



Hello all,

In light of the recent FA guidance that has been released this week, we are now preparing for our Grassroots and Academy teams to begin training sessions during the current pandemic.

In order for us to do so there are new protocols and measures we must take in order to ensure the safety and wellbeing of our children, coaches and parents/guardians.

Below is an outline of the new measures we are taking and a declaration we are asking all parents/guardians to sign to confirm you give consent for your children to take part. Please note insurance does not cover against Covid-19 therefore it is vital that we follow the below to ensure minimum risk of transmission.

Parents must contact coaches for our Academy sessions to book your child in, there will be NO turning up to a session expecting to join in. Please get in touch to book your child in.

As managers/coaches we will:

- Prepare training sessions for groups of 6 as a maximum (including the coach).
- Plan sessions to allow each child to maintain a 2-metre distance at all times.
- Provide hand sanitiser to ensure all in attendance practice cleanliness before, during and after each session.
- Ensure all equipment used is cleaned with antibacterial spray at the beginning and end of each use.
- Wear gloves and a mask to attend any first aid incident.

As parents/guardians we are asking you to do the following:

- Remain in attendance at each session – no child should attend without a guardian present.
- Always remain a 2-metre distance from anyone outside of your household.
- Ensure your child wears clean kit/clothes to every session attended.
- Provide your child with a drink that is clearly labelled to avoid any mix up.
- Confirm below if you wish to opt out/in of first aid/medical assistance.
- Do not bring your child to a session if they/you or anyone in your household is displaying symptoms of covid-19 or has been in contact with someone showing signs/symptoms.

As children we ask you to:

- Follow your coaches guidance at all times.
- Adhere to 2 metre distancing as set out by your coach – should this not be adhered to you will be asked to leave with your parent/guardian.
- Use the hand sanitiser provided before, during and after training (you may bring your own if you wish to do so).
- Continue to follow the codes of conduct as you normally would go through.

