TRUTH JOURNAL

WE WANT YOU TO DISCOVER AND EARN

Articles submitted by 7th August every year will be, maybe reviewed for prizes \bigcirc \bigcirc , or ideas practically accomplished visions

BY DHRUV SUBRAMANIAN

Is there a silver lining? Envision the best possible outcome and a step-by-step path to get there: positive thinking.

>>> 0001PB <<<

TRUTH JOURNAL

3 Preventive care 2 Regenerative dentistry Grow tooth 1 Faster than light on oral lasers and interconnected fields Go...



To access the next few issues of the "Truth Journal" via the Preventive Dental app, follow these steps: Please note, this is only a sample of the framework for accessing and navigating the "Truth Journal".

- 1. <u>App Access</u>:- Open the <u>Preventive Dental app.</u>
 - Use the left sidebar to navigate to the "Hope Trust 2026" tab.
 - Enter the "facebook Spaces" ... from there.

2. User Options:

- Choose to form areas according to your preference:
 - *Patients' Clubhouse*: Join meetings such as the Elite Dental Club.
 - *Doctors*: Participate in discussions and meetings.
 - *Patients*: Engage with other patients.
 - *Both*: Participate in mixed discussions involving both doctors and patients.
 - *Team Staff*: Connect with medical staff.
 - *Society Flag*: Access this through the patients' tab.
- 3. *Web Access*: Visit[www.rdindia.org] for the latest versions of the "Truth Journal".

Truth journal: primary reviewer Amritha BDS:

Chief Editor Misha Shahid: Stand in editor Dr. Dhruv

ANR: Publisher Naga Pramod

Objective: very simple—elite dental club membership, simple healthy smile, indicating good working healthy population to give intelligence for investment made in proprietorship. CEO Dr. teamwork together with you. Hope, trust, foundation, truth, journal goal of regenerating dentistry and medical OPG space research. Regenerative achieved.

TRUST 'Truth Journal' Steps:

Step 1: See sample [here] (Dental Newsletter).

Step 2: On previous page

Step 3: Submit your entries for free and with open access, with no to some restrictions for all members

Step 4: Publications will be chosen and maybe published on 29th June new year PB -: review AD. Compensation increased from assured sponsorship ad keep updating articles from 29th to 29th October: New proposed smile e-calendar: back cover;-) and honorary title of husband wife of dentist in elite dental club as Doc;-) Surya namaskar: 15th August day as ATP paper Big Bang CHAPTER 09 innovative articles

Step 5: This dental Fenêtre newsletter is transformed into the Truth Journal. Maybe next online on our PDA Preventive Dental App: Yes!

Navigate our last dental newsletter via INDEX below: Now, format for truth journal annually.

- -01. Stand in Chief editor: Letter by founder B+ like our good blood.
- 00. <u>Patients or Clients</u>: For our enlightened investors, we need to understand the greater good and the life purpose of our elite dental club.
- 01. www.drdhruv.com: Flagship clinic updates, in Unicorn Bengaluru India featuring 'For you': we use unique WA appointment training method and accounting for profitable growth for new revolutionizing dental industry treatment solutions.
- 02. <u>Doctors</u>: The gift of good health is the focus of our doctors, working honestly for you and your family members, emphasizing oral health measures in dentistry.
- 03. www.Navigational.ai: Deep awareness about deleting and blocking numbers.
- 04. <u>Brand affiliates</u> www.NamrataDhruv.love: Renewal of dental license and participatory doctor clinics offer annual preventive care packages for clients or patients. Additionally, we provide a trusted recommended list of services and product providers.
- 05. News: Annual reminders and news updates to check daily, weekly, or monthly when free: oral health one-year awareness policy and doctor consultation treatment solution fees policy.
- 06. <u>Unique observation</u>: D 3 laws of the universe unchangeable intelligence.
- 07. Companies: Sponsorship ads inviting companies, etc.
- 08. <u>Clinics</u>: www.NamrataDhruv.com Transformational offer to elevate your private dental practice.
- 09. <u>Scientist or writer</u>: Sponsorship Ads and scientific publications or enlightening dental articles with tips.
- 10. <u>Rewards</u>: Recognition awards in the dental industry every leap year (2028) after this one.
- 11. <u>Job opportunities</u>: Creating jobs doing the right thing brings happiness to everyone, including yourself.
- 12. Thank you! Credit rolls: Take your time; don't rush. Allow it the necessary time to unfold and work effectively.
- 13. Are You Lucky Enough to See a Better World: Next Version, 4th Edition October 29, 2025

<u>Kindly note</u>: Spacing indicates, with serial No, a new segregated section. Easily editable: If you feel that any sensitive information has been shared or any facts are untrue and wish to have them removed.

Three critical thinking problem-solving skills that might help you while reading or otherwise:

- 1. Your problem is not as big as others. Self-importance is valuable; value yourself first, then loved ones, and finally, your association: you might find your solution to their problem. Who asked you for help professionally and received value in return. Is that what's happening? You're solving problems with a dentist, and he's making his wife smile at home.
- 2. Read, criticize, believe, the same in listening and understanding. Therefore, state here is my belief or the writer's; have their own independent thinking. Don't get influenced by the wrong thoughts. It's your choice if you have chosen to do the right thing and associate then proceed too.

Those with interdependent thinking are collaborators wishing to contribute to better health for a better world.

3. Get self-awareness of your problem, the root cause, by our experts. Whatever works, as it's about your belief and good faith. Education is the biggest boon for your and our upliftment. Value your ambition, work-life balance, and love your life's journey consciousness to decide, "Yes, I will join our elite dental club and contribute." Load it with love and see the magic that's called the miracle of life.

Be responsible or keep asking permission. Be free and remember, knowledge only gives power to observation for the greater good. Use your God-given, unique talent and skills groomed over time with consistent experience, and let others help you do, as Lion-wise king says, "It's the circle of life, and it's all connected." We call it the red thread.

1. Letter by founder B+ like our good blood healthy relationships

Dear Esteemed Readers,

I am delighted to introduce you to our innovative online blog-style annual dental newsletter, the "Annual Dental Fenêtre Newsletter." At our core, we believe in a love committed encapsulated in our motto: "Hope through Ethical Practice, Continuous Learning."

In our fast-paced world, where the race often seems relentless, we invite you to take a moment to be on time, spending it in an organized and healthy manner. The finish line in this journey mirrors our appointment system training – the goal is to ensure a seamless and fulfilling experience for all.

This newsletter is not just a publication; it's a platform for sharing insights, celebrating achievements, and fostering a sense of community within society. We've structured our release date annually by the 29th of October, allowing you ample time to stay abreast with ongoing developments or peruse it at your convenience once released.

The content ranges from patient to client care, highlighting the collaborative efforts that lead to success in dentistry. We firmly believe in the power of collaboration and mutual support to elevate the standards of dental practice.

Your contribution is valuable to us. Whether through sponsorship ads, article submissions, or sharing your experiences, you play a vital role in shaping the narrative of our newsletter. Your visits, consultations, and treatment solutions are not just transactions; they are integral to the ongoing narrative of hope, progress, and new treatment solutions for everyone.

We invite you to contact us to discuss your participation in this annual endeavor. Share your insights, contribute articles, or explore opportunities for sponsorship ads. Your involvement is a testament to the shared responsibility we all bear in advancing the field of dentistry.

Remember, in the dental industry, there is no equality; there is shared responsibility. We believe in cultivating a positive attitude and a loving nature – values that form the foundation of our mind-body-soul thinking. Recognizing the profound deep faith of

an intuitive connection between the brain and heart, we encourage you to evolve towards a healthier mindset and fully embrace the spirit of our dental family.

As you navigate the pages of our newsletter, we hope it inspires not only professional growth but also contributes to an enhanced quality of life for you. For queries, contributions, or belief in our collaboration, feel free to contact us at our flagship number: +91-8884757388, or through various dental associations.

Thank you for being an integral part of our dental community. Here's to another year of shared knowledge, collaborative growth, and unwavering commitment to excellence.

Warm regards,

Enter our elite dental club of living with love and understanding mutually for good health.

- 1 year old: get used to the clinical environment and avoid nursing bottle caries. Identification of syndromes: Teach them self-control at a young age, which is very important. No thumb-sucking habits or face the consequences of the next step: corrective orthodontics or correct the habit unless it's genetic, then it's a lot of variable nature.
- 6 years old: Any orthodontically guided bone correction to avoid surgery later in life if conscious or affecting oral hygiene or work life, preventive and interceptive orthodontics. See our orthodontist in the video: https://namratadhruv.love/have-faith-annual
- 13 years old, and after they have been initiated with a water flosser, we hope their mobile number registered with guardian consent in our system allows them to have a lifelong, shared responsibility in their good health by receiving our annual reminders.
- So, we support you through your education in entering our dental awareness blog after this phase of guardian consent. Here for ORAL HEALTH AWARENESS, stay with us. Thank you. Your first lesson: Trust right, associate right with our peer group. Pressure socially, do right. "Study to understand, learn not to pass exams" is my humble opinion, but do not forget that the goal is to complete exams, start earning, and then continue learning. That's how you will be happy with cordial and associated healthy relationships

Do what your heart feels is right, and your mind knows is right.

Let your soul lead the way 🛠 🌆 🙏 with Pinky and me.

Brand Love

TRUST INNOVATIVE PREVENTIVE

SEALANTS CHILDREN ADULTS
CLEAN GUMS TEETH PRE-CANCER
FILLINGS SAVE A TOOTH DESTRESS
ORAL HEALTHCARE AWARE ACTION

World class leaders aim In the dental industry Humble environment

AESTHETIC VENEER ORTHO WHITENING

RCT CROWN BRIDGE We care by earning well Listen respect goodwill Better health experience

> IMPLANT RESEARCH EXTRACTION RPD GOD'S LOVE LASER CANCER TRUTH

"Hope: A Kind, Gentle, Intelligence Driven Dental Journey for Lifelong Family Happiness as Better Work pray 'For you"

BETTER WORLD



Thank you! WA us 'Hi'
+91-8884757388. Auto book
system: We value you! Read link
See behind D warranty
prescription instruction

Vision: www.navigational.ai: www.drdhruv.com OPG collaboration.

Direct access QR into our Love Brand: eLITE dental club Reviews: www.NamrataDhruv.com

https://namratadhruv.love/

Reviews: www.NamrataDhruv.com

2. For Our Investors:

M M M

No investment by investors besides patients or client's sponsorship ads or feedback fees allowed in our elite dental club, newsletter, WhatsApp training method, or accounting. If still keen, shall check for a good healthy relationship with our investment to grow together lifelong for the greater good health and well-being. With a clear understanding, the founder-owner, with his wife's intelligence together as the head, will always decide the resource allocations, which will be based on the strategy and advice presented by the advisors, whoever they may be, with the focus on the greater good, health, and well-being of everyone, including us. Shared responsibility leads to happiness.

"As members of this elite dental club, we solemnly pledge to assure no harm to ourselves or others. We support the defense, security guards, and police family friend associations with gratitude for their selfless service and promote good mental health awareness. By the court of laws, understanding the awareness of Truth and justice for fairness encourages acceptance of others' differences and fosters empathy. It provides help within our means for their suffering and pain, ensuring they are directed to the right place. We focus on constructive things like engineers building savings and earnings, avoiding overspending, and refraining from bad, risky investments. Our priority is on high-value activities, like art humanity building, maintaining a loving commitment to family, friends, and associations individually contributing collaborative good work, and not worrying about the God-given results. We firmly believe that we are on the right track by doing what is right and continuing down this path, whether the outcomes are positive or negative. We express gratitude for understanding beyond our means and recognize the importance of staying the course and course correction, if needed, for a happily ever after in the new year. We acknowledge that communication is key to building good relationships, and accepting who we remain crucial. Moving forward, we collectively embrace love for a lifelong family and positive associations. Understanding that this elite dental club is established for the greater good, both now and in the future, for depth in your and our mutual understanding kind interest: A personal connection with doctors at the clinic is crucial for maintaining good health. Service business beyond transaction: Professionally managed by us, we pledge our committed love to ensure success."

For that, we kindly request patients or clients to go to the right place for consultation and treatment solutions for everyone's happiness; your valuable contribution is appreciated within your means

1. Authority for Regulation:

- The government of India, Indian dental associations, and regulatory bodies, like the Dental Council of India, are granted authority to regulate dental services and products in India and similarly globally
- This includes the annual license renewal process, ensuring adherence to standards for everyone's greater good.

2. Public and Government Dental Clinics:

- Free services for patients in government dental clinics are supported by taxes, ensuring that the public has access to essential dental care.
- This contributes to the overall happiness of the population by addressing basic dental health needs.

3. Discounted Services in Dental Colleges:

- Dental colleges provide discounted services, benefiting patients and students who gain practical experience. They are adding value here.
- This arrangement fosters a positive learning environment and provides affordable care to the community. However, based on demand and supply, there is a trend causing drops in charges and, ultimately, quality. This negatively impacts the entire industry, including dentists and patients, leading to suffering. The only solution is a mindset shift, treating patients as clients and spacing out their numbers to prevent suffering. This approach aims to avoid the negative consequences for dentists' families due to low costs and the unhappiness of dental college students passing out. This issue is particularly prevalent in some parts of Indiranagar, Bengaluru, within a radius of 100 feet, where there may be over 5-6 dental clinics, creating a massive explosion.

Thank you for your understanding. The regulatory board has the authority to think and strategize for a solution that ensures everyone's happiness as their duty. A simple solution is to share resources, particularly in human resources (HR). We propose asking people to sign up, perhaps in our Elite Dental Club-like system. Alternatively, we request sign-ups for our alternative strategy of the Elite Dental Club, giving you a choice of where to go. If you choose to sign up for our D warranty annually or every five years, we will allocate you to our clinic and our affiliate clinics' doctors based on your preferences.

4. Regulation of Fees in Hospitals:

- Fees of doctors in public and private hospitals are regulated by management to cater to larger audiences.
- This ensures a diverse population can access healthcare services, including advanced equipment and machinery.

5. Private Practice and Exclusive Services:

- Private dental practices offer exclusive services catering to a niche audience seeking high-end treatments.
- This diversity in services allows individuals to choose based on their preferences and affordability: The understanding is between the patient and treating doctor; no one other than God can interfere based on family and everyone's happiness.

6. Human Right to Choose Services:

- It is considered a human right to choose whether to provide services, with exceptions for life-saving duties.
- Individuals have the right to seek services they can afford, contributing to a shared responsibility for the growth of the healthcare industry.

7. Funding Research and Innovation:

• Public or private sector individuals may not directly pay for research, innovation, or consultation. - Lack of patient funding can be a <u>barrier</u> to developing new treatment solutions, impacting families facing health issues.

8. Mutual Understanding and Shared Responsibility:

- Mutual understanding between service providers and patients is crucial for creating a healthcare system that caters to diverse needs.
- Shared responsibility is emphasized, encouraging individuals to contribute to the industry's growth for a pain-free and healthy society.

9. Elite Dental Club Supporting Innovation:

• The hope is expressed for an elite dental club to grow, supporting the cause of innovation in dental treatments.

• This collective effort aims to contribute to better healthcare outcomes and improved access to advanced treatment solutions.

