



ATMAN

**Help: self control
let only love motion flow**

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Book 2 - Edited Version

text a blend of philosophical thoughts, spiritual analogies, and personal connections transcendence of human understanding touched upon:

1. ****Stages of Life & Enlightenment****:

- Life is seen as stages, with an analogy to a cocoon. Once humans achieve enlightenment or a certain understanding, they "metamorphose" and realize the interconnectedness of humanity.

2. ****The Power of Light & Energy****:

- Light, particularly the sun's energy, has both constructive and destructive potential.
- Discovering this energy's true nature and harnessing its constructive potential is key to humanity's progress.

3. ****The Present Moment & Timelessness****:

- The past and future are mere constructs. True understanding and enlightenment come from living in the present moment.

4. ****Relationships & Trust****:

- Relationships, be it between a doctor and patient or husband and wife, are sacred.
- Trust, understanding, and appreciation are pivotal for maintaining a healthy bond.

5. ****Actions & Thoughts****:

- Actions are permanent, but the intent or thought behind them can be changed.
- It's essential to value the present relationship and not get caught up in illusions or fantasies.

6. ****Sacred Rituals & Significance****:

- The ritual of Rakhi symbolizes protection and love between siblings.
- Other rituals, like a dentist's oath or certain practices in a marriage, have profound significance.

7. ****Nature & Balance****:

- Nature is in a delicate balance, symbolized by concepts like the ozone layer filtering the sun's




energy.

- Humans play a role in maintaining or disrupting this balance.

In essence, emphasizes the interconnectedness of all aspects of life, from personal relationships to our connection with nature and the universe. It underscores the importance of understanding, love, trust, and balance in achieving harmony and enlightenment poetic, abstract expression of ideas, encompassing themes of love, spirituality, human nature, and our relationship with the universe. punctuation revision to help improve clarity without sacrificing the essence of thoughts:

Their people, or resources: "Love thy neighbor." Now, we can move forward, working together as a collaborative, enlightened society towards the greater good of understanding this beautiful artwork in our clinic of the seven chakras to bring peace ☯ and harmony. As you enter, guided by a mother, and then by a dental couple sorting out differences, a prayer for a dentist unfolds. Then our unique innovation of a fee structure hangs, and finally, you see an information desk 🧑🏫🧑🏫🧑🏫🧑🏫 with a notice

board for any updated information. Water 💧💧💧💧, the seat of life where the seed grows, invites you to quench your thirst or tea – which runs this country. Say, "Thank you, God, for the creation," by giving your fee.

reflection of the creator. Among the chaos, find calm, patience, love, kindness, joy. Prevention is  better than cure. If you sucked honey  for the queen and given nectar which overflows to the world within, it's real, sweet nectar. Reminding us, don't keep destroying nature's nest, beehives for your body. You might get diabetes and start exercising because of the hornets  nest.

rich in symbolism, drawing parallels between diverse concepts. draw inspiration from nature, spirituality, human relationships, and more. The poetic form allows for a lot of personal interpretation, which makes the text unique and intriguing.
Enjoy happy thoughts

Way, like navigating with AI, stir your tea happily, not the hornet's nest. Let your wife look after your health and you care for hers, including both your families. See how nature is helping each other: mother, child. Sometimes, one animal sacrifices for the sustenance of another with love. Fathers, mothers on the borders do. Institutions don't fall; soft power affects society. Or massive invasions. To live in harmony, you have to look deep, never seen in the depths of the heart of months. Not even stepping on an ant just to acknowledge he's working hard, like a dentist operating on mutually beneficial relationships, trusting the patient. The bond is with the patient to keep him safe, like a father doing his duty. From his protection, always there, even against stronger younger forces, with his reinforcement if needed.

So, don't disturb guardian parents or loved ones. Accomplish what the creator is doing through the dentist: healing his creation. Understand that the environment is dirty; not in our clinic. Every observation of yours is noted and jotted down. This is a place where you can learn the power of observation and share, not for fancy education or equipment. You don't need to show off your weight; you need to exercise. It's not about money, but understanding love and creation in totality. And for that lesson, feel the joy of visiting. Come back for a preventive measure of your success in life. Your duty? Love. That's the only timeless immortality: a mother's love.

The pathway ahead: comb your hair down. Don't ruffle feathers. Give in if required. "Never give in" doesn't mean "keep fighting". Persistence is different from patience. Hardworking people: be patient. Love your wife, love oneself, parents, fiancé. Respectfully love. Because, if they're not happy, what's the point? They'll leave, and with them, all the treasures. The biggest gift you can get from your creator is happiness. You'll wonder how. Don't go into the dream at night; you'll have your time to connect to the source. The biggest treasure you can receive is happiness in your heart, mind, body, soul, spirit, and that's the ticket to heaven: our eventual destination of salvation.

