



Welcome Winter

with

WILD AS WELL

As we cross the threshold into the darkest months, nature invites us to nourish our roots and resource ourselves for the more challenging time ahead.

COME CULTIVATE YOUR WILDER SELVES

through guided ecotherapeutic practices in a series of winter workshops following
THE WHEEL OF THE YEAR.

There's never been a more important time to rewild ourselves and our planet.

JOIN US AT:

**WINDMILL COMMUNITY GARDENS
ASCOT ROAD
BOBBERSMILL
NG8**

Wrap up warm
and come take your place
by the fireside, alongside others
who choose to embrace all that Winter offers.

Hot drinks and snacks provided.
Cosy indoor time when winter weather wins out.



Welcome Winter

SATURDAY 2ND NOVEMBER 2024

10am-12pm

SAMHAIN

After the harvest comes the dark. A workshop to prepare for and embrace the coming of winter within a community of courage and compassion.

SATURDAY 21ST DECEMBER 2024

10am-12pm

YULE

At the pinnacle of winter, on the longest night and the shortest day, nature invites us to compost that which we have shed, and rest deeply in order to replenish our energy for future growth.

SATURDAY 1ST FEBRUARY 2025

10am-12pm

IMMOLC

At this midway turning point where subconsciously we can discern the returning of the light, we can begin to focus our intentions on the imaginal seeds of our deepest dreams and invite them to take root.

SATURDAY 21ST MARCH 2025

10am-12pm

OSTARA - SPRING EQUINOX

As we return to balance between light and dark, nature offers us a moment of stillness before we begin anew again, preparing for the energy from the sun to return.

£25 PER SESSION

**CONTACT INFO@WILDASWELL.CO.UK
FOR MORE INFO AND TO BOOK YOUR PLACE**

WWW.WILDASWELL.CO.UK