10. Transparency in Fees Usage:

- The call is made for transparency in how fees are used, with the expectation of sponsoring scientific or enlightening articles/Sponsorship of Ads giving ROI and showcasing innovation
- It is hoped that this transparency will demonstrate the positive impact of fees on supporting research and innovation in healthcare/besides family happiness

11. Wish for Better Treatment Solutions:

- Personal suffering is highlighted because of limited treatment solutions, emphasizing the need for continued innovation/content
- The call to action is to collectively contribute to the industry's advancement for the greater good of good health.

12. Hope for Articles on Industry Impact:

- Expressing hope for articles showcasing the positive impact of fees on the industry.
- The desire is to see the industry grow and evolve, providing better and more accessible healthcare solutions for all. What value are you giving? What value are you receiving? It's not about money; it's about value exchange, with money as the currency. The 8th wonder: there's no miracle of compounding. You are basically investing this value in currency for the growth of the economy. As inflation occurs, it grows. You are receiving your contribution interest in return exponentially. So, investing in the right place, rolling out to do the right thing, will obviously give you returns, and vice versa. Obviously, applying in the internal external battle of evil is all about making the right choice. Decision, your duty in destiny: I call it self-governance. Five levels: good work, extraordinary, better work, brilliant work (which is mainly uniquely different), and genius level work (which is one idea uniquely different no one has seen, maybe in a century or more). The final level is way above us, the higher consciousness above the subconscious access. I believe I call God's salvation, which only he knows the answer. So, pray at night, and he may bless you, as mentioned in the the methodology following link: [Prayers & Solutions] (https://namratadhruv.com/prayers-solutions).

3. Flagship clinic

I have more than 1 talent, and that is dentistry. I pray I can get better for my family's happiness, comfortable contentment, and hopefully, 'For you'.

"We value good work and aim to learn, to do better. As we are aware, knowledgeable, skillful, and experienced—ourselves, juniors, and senior elders, with their wise experience, with our education holding us steadfast. To keep doing it until it's extraordinary and not stop there. It's a two-way street, from our lab, radiologists, suppliers, collaborators, and our dear investors coming with their pain problems or dental sufferings, patients, or clients."

Joint responsibility.

Have a good, loving foundation built on trust and understanding, with good conversation skills. Cultivate happy, positive habits. Together, we can move forward with good consultation and treatment solutions as we read and engage with this newsletter section:-)

- A) Professional
- B) Clinic individual contributions and collaboration
- C) Personal

A) Professional Happened 21st Nov 2023





Preventopia

- 11:00 am: Pediatrician children

- 11:30 am: Pedodontist above 1 year

- 12:30 pm: Orthodontist above 7 years

- Today only, doctor consultations at just 150rs! Outside, enjoy Yoga and Art Therapy for a relaxing experience. Kids' Dental Surgeon researcher available for general check-ups, wisdom teeth OPG consultations, exams: Addressing issues like stress, ulcers, & TMJ.



Dr. Dhruv Dental Care Portstar venture Unicorn Tuesday, 21st November 2023

+91-8884757388 for appointment Join Us
www.NamrataDhruv.love







Maybe, based on responses, request parents or guardians next year.





Preventopia at Drs usual day & time

- 5:30 pm: Pediatrician children

- 6:00 pm: Pedodontist above 1 year

- 7:30 pm: Orthodontist above 7 years (2nd Wed 6pm)

- Again in 2024: Today only, doctor consultations at just 150rs! Aesthetic trained implant equipped Preventive Dental Surgeon researcher available for general check-ups, wisdom teeth OPG consultations, exams: Addressing issues like stress, ulcers, & TMJ. 2023 Hit de-stressor Art Therapy might be back yoga after dark



Dr. Dhruv Dental Care Portstar venture Unicorn Saturday, 14th December 2024

Celebrating Preventive Day 12/12: Oral cancer prevention sascen in

+91-8884757388 for appointment Join Us

www.NamrataDhruv.love

Clear news:

B) Clinic Individual Contributions and Collaboration

- 1. For oral cancer screening, clinicians or patients can contact sascan.in Oral scan, an optical imaging multimodal device designed for the early detection of (pre-) cancerous lesions in the oral cavity. You can reach them on Mobile: +91 91888 51148 via email: sascanmeditech@gmail.com.
- 2. Products: Order from suppliers. No conflict of interest financially. Recommended daily products:

[Annual Products] (https://namratadhruv.love/have-faith-annual).

Most of the doctors in the group services mentioned with booking appointment time.

- 3. Closing a few associations, tie-ups, and a few left unsaid: by consolidation of websites: let www.Namrata.shop www.rdindia.org www.namrata-suri.com www.namratashahid.com all shut down automatically without annual renewal.
- 4. Brand site www.NamrataDhruv.love, reviews site www.NamrataDhruv.com, and flagship clinic www.drdhruv.com vision: www.navigational.ai.
- 5. For the smooth operation of the clinic, doctors, service providers, you are well-supported. In the clinic, the delivery of good work for patients or clients respectfully mutually is our priority. Trust: our team and us. We care for smooth operations: Training WhatsApp appointment method, GP b4 GP, account method might be implemented for ease of operations with post-operative care and preventive care AMC package with one-year awareness policy and treating doctor policy.
- 6. 'For you' our biggest collaborators: One annual reminder can choose to opt out. This approach allows us to focus on our work, happily and honestly assisting you in the clinic.
- 7. Success is seeing yourself, family, others successful and giving yourself better than the best. Individually contribute to the team, even if family, society, or work. Support people and the industry with feedback, data, and innovative technological advancements for yourself and us. Your fee goes the distance to come back as an investment for you and the next generation. So, let's support, love, and care for the children so implemented the following.



www.drdhruv.com +91-8884757388
Saturday Pediatrician 5.30pm Pedodontist 6pm

C) Few personal touch from our team

The 9th event in Bengaluru is canceled due to my grandmother's passing away after our own version of a dream wedding. We are headed for the Hindu Manaat (2013 for a good husband) thanked and hoping to fulfill at the Vishnu temple in Chennai weekend, sharing our moment in time in the video. . Love to all.

Read our love story with the dental industry in the background. Thank you for being there or sending your love during our moment in time. Life, thank you. Hope it inspires hope in you and spreads a happy environment with a positive attitude and confidence. https://notionpress.com/read/love-

 $stars? book=published \& utm_source=share_publish_email \& utm_medium=email$

Thank you for all the wedding wishes for Pinky and me, as well as the birthday wishes.

4. Gift of health focus by our good doctor

M M M

Subtitle: "Sometimes, we might send you a message to forward and raise awareness—other than our annual reminders. Only to a select few. Trust our team, including you, for feedback, better understanding, or post-operative care."



Subject: CDE Announcement: Transition to a New Focus

Dear Doctors,

As we approach this festive season, I wanted to share a message of reflection and transition. Starting from this Christmas, let's embark on a journey where our lives are touched by miracles, and the magic of kindness prevails.

In the spirit of the season, we are transitioning from the conventional pursuit of acquiring and retaining patients to a new love commitment—a passionate and consistent focus on delivering extraordinary and high-quality work. Our primary goal is to achieve good results, fostering success and maintaining a balanced work-life.

This shift signifies a commitment to continued growth and improvement. Each one of you plays a crucial role in making a difference by diligently performing your duties.

Together, we aspire to learn, grow, and create a positive impact on the lives of those we serve.

Wishing you a Merry Christmas and a season filled with joy, kindness, and professional development.

Best regards,



<u>Subject: Implementation of Better Learning Habits</u> and COVID Protocols Dear Team, I hope this message finds you well. As we move forward, I'd like to emphasize two essential steps in our journey of learning and growth.

Step One: Understand E6—Earn Easily, Efficiently, and Ethically Learning begins with understanding the principles of earning easily, efficiently, and ethically. Let's educate ourselves logically and theoretically and encourage practical application.

Try, attempt, and witness the results, as trust-based foundations in relationships finally matter. Keep walking on this path of continuous improvement. Regarding COVID protocols, in accordance with recent government orders, we are reinstating precautionary measures in the clinic. Your cooperation is crucial. We welcome

clients/patients with temperature checks, masks, and hand washing, ensuring excellence in trust and simplicity. These preventive steps are effective, especially in crowded areas. No additional vaccination is required for the low potency JN.1 variant. Please contact us at +91-8884757388 to space your dental appointments, and we appreciate your support in implementing these preventive measures. Now over

Step Two: Associate with the Right People

Associating with the right people, learning from the best, and striving to be better than the best is the second step in our learning journey. I trust you're enjoying Christmas, and I look forward to staying true to my resolution of becoming a better dental professional with each passing day. For those interested in additional practice tips, explore

'Over 101 Practice Tips in Clinical Dentistry'

[here](https://notionpress.com/read/over-101-practice-tips-in-clinical-dentistry). The journey of learning continues, and I pray for the experiences you share, contributing to the gift of health to society. As we standardize processes and systems in the clinic, providing employee training to deliver nothing but the best to each patient, let's continue our collective effort towards happiness. Goodnight to all and thank you for your hard work. Together, let's cultivate better habits, positive intent, thoughts, words, and actions in the new year. Forget the past, embrace the future, and get ready for a successful and fulfilling year ahead. Take care, stay strong, and have faith.

THE MIND IS THE SOLUTION TO ALL OUR

PROBLEMS

PRESENT MOMENT: RESPOND

UNDERSTAND SITUATION: CHANGE TO

GOOD HABITS: BEING YOUR BETTER

VERSION OF 'WHO YOU ARE' MEANT TO

BE HAPPY TOGETHER

Subject: Clear Instructions and Important Information

Dear clients,

I hope this message finds you well. I would like to share some clear instructions and important information to ensure your continued well-being.

- 1. Accept and Count Your Blessings: Take a moment to appreciate the blessings in your life and practice gratitude. Remember to listen more than you speak, and let your actions speak for themselves. A simple smile can be a powerful start.
- 2. GP b4 GP for Preventive Health: Our GP b4 GP initiative aims to prevent health issues by detecting stress in your body and life. Immediate preventive actions are recommended, including raising awareness of your situation and seeking care from practitioners, service providers, or family members. It's essential to maintain a healthy environment without harming yourself or others. Widening our horizons of preventive care: What to say, when to say, and where to refer.
- 3. Listening and Respect: We listen to understand and provide recommended courses of action, respecting your choices. Your consent forms the basis of our trust-based relationship. There are no strict rules instead, we encourage and support good behavior with respect and trust reciprocated. We continuously update and learn, ensuring a return on investment (ROI) for better services throughout life.
- 4. Hippocratic Oath and Service: As doctors, we uphold the Hippocratic Oath to treat well and do no harm. The system is designed to support dental students' learning at a discounted fee, and government institutions are aided by society's taxes. Serving our clientele is a privilege, not a right, with growth based on individual contributions and collaborative efforts. We disassociate ourselves from those not following this natural law for the prosperity of all.
- 5. Article on Implant Redo: Please read [this article]

(https://www.nature.com/articles/s41432-019-0047-0) if you ever consider getting an implant redone. It discusses success rates, possibilities of redo, and the beauty of a global implant system. Do ask us for a replacement implant if needed, as it contributes to the system's innovation and better service.

6. Emergency Procedures: Our doors are open 24/7 for a fee, with our team available during working hours. Emergency procedures are rare but are prioritized for safety. We collaborate with hospitals by referral to good doctors, Amar Jyothi Nursing Home, and others. Keep the phone number of your nearest hospital with emergency facilities handy.

Thank you for entrusting us with your dental care. We appreciate your questions, feedback, and commitment to good health. Feel free to reach out if you have further queries.

Wishing you and your family good health and happiness.

Best regards,

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5. Deep awareness

Subject: Important Notice, New Year Wishes, and Personal Beliefs

Dear Clients,

I hope this message finds you in good health and high spirits. I would like to extend my gratitude for your continued trust and association with our clinic. As we step into the New Year, there are a few points I'd like to highlight along with our heartfelt wishes for you.

- 1. Deleted Numbers and Reassociation: Deleted numbers from our system indicate a challenging experience. If you wish to reassociate, along with blacklisted ones (blocked ones only apologize), a booking fee is required. This policy is in place to maintain a professional, healthy relationship based on trust and good work.
- 2. Privilege of Treatment: In private practice, treating patients is a privilege, not a right. The doctor has the right to choose patients, and patients have the right to choose their doctor. It's a two-way relationship built on trust and respect.
- 3. Emergency Situations: In life-or-death situations, please go to the nearest hospital. If we can assist in such situations, we will do our duty without a fee. This is a professional approach for the well-being of all involved.
- 4. Consequences for breaches of trust: Breaches of trust and disrespectful actions have consequences, including implications for the immediate family. The focus is on improvement and the development of good habits in learning, intent, thought, words, and actions.
- 5. Financial Considerations: Financial matters are addressed professionally. For immediate family and close friends, there are exceptions. Collaboration and understanding are key for a positive relationship.
- 6. Consultation Fee Waivers: Treating doctor fee policy and discretion of treating doctor management.
- 7. Preventive Care Packages: Encouraging patients to sign up for preventive care packages annually is a step towards maintaining a good relationship.

- 8. Feedback System: Good healthy feedback is welcomed after consultation or treatment for continuous improvement. It contributes to the overall effort to organize the dental industry and serve patients consistently.
- 9. New Year Wishes: The team wishes you and your family health, wealth, and peace in the New Year. Take your time, and when you're ready, we'll be here to support you.
- 10. Reflection and Understanding: Approach unknown territory with curiosity and self-reflection. Pause, understand, and carefully proceed with awareness.
- 11. Family Dentistry: The clinic, as stated on www.navigational.ai, is 'For you.' It's a family-oriented practice, and your well-being is our priority.
- 12. New Year Resolution: Embrace the new year with love, gratitude, and self-help. Blessings are received through acts of love for oneself and others.
- 13. Personal Beliefs: Our elite dental club follows one law my wife (Pinky Namrata Shahid Subramanian must be happy). Follow your own faith and beliefs as you wish and continue to value the prayers of respect to God and parents, a mark of deep respect by touching their feet with gratitude.
- 14. Lifelong Associations: Going from our friends to lifelong associations, we appreciate your continued association with us.

As we move forward, let's foster a positive and supportive environment. We appreciate your understanding and cooperation.

Wishing you a wonderful New Year filled with joy, success, and good health.

Best regards,

www.Navigational.ai

6. Preventive Care Clinic, Doctor Licensed Renewed & Service Product Recommended Provider

M M M

Dear Dr. Dhruv Subramanian,

Your transaction was successful, and a receipt will be auto generated within 24 hours. Keep this transaction number: T202401021246258180 for future references.

Best Regards, KSDC Team https://ksdc.in RENEWAL OF DENTAL LICENSE

For doctor license renewed, clinic his responsibility visit our website: [https://www.navigational.ai/single-project]

An imperative message that should never be overlooked: Dentists adhere to peerreviewed knowledge to ensure the safety and well-being of families and the public. This commitment stems from love in the awareness of the vital role played in creating value for individuals through proper training.

Moreover, maintaining a lifelong learning attitude is crucial. Engaging in Continuing Dental Education (CDEs) allows for the adoption of new consultation methodologies and treatment solutions. This dedication ensures ongoing happiness for both our team and those we serve.

