

AUGUST 17 - AUGUST 23

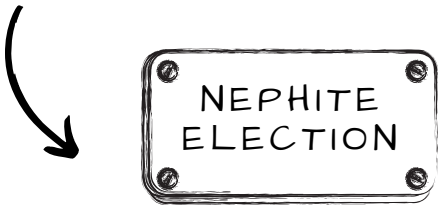
THE PRINCIPLE OF DISTRACTION

Helaman 1-6

This lesson is a wake up call for the Nephites. As you study this weeks lesson look for direct comparisons to what is currently happening in the world today. Study each chapter and look for principles that the Lord is trying to teach the Nephites who are lost in distraction.

"A distraction does not need to be evil to be effective"

THE DISTRACTION



PARHORAN

PAANCHI

PACUMENI

ELECTED

REBELLED

UNITED

MURDERED

SECRET COMBINATION

MURDERED

MURDERED

BEHIND THE SCENES



CORIANTUMR

STIR UP ANGER

PREP 4 WAR

MARCH ON ZARAHEMLA



Build on the Rock

Remember And now, my sons, remember, remember that it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation; that when the devil shall send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build they cannot fall.Helaman 5:12

IN YOUR JOURNAL

WHAT PRINCIPLES DID YOU FIND THIS WEEK?

- 1.
- 2.
- 3.
- 4.
- 5.

In what ways is the adversary trying to distract people today?

In what ways do these chapters compare to what is going on in the world today?

What can you do to build upon the Rock of your Redeemer? How will this help you to not be distracted?