

JULY 13 - JULY 19



FAITH HAS A SHORT SHELF LIFE



Alma 32-34

In this weeks lesson we study about Alma and his teaching of "WHAT SHALL WE DO?" to the poor Zoramites who had been kicked out of their synagogues. These chapters are a patter for Personal Individual Worship, and how we can individually worship before we ever enter a church building.

WHAT SHALL WE DO?
ALMA 32:5,9

PRAY
ALMA 33:4-11
ALMA 34:17-27

PERSONAL WORSHIP
WHAT CAN I DO TO
IMPROVE MY
PERSONAL
SPIRITUALITY AND
WORSHIP?

HUMILITY
ALMA 32:12-16
ALMA 34:31
GET PREPARED TO HEAR

NOURISH Add a little bit of body text
ALMA 32:37-42
ALMA 33:22-23

FAITH IN CHRIST
ALMA 32:21
ALMA 32:26-43

"There is a better way to prepare, because great faith has a short shelf life. We could decide to persist in studying the words of Christ in the scriptures and the teachings of living prophets. This is what I will do. I will go back to the Book of Mormon and drink deeply and often. And then I will be grateful for what the prophet's challenge and promise did to teach me how to gain greater faith and maintain it."

Henry B. Eyring - Spiritual Preparedness Oct 2005

IN YOUR JOURNAL

WHAT PRINCIPLES DID YOU FIND THIS WEEK?

- 1.
- 2.
- 3.
- 4.
- 5.

What did you learn from Alma about personal worship?

What can you do better to keep yourself humble without being compelled to be humble?

How well are you NOURISHING your faith? Is there anything that you can do now to nourish your faith better?

In what ways can you improve on your personal prayers in your personal worship?