

25th November 2025

To Whom it May Concern

Re: Kate Whyatt

Emergency First Aid at Work – PASS
1 day (8 hour) Outdoor First Aid Emergency Action - PASS

This letter confirms that the above named person attended and successfully completed the Emergency First Aid at Work course with Will4Adventure on the 17th November 2025 as part of a wider **8 hour 1 day Outdoor First Aid Emergency Action** course which they also passed.

The course is valid for 3 years and objectives included:

- Safe best practice
- A systematic approach to incident management in the outdoors
- Unconsciousness, causes and treatment
- External bleeding, internal bleeding and shock
- Resuscitation procedures including CPR and choking
- Awareness of current regulations
- Injury management outdoors
- Illness recognition and management

William Legon
BEd (Hons) ML, RCI, MIAS L2
ITC First Aid Trainer