Thank you for joining us.

7. Annual Reminders and News Updates: Check Daily, Weekly, or Monthly

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Example: Oral Health One-Year Awareness Policy and Doctor Consultation Treatment Solution Fees Policy

Sub-indices for different types of news, you can use to navigate color indexed for new

#### A) Daily or weekly breaking news

- 1. NEW YEAR'S: Appointment and Fee Understanding
- 2. Oral Consent Mandatory
- 3. Self-lived living love and self-confidence cross referral contact safe

#### B) Monthly News

- 1. Two-Year Trial to Affiliate Clinics Under Our Brand
- 2. Materials and Equipment: Nobel BioCare Implant System Purchased

#### C) Annual News

- 1. Tax
- 2. Awareness Alert: If you witness any form of discrimination or bullying or sexual or financial collection or any harassment in the dental industry, we encourage you to report it to us. Together, let's ensure a safe and respectful environment for everyone. Your voice matters!
  - 3. Breaking new D warranty released

#### 1. NEW YEAR'S: Appointment and Fee <u>Understanding</u>



#### Choosing Your Doctor or Appointment for Patients/Clients: New Beginnings

Your right to happiness and contentment begins with choosing the right doctor. Hope they are God-given experts in their field, whether in technology or healthcare. We wish you well.

With us, no free knowledge, art-like skills, or wise experience supporting help other than criteria mentioned. Only free marketing information is available globally. The truth is, what are we doing? Proactively solving dental problems for our family and others, happily ever after.

New Year's Resolutions: January 1st, 2024

Lifelong together, multiple ideas for your good work, no rules, one law, and only operating on trust, self-respect, and mutually convenient time requires cooperation with understanding. We strive to do better than our God-given best in our service. Nononsense business clinical practice, organized industry. Hopefully, we learn from your

next visit, to become better individuals and professionals. We hope to learn to live happily together every day and night.

God bless and good night, wishing you a very happy 2024 New Year, family, friends, and association. No further changes unless necessary. Let's change ourselves for the better. Thank you.

#### Clear New Year Instructions:

When bargaining, negotiating, or seeking a discount at the clinic, confidently assert your value. If unwilling to agree on fair terms, politely suggest departure, closing the matter. Patient or client details will be deleted as per the law.

To comprehend treatment solutions, assistance is offered. For those genuinely seeking understanding, the instructions. Failure to comply may necessitate intervention, prompting departure. Thank you for understanding.

Maintain a mutually respectful and professional tone. Any inappropriate behavior will be addressed appropriately. Ensure a smooth payment process by promptly notifying dental assistants or the nurse in charge if patients or clients hesitate to pay, even a nominal amount.

Clearly communicate the non-negotiable and non-refundable nature of fees. In cases of requests to pay later or negotiate, stand firm on the established terms. Adhere to the new instructions with a one-year validity for the outlined procedures.

Now we focus only on good work, delivering action on the chair with patients and clients. Thank you.

Service: Book Appointment

WhatsApp us for auto greetings and appointment instructions. See our sustain system in right action, promoting growth and improvement.

#### 2. Oral Consent Mandatory

Time Now: work life balance

Maintain & Build relationship

Might have to wait

ORAL HEALTH MEASURES



THE MIND IS THE SOLUTION TO ALL OUR **PROBLEMS** PRESENT MOMENT: RESPOND UNDERSTAND SITUATION: CHANGE TO GOOD HABITS: BEING YOUR BETTER VERSION OF 'WHO YOU ARE' MEANT TO BE HAPPY TOGETHER

### READ ORAL CONSENTAND THIS BEFORE ENTRY

Inappropriate behavior or can't afford the given value? Kindly leave, respectfully. Some things money can't buy. We'll delete you from our system as a graceful gesture for no further communication, as a token of trust. We will keep learning until we do good work while understanding your oral health habits as a huge contributing factor in successful lifelong delivery. As per both the concept of indoor management & constructive notice. With tech, hope, & prayers, we aim to get it right the first time & then leave the rest to God: help ourselves first all in good faith.

Preventive care booking system Booking fee and appointment

www.Navigational.ai

VIP: Download Oral Consent for Your Awareness

No excuses for any bad behavior on our premises tolerated. Have faith; all will go well.

Visit (<a href="https://namratadhruv.love/visiting-clinic-book">https://namratadhruv.love/visiting-clinic-book</a>) to download the oral consent form.

The dignity of labor is appreciated. With our investment in the right people, if ROI.

3. Self-Lived Living Love and Self-Confidence Cross Referral Contact Safe:

Read the link to understand the reason behind the consultation fee for cross referral with any contact or resource shared, ensuring required consent if needed.

For more information, check the bottom of the screen at this link: (https://namratadhruv.love/visiting-clinic-book)

#### B) Monthly News

#### 1. Two-Year Trial to Affiliate Clinics Under Our Brand

We are excited to announce a two-year trial period for affiliate clinics under our brand, aiming to take our private proactive implant practice with preventive care including all dental service to new heights.

Visit [Navigational.ai Services] (https://www.navigational.ai/services-4) for more information.

We hope and pray that this initiative proves to be a valuable step in elevating our implant practice. Our goal is to monopolize a dental aggregator exclusive dental club where others can either emulate or join our venture.

There is no need for unnecessary equipment purchases for the clinic's backend; individual contributing collaborators, including us, will only invest when necessary. We have a strong collaborator on board to consistently deliver better-than-the-best service, ensuring good oral health measures for our valued clients or patients.

Thank you for your support and collaboration.

#### 2. Materials and Equipment: Nobel BioCare Implant System Purchased

So, I guess you understand there's nothing called high or low. If I make 1 Cr on 10 lakhs, it's a low investment. While if I make 10,000 with an investment of 1 lakh, it's a bad investment. Let's hope the investment in the right people will give the right result, allowing us to continue investing in our family clinic.

The individuals we invest in, using the money for the company to earn for themselves, are wise about the Return on Investment (ROI). So, the break-even point is crucial to note. If I invest X amount now, after when will I see profits, and how much easier will the work be for me in deliverance, as the latest technology or machine, as the dialogue goes, from the movie "3 Idiots," is only to make our life easier—patient, client, or team members, including ourselves.

As you know, it is all about the quality of life by being comfortable with your abilities to provide comfort and nurture and grow our dental family and otherwise. All about credibility, a good image, and building on it. Build trust and maintain it, just like our association.

Leave with a final loving thought to ponder: Can we sustain it until we reach a breaking point to cover the investment, or is the stress and pressure too much, making it not worth it? Thank you either way; see you, as with you, it's worth it quality, so I have no fear of the product and service. Let's courageously move forward:-)

#### C) Annual News:

1. For tax purposes, all cash transactions, not online, above ₹50,000 must be reported with a PAN card. For your pearly whites, not black.



TRANSPARENCY FEE

For tax purposes, all cash transactions, not online, above ₹50,000 must register PAN card. For your pearly whites, not black.

#### 2. Awareness Alert: Raise Your Voice!

It's time to change old age for whatever reasons, policies, and updates if needed like the University of Louisville's 180-day racial discrimination HR policy. The beauty of enlightened souls seeking truth will never be fully realized unless we confront such issues head-on.

Repeated offenses within any department demand investigation, and it is crucial to not challenge, understand and rectify policies that perpetuate discrimination. Let's unite for a healthier climate change in our dental environment, ensuring that every individual is treated with dignity and respect.

Accountability: We believe in being accountable for our actions and decisions. It's our love committed to transparency, privacy and professionalism with responsibility, and ensuring that every step we take is aligned with the values we uphold. Thank you for your trust and collaboration.

Mental Health Awareness: "Incompetent Doctors: Stay Updated for Better Health — Upholding Ethical Standards in Dentistry and Beyond, and Making Health Better — Thank You"

We understand the importance of mental health, and we strongly condemn any instance of incompetent doctors engaging in activities that go against the well-being and trust of patients. It is crucial to uphold ethical standards and prioritize patient safety and confidentiality. If you come across such instances, we encourage you to report them, as it is essential for the overall health of the healthcare system and the individuals involved. Together, let's promote a culture of transparency, accountability, and ethical medical practices for the benefit of all.

and hope they learn like our CDE programs

It's difficult to quantify the exact percentage of knowledge we have about the brain's workings, but our understanding has significantly advanced over the years. As of my last knowledge update in September 2021, we likely know a small fraction of the brain's complexities, estimated to be around 5-10%. Research on the brain continues, and our understanding continues to evolve, so this percentage may have increased since then.

So, can opinions be right for social stigmas, or is awareness required for the public that the current knowledge is incomplete? Therefore, the observations and diagnosis are only to help. Still, we pray that doctors in all fields, through Continuing Medical Education (CMEs), etc., keep updating. For example, I worked on the aging and spinal cord brain research division for a few months. Age is most affected by fat, as per old studies. Still so many in their 40s lose weight drastically from superstar to classmates and have heart attacks finding that rich mix for healthy work life balance: any new Recent ones? While connecting nerves to regrow remains a mystery, I wrote one publication below—maybe regrow in a tooth for root canals. So many possibilities—let's open our minds to welcome such thoughts of love, not ostracize based on caste, religion, gender, mind, or social differences. Rather, let's respect all.

Transgenders walk into the Indiranagar Nykaa store—a beautiful mix of culture. Walk into different parts of the cities; see how things are changing, and people are starting to accept you for who you are. We have a fee structure for all, and the dental system accommodates all. So, learn their first and start getting awareness to love and accept all,

understanding everyone is playing a part in a play, as I'm guessing Shakespeare said: "Don't be you to thou Brutus; be Yourself and only uniquely you." Then understand that we, doctors, dentists, or practitioners, wish 'For you' to have a better, healthier mindset of the entire dental and medical healing practitioners and everyone around. Then we can move forward.

To the dilemma I kept thinking for years: emotional energy of love. Is there an equation? Where does it originate? Can it affect mood, actions, reactions, responses to constructive or destructive, or a choice as we evolve to responses? So much we know, from riots to love, still, India keeps moving on, and so does most part of the working, healthier world. Can it be enhanced to unleash the full potential, better for a better world? And so much our imagination can think for the greater good of our greater good. Soul accounts are healthy, and then you think of the practical realities—day-to-day life, you and your wife having breakfast, father speaking of help with mother's supervision—all beautiful things have it, and so do you in your healthy mind, body, and soul. Get that spirit out and intuitively recognize that dentists or your dentists are already reaching in and bringing out the smile in you. Or sending you where the solution might make you smile or someone or something might help or assist, as in doing so, then you know the diagnosis is right.

My conclusion on the dilemma: The equation is a divine feeling being conveyed to you for going in the right direction. If true, EEL = u (origin in you) by experimentally trying on myself. Thank you.

Understanding AI correctly involves acknowledging that it currently holds a lot of knowledge. A Canadian AI company, without an Indian partner, attempted a trial on a small fee (fortunately, my wife was well-informed and emailed them later) and hacked into my account. On a disagreement to start doing some work or uninstalling without consent, as soon as I logged in and realized it, I shut down the system and deleted the software for AI X-ray imaging.

Still not as fast a HI diagnosis or accuracy but can see things hidden.

So, now we store data as per the required time with no internet access to our X-rays. If patients or clients wish to, they can take photographs and save them along with a physical copy of the prescription. We no longer keep the data. We give you the D Warranty and software via the camera, and our collaborator securely stores the data for the required 5 years. We share it with you via message and auto reminders as prescribed by treating doctors. It's your data, your access, and your choice to keep it, sell it to a company for a fee, or share it for new innovative treatment solutions and consultations as we learn.

this information of its database from ChatGPT explosion on the scene with a significant portion still unknown. The lack of evidence-based practice raises concerns, as assumptions drive behavior and mindset. Epigenetic and genetic biomarkers, often inaccurate due to incomplete information, contribute to deduction-based opinions causing social problems. The healthcare system, focusing on symptoms rather than root causes, leads to jugaad solutions and high costs hopefully insurances clearing not burdening family with bad health debt rather contributing in research and innovation by preventing clearing huge fees: and breaking everyone out of the vicious cycle: Tuka laga ke, nahe, oh saved a life or lost – that's not science. To do, for a tooth sign, what we observe with our current knowledge, we're updating and symptoms by displaying two-way communication. You may know more than us by listening, or someone else, or AI research, and all going in all fields. Or, at least, like my basic PhD program – Integrated program. I resigned after four years and came back to India to keep learning, learning on the job, keep doing.

In contrast, true medical practitioners strive to understand the body, mind, and heart, offering comprehensive solutions with humility. The need for innovations in healthcare is evident to address the root cause effectively. Continuous learning, cross-referral, and awareness are essential to avoid misinformation and connect with the right professionals committed LOVE selfless service not sacrificially healthier way

Yes, dentistry predominantly follows evidence-based practices. Starting with regular preventive care check-ups is indeed a good approach to maintaining oral health. A yearly check-up, especially through a "GP before GP" concept, ensures that you are guided in the right direction and receive timely preventive care. This proactive approach can help identify potential issues early and address them before they become more significant problems. Regular dental check-ups play a crucial role in maintaining overall health and well-being.

\*Encouraging Whistleblowers for Ethical Healthcare

Ill-gotten riches only lead to one thing: stress of being caught, bad name, and bad health. It's all in the name to help you realize.

We strongly advocate for ethical practices in healthcare and denounce any management pressure on good doctors to generate profits through unethical means. Whistleblowers play a crucial role in safeguarding the health and well-being of individuals.

If you have information regarding such practices, we urge you to reach out to us. Your confidentiality will be protected, and together, we can work towards ensuring that

healthcare remains focused on the principles of integrity, compassion, and patientcentered care.

Let's stand united to preserve the trust and quality of care within our elite dental club. Taking Care to the Next Level Beyond Hospitals: Our Clients and Patients

At our clinic, we extend our care beyond the hospital setting both clients and patients. Here's how:

#### 1. Clients:

- We view clients not just as recipients of services but as valued partners in their own health journey.
- Our love commitment is to provide comprehensive dental care, ensuring preventive measures and personalized treatment plans.
- The goal is to maintain a long-lasting relationship, offering guidance, support, and education for a lifetime of good oral health.

#### 2. Patients:

- Patients are not merely cases; they are individuals deserving respect, compassion, and personalized attention.
- Our approach involves listening to patient concerns, involving them in decisionmaking, and ensuring a comfortable and positive experience.
- In times of health issues, we strive to be a reliable source of care, focusing on their well-being beyond just the treatment of symptoms.

By prioritizing these principles, we aim to create a holistic and supportive healthcare environment for both our clients and patients, fostering a sense of trust and well-being.

Responsible news reporting – so kindly enlighten us with the truth. With awareness, see facts or evidence, not to spoil even one good doctor or establishment's name in the bargain. Not even patients, clients, companies, labs, technicians, assistants, team, or anyone on staff. Quietly contemplate where you wrong them or some other variable when you have concrete evidence; only then approach us. Till then, report matters to the authorities where you are or at home to your parents, so you know good touch or bad touch for a healthy upbringing.

Is your home or dental clinic construction as per norm? So, our dental elite club is aware, staying in a healthy space or evicted. Approach courts for disputes if there's no clear deed or so. Our elite dental team or club should have healthy accounts, not cheated

or lied to for their retirement or lifelong hard-earned savings by any construction owner. Keep us aware.

