato rosti, Cheddar cheese sauce, and crispy pancetta

Halloumi & Roasted Pepper Salad
Grilled halloumi with sweet roasted peppers, cherry tomatoes, mixed leaves, and a lemon-herb dressing

Calamari
Lightly battered squid rings, served with tartare sauce and fresh lemon

Homemade Soup of the Day
Served with warm, fresh bread

Main Course

Cajun Chicken Fiesta
Blackened Cajun chicken breast with linguini pasta, béchamel sauce, peppers, and onions in the chef's tomato ragù

Arrosto Peppers
Roasted red pepper filled with courgette, onion, garlic, and spiced rice, baked with melted cheese and finished with a rich tomato and basil sauce

Mediterranean Seabass *(£2.95 supp)*
Grilled Seabass fillet, sauteed cherry tomato, chorizo, red onion and spinach with a red pesto dressing and balsamic glaze

Fajitas *(£3.95 supp)*
Strips of Cajun spiced chicken & chorizo with peppers and onions, served on a sizzling hot skillet with flour tortillas, cheese, guacamole, sour cream & salsa.

Penne Zingara
Penne pasta with jalapeño and roquito peppers, spicy beef, chicken, and pepperoni, sautéed in chilli and garlic and tossed in our rich Franco sauce

Wild Mushroom Truffle Tagliatelle
Tagliatelle pasta tossed with sautéed garlic mushrooms in a creamy truffle sauce, finished with truffle pecorino cheese and fresh herbs.

Sirloin Steak *(£5.95 supp)*
28-day matured 8oz prime sirloin steak, cooked to your liking and served with fries, vine cherry tomatoes, sautéed mushrooms, and onions

Traditional Carbonara
A classic spaghetti dish made with pancetta, egg, cracked black pepper, and Parmesan

Chicken Milanese
Crispy breadcrumbed chicken breast, pan-fried until golden and served with fries, rocket salad, cherry tomatoes, shaved Parmesan, and fresh lemon

Lasagne
A classic homemade meat lasagne

Pizza
Choose a two-topping pizza from our *Create Your Own* section in the à la carte menu

Pizza Piu *(£1.95 supp)*
Choose any pizza from our *House Specials* section in the à la carte menu

Pollo Pepe
Chicken breast cooked in a creamy peppercorn sauce, served with fried mushrooms and fries

Goat's Cheese Pasta
Penne pasta with green beans, cherry tomatoes, peppers, rosemary, chillies, pesto, olive oil, pine nuts, and finished with creamy goat's cheese

Mediterranean Baked Salmon *(£3.95 supp)*
Oven-baked salmon fillet with cherry tomatoes, olives, garlic, and fresh herbs, finished with lemon and extra virgin olive oil. Served with new potatoes or chefs rice salad