He's teaching you in your journey how. By not being selfish; otherwise, he doesn't wish for you in heaven. Learn from your wife. If she's the right one, you'll know. Keep her happy, and it will glow to your parents, patients, society. Slowly, they might start reciprocating. Keep giving and then you have found your happiness, your biggest treasure, salvation, right here on earth. Watch the sunset with her. Start the day with surya namaskar on Independence Day for my mother. Maybe that joyful feeling of finally seeing the start of life, happiness, knowing you are part of the creation process.

Without any grand gesture or announcement, just touching your feet, you're part of this creation. A namaste to start. Not just welcoming the other, but welcoming them behind the namaste. Then, prostrations for all the cures, solutions, gifts, photons have given you. Say in your might, "I wouldn't waste your resources. If you keep this creation immortal, including no wastage, build something beautiful by having a light heart." Whether receiving fees or giving them, you're sharing.

To care for the one that matters: you. Because you are all of the creation, it's all you, all him. That's the final realization of consciousness. Progress: you keep giving dirt to Mother Nature, she keeps cleaning. A hygienist or dentist keeps cleaning. What do you do? We'll, as per my understanding, know the process comes from the salivary glands. But at least clean up your mess: smoking stains, paan, etc. Don't make such a big mess with Mother Nature. She cleans, but help by recycling. Start by speaking the truth or expressing honestly. That would be a nice G20 summit: clean up. Recycle and maintain what we have with gratitude.

You might never know how Mother Nature operates. That's her secret. When you're ready, she shares, like investing in her creativity, not damaging her. So, keep looking. All the answers are there. Friendships in life make friends with equal partner points of observation in nature. Just say, "I love you." And the hurt in your heart goes away. Start with your partner. In giving, there's receiving. Long-term relationships, like with clinics like ours, take initiative. Preventive care comes every few months: say hello, we ask if everything's okay.

Take action or OMG, we need to sort this out. Due to numerous factors affecting your healthcare costs, we wish for you to save that token amount. As trust builds, your long-term relationship is okay for us and for you to be prosperous. Now, you're starting to enter the doors of heaven. First, you see the oceans of knowledge of all creations, like our publication and ChatGPT4. Gasp for loving motion. Endless love flowing. People meeting people with love in their hearts. They know their souls' wishes may be answered if they're willing to help. The cycle is almost endless, but there are guards playing their roles.

Keeping all in check, or you're sent back for teaching. Like our assistant nurses with a keen eye, watching the work or doctor's good work, the patient's treatment solution's feedback system starts free-flowing. Like an expert caddy, our assistant passes the right club to remove the tooth.

Finally, all said and done, at the end of the day, the nurse tidies up and cleans. T-Series's music is there for patients, with Zuckerberg and Google listening in. They bring in patients with their Google Maps, and then rate doctors without realizing it's a two-way street. Communication works both ways.

Finally, we land post-operatively. A soul waits, wondering about the next destination. For us? Come back, see us again. If it's not so bad, then perhaps in good time, from 6 months to 2 years, visits can reduce. To stay in heaven after such good work is only heavenly; an experience can say so.

Let's move on to the real world. Brush off mistakes. Constant awareness is needed, like a mother always watching, one eye open lovingly even when sleeping. Or a fiancé can declare, "I'll take care." Some things are beyond our imaginations because the seat of creation is there, taking care. Like the story of the wife defying Yama and bringing him back.

Gated communities send patients to the clinic. They travel from miles around, trusting for months on end, hoping to see their children growing up well. Knowing we're all going to heaven, and the gate starts here at your dental clinics. They're the entrance to your body, and perhaps more.

So, what's the delay? Get your act together today, go to your favorite dentist for an appointment, and get your life on track. We're on that Harry Potter train to our next destination, the heavens in the sky. That's one picture we must see. Our stars, actors, actresses, guiding us – influencers on Instagram. Are they doing it right?

Entertaining respectfully, SRK and Arnold still hold strong after decades of challenges. But the truth is, the real role model is you. What you're doing daily, the little activities, shows when you open your mouth. We start the process again, saying to be loving.

You have to experience that trust again, for a longer time, to do better outside. Or we say that the love and trust you show to yourself and others is all right. This time, only a 10-minute visit, perhaps a quick trip to the radiologist. We don't invest in big, fancy equipment at our clinic. We invest in you.

You buy the fancy stuff, and my partner can buy the fancy items if she wishes. But she has the choice. I wave my magic wand of a handpiece to remove that pesky bug. My first earning was a fly swatter given by my Nana, worth 1₹.

For the hardworking soldiers, fathers, or guys in relationships, there's protection. Women, too, offer protection. Shahid, a special title different from other Singh's, means sacrifice. Thank goodness for those who are brave and respected.

Like the hurricane in the South China Sea, a typhoon storm will pass. Even if you're in a tough spot, be gentle with yourself. People make mistakes. Forgive yourself and move on. Release that massive amount of love inside, express your feelings, and bond. Times will get so good that you won't have to worry about negativity.