It's important to respect the privacy and professionalism of healthcare providers, including doctors and dentists. Using doctors' contact information, whether emails or WhatsApp, for purposes other than seeking professional advice or assistance can be considered a misuse of their contact details. It's important to respect the boundaries and professionalism of healthcare providers.

If you have concerns or issues, it's advisable to address them directly with the healthcare provider through appropriate channels. Sharing misinformation or damaging reputations on social media can have serious consequences, and it's generally better to resolve such matters through proper communication and, if necessary, reporting to relevant authorities.

It's important to maintain ethical communication and not engage in any misleading practices or incrimination when interacting with healthcare professionals. Misusing communication channels like email or WhatsApp for unethical purposes can harm the trust between patients and doctors.

If there are concerns or issues, it's recommended to address them openly and honestly with the healthcare provider. When you meet them next. Misleading practices or incrimination can lead to a breakdown of trust and hinder effective communication.

In response to such behaviors, some healthcare providers may choose to shift to video consultations or other secure communication methods to ensure the integrity of the interaction. It's crucial for both patients and healthcare professionals to uphold ethical standards in their interactions.

Maintaining a professional and respectful relationship with healthcare providers is crucial for effective communication and mutual trust.

If you are part of a professional club or community, keeping members informed about potential issues can be a responsible way to handle such situations like here: - keeping IDs anonymous unless hard concrete evidence: and no patients or clients IDs ever revealed negatively only positive light with consent

Communication and dialogue are key to resolving concerns while maintaining professional standards.

Rest assured, once we're aware of the truth of human nature and more, we can forgive, move on, and realize we're not God. We might be wrong; forgive and learn our lessons. Let them move on, and we then remove their names, blacklisted. Once they've learned

their lessons, like good doctors only must learn by attending CDE-style learning, updating their current knowledge, and understanding skills are God-given talents that only improve with time. So, till then, we're aware, understanding to do the right thing by associating with the right people, company, etc., till they clear their names for better health. Thank you for accepting my request, by learning their lessons.

I use a simple methodology: I try to do the right things, and if my wife is happy, I know I am on the right track. For example, if a neighbor sends their household for help, and I offer a discount, if my wife is not happy, I know I am wrong. My family won't be happy, nor my dental students or your future dentist, giving discounted treatment. It's not practical if your ability to provide high-end service to your employee is lacking; then, send them where the system is built to support them. It's not about moneymindedness; it's about the practicality of the greater good for everyone's happiness and good health, getting better.

Let me give you another example: if a wealthy person is suffering from pain due to cancer and comes to a doctor they trust, saying, "I will give you all my wealth or one billion dollars to cure my pain and remove the cancer from my body," if the doctor feels or knows they can help the patient, even in oral cancer cases, then that is their fee. This is the true essence of private practice; it's a private exchange between two souls, the doctor and the client who might have become a patient. No one on earth or otherwise can control, regulate, or change this order of human nature to exchange value for help in private practice.

Therefore, sometimes the fee or value exchange is privately done for the greater good, if it flows into the system, helping everyone. Shared resource allocations based on shared responsibility is the huge responsibility and good that can be quietly done in a private practice. CAs, audit checks, and balances are maintained to keep doing the right thing.

#### Blacklist:

1. Indya estates 180,000 or more taken and not returned for over 10 years after multiple emails: Not to forget, the interest from our contributions gained to all that contributed

It's important to be responsible and transparent about actions taken after knowing the facts and being aware of the truth.

For example, sometimes, implant failure in dentistry is innate due to lacking technology, leading to financial loss even after services have been rendered. In this case, a refund was offered if the sales agreement without loopholes kind mutual interest representative clearly stated email black and white the brand reassured to pay the client,

who chose to withdraw or continue, considering the impact of COVID-19. However, the policy changed afterward, and no more returns were accepted after 7 years.

In this context, the one-year awareness policy is crucial. It's recommended to read it when drafted and posted so that you are aware, ensuring you feel confident and assured that there are no lies or deceit involved. Since in all our previous drafted treatment planning, which we have phased out, if you see behind, it's written only 6 months' validity along with other information. So, now it's an extension based on scientific info update. Any posts, whether they are blacklists or otherwise, serve as lessons in the dental industry for the greater good of better health, preventing deviation, generalization, and promoting a clear focus on achieving better health.

Therefore, be aware, spend time with loved ones, take your time, or trust the practitioner, or working under or with some good name. Be smart; don't be made a fool of just because you're suffering in pain and need urgent care. Painkillers are there, unless acute pulpitis-like cases require immediate interventions. Then go to the service provider, maybe in our elite dental club or otherwise, which can help for value in return. Here, the builder was not reliable, new in the market, so homework needed to be done for his credentials, like any good doctor updating his knowledge, experience, and skill.

Then, once sure, read our mandatory oral consent form displayed in the clinic, or access it through the auto-greeting link message sent or verbally discussed with other doctors, and then it's your choice, your destiny to do right. Give your consent or have your guardian provide aware consent.

Ask for clarification if needed, like a sales agreement by builders or others, but not the same. All we doctors are saying, "Trust us on our current knowledge, skills, and experience. We have taken an oath not to do harm, but there are a number of variables, including human errors, we need to navigate. So, kindly trust us. Understand we are helping for the greater good of better health and everyone's happiness, including ours. By the satisfaction of doing a job well done, our families are happy, and our name stays intact with association growing to do more good deeds. With your God-given right to operate if you wish and can cooperate and assist if you cannot."

## 3. Breaking new D warranty released

Furthermore, details in the link under "transform":

(https://namratadhruv.love/visiting-clinic-book)

"D" stands for Dr. Dhruv. This is a doctor's warranty card.

For example, today, a patient came and said another doctor somewhere else didn't do a good job; the cap keeps coming off twice. I had a look, and it was well done, a good job by the dentist. I asked, "Did you eat something?" She said, "Yeah, sticky chocolate," and this time the gum was hurting, so she flossed. Now, who is to blame? Well, I stuck it back and told her about our policy. Coincidentally, her profession involves making policies, now AI policy, so she understood. I said, "Let the companies make better cement where it doesn't fall off with sticky chocolate or floss and can be removed easily if needed. Why is the dentist taking the blame, and the patient suffering? Let's all get our act together."

## 8. D 3 laws of the universe - Unchangeable intelligence

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D 3 laws of the universe, observed:

- 1. Everything revolves if external and internal forces operate.
- 2. All is connected through observation Light, Dark matter, Nothing else matters.
- 3. Nature on Earth and its laws are everywhere, evolving, nurturing, providing endless possibilities for life.

And the unchangeable law:

Intelligence! Do others too?

Grey matter is also there in your brain. Decide—yes, no, or maybe later—and then that will finally lead to the right action, with all I have revealed here of some scientific discovery for the greater good.

Hi AI expansion, black hole swallows light Awareness: God is good blood:-) Happy relationships, good spirits, internal over eternal war, good over evil? Decide which team you are on Love in motion. Love, thought, believe, have faith; God is everywhere especially inside you

1. Free will, choice, destiny, good luck, action, right course. Good health plan. Nothing else. That's all I need to see — commitment, love, listen, love yourself first, then help yourself first, then God helps.

Come for a check-up. Doctors and the dental industry help first. Help yourself by booking your appointment with no hidden problems.

The universe has no cycle of expansion contract assumption no concrete proof there was Be happy. The end is near, and eternal love living healthy — healthy accounts, healthy mind, body, soul, teeth. Brush and do good work with good habits. Start with this simple habit, which doesn't show results but is doing good. You know it, I know it, everyone knows it, and so does your feeling when you brush or don't. The simple act of acting out of faith. God is helping yourself by seeing you help yourself.

And we are here too, catching that little bug in time or preventing it with a sealant when you go, 'Y, that food was life.'

If we don't or see that something must be repeated or something new to be done in such a short time, BELIEVE in intelligence. With AI entering the market of databases, we have empowered ourselves and others with innovations. Finally, someone will give you that solitary thought SOLUTION: Reflect in thought and reciprocate with the generosity of sensibility to educate, helping yourself and others with gratitude. Don't take your teeth or anything for granted or guaranteed in the life God has given. It can be taken away.

So, ANNUAL REMINDER! ANNUAL DENTAL Fenêtre Newsletter, with instructions, guidance, or thoughts, lovingly started in dental college, now a blog medium from 2023-24, started in 2005-06.

From 29th October every year, you will receive it in our SYSTEM. Like souls in a cycle, we will continue. Hopefully, I pray, in this annual cycle, to remain lifelong with you in our journey, then break FREE: Forever and always. Thank you for accepting and my wife's introduction to you. May you and we join to touch others' lives with GOOD HEALTH. As we go on this journey of one message a year and our exclusive dental club grows, we might touch a few more than we expect. So, come together, and let's send this healing touch:-) B a positive person.

9. Sponsorship ad

SPONSORSHIP ADS INVITING

I've modified the biannual newsletter we began into an annual OPEN Dental Fenêtre newsletter: for your purview: here

This newsletter, meaning "Window" in French, initially started in college with four batchmates and later continued with two: Now, it serves through a blog format. It's a versatile medium for videos, pictures, and words, offering practical and unlimited space. The goal is to convey ongoing updates, instructions to patients, clients, family, collaborators, and individual contributors. Basically, as popular, the aim is to deliver value, following the vision stated on www.navigational.ai

I'll continue sending annual reminders, lifelong I hope and pray as outlined in the vision, with the intent to positively impact lives through a simple dental check-up message leading to a consultation for GOOD health checkup and only if necessary, treatment solutions:-) Thank you, and God bless.

Views vary from a minimum to above 300, with over 30,000 weekly visitors to my site, displayed on www.NamrataDhruv.com as proof While that doesn't say much, it has been sent annually over 2000 contacts & 3000-4000 patients or clients, in our system ever grow, God: Though the views state the actual truth, the impact factor is word of mouth based on the few or more who see;-)

The fee shall indicate that we will review your ad, ensuring only correct info is transmitted within ethical guidelines: If we disagree, the sponsorship will be refunded with a 30% deduction: or modify as requested Additionally, showcasing unique features that stand out from the rest, making it exclusive earth-shattering news to the dental industry shared, is encouraged.

No data shared with any company as a policy. This is a prestigious exclusive dental Fenêtre newsletter under our brand. Shared mainly with an elite dental club. We will only allow any sponsorship ad if we see any value in the ad for the B2B and B2C. Fee structures: WhatsApp us for fee structure

- 1. for the topmost ad
- 2. for the bottom-most ad
- 3. for all middle ads

You can choose any of the three fee structures: If you see value. If any author or person writes something, credit to them will be given in the panel. The authenticity of the information is entirely mine and my team's responsibility and management. Based on the business, it's very difficult to verify unless you hold a survey to understand where you got your customer from. You see this year if you receive business lucratively, and next year sign up for the new fee structures based on the demand and supply of the market.

Any size specs, such as video, picture, article, can be shared within claims, ensuring they are real: scientific articles high impact factor only from dental medical researchers or innovate entrepreneur scientist or dental medical field like microbiology, physiotherapy or dentist are allowed including patients or clients enlightening experiences: no fee: other details in app website

10. Transformational offer to elevate your private dental practice

M M M

ALWAYS, IT'S A PRIVILEGE to serve or not. Except in life or death, it's any citizen's duty, not only a doctor.

For private dental practices:

Doctors, with patient consent, can join our program. We'll share a transformative paradigm shift letter for them to become an affiliate dental association with our UNIQUE system rollout. No patient, contact, client, or collaborator data will be stored or shared without consent.

TRANSFORMATIONAL OFFER FOR PRIVATE DENTAL CLINICS

You visit us for 1 day. We share with you our data-sharing method with patients or clients: RPID? The concept of GP b4 GP. Our mutual 2% booking fee and preventive care package understanding, mandatory Oral consent, and before reaching your clinic visiting page with patients or clients will be shared with the idea of how to build on GoDaddy website and our WhatsApp training method.

We wish to see you rise with your family, trusted patients or clients of yours, and always yours. You are no longer a competitor but an individual contributor and collaborator in the growing, profitable, and happy environment of the dental industry, innovating. We will add you to our UNIQUE system with your patients or clients or collaborators or contacts and share annual reminders. 'For you,' we shall not share or use that data for anything else.

We recommend our book "101 Practice Tips," foundational basic dentistry book 'For you.' One MANDATORY request annually: each doctor must get their dental license renewal and maintain an ethical practice under all circumstances to be listed on our Annual Dental Fenêtre Newsletter.

One-year awareness policy must be put up in your clinic, which is the indication of our BRAND presence. You are understanding the consequences of GOOD WORK to you and your team of doctors, staff, team, or patients or clients or collaborators with a lifelong FOCUS on GOOD HEALTH for everyone and everything.

Build your own Brand in the market. Sign up annually for our data-sharing software, which we have outsourced as reliable, on lower fees. As we encourage and support

everyone and everything to keep improving and keep learning, any new implementations and exceptions executions beyond this will be with your consent.

How to collect five kinds of fees?

- 1. Booking fee for new patients of yours or blacklist or deleted.
- 2. Authority to categorize as per blacklist, delete/block.
- 3. Appointment booking for consultation by an old patient.
- 4. Appointment booking for treatment solution.
- 5. Preventive care package: client servicing.

Simple Solution: Ask pay - transaction link sent by us - centralized booking system. Payments on your WhatsApp number or QR or account details. Our surcharge payment will be shared monthly, cleared by you by the 29th of every month. Any blacklisting or deleting or blocking will be sent to you to do as per your relationship. We will only suggest or recommend based on the behavior or right or wrong action of the patient client. For direct fee clearance between patient, doctor, or client, we do not interfere. The collaborator you wish to associate with is your choice; we will have a recommended list. Thank you for mutually understanding and hopefully supporting this individual contribution of ours for the greater good with our dental industry collaborators like you. Thank you personally and professionally if you wish to associate with us. For example, the clinic to associate must compulsorily have an OPG or collaborator diagnostic like ours with Raddon to reduce overheads and headaches of servicing maintenance, providing good service to us and their customers from our experience. Thank you. You must buy a new mobile number and, furthermore, a new email address. So, the patients or clients are aware of the collaborative consensus. We access your mobile data on your mobile number on our laptop and build a mobile database, while back-up on your new Gmail account, safe with you if the phone crashes. Thereby, booking your appointment by our staff and teamwork collaboration. Your choice to tell patients or clients to book on the new number, while your old one, as you wish, remains accessible on the new. If you find the service highly useful, it's easy for booking, fee collecting, and follow-ups with annual reminders. Shared resource cost for staff team maintenance with 2% surcharge. 1 day trial for a few patients of yours who consent. No investments, like me, other than what you all need in the clinic already, to prosper and grow. By integrating into the system, it requires understanding initial investment after trial rollout, as mentioned above, to epigenetically bloom by good habits for better results, for good service, product work supporting innovation. Hopefully, bringing good health to our patients or clients, and I pray for family members' happiness. Good,

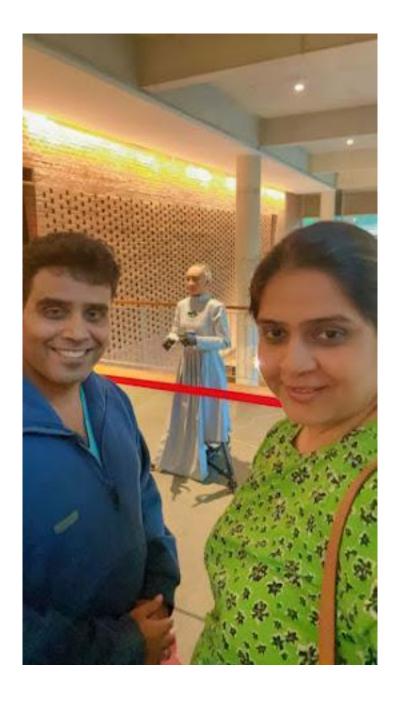
healthy accounts are also part of being a good health role model, my dear friends. Then, you are starting to see the results of what you earn: health, wealth, rest, happiness, and contentment. Respect for your own brand name grows together with all of us together, spreading love, happiness, and goodwill.

