

# Annapurna Base Camp – Small Group Trek

A classic Himalayan journey through terraced hills, Gurung villages, bamboo forests, and high alpine landscapes — designed for strong group flow, steady elevation gain, and a rewarding summit morning at base camp.

**Total Duration:** 14–16 Days (depending on departure structure)

**Trek Duration:** 11–12 Days

**Max Elevation:** 4,130m (Annapurna Base Camp)

**Max Sleeping Elevation:** 4,130m

**Difficulty:** Moderate

**Accommodation:** Hotel (Kathmandu & Pokhara) | Teahouse Lodges (Trek)

**Best Seasons:** March–May / September–November

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## Day 1 – Arrival in Kathmandu (1,400m)

**Overview:** Airport pickup and hotel transfer; group meets informally in the evening.

**Accommodation:** Hotel (Kathmandu)

**Activity:** Transfer only

## Day 2 – Kathmandu Briefing & Preparation (1,400m)

**Overview:** Group briefing, permit checks, gear organization, and welcome dinner.

**Accommodation:** Hotel (Kathmandu)

**Activity Duration:** Light city walking optional

## Day 3 – Drive to Pokhara (820m)

**Overview:** Scenic drive to Pokhara with river valley views.

**Elevation Loss:** -580m

**Duration:** 6–7 hours

**Accommodation:** Hotel (Pokhara)

## Day 4 – Drive to Siwai / Jhinu & Trek to Chhomrong (2,170m)

**Overview:** Begin trek with steady uphill through terraced farmland and stone steps.

**Elevation Gain:** +1,350m

**Walking Duration:** 4–5 hours

**Accommodation:** Teahouse (Chhomrong)

## Day 5 – Chhomrong to Bamboo (2,310m)

**Overview:** Descend to Chhomrong Khola, then gradual climb through bamboo forest.

**Elevation Gain/Loss:** -400m / +540m (Net +140m)

**Walking Duration:** 5–6 hours

**Accommodation:** Teahouse (Bamboo)

## **Day 6 – Bamboo to Deurali (3,230m)**

**Overview:** Steady ascent through Dovan and Himalaya with narrowing valley views.

**Elevation Gain:** +920m

**Walking Duration:** 5–6 hours

**Accommodation:** Teahouse (Deurali)

## **Day 7 – Deurali to Annapurna Base Camp (4,130m)**

**Overview:** Gradual alpine climb through Machapuchare Base Camp to ABC amphitheater.

**Elevation Gain:** +900m

**Walking Duration:** 5–6 hours

**Accommodation:** Teahouse (Annapurna Base Camp)

## **Day 8 – Sunrise at ABC & Descend to Bamboo (2,310m)**

**Overview:** Early sunrise views before long descent through the valley.

**Elevation Loss:** -1,820m

**Walking Duration:** 6–7 hours

**Accommodation:** Teahouse (Bamboo)

## **Day 9 – Bamboo to Jhinu Danda (1,780m)**

**Overview:** Retrace to Chhomrong and descend to riverside village; optional hot springs.

**Elevation Loss:** -530m

**Walking Duration:** 5–6 hours

**Accommodation:** Teahouse (Jhinu)

## **Day 10 – Trek to Siwai & Drive to Pokhara (820m)**

**Overview:** Gentle final descent followed by drive back to Pokhara.

**Elevation Loss:** -960m

**Walking Duration:** 2–3 hours trek + 3 hour drive

**Accommodation:** Hotel (Pokhara)

**Evening:** Group celebration dinner

## **Day 11 – Return to Kathmandu (1,400m)**

**Overview:** Drive back to Kathmandu.

**Elevation Gain:** +580m

**Duration:** 6–7 hours

**Accommodation:** Hotel (Kathmandu)

## **Day 12 – Departure or Free Day**

**Overview:** Airport transfer or optional cultural sightseeing.

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