Pay your dues with a good heart. Love and family can rescue you by spending quality time together. See the diamond inside yourself, pray, and have your first conversation with that pure light source. Say you wish to give that massive diamond to your choice of fiancé. Have faith, go to sleep, and prioritize life for others. Remember these golden words: You are not who you think you are. You're much better. Soon, you'll realize there's nothing better because you're that pure light source. Confidence flows pure, like RO water drills in your mouth. With your mouth open and eyes shut, a light of genuineness is released, alleviating your stress and tension. Holding the nurse's or dental assistant's hand in fear, that fear slowly dissipates as your faith in your doctor grows. This trust is mirrored in your prayers, fostering gratitude. You genuinely feel generous and giving.

Entrusting our magic wand to work with your heart, offer your gem to your most cherished one. As the twin flame ignites, be brave. Approach the dental chair without letting past traumas deter you. Life can turn beautiful overnight. Visualize that diamond within you. Share your stories with your family doctor, who often precedes your general practitioner. He's the doctor you routinely meet, saving you both money and time through accurate referrals and astute observations. Dignity is a virtue to be maintained throughout life, and we hope to uphold it.

Even producers need to feel love for their subjects. We hope to make every heart happy, preserving their dignity. With collective efforts, even mammoth tasks like building bridges can be achieved. Whether it's PFM or a 2 Crore Zirconia machine, every product has its merit. Every opportunity to serve is an opportunity to banish the evil within and foster self-care and preventive care.

Documentation and record-keeping are essential, much like how paperwork was pivotal in rescuing Sita from Ravana. Through calm and collaborative efforts, both doctor and patient can achieve mutual understanding and consent. Constructive feedback aids improvement.

In the universe, everything has a purpose. Connect with us without fear; we're timelessly available. Depending on situations and priorities, service fees may vary. Sometimes, even pro bono. The journey of our souls determines the need. The objective isn't to shatter egos but to bolster them. Should you ever feel hurt, remember we're here to help. As winter ends, we usher in wonderful days, cherishing and preserving our precious treasures.

In the short run, avoid those who may deceive and lead you astray. True souls don't betray. Guard your reputation and trust those deserving. Gratitude is the greatest treasure for a doctor. Like loyal patients of over 16 years, heartfelt appreciation is unparalleled. Powered by prayer and genuine love, good things will follow.

Always remember, the power of prayer and gratitude is immense. When you pray for others, including our patients, your wishes too will be fulfilled. Always be thankful for whatever you receive. Your original text is quite intricate and seems to carry multiple meanings, including personal, poetic, and perhaps cultural. I've tried to maintain the essence of what you've said while improving grammar and clarity. Here's a revised version:

For your diligent efforts, be patient and remain steadfast. After all, Rome wasn't built in a day, but it did fall when collective focus waned. Prioritize long-term prosperity over short-term gains. With patience, prosperity, symbolized by Lakshmi, will arrive. Treat her with kindness, patience, and understanding.

Similarly, treat patients with good intentions, compassion, and understanding. True dedication requires not just effort, but also genuine attention and interest. Approach every situation responsibly, seeking informed and respectful consent. Let's remember the devastation Japan faced, and realize that nobody, not even the most unhinged, would wish to repeat such a tragedy. After all, souls do not betray souls.

This teaches us a lesson in self-control. Loyalty, especially among patients, should not be abused. Your actions, grounded in love, will never lead you astray. When you act with love, you gain the consent and the right to take appropriate actions.

Celebrate life, and cherish the treatments and services provided at our clinic. Trust in the expertise of Dr. Vijaylakshmi for motherhood, and Dr. PadmakshiMeenakshi for child-related concerns. If you have gastrointestinal issues, Dr. Kini is the one to consult. Every individual plays a role in our journey. As for the clinic, during my absence in Delhi for Rakhi and wedding shopping, Baliga will oversee things. Veena, Shanti, and Victoria will handle appointments, especially for those getting implants. Safety, monitored through our CCTV and patrolling, is our utmost priority, both for our team and our clients.

Thank you for your prayers and support. The sacred institution of marriage deserves protection. Our consultation aims to reassure you of your health, encouraging you to take preventive care. Brushing your teeth is a timeless ritual, not too harsh, not too gentle, but just right. It's akin to He-Man's sword from Castle Grayskull, symbolizing power and precision.

God's perspective isn't just from above looking down. It's all-encompassing, scrutinizing even the tiniest details, be it in a communist or a democratic setting. In the end, all paths lead home.

If you face challenges, join us. Let's fulfill our duties responsibly. By helping you, you indirectly help us. Cherish what you have in life and maintain a sense of contentment. As you sleep, your mind rejuvenates, preparing you for another day of self-care and looking after loved ones.

True love encompasses parents, siblings, family, and twin flames. Embrace the sacred fires of course correction. Understand the consequences and build self-esteem through profound love.

This journey continues, with hopes high for celebrations between 29th October and 9th November 2023. Always remember, you're free to soar like a butterfly. 