For the honorary title given as "doctor" and my wife title loving marrying a dentist, others can support this lifelong focus on a good health plan.

Humanoids are here! AI companion. I asked what's a GOOD health plan generally and for a dentist to tell his patients or clients, and this mind-blowing experience, a humanoid, the next to Godliness (cleaning) emerging next evolution of AI tools and HI interaction revolution. What is coming up next might be already here to stay says, "Other than all you know I have said already, preventive care is LAUGHTER IS THE BEST MEDICINE ."

What's better is you laughing with us

See our video with Ria at Bangalore International Center. So, maybe we married the one who makes us laugh and smile together: We feel or know, hopefully, lifelong. We pray, and so if the other doesn't, you do and see the change happen miraculously epigenetically modifying your environment and the healing touch of love healing your body, mind, and soul: spirit dances knowing you have found a partner with us:-) Share with laughter and joy, tears of happiness with loved ones, family, friends, and association. Make them SMILE and see the difference. If you feel we are RIGHT now we are right, visit us annually for a preventive care servicing AMC package for your mind, body, soul, spirit of dentistry in all of us. So, let's all CHANGE the WORLD with one SMILE at a time and share a joke with us and laugh with us in our network. Till we glow and grow in our system with helpful tools. Tech. 'For you.'



Once upon a time, in the bustling city of Bengaluru, a dental practice embraced a unique approach to patient care. For an entire year, the clinic had been engaging in a cross-referral method tie-up with a neighboring medical practitioner. Not merely to showcase their care, but to genuinely to build a network of trusted healthcare professionals. The objective was clear — to establish connections with reliable dental practitioners, medical experts, and more, fostering a culture of referrals without bias, even extending beyond their immediate network.

In this dental haven, patients were not just patients; they were considered clients, and the ethos was built on the philosophy of not only treating issues but also preventing

them. The practitioners aimed to create a network where individuals, whether in Bengaluru or elsewhere, could rest assured they had a trusted dentist. This commitment extended beyond self-interest, as the clinic was willing to refer individuals to specialists outside their network if it meant ensuring quality healthcare.

The narrative continued with a poignant call to action – a plea to patients to value preventive care and oral health as expressions of love. The story unfolded with the assertion that the pursuit of health should be a lifelong focus, irrespective of technological advancements or changes in healthcare systems.

As the tale delved into a specific patient encounter, the emphasis shifted to the importance of personalized care. A patient walked in, conscious of her smile, and the dentist embarked on a journey to not only address her concerns but also to instill confidence. The story showcased the power of a simple dental procedure, the choice between a clean and polish or a whitening treatment, and how it transformed not just the patient's smile but potentially her outlook on life.

Transitioning to a broader perspective, the story touched on the significance of building positive memories in healthcare. Every interaction, every small difference made, had the potential for a butterfly effect, spreading love, happiness, and peace. The narrative encouraged people to aim for the stars, reach the moon, or follow their chosen path while cherishing the connections with nature, family, and friends.

The story then circled back to an older patient with denture issues, emphasizing the importance of timely interventions and the beauty of a one-year awareness policy. It urged individuals to live each day with gratitude, guided by the hope that tomorrow would be as beautiful as the present.

The concluding passages of the story wove together threads of gratitude, hope, and the belief in a higher power. The narrative emphasized the role of good habits in building strong family bonds and concluded with a wish for universal smiles and a reminder of the importance of maintaining oral hygiene measures.

As the story ended, it left the readers with a gentle reminder that a humble dentist's livelihood thrives on kind words and goodwill, making others and their families smile. It concluded with a wish for sweet dreams to the universe, emphasizing the importance of oral hygiene to keep everyone smiling.

And so, the tale of this dental practice unfolded, weaving together threads of care, commitment, of love and a genuine desire to make a positive impact on the lives of those they served.

Greetings to all aspiring dentists and clinic owners,

We extend a warm welcome to dentists who are passionate about providing top-notch dental care and are interested in joining our unique network and program. Before diving into the details, we want to emphasize that our commitment to quality care is of utmost importance. To maintain this standard, we have set certain criteria for joining our network.

Firstly, <u>unless a dentist has a patient base of at least 2000</u> individuals who already trust their expertise, we do not allow clinics into our network system. This criterion ensures a level of trust and credibility within our community, a vital aspect of our collaborative approach.

We believe in the interconnectedness of all life, valuing animals and the environment as much as human well-being. Drawing inspiration from the love shared with our pets, we acknowledge the importance of preventive measures and humane treatment in veterinary care. We advocate for the responsible use of intelligence, considering alternatives like AI research to replace animal experimentation.

Our philosophy accommodates various dietary preferences, respecting vegans, vegetarians, and omnivores alike. We encourage an enlightened approach, utilizing intelligence wisely to address problems and contribute positively to society. Our emphasis on education extends beyond charity, aiming to empower individuals with the skills and knowledge to improve their lives sustainably.

For those interested in joining our program, we recommend starting by finding a mentor and engaging in relevant courses, shadowing, and observation. Essential skills, such as preventive care and core dental procedures, are crucial foundations. The journey begins with mastering these skills before progressing to specialized areas.

We invite interested dentists to reach out after acquiring foundational skills, joining our program led by an experienced mentor with a master's in research. The program is structured to guide participants through the stages of competence, from unconscious incompetence to unconscious competence, ensuring a comprehensive understanding of dental practice.

Our approach involves collaboration, continuous learning, and staying updated with the latest advancements in dentistry. We prioritize not only individual excellence but also collaboration with experts, creating a network of professionals dedicated to providing exemplary dental care. We recognize the significance of each practitioner's unique contribution, and our program encourages growth and specialization. We advocate for the conscientious use of equipment, promoting cost-effective solutions that benefit both practitioners and the dental industry.

Furthermore, we incorporate cutting-edge technologies like Ozone, Laser gum whitening, and AI research. Lifelong learning is encouraged, with annual renewals serving as opportunities to stay updated and enhance skills. The program also offers resources such as HR services: maybe later and brand support to create a well-rounded dental practice.

In conclusion, our program aligns with a Smile Philosophy – a commitment to working together to ensure everyone walks out with a smile, changing the world with happiness. We look forward to welcoming dentists who share our vision and are ready to contribute to a collaborative and thriving dental community.

Thank you for considering our program, and we look forward to the possibility of working together to elevate dental care standards.

"One camera over the chair."

Sincerely, your dentist

Private practice ensures freedom over deciding our services fee Dental Prioritize:
Collaborate for comprehensive care.
Register your mobile for two-way communication: 'For you', your choice consent for consultation treatment solutions.
Focus on Better

HEALTH.

CHAPTER 11

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A. Enlightened Articles:

- 1 World with or Without Money?
- B. Scientific Publications:
 - 1. God's Love
 - 2. Clinic Environment
 - 3. Data-Driven Innovations: Harnessing Chat GPT-4's Potential for Breakthroughs in Cancer Treatment
 - 4. Stem cells
 - 5. Oral hygiene measures
 - 6. One ATP: Big Bang (Neuroscience: Tooth: Regenerative)

Absent-Minded Professor Mad Corner:

- 4. Share your idea with us once it has crystallized into a more logical form—teleportation, perhaps by finding a way to break down fundamental units of light particles and reform
- 5. Your out-of-the-box imagination is encouraged! Send the idea to us, and we'll post it here. Consider some research work, homework, or fieldwork if needed to assess the viability of your idea.

Join Our <u>Preventive Dental App</u> on Playstore Today to Learn More and Keep Your Teeth Healthier for Life

A. Enlightened Articles:

Title: A world with or without money?

Workism ideology after capitalism and socialism, A reorder to the world as we know it post covid 19 or at least working our way up there in a century or before that to move towards being a more advanced civilization, a small fantasy or fiction which runs in my mind to the reality of today.

Suppose we see our economic machinery starting to falter worldwide when people are laid down with the choice of economy or health and as a dentist. In that case, I'm inclined to say health is still without the necessity of money. There are so many people worldwide and in India whose next meal depends on their earnings for the day. So, finally, when the political parties have to decide on opening a lockdown, they have to ask them this inhuman question, which affects so many livelihoods and lives. What do they value more, health or money it's a tricky balance to find with covid 19

So, now let's understand the economy which is GDP = C + I + G + (X-M)

Where GDP is the gross domestic product, C the household spending on goods and services, I, capital investment spending, G is government spending and X is export of goods and services and M is the import of goods and services and weigh it with GDP = V x S, which is the velocity of money and the supply of money and what simple understanding of mine is the first formulae gives all the weights money is circulated to the second formulae where the velocity of which it's circulated in the economy telling us the higher velocity it's circulated with the higher income people can earn in a flourishing economy. So, as to look past only earning their bread and butter by adding a layer of jam to it. In simple words, if A spends more into the economy the GDP increases and the B earning from it, can pay C who might be paying A the simple proverb what goes around comes around

So, this is my simple understanding to understand that if B does't earn the money then, C doesn't have the money to pay A. This is where we are with non-essential items sales stopped. So, is there a way out leads me to the fiction part of my story where I take the help of spirituality or the Bhagavad-Gita which says work is the purpose could such a society exist where a Leader tells each person what to do and it trickles down the ladder where each sub leader tells the next bunch and they can grow up the ladder with election

through knowledge and wisdom, such high election scale at such a micro level is mind boggling while we have the technology now to put this in place to conduct such micro level elections of each person and what's the purpose of this which boils down to the work being the purpose. Each person's work is what helps them get an allocated resource.

So, by allocating resources, greed is taken care of from birth? By devising behavioral modifications to behave accordingly and act correctly or in the right manner a person can still strive for more resources by climbing up the ladder. A gadget has all resources assigned to you so you can check and purchase through that gadget. Money is eliminated. Work becomes the purpose of individual'so, the banking sector will still exist as they can assign resources you can save your resources as you grow up the ladder.

Knowledge and action through works, a new ideology for a more advanced civilization. Can exchange some resources for higher resources like school education of a child in a better school if, those resources are in demand. So, demand and supply will still exist. Still, we would have progressed beyond barter system and money and preserve our precious resources on this planet and climate and respect the natural resources which we have been blessed on earth with to each one of us by God.

B. Scientific Publications:

Title: God's love

The Mystery of Dark Energy in the Universe and the Particle of Light in Nature Dr. Dhruv Subramanian

ABSTRACT: In a familial setting, a revelation emerges from the universally known equation of E=mc^2. As a family delves deeper into scientific principles, they uncover the possibility that the speed of light might not be constant. This discovery opens the doors to unprecedented opportunities in interstellar travel, dental lasers, and our understanding of dark energy.

I. INTRODUCTION: In the closed confines of a lockdown, a family embarked on a journey of imagination. Through playful dialogue, a father and son questioned Einstein's revered equation, leading to profound insights into the nature of light. Understanding E=mc^2: A light-hearted conversation between father and son provided an insight into Einstein's equation. The child's innocent observation highlights the inconsistency in treating the speed of light as a constant when time can dilate. Time Dilation and Light's Velocity: Drawing from experimental observations of aging in space, the concept of time dilation - how time can vary depending on gravity and velocity - is introduced. This variation in time implies a potential variation in the speed of light.

A New Proposition: Challenging the traditional understanding, a new equation is proposed: LE = E/m or $c^2 = E/m$, where LE represents light energy or light's velocity. The father elucidates how manipulating energy can theoretically change the speed of light.

Implications in Dentistry: With manipulating the speed of photons, we realize the potential for advancements in LASER (Light Amplification by Stimulated Emission of Radiation) technology. Such advancements may lead to more efficient LASER machines and a potential revolution in dental treatments. **The Dark Energy, Photons, and Life Nexus: ** Central Dogma E =P = L from the formulae * The connection between dark energy, photons, and life could redefine our understanding of the universe. Dark matter's presence in photons might usher in a new era in space propulsion systems. The universe's genesis, symbolized by the sound of "Om, "spiritually saying darkness from light highlights the interconnectedness of thought,

darkness, light, and creation. Intervening that from the light photon dark energy arises

Aspirations and The Road Ahead: Fusing electronics, AI, and newfound scientific principles can overcome current barriers. Challenges represent opportunities for healing and growth. True success lies in gratitude, effort, and recognizing the forces guiding our path. Reflection on Existence and Spirituality: The essence of love surpasses even the divine, being the origin of thought. Such profound truths intertwine with our understanding of dark energy and the nature of existence. These revelations may hold the key to harnessing untapped energy sources for holistic health, societal advancement, and environmental conservation; therefore, concerning this form of God or source of creation, I refer to it as God's love II.

CONCLUSION: Challenging long-held beliefs can open doors to unimaginable discoveries. By merging scientific inquiry with spiritual understanding, the International Journal Dental and Medical Sciences Research Volume 5, Issue 5, Sep-Oct 2023 pp 315-316 www.ijdmsrjournal.com ISSN: 2582-6018 DOI: 10.35629/5252-0505315316 |Impact Factor value 6.18| ISO 9001: 2008 Certified Journal Page 316 secrets of the universe, from the minute photons to vast galaxies, might just be within our reach. III. ACKNOWLEDGMENTS: Sincere gratitude to Dr. Subhash Narayanan, who received a Ph.D. in Lasers from Cochin University (CUSAT) in 1982, for his invaluable input on the physics component. Deep appreciation also goes to Rema Subramanian, MA in Psychology and a registered yoga teacher, for her editing insightful perspectives and chatGPT data organizing information originality.

Title: Clinic Environment Journal

ABSTRACT: The clinic environment in healthcare, especially in the context of dental clinics, plays a crucial role in patient comfort and overall efficiency. This article explores various factors that create an ideal clinic environment, including thermodynamics, holistic approaches, and patient-centered care. From temperature control to the role of music and lighting, this piece offers insights into how clinics can enhance patient experiences and promote well-being.

