

AUGUST 22 - AUGUST 28

MY PSALM OF GRATEFUL PRAISE



Psalms 102-103;110;116-119;127-128;135-139;146-150

In this weeks lesson we study the Book of Psalms (part 3). As we learned last last week the book of Psalms has layers that we can uncover. As you read this weeks scripture block look for the Psalms that teach us about the things we can be grateful for as we "praise" the Lord.

What do you have to be grateful for?

Prayer

102:1-2

Atonement

103:1-4

Grace

116:1-2,5

117:1-2

Faith

118:6,8,14

Commandments

119:1-2

Posterity

127:3-5

Work

128:1-2

Hallelujah

135:1-3

Strength

138:1-3

Creation

139:14

Everthing

148:1-14

Hope

146:1-2,5

Gather

147:2-5

Joy

149:5

Breath

150:6

IN YOUR JOURNAL

WHAT PRINCIPLES DID YOU FIND THIS WEEK?

- 1.
- 2.
- 3.
- 4.
- 5.

What is my Psalm of praise?

What am I deeply grateful for?

What blessings can I focus on when I am struggling?