

## **G3A Coronavirus COVID-19 Procedure**

**Guidance to ensure the health and safety of children, young people, coaches, parents and visitors at G3A Football Academy and G3A Football Club by minimising the risk of transmission of the virus**

Updated: 5<sup>th</sup> June 2020

These procedures are to minimise the transmission of COVID-19 among the children, young people, coaches, parents and visitors at G3A, and to avoid spreading the virus to others and children. It is imperative that we do our best to follow these procedures so that we can open safely.

### **Overview**

*'Consistent with Government advice published on Monday 1<sup>st</sup> June, the following outdoor football activity is currently permitted:*

- *Playing football individually. For example, practice of individual skills or fitness activities*
- *Playing football with your family or other people living in your household*
- *Football training of fitness activities in groups of no more than 6, keeping 2 metres apart at all times'*

*'It is permissible for coaches to organise a training session that has two or more groups of 6 (including the coach) involved in the session, as long as the group of 6 are kept separate, everyone is socially distancing and strict hygiene measures are in place with any equipment.'*

G3A Football Academy and G3A Football Club will therefore be able to open from 1<sup>st</sup> June for small group sessions up to six people (including the coach), coaches must follow the FA Safeguarding Policy when working with children.

All coaches will appropriately encourage good hygiene and social distancing practise amongst children, young people and parents and also follow the COVID-19 Risk Assessment carried out by G3A. E.g. promoting personal space, regular sanitising, coughing and sneezing into tissues and using the 'catch it, bin it, kill it' approach, etc.

For more information on safety at sessions please see the COVID-19 Risk Assessment and the Parent Player declaration, which can be found online at [www.g3afootballacademy.co.uk](http://www.g3afootballacademy.co.uk) or G3A Football Academy on [Facebook](#).

### **Arrival of Coaches**

- Coaches are to prepare training sessions in advance for groups of 6 (including the coach) that maintain social distancing measures
- On arrival of the coach they are to be in possession of their own COVID-19 cleaning box, provided by us at G3A. This box is to be taken to every session and has everything they need to encourage good hygiene practices
- Hands are to be sanitised on arrival to the session
- Once the coach is in their playing area for the session they are not to wonder to and from different groups/ other coaches
- Academy Sessions are split into 3 stations and are rotated in a safe manner every 10 minutes, stations need to be marked out with cones and away from other stations and groups to ensure safety
- Coaches are to set up their session with the necessary equipment and balls, if it is possible equipment is to not be moved by anyone else other than the coach.
- Coaches must know what children and young people are assigned to their small group every session

## **Arrival of Players, Young People and Parents**

- On arrival to the session the children, young people and parent/carers must arrive in groups of no more than 2 from their household
- Parent/ carers are to let the children walk to the coach on their own from the edge of the field to the marked out area
- Children are to be sent to their coach on arrival by a member of the coaching staff, children are to take water bottles, jackets, or anything else they may need during the session, with them
- Once arrived to the area they must put their bottles, jackets, etc in a safe place at least 2 metres apart from other children and young peoples clothing/ bottles
- Each child and young persons hands are to be sanitised by the coach before they touch any equipment
- Children and young people are to be told where the edge of their section is and to try and stay in this as much as possible, unless collecting balls
- Parents/carers are asked to make sure that the child wears clean kit/ clothes to every session they attend
- Children at the academy sessions are to book in online before they arrive, under no circumstances can a child attend a session without booking in prior
- On booking online parents are agreeing to opt in to first aid/medical assistance if their child needs it

## **Parent/Carer Spectators**

- Parents/ carers are asked to remain in attendance at each session – no child should attend without a guardian present
- They must always remain a 2 metre distance from anyone outside of their household
- Parents/carers are not included as part of the small coaching group, but must be in sight of the activity
- Coaches will advise the parents of a what is deemed a 'safe distance' from the activities
- Parents/ carers are asked to come to sessions on their own if possible and to not come with large groups of people, if this happens you can be asked to leave

## **During the Sessions**

- Sessions will be planned beforehand to ensure guidelines are being met
- Children and young people are to follow coaches guidance at all times
- Hand sanitising is encouraged throughout the session (you may bring your own if you wish to do so)
- Children and young people must adhere to the 2 metre distancing as set out by your coach – if this is not adhered to children and young people can be asked to leave with your parent/carer
- If a coach decides during the session that they cannot continue safely they are within their full rights to end the session
- We ask for everyone to follow the G3A code of conduct as normal
- If a child is injured during the session coaches will wear PPE (gloves and masks) to attend to them, this is to ensure safety of our coaches and stop the spread of the virus. PPE is to be disposed of correctly
- Tissues and bin bags are available at every session and if a child needs to use a tissue they have easy access and must dispose of straight away
- Sessions times are reduced to minimise the chance of children coming close together and to also give enough time to clean equipment in between sessions

## Collection of Players and Young People

- Once the session has ended children are to leave all equipment where they finish and line stay in their area in a socially distanced manner to have their hands sanitised by the coach
- Once they have been sanitised they are to collect their belongings and return to their parents
- On leaving the area parents/carers are to be aware of their surroundings and to not come in close proximity of others that are leaving the area at the same time
- Young people are to collect their belongings and leave the pitch keeping 2metre distance at all times

## Cleaning Between Sessions

- Between each session there is a 30 min break, this is to allow time for cleaning of all equipment
- For all routine cleaning staff are to wear disposable gloves throughout the process
- Each coach has been provided with a cleaning box to ensure that all our children, young people and coaches health and safety is not at risk. Each box has:
  - Hand sanitiser
  - Anti-bacterial spray
  - Wipes
  - Gloves
  - Masks
  - Anti-bacterial hand soap
  - Cloths
  - Disinfectant sprays
  - Bin bags to dispose of used cleaning equipment and PPE appropriately
- Hard Surfaces are to be wiped and all equipment that the group has come into contact with is to be cleaned thoroughly before the next use
- If coaches are unsure about the cleaning equipment they're using they must ask either Brad or Tom for assistance
- When coaches find themselves running low on cleaning and hygiene equipment they must let Brad or Tom know, as they have extra supplies for coaches

## If a Child, Young Person or Coach Becomes Unwell

- Parents/carers are to be informed of their child's developments and asked to collect immediately. In an emergency coaches will call 999 if they are seriously ill or injured or their life is at risk
- If a coach becomes unwell with coronavirus symptoms they will have to go home immediately
- The children and young people that are also in the small group that session will be sent home and advised to self-isolate for 14 days, as per the government guidelines
- PPE is worn by coach caring for the child while they await collection if social distancing cannot be maintained. As a precaution staff should wash clothing when they get home in accordance with the manufacturers instructions
- Enhanced cleaning is undertaken on the equipment used by the person with symptoms of COVID-19
- A separate toilet is used by the child if this is required to limit disruption (as this would require enhanced cleaning before being used by anyone else)
- Areas where the individual has passed through and spent time minimal time, such as corridors, but which are not visibly contaminated with bodily fluids are cleaned thoroughly as normal

## **Encouraging Good Hygiene and Social Distancing**

- Staff are to wash hands regularly to help encourage children to do so
- Coughing and sneezing is to be done into a tissue which goes straight in the bin, or to do it into your elbow
- Social distancing is always encouraged between staff and children
- Parents are to respect the guidance and follow instructions