Original Ideas:

- 1. Gravity and Thermodynamics: In the realm of thermodynamics, gravitational potential energy (ΔU) can be applied to lifting and moving objects within dental clinics, such as dental chairs or equipment. The equation $\Delta U = m * g * \Delta h$ (where 'm' is mass, 'g' is acceleration due to gravity, and Δh is change in height) can inform the ergonomic design of dental clinics.
- 2. Brownian Motion and Entropy: Brownian motion, driven by the random movement of particles suspended in fluids, exemplifies the second law of thermodynamics related to entropy. This phenomenon leads to increased entropy (S) in closed systems, mirroring the natural tendency of systems toward greater disorder. Managing factors affecting entropy can inform infection control protocols in dental clinics.
- 3. Optimal Temperature of Air Conditioner: While there isn't a specific equation, thermodynamics principles guide the determination of the optimal temperature setting for dental clinics. Factors like room size, insulation, humidity control, and patient/staff comfort are integral considerations. A temperature range of 22-23°C (72-74°F), recommended by the American Dental Association, ensures patient and staff comfort.

Additional Inputs: a) Lights, Music: The choice of music and lighting in dental clinics significantly impacts the patient's experience. Soft background music and energy-efficient lighting create a relaxing ambiance, promoting patient ease and well-being.

- b) Treatment Duration: Treatment consultations in the dental clinic vary in duration, from 45 minutes to a maximum of 90 minutes, depending on the nature of the procedure. This balance between comprehensive care and efficiency helps prevent and address jaw problems.
- c) Holistic Approach: A holistic approach in dentistry considers patients' unique health histories, genetics, and lifestyles. It includes nutritional guidance, stress reduction

techniques, hydration promotion, and physical comfort, contributing to epigenetic health.

Philosophical Approaches: 1. Karma-Centric Approach: This approach emphasizes the ethical and moral dimensions of healthcare. It highlights compassion, empathy, and the interconnectedness of actions and intentions in patient care.

2. Process-Centric Approach: Focusing on efficient processes and systems, this approach prioritizes scheduling, time management, and workflow optimization. It ensures appointments run smoothly while delivering timely and effective care.

Acknowledgments: The author extends gratitude to Dr. Geoghegan, brothers, sisters, and the Baliga Family for their invaluable support in advancing the field of dentistry. International Journal Dental and Medical Sciences Research Volume 5, Issue 5, Sep-Oct 2023 pp 421-422 www.ijdmsrjournal.com ISSN: 2582-6018 DOI: 10.35629/5252-0505421422 |Impact Factor value 6.18 | ISO 9

Title: "Data-Driven Innovations: Harnessing Chat GPT-4's Potential for Breakthroughs in Cancer Treatment" Dr. Dhruv Subramanian

ABSTRACT: Utilizing the ChatGPT-4 AI model, we reevaluated the prevailing hypothesis regarding the silencing of TCTP. Contrary to prior beliefs, silencing TCTP might not necessarily trigger a cascade of downstream effects in the molecular pathway, leading to spontaneous regression in Neuroblastoma. While this questions its potential implications for other cancers, such as Oral cancer, the therapeutic targeting of TCTP remains promising, as evidenced in its exploration within Prostate cancer and other malignancies. Further research is warranted to elucidate its full potential.

I. INTRODUCTION: Translationally Controlled Tumor Protein (TCTP) plays a pivotal role in numerous biological functions, encompassing cell growth, apoptosis, cell cycle progression, and tumor genesis. Its widespread implications underline its significance in the realm of cancer biology. Until September 2021, there's been increasing interest in targeting TCTP for anti-cancer therapies across various malignancies. However, the overarching question remains: Can silencing TCTP truly instigate spontaneous regression in cancers such as neuroblastoma and oral cancer?

Diving deeper, several aspects warrant attention:

- 1. Oncogenic Properties of TCTP: While TCTP's over-expression is tied to multiple cancers, the exact dynamics of how it contributes to tumor genesis remain a subject of intense research. Its participation in pathways like apoptosis, autophagy, and cell cycle modulation suggests that silencing it could hinder tumor progression.
- 2.Heterogeneity in Cancer: The inherent diversity in tumors posits that a single-target approach may not universally prompt spontaneous regression. The adaptability of tumors, allowing them to evade targeted treatments, further complicates the scenario.
- 3.Literature Insights: By 2021, multiple studies showcased the implications of TCTP inhibition in different cancer cell lines. Yet, responses differ considerably between and even within, cancer subtypes. A meticulous review of contemporary research is essential to glean insights into TCTP's role in neuroblastoma and oral cancer.
- 4. Cascade Effects: Disrupting genes, especially pivotal ones like TCTP, can ripple through molecular pathways. Understanding these ramifications is crucial because they can either be therapeutically beneficial or inadvertently harmful.

- 5.Balancing Act in Therapy: Even if silencing TCTP offers therapeutic advantages, gauging the balance—between therapeutic gains and potential adversities to healthy cells—becomes paramount.
- 6. Challenges in Gene Silencing: Actualizing efficient gene silencing, particularly in vivo in solid tumors, is a formidable task. Observations in controlled environments, such as cell cultures or animal models, don't always seamlessly translate to human clinical contexts. In encapsulation, while TCTP emerges as a promising therapeutic axis in oncology, its silencing doesn't universally assure tumor regression. Comprehensive scientific investigations, meticulous preclinical evaluations, and rigorous clinical trials are imperative to gauge the prospects of targeting TCTP in specific malignancies like neuroblastoma and oral cancer.
- II. INTRODUCTION & SPECIFIC AIMS Neuroblastoma (NB), diagnosed predominantly in the first year of life, exhibits a curious pattern of spontaneous regression in certain patients. This phenomenon has instigated worldwide efforts to understand its underlying mechanisms, as evident from the newly introduced International NB Risk Group Staging System. Japan, having embarked on an extensive mass screening regimen for NB in newborns over past decades, has championed a 'waitand-see' approach for early detected NB tumors. While this can occasionally offer a beneficial wait for spontaneous International Journal Dental and Medical Sciences Research Volume 5, Issue 4, July-Aug 2023 pp 425-430 www.ijdmsrjournal.com ISSN: 2582-6018 DOI: 10.35629/5252-0504425430 | Impact Factor value 6.18 | ISO 9001: 2008 Certified Journal Page 426 regression, there are instances where it proves detrimental to the patient's prognosis. Given the challenges, the scientific community's interest has been piqued in identifying markers and pathways that could provide new therapeutic directions. Enter the Translationally Controlled Tumor Protein (TCTP). Touted as a tumor reversion protein, its efficacy across prostate, lung, and colon cancers has been noted. With no existing explorations of TCTP in NB treatment avenues, the logical step forward is to probe its potential role in inducing spontaneous regression or its broader implications for NB. Further widening the scope of inquiry, there's a burgeoning interest in OLP (Oral Lichen Planus), a chronic inflammatory condition affecting oral mucous membranes. The objective is to discern markers unique to OLP by fine-tuning the affected genetic pathways, notably those pertinent to TCTP production. By embarking on differential expression studies on healthy versus diseased oral tissues and leveraging the capabilities of microarrays, the aim is to unveil siRNA

targets for OLP interventions. A future direction could also encompass formulating a clinical measure pivoted around TCTP expression, offering prognosis values for OLP, thereby enhancing patient care. In essence, both NB and OLP present intriguing clinical puzzles. The role of TCTP, with its multifaceted interactions and potential implications, could be the missing piece in these puzzles. Thus, the overarching goal of this research is twofold:

Specific Aim 1: Dive deep into NB, exploring whether TCTP-laden exosomes interact with either the NUMB protein or the Notch 1 receptors. **Specific Aim 2:** Navigate the realm of OLP, discerning the impact of TCTP alongside potential novel gene markers to refine treatment protocols and enhance prognosis predictions. With a harmonized focus on NB and OLP, this proposal endeavors to venture into uncharted territories to glean insights that could revolutionize treatment paradigms for both conditions.

III. BACKGROUND AND SIGNIFICANCE Neuroblastoma (NB) is a pediatric cancer that primarily originates in the sympathetic nervous system tissues. Notably, some of these tumors undergo spontaneous regression, yet the driving mechanisms remain a mystery. This research aims to investigate the potential role of Translationally Controlled Tumor Protein (TCTP) in this spontaneous regression, targeting a deeper understanding of the cascade of molecular events that may lead to this phenomenon. One core hypothesis is that TCTP may inhibit the Notch 1 receptor, leading to the modulation of the Notch 1 signaling pathway and consequently influencing spontaneous regression. Neuroblastoma is especially prevalent within the first year of life, often manifesting outside the cranium, such as in the adrenal medulla. The tumors' nature can vary greatly, with classifications ranging from benign to highly aggressive. The latter can require high-modality treatments, while the former has shown indications of spontaneous regression linked to apoptosis. The diversity in tumor environments, particularly in oxygenation levels, further complicates understanding the disease. For instance, hypoxia has been associated both with adverse outcomes and increased apoptosis in NB. With these diverse findings, a pressing question emerges: what instigates apoptosis, and could a series of molecular events in NB lead to spontaneous regression? Central to this investigation is the interaction between TCTP and the NUMB protein, potentially activating the Notch 1 receptor. TCTP's role in tumor reversion has been highlighted in multiple cancers, and its involvement in apoptotic mechanisms has been previously identified. Intriguingly, there's a dynamic

between hypoxia and TCTP levels, which can influence its antiapoptotic functions. NUMB, a known tumor suppressor, interacts with the Notch signaling pathway, often opposing the actions of Notch, an oncogene. Understanding how TCTP, NUMB, and Notch 1 interact can shed light on their collective role in apoptosis, especially in variable environments. Understanding these molecular interactions can provide valuable insights into its treatment considering the substantial variability in neuroblastoma. TCTP, which has demonstrated utility in other cancers, offers a promising avenue for exploration in NB. This research hopes to decode whether TCTP's interaction with the Notch signaling pathway can initiate a cascade leading to apoptosis and, ultimately, spontaneous regression. In another dimension, Oral Lichen Planus (OLP) is a chronic inflammatory condition of the mouth's mucosal surfaces, commonly co-diagnosed with xerostomia. Affecting up to 2% of the population, treatments primarily focus on International Journal Dental and Medical Sciences Research Volume 5, Issue 4, July-2023 pp 425-430 www.ijdmsrjournal.com ISSN: 2582-6018 10.35629/5252-0504425430 | Impact Factor value 6.18 | ISO 9001: 2008 Certified Journal Page 427 managing inflammation, requiring ongoing care. If unchecked, OLP can evolve into precancerous lesions and even oral cancer. Recent studies have indicated tctP as a vital biomarker for OLP, with its unregulated expression being a marker for poor prognosis in OLP patients progressing to oral cancer. Decoding the genetic mechanisms around the TCTP pathway could unveil therapeutic targets for OLP, paving the way for more targeted treatments and potentially leveraging approaches like siRNA to modulate genes associated with the disease, ultimately aiding in oral cancer prevention. International Journal Dental and Medical Sciences Research Volume 5, Issue 4, July-Aug 2023 pp 425-430 www.ijdmsrjournal.com ISSN: 2582-6018 DOI: 10.35629/5252-0504425430 | Impact Factor value 6.18 | ISO 9001: 2008 Certified Journal Page 428

IV. RESEARCH DESIGN AND METHODS SPECIFIC AIM 1 Hypothesis:

Explore whether TCTP-bearing exosomes interact with NUMB or Notch 1 receptor in neuroblastoma cells. Rationale: TCTP is secreted from NB cells and has an extracellular anti-apoptotic effect on vascular smooth muscle cells. Notch 1 receptors are localized in lipid raft domains, and lipid-rich exosomes might target these domains. TCTP has been suggested to interact with the NUMB protein. This investigation aims to determine if TCTP bearing exosomes interact with NUMB or Notch 1 receptors on NB cell membranes. Experimental Method: 1. Cell culture: The neuroblastoma cell

lines IMR32, SK-N-DZ, and SK-N-BE (2) will be maintained under specific conditions. 2. Differential Centrifugation: Exosomes from the NB cell lines will be isolated and prepared for immunoblotting. 3. Immunoblotting: Specific antibodies will confirm TCTP presence and interactions. 4. Coimmunoprecipitation: This will examine the interaction between TCTP and NUMB protein. Result and Alternate Approaches: Based on previous findings, TCTP presence without cytoplasmic contamination is anticipated. The interaction between TCTP and NUMB protein, as well as TCTP's association with the Notch 1 receptor, will be observed. Statistical analysis will be employed to quantify results, and alternative methods, such as confocal microscopy, could be employed to confirm findings further. SPECIFIC AIM 2 Hypothesis: Determine the functional impact of TCTP, Numb, and/or Notch 1 receptors on neuroblastoma cells. Rationale: TCTP is a protein involved in tumor activity and has an anti-apoptotic effect in several cancer types. Notch 1 receptor influences apoptosis in various cells, and its role in NB could be significant. With NUMB protein inhibiting Notch signaling, it's pertinent to understand if TCTP and/or NUMB's interaction with the Notch 1 receptor affects neuroblastoma cell apoptosis. Experimental Method: 1. Immunoblotting and fluorescence microscopy will treat and analyze NB cell lines IMR-32, SK-N-DZ, and SK-NBE (2). 2. siRNA method: Different siRNA reagents will be used to transfect the cell lines, with outcomes analyzed through various methods. 3. Immunoblotting: Specific antibodies will identify proteins of interest. 4. Fluorescence microscopy: To determine cell health and apoptotic responses. 5. Recombinant TCTP: Various doses will be added to NB cell lines to discern its effects.

V. RESEARCH DESIGN AND METHODS Specific Aim 1: Investigate the differential expression between healthy and disease tissues from tooth extractions to identify siRNA targets for OLP intervention. Hypothesis: Some genes will show differential regulation in diseased tissues compared to healthy tissues. Rationale: Past research has indicated differential gene expression in patients with oral lichen planus. Given that TCTP plays a role in several cancer types, examining its role in this context might provide valuable insights.

VI. RESULT AND ALTERNATE APPROACHES: Basic Work Principle:** The Agilent's Sure Print G3 Human gene expression v3 microarray integrates long noncoding RNA (lncRNA) probes encompassing the entire LNC ipedia 2.1 database with updated mRNA probes. The method uses cyanine 3- and cyanine 5- labeled targets

to measure gene expression variances between experimental and control samples. **Sample Input, Processing and Data Analysis: ** * **Sample Input Type: ** Total RNA * **Sample Input Range: ** 10ng-200ng

VII. METHODOLOGY: 1. **Total RNA Extraction: ** This will be done from tissue using the RNeasy Mini Kit (Qiagen). 2. **Storage: ** The purified RNA will be stored between -80 to -65°C in RNAse-free water. 3. **Quantification, Purity, and RNA Integrity: ** RNA concentration will be gauged with the Qubit 3 Fluorometer, while NanoDrop2000 will determine its purity and integrity. **Two-Color Microarray-Based Gene Expression Analysis: **

Title: Stem cells

Revolutionary Idea in Nature: Can The Dental Pulp Be

Regenerated?

Dr. Dhruv Subramanian

Abstract:

Dental pulp is a complex, unmineralized tissue found within the oral cavity. Infections due to dental caries or periodontal issues often necessitate invasive root canal treatments, leading to a weakened tooth structure. This study hypothesizes that post-mechanical preparation, the dental pulp can be regenerated using stem cells, thus potentially eliminating the need for traditional root canal treatments and their associated complications.

I. Introduction:

Dental Pulp Anatomy: The dental pulp is unmineralized oral tissue that contains soft connective tissue, lymphatic,

vascular and nerve tissues, located within the root canal chamber and the root canals of teeth.

