

Mardi Himal – Family Trek

A scenic ridge-line adventure beneath Machapuchare, offering dramatic Himalayan views with manageable daily distances and a built-in acclimatization day at High Camp.

Total Duration: 11 Days

Max Elevation (Viewpoint): ~4,200m

Max Sleeping Elevation: 3,580m (High Camp)

Difficulty: Moderate

Accommodation: Hotel in cities | Teahouse Lodges during trek

Best Season: March–May / September–November

Day 1 – Arrival in Kathmandu (1,400m)

Overview: Airport pickup and hotel transfer to rest after travel.

Elevation Change: —

Accommodation: Hotel (Kathmandu)

Activity Duration: Transfer only

Day 2 – Kathmandu Preparation Day (1,400m)

Overview: Family trek briefing, gear checks, and permit preparation.

Elevation Change: —

Accommodation: Hotel (Kathmandu)

Activity Duration: Light walking optional

Day 3 – Drive to Pokhara (820m)

Overview: Scenic drive west to Pokhara, gateway to the Annapurna region.

Elevation Loss: -580m

Duration: 6–7 hour drive

Accommodation: Hotel (Pokhara)

Day 4 – Drive to Kande & Trek to Pitam Deurali (2,100m)

Overview: Begin trekking through forest trails with gradual ridge ascent.

Elevation Gain: +1,280m (drive + trek combined)

Walking Duration: 4–5 hours

Accommodation: Teahouse (Pitam Deurali)

Day 5 – Pitam Deurali to Rest Camp (2,600m)

Overview: Continue climbing along scenic forested ridges with expanding views.

Elevation Gain: +500m

Walking Duration: 4–5 hours

Accommodation: Teahouse (Rest Camp)

Day 6 – Rest Camp to High Camp (3,580m)

Overview: Ascend above tree line along a dramatic ridge toward High Camp.

Elevation Gain: +980m

Walking Duration: 4–5 hours

Accommodation: Teahouse (High Camp)

Day 7 – Acclimatization Day / Optional Viewpoint (~4,200m)

Overview: Optional early morning hike to Mardi viewpoint or relaxed rest day.

Elevation Gain (Optional): +600m (day hike only)

Walking Duration: 2–3 hours optional

Accommodation: Teahouse (High Camp)

Day 8 – High Camp to Low Camp (2,970m)

Overview: Descend carefully along ridge trails back into forest terrain.

Elevation Loss: -610m

Walking Duration: 5–6 hours

Accommodation: Teahouse (Low Camp)

Day 9 – Low Camp to Shiding & Drive to Pokhara (820m)

Overview: Final forest descent followed by return drive to Pokhara.

Elevation Loss: -2,150m (trek + drive combined)

Walking Duration: 4–5 hours trek + 1.5 hour drive

Accommodation: Hotel (Pokhara)

Evening: Team celebration dinner

Day 10 – Drive to Kathmandu (1,400m)

Overview: Scenic return drive to the capital city.

Elevation Gain: +580m

Duration: 6–7 hour drive

Accommodation: Hotel (Kathmandu)

Day 11 – Departure or Free Day

Overview: Airport transfer or optional sightseeing day in Kathmandu.