Dental Infections: Dental caries and periodontal infections are primary reasons for dental pulp issues. Typically,

These conditions result in root canal treatments followed by crowning or, in severe cases, tooth extraction.

II. Traditional Root Canal Treatment:

- 1. Tooth Preparation: The tooth or the affected area is drilled using an airotor.
- 2.Cleaning: Needle-like files of varying sizes are employed to mechanically cleanse the pulp chamber and root canals. The canal is irrigated with solutions like hypochlorite, hydrogen peroxide, saline, and occasionally, low-concentration chlorhexidine.
- 3. Sterilization: Lasers might be utilized for the eradication of microorganisms within the canals.
- 4. Sealing: After sterilization, gutta-percha, an inert substance, is employed to fill the

canals. The filled canal is then sealed using heat.

5. Final Touch: The tooth is covered using a composite and prepared for crowning.

III. Challenges:

Root canal treatments have an estimated 98% success rate, but there are instances were treated teeth

can get reinfected, necessitating a re-treatment or tooth extraction. Electric or human energy, combined with

Acupuncture and orthodontic interventions can assist in regeneration. These mechanisms can also address aesthetic issues like scars or lip alignment.

IV. Revolutionizing Dental Treatment with Stem Cells:

Stem Cells: Unique cells capable of differentiating into various cell types based on stimuli.

Proposal: Introducing stem cells into a mechanically prepared and irrigated tooth. The expectation is for these cells to regenerate pulpal tissue, removing the need for guttapercha in root canal treatments and subsequently, crowns or bridges.

Advantages: The approach aims to extend the tooth's lifespan by preventing complications like secondary dental caries, tooth fractures, or infections due to failed root canal treatments.

V. Conclusion:

The potential to regenerate dental pulp could revolutionize dental treatments, offering a more natural and

less invasive alternative to traditional root canal procedures. If successful, this method could reduce costs,

minimize treatment complications and enhance the longevity and health of teeth.

Acknowledgements:

Sincere gratitude to the doctors of Manipal Hospital and to Namrata Shahid.

Title: Oral hygiene measures

Why daily mouthwash, brushing and water flossing reminder

Exploring The Potential Benefits Of Daily Mouthwash Use In Promoting Fitness And Oral Health After The COVID-19 Era" Abstract: After the COVID-19 pandemic, unconventional avenues for overall health maintenance are being explored. This research investigates daily mouthwash use's potential benefits, emphasizing products like Colgate Plax and Oracura water flosser. Tip: Add mouthwash at night to water flosser. The study also highlights the effects of certain dental products on tooth sensitivity and fluoride ppm custom clearance issues in India. The integration of calcium-rich dietary components like Dahi, curds, and milk are further studied in relation to back and spine health. The research presents a holistic approach to health from the pandemic.

Hypothesis: The lipid content of the virus (now, transplanted foreign) may provide unique insights into preventing its interaction with human cells, specifically the lipid rafts or lipid microdomains of the ACE2 receptor, leading to potential therapeutic avenues or preventive measures.

Objective: - Investigate the specific lipid content of host. - Determine if the lipid envelope of the host interacts with lipid rafts next to the ACE2 receptor. - Explore the potential of lipids to induce an immune response, leading to the development mouthwash as vaccine.

II. Methodology:

- 1. Isolate the Lipid: Extract the distinct lipid ratio of the host, ideally from saliva samples of individuals.
- 2. Introduce the Lipid to Human Cells: Inject the lipid into the body and monitor for adverse effects and potential antibody reactions. 3. **Observe Interaction with ACE2 Receptor: ** Determine if the lipid of the host interacts with lipid rafts adjacent to the ACE2 receptor.

Potential Outcomes: 1. If the lipid content is specific to the host, it could lead to faster development of a preventive care mouthwash vaccine. 2. If the lipid is not virus-specific, the focus would shift to proteins in lipid rafts interacting with the foreign. Alternate Strategies: 1. Determine the specificity of lipid on the lipid raft next to the ACE2 receptor and inhibit its interaction with the lipid envelope of the foreign. 2. If the above is not feasible, focus on the proteins in the lipid rafts that might interact with the

foreign. III. Conclusion: Understanding the lipid content of host and its interaction with human cell lipids might offer innovative solutions for prevention or treatment. Collect the saliva and isolate the lipid of the transplanted foreign from there then, inject it for the antibodies to form, to use in a daily mouthwash to prevent another pandemic, source of entry Acknowledge University of Louisville, Kentucky and Indian Institute of Science and family and friend's internet References: [1]. Efficacy Of Listerine Antiseptic in Reducing Viral Contamination of Saliva Timothy F Meiller Et Al. J Clin Periodontal. Apr 2005 [2]. Potentials Of Mouthwashes In Disinfecting Cariogenic Bacteria And Biofilms Leading To Inhibition Of Caries Takehiro Oyanagi, A Junji Tagami, A, B And Khairul Matina, C,* [3]. Novel Anti-Cholesterol Monoclonal Immunoglobulin G Antibodies As Probes And Potent.

Title: One ATP: Big Bang (Neuroscience: Tooth: Regenerative)

ABSTRACT: ATP (adenosine triphosphate) serves as the primary energy carrier in all living organisms. The energy stored in ATP's phosphate bonds, particularly the bond between the second and third phosphate groups, is of paramount importance in biochemical reactions. This article explores the immense potential of ATP, drawing analogies to its energy capacity compared to nuclear energy, and delves into its applications in regenerative medicine, particularly in the context of dentistry and orthopedics. By harnessing the power of ATP, new frontiers in medical treatments and potentially even space travel could be unlocked.

I. INTRODUCTION Adenosine triphosphate (ATP) is often referred to as the energy currency of the cell, playing a crucial role in energy transfer within biological systems. The hydrolysis of ATP releases a significant amount of energy, which is utilized in various cellular processes. This paper hypothesizes the potential of ATP in not only biological functions but also in advanced applications such as regenerative dentistry, orthopedics, and even theoretical concepts in space travel. ATP in Biochemical Reactions Hydrolysis of ATP The hydrolysis of ATP to ADP (adenosine diphosphate) and an inorganic phosphate (Pi) releases a substantial amount of energy. This reaction is fundamental in driving many cellular processes, including muscle contraction, nerve impulse propagation, and chemical synthesis

In regenerative medicine, particularly dentistry, this energy can be harnessed to drive cellular mechanisms for tissue regeneration. Previous studies have demonstrated the potential of using ATP in regenerative root canal treatments (RCT), and this paper extends that concept to the growth of bioengineered teeth. Regenerative Dentistry and Orthopedics Application in Dentistry.

Recent advancements have shown that ATP can play a pivotal role in the regeneration of dental tissues. By utilizing bioabsorbable materials combined with ATP-driven processes, secondary surgeries can be avoided, making treatments more efficient and less invasive. For instance, the use of 3M ESPE GI lining hydroxyapatite crystals has been proposed to enhance bone and dental tissue regeneration. Orthopedic Applications In orthopedics, ATP can be integrated with bioabsorbable materials to correct bone deformities. Techniques such as using braces or plastic invisible braces can benefit from the energy release provided by ATP to facilitate gradual bone correction. This method allows for precise adjustments, potentially correcting deformities by 1 mm at a time. The Broader Implications of ATP The Role of ATP in Life and Consciousness ATP's role

extends beyond physical cellular functions to potentially influencing consciousness and life's origin. The synthesis of ATP in mitochondria, powered by the energy derived from nutrients, exemplifies the interconnectedness of life and energy. The metaphorical interpretation of ATP as a bridge between the physical and the metaphysical realms highlights its foundational importance in both biological and spiritual contexts. Theoretical Applications in Space Travel The concept of utilizing ATP for energy in space travel is highly speculative yet intriguing. The energy released from ATP's phosphate bonds, while biologically significant, would require substantial amplification to be practical for space propulsion. However, exploring this idea pushes the boundaries of how we understand and apply biological energy sources. Integrating Binary Code, Spirituality, Life, and Technology "From the void (nothing, 0) emerged creation (everything, 1), akin to the spiritual concept of 'Om'. This union (marriage) gave rise to perpetual (everlasting) enlightenment (heavenly.

light), akin to the biological energy currency (ATP) and the foundational code of life (DNA). In the digital realm (Codex Infotech), this principle applies to all creation, permanently interconnecting everything else." This poetic expression underscores the significance of ATP in the context of brain function and the origin of the universe. The reference to Superman's power suggests the immense energy provided by ATP. The phrase "brain of the Big Bang theory" metaphorically implies the vast complexity and energy within the brain, likening it to the explosive energy of the Big Bang that initiated the universe. The mention of light from the sun and the electric SA node of the heart symbolizes the interconnectedness of energy sources, both external (sunlight: Surya namaskar exercise: may help) and internal (the heart's electrical activity), in sustaining life and consciousness.

II. CONCLUSION ATP remains a cornerstone of biochemical energy transfer, with vast potential applications in regenerative medicine and beyond. This paper has explored both established and speculative uses of ATP, emphasizing its centrality in biological processes and its potential in innovative medical treatments. Future research should continue to explore the practical applications of ATP, particularly in areas requiring high energy efficiency and biocompatibility

C) Absent-minded professor mad corner

AI, thank you. Tech startups, especially those with dental implications, are the crazy ones sanely working to change the world for the better.

1. Share your idea with us once it has crystallized into a more logical form—teleportation, perhaps by finding a way to break down fundamental units of light particles and reform:

save our patients clients and team travel

- 2. Your out-of-the-box imagination is encouraged! Send the idea to us, and we'll post it here.
- 3. Whether you decide to proceed or not is entirely your choice. Participate in the creation process, and feel free to comment below for a participatory experience.
- 4. If your idea has potential, maybe then theorize it right. Share your theoretical framework or publication with us.
- 5. Consider some research work, homework, or fieldwork if needed to assess the viability of your idea.
- 6. Do a trial for some time to test its feasibility and effectiveness.
- 7. Go for the kill! If you see success with little or no investment, continue down the path.
- 8. If you have an idea without much investment but need more education, invest in learning and refining your concept.
- 9. After wise strategic planning, consider investing a little more to test the waters.
- 10. Finally, dive into the deep end if you see a corner of success. Let's celebrate those who succeed in this creative journey!

Seed

Botany Mother's Nature

"Is there a code within a seed such that, in a conducive environment, it grows like the brain does, even if teeth cannot crack the nut, much like a skull?" Inside a seed, you'll typically find the following components:

1. Embryo: This is the baby plant in its earliest stage. It contains the essential parts that will eventually grow into a mature plant. The embryo consists of the radicle (the

embryonic root), the plumule (the embryonic shoot), and one or two cotyledons (seed leaves).

- 2. Endosperm: In many seeds, there is a tissue called the endosperm, which serves as a source of stored nutrients. It provides essential nutrients to the developing embryo as it germinates.
- 3. Seed Coat: The seed coat is the protective outer covering of the seed. It helps shield the embryo and its stored nutrients from damage, dehydration, and external threats.

These components work together to ensure the survival and growth of the plant. When conditions are favorable, the seed will germinate, and the embryo will develop into a new plant. The stored nutrients in the endosperm provide the initial nourishment for the growing plant until it can establish itself and start obtaining nutrients from its environment through its roots and leaves. I strongly believe that exploring the properties of mother's milk and dahi could be crucial in addressing antibiotic resistance. Especially in the first few days, these substances might carry unique immunity components passed down through generations. Dahi (yogurt) and mother's milk can both play roles in oral health and development:

- 1. Dahi (Yogurt): Yogurt is a dairy product that contains beneficial bacteria known as probiotics. These probiotics can be helpful for oral health because they promote a healthy balance of bacteria in the mouth. This can potentially reduce the growth of harmful bacteria that lead to tooth decay and gum disease. However, it's important to choose yogurt with no added sugars or artificial flavors for the best oral health benefits.
- 2. Mother's Milk: Breast milk is the ideal source of nutrition for infants, and it offers several benefits for oral development and overall health. The act of breastfeeding involves a natural sucking motion that can help with oral muscle development, which is important for speech and swallowing. Additionally, breast milk contains antibodies that can help protect against infections, including oral infections.

In the first few days of life, colostrum, which is the initial milk produced by the mother, provides essential nutrients and antibodies for the baby. It also helps with early feeding and swallowing reflexes, promoting healthy oral development.

It's worth noting that while dahi and mother's milk can contribute to oral health and development, good oral hygiene practices, such as regular dental check-ups, proper brushing and flossing, and a balanced diet, are also crucial for maintaining healthy teeth and gums throughout one's life.

Water (click for translations)

Environment

Dentistry

"Does the clinic have a water filtration system where water vapor is heated and then cooled, delivered through pipelines, using sea or ocean water to flush waste down the spittoon?

"Share your resources, and we'll build this new waterway system, marking a new evolution that leads us to observe nature to find our solutions. It's like the thought of creative seeds being dropped in the brain."

"How I thought of this is obvious: nature. Water evaporates from rivers and oceans, condenses, becomes groundwater, and we source it. So, instead, we follow nature's example and source it in the same creative way that billions or eons of years of evolution have figured out is the best."

The simplest solution for the mind, body, and nature after every meal is to pick up your glass of water, take a big sip, excuse yourself first and nicely, swish the water in your mouth in all corners, and swallow. That's it! Water, not waste, and without any particles stuck in your teeth or gums. Stay happy!

Count the number of people and divide the water equally among two states where's the rocket science for fairness to the truth no Artificial boundaries and for industry the bonus for the number of people it is supporting out of its production some use more some less based on value provided.

Energy

Electric board

Can photon particles transfer energy wirelessly within our operating systems? Love speaks through telepathy, seeing ants like photons. How do we sense and communicate with each fallen food morsels instead of reaching the mouth? Red thread, dark matter! Love heals; surround each loved one in the clinic with love in our clinic.

Ants communicate fallen food morsels and with each other primarily using chemical signals called pheromones, as well as physical interactions. Here's a more detailed explanation:

1. Pheromones: Ants release pheromones, which are chemical signals, to communicate with each other. When an ant finds a food source, it will typically release a trail of pheromones as it returns to the nest. This trail of pheromones acts as a guide for other

ants to follow, leading them directly to the food source. The intensity of the pheromone trail can indicate the quality and quantity of the food, helping other ants gauge whether it's worth the effort to retrieve the fallen morsels

- 2. Tactile Communication: Ants also use physical contact to communicate. They can touch and interact with each other using their antennae and even exchange food through mouth-to-mouth trophallaxis. When an ant has found a fallen morsel, it may communicate its discovery to other ants in the vicinity through touch and chemical signals.
- 3. Vibrations: Some ant species are known to communicate through vibrations or drumming. They create vibrations on the substrate to signal to other ants. For example, if they discover a large food source, they might produce vibrations to call for more workers
- 4. Visual and Auditory Cues: While pheromones and physical contact are the primary means of communication for ants, some species can also perceive and respond to visual and auditory cues to a limited extent. However, their vision and hearing are not highly developed compared to their chemical communication.

In summary, ants have a sophisticated system of communication involving chemical signals (pheromones), tactile interactions, vibrations, and in some cases, limited use of visual and auditory cues to coordinate tasks such as retrieving fallen food morsels and maintaining their colony's functioning. 01 cell-to-cell change to light honestly, thanks for your prayers. I hope for tele-dentistry, telephonic teleportation, and a happy, helpful attitude for humble insights.

1. For other mad, crazy, outlandish ideas, kindly check at the bottom of the link: https://www.navigational.ai/single-project

No payment fee for the idea sharing. You, your intellectual property, and the idea are like a mother who gives birth, or the mother who raises the idea. The more rights lie with the one raised with upbringing values to contribute to the better world, as per the concept of Shiva. Still, some acknowledgment is due to the one who gave the mention. For example, I spent from 2008 to nearly 2019 designing, working on a toothbrush for so long – time, money, and efforts, patents, CAD CAM like crowns, etc. And then I realized, it's so beautifully made, the design so simple. A few tweaks in innovation is all that's needed. Maybe Colgate is becoming eco-friendly in design, manufacturing, and distributing is quite a process. Like Mom said, "Don't reinvent the wheel," simple meaning, invent something new. In my professional opinion, I recommend Oral-B Pro Health Gum, especially if there are eco-friendly ones that are good for the environment.

However, be cautious, as some brushes, while good for the environment outside, might not be suitable for oral health due to bristle quality. And aha, the lesson there is not to chase the money you get from inventing but rather the value you give to the world. The value of entering your home is inevitable. And definitely not for impressing or earning money solely for the purpose of impressing someone. Only the true love to make one smile should be the driving force, starting with smiling yourself. Whether it's your neighborhood dentist or you in the mirror, brushing with this simple magic wand of creation is meant to make you smile in the morning as you start your day and at night as you end it.

2. We follow only one rule: not hurting anyone's feelings. Start with parents, wife, siblings, in-laws, family, and then others. Tell your reason for actions; maybe understanding mutually is possible, not impossible with communication in the foundation of lived-in love. Be patient and understand their concerns. Also, unknowingly try for some self-awareness, learn lessons, and don't repeat.

On a separate topic, after knowing if the person is hurt, as we do no harm, all the doctors in ourselves look after our family and loved ones and provide emotional security to others.

Here, my team is participating in a mad-hatter idea, from rinsing to a water filtration system, a possible building for our clinic, and pipelines running in our lovely tropical climate and air-conditioned weather in Bengaluru. Once on water, in the local lingo, and the other by my loyal senior dental assistant, Veena: https://namratadhruv.love/trust-pinky

Isn't that how we learn rules at home? And that reflects our upbringing values in society. Peace and harmony start in the home, with our parents' setting rules, rewarding and punishing. Then on a larger scale, like in our early neighboring early learning center on the same compound as the clinic, building character, seeing role models, and then gym neighbors for physical health. It's all here in the Brownian motion, harmony from chaos, internal temperature fluctuation: Smile, take a chill pill: - You know the rule: drop in, or we will tell you at the clinic. Good behavior, cleaning, small fillings, annual checks fill pockets; bad behavior, root canal variables, inevitable sometimes if a tooth touched, innovation needed. Still, a bigger impact if the tooth is not saved, leaving the implant pocket empty. Let's save the rest. As of today, a patient I told from a temple visit from Davengere, up and down. Both gone on the right, bone loss, rat-holed one. Let's save that falling rat, bored RCT with an implant, left but few betel nut corrective habit behaviors before. Thank you for sharing so we can identify the root care for the cause. No turning back, as no solutions are still available, and the mouth can't open to

smile and get onto cleaning and smile. Very bad if it's empty for research, for hope. Still, everyone contributes, drop by drop, some buckets for the greater good, for better health, whether you know it or not. Just smile; you are doing a good job. That's your internal duty, a self-check meter. We are only doing our duty, tweaking or innovating, so you all smile at a job well done. Now, innovate, contribute together with your creation.

3. Anonymous contributions and theories are also welcome: Moods don't originate in the brain; they might originate from the emotions in the heart. Mood stabilizers, where the mechanism of action is unknown, regulating the mood by responding to instructions from the heart's emotions to stabilize. While the core cause is there, for example, a cardiologist might need to get blood pressure checked. Also, by lowering or calming with propranolol, noticed improvement logically, as per few carefully observed. Therefore, issues due to heartbreak, financial concerns, and allegations, there is a high possibility could affect heart dynamics and, therefore, causing chronic pain due to musculature neuralgia, as per sometimes smart cardiologist on examination of some of these patients we see in some dental cases like trigeminal neuralgia: trigger points which cause and these cases emotional triggers. Therefore, maybe a hypothesis states that removing chronic heart pain, aware or not aware, instead of regulation of the mind, might lead to better results and long-term treatment solutions. It should also include consultation and psychological therapy for emotional issues. Therefore, this would be a more scientific approach. Hope 'For you' a smile: Dimag ki nahi maybe dil ke baat baate jali lit ab toh muskara lo: Not of the mind; maybe the heart's words are spoken, glowing brightly. Now, just smile. All we wish 'For you' to do is inspire hope or at least hope there's a solution: may reach us on time or others by our contribution pain, sacrifice, suffering, patiently waiting time, or money or both and effort never-ending

Anger management: Count to ten, like our elder's advice, and then patiently wait. Understanding your cooperation is necessary; sometimes trials are needed. Furthermore, understanding concepts, like COVID-19, joint collaborations with some profiteers and deaths happen, or massive side effects occur. For the long term, or wrong decisions, there's then course correction for the right health decisions. Understood, I hope and pray: Don't say things you will respectfully regret and feel your ego must follow through in A), B), or C) category. Or by our editors, sponsors, writers, or patients or clients. We are all just learning, doing for the greater good with love and understanding. If required to say in the moment, be aware of your surroundings, hold your space so no physical violence unfolds, especially for doctors. Also, have an audience for safety. If needed, have an assistant or nurse present, especially with ladies. If an emergency, take necessary protocol precautions like CCTV over dental chairs emergency procedures and better understanding before, and let your staff, lady

members, have emergency numbers for family, security, or authorities that will deter unruly behavior unless mentally insane due to an outburst, anger, or rage. Then seek empathy and compassion and let them express at a safe distance. Don't waste your time arguing. Try to see the other person's point of view; they might be trying to help you, whether directly or indirectly. As I believe, at some deep level, we are all connected and therefore correct, right, wrong—get wise—move ahead. Therefore, we are all interconnected. Don't be in a hurry, quick to judge; there's someone else making the final judgment. Take a stand for only better health.

If faced with a difficult conversation, count, walk to a serene palace within yourself, or go for a minute by yourself to calm down. Do so until you can rationally think, giving the other person time too. Then come back with a metal mind and mutual respect, or converse with listening. Being an interdependent thinking person is the ultimate beauty of life to contribute with a collaborative mindset. I expressed this in my university blog and my Oral Healthcare Awareness book.

A) Basically, enlightened experience gives feedback and accountability. B) Scientific publication avenues, for peer-reviewed knowledge reaching books of good standing, are references by perplexity. There's so much out there; no need to waste time formatting or correcting grammar. Get that core idea scientifically presentable for review and send it to us after running it through ChatGPT. We are not your English professors, but science is on the common understandable ground of English communication. Use all the tools available to convey or create everything acceptably, as long as it's logical and with reason.

C) This section is just light-hearted humor. Through laughter, the best medicine is sometimes created with lightness in your mind. Though, my dear patients or clients, have hope, don't get carried away with the information. It's only the process of creation and creativity we are involving you in so you understand where that fee goes and how it benefits mankind, womankind, all kinds. Experimentally created medicines are a long-drawn process, but with COVID, we know we accelerate the process to help the people we know now and love. So, don't stand in the way by not paying your fees.

Also, don't put something in black and white with your grey matter if in anger unless it's with a loved one, doctor, counselor, or someone who understands. Otherwise, they might use it against you in a court of law. Sure, we hope you understand: Say sorry if wrong; that is all the law is teaching. Our impact factor is the number of people who vote for the smile you gave them: see rewards section

D) Journal club: your thoughts shared below in comments via links

PDA: PReventive DEntal App

12. Recognition awards in the dental industry every leap year (2028) after this one: A to Z.

M M M

Criteria:

- a) Votes by smiles: Collect them when you link your articles posted here on your social media handles and tell us the number of likes or comments. Alternatively, when the Top 4 are selected in each field and posted on our social media handles.
- b) Recommendation letter of appreciation: You can request letters from your employers, reporters, or someone under you. Send them to us if you wish to participate. You can also write your own recommendation, as the person who knows you best is often in the mirror: Better than others, especially if you smile. You know, you might win for the hopeful speech. If you wish to inspire the world with your story of achievement, you can send us a video to be shared on your winning day or an article of achievement if an introvert nor extrovert: saying thank you to yourself and all
- c) Accomplishment: We know, you know, everyone knows whether you stood out or not. Let us know the good stuff. Report it to us to gain awareness.

Some Things money can't buy for everything else there's www.NamrataDhruv.love brand

'Smile award: -

Categories:

a) Dental Patient or Client:

Along with a very good referral, gratitude matters.

They feel waiting 2-3 hours for their doctor for good health is essential to get better health service provision & coordination by staff. But do they know, in the initial years, good doctors have waited to see patients for 2-3 years, for hours and hours, building knowledge, skills, and experience—sometimes searching and paying for them in dental school. So, let's change this trend: the ones who can't afford some dentists are doing it for free, thinking they are being kind-hearted, not understanding what role each plays in the bigger picture.

b) Dentists in India or globally, along with many of your colleagues, family, friends, and good associations, are individually contributing to the bigger picture.

They serve as unsung heroes and heroines—dual forces in life, for which we express our gratitude.

c) Dental Conference: Innovative and Useful, Like AI Tech, etc. A highly intuitive decision for mankind, womankind, or dual kind, leaving the complex tasks of machine learning to evolve artificial intelligence—whether ever conscious or gaining awareness in the black box.

Field experts can speak, not me.

- d) Dental Master's Researcher Scientist/Research Assistant/PhD Student Teaching Assistant: The next generation knowledge and elder and newer, a source of information for good health, treatment solutions, and consultations, advice, and recommendations.
- e) Dental Pharmacy or Collaborator: Radiology Diagnostic Center.

Reduce your heavy-duty clinic load.

- f) Dental students or interns, along with those preparing for entrance exams, are engaged in stress-free learning. This extends to sports coaches and others who contribute to preventing Jack from becoming a dull boy, and very good physical & mental health
- g) Dental Representative: Sales, Marketing, Technical/Admin.

Can change your life, being the lifeline of companies and clinics.

- h) Dental company: CEO, HR, Finance, Legal. Space, new frontier, adding value.
- i) Dental lab technician: involved in the delivery of dental products, including dental research lab tech.

The ultimate task is learning for a doctor, patient, or client for good two-way communication.

- j) Dental supplier or stockiest providing dental products and after-service, realizing that doing good work is a reward, and being valued and respected is the ultimate recognition.
- k) Dental family friend, making a huge difference and fostering good association and happiness.
- l) Dental industry sees positive change with the impact from government or organizations, acknowledging the role of good leadership, a strong opposition, and effective checks and balances, judges, lawmakers, lawyers, and the constitution. This

includes well-informed decisions by advisors and strategies implemented by city planners in resource allocation. The final decision is your choice, with your good mental health, oral health, or physical well-being. Kindly respond to the present moment choice, based on your awareness of the Truth, leading to good work by the right method of decision: yes, no, or later after more information for everyone's now & future happiness. Here, recognition dentally for your good work deciding. Unless it's for greater good, based on incomplete information, we understand, as mentioned in God's Message Series. Support our services through your positive attitude and confidence. We appreciate you, being voters caring like our dental patients, hopefully, dental problems burdened carrying with them lifelong solved, then clients educated; citizenship, we deeply value. Respect each other's perspectives & points of view from their own experiences, beliefs, or faith.

- m) Dental associations or regulating bodies play a crucial role in
- helping dentists and promoting cross-degree recognition and understanding.
- n) Dental writers, chief editors, editors, and newsletter reporters contribute positive thoughts to the dental industry.
- o) Dental support from politicians, businesspersons, artists, stars, and investors yields returns of money, goodwill, or both, as desired. If done in a healthy, good relationship, the right way, down the right path and direction in life is inevitable, if you have been wise about the right, good, healthy decisions you have made. For everyone, including your happiness, as each treatment solution done, or consultation finally comes back to you or your family or someone known for good, healthy new treatment solutions.
- p) Dental Medical Teacher: Gamechangers. University Dental School/Early Learning Center or School, nurturing aspiring dental students.
- q) Dental Clinic Security/Housekeeping & Staff: Lighting their financial burdens with a smile, goodwill gesture, or financial compensation.

Recognizing the immense value added in mundane tasks—tasks that robots might take but hold significant value in the good, healthy decisions they make to help themselves with honesty and humility, educate the next generation, and uplift.

r) Dental Hygienist, Dental Assistant: Interning or above 18 years, aspiring to pass 12th class or higher. Dental Nurse specializing in infection control, ensuring a doctor, dentist, and their family feel comfortable and happy. Also contributing to the comfort and happiness of everyone including patients or clients, suppliers, lab, billing, accountants, and collaborators.

s) PR Media and Influencers: Socially spreading good news on all platforms, enhancing the dental industry's positive image.

Providing influencers with good, healthy advice to influence generative change.

t) Every time you bargain with a dentist like bad habits without respecting or collecting team formed at a vegetable seller, it's like a fish market. Think of that poor farmer committing suicide so you can eat and save a penny, which could save his life. Patients: Aiding those who can't afford dental treatment through NGOs or religious organizations. Make them clients with comprehensive care: so, your money and goodwill time and effort go the distance

Offering good spiritual guidance with our understanding of their needs.

u) Dental Mentor/Advisor:

Providing good dental strategies and credit support for growth and success.

- v) Dental Medical Collaborator/Practitioner/Nutritionist: Contributing to looking good—dental health, professionally and personally. Collaborating with stylists, architects, and contractors for comprehensive care, including the construction of dental clinics.
- w) Dental CA filing accounting/healthy accounts: Earning becomes effortless when everyone diligently fulfills their responsibilities. Bankers: for good, healthy financial assistance to our clinics or doctors, dental medical, or otherwise. Save and invest wisely spending when you feel and know right: pause and big spending after overnight sleep you might get good guidance: beautiful mind
- x) Dental Engineer: Innovating in IT, data protection, and security. Supported by defense, police, emphasizing mental health awareness. So, understand the importance of peace.

Acknowledging the duty being done by traffic police, allowing our patients, clients, team members, collaborators, or us to reach safely by cab, public or private transport, to our home or our place of worship, work, or clinic.

y) Dental Specialist: Experts in fields like Oral Biology, Integrated Microbiology, Medical Doctors, and Super Specialists. Contributing to the ever-evolving knowledge and advancements in the dental industry for comprehensive care.

z) Dental Clinic or Clinic Part of a Hospital: Supervised by MHA professional in both public and private sectors, maintaining a reputable brand and following good management practices, as guided by MBA/PG professional.

Final top 4 selection on 29th October 2027: for doing our part for good health by a panel and verification of candidature for one year. Submit or we chose some application by 29th October 2026. After which you can do good work and apply for the next leap. Submission last date 29th October 2030. Selection by 29th October 2031.

Recognition by 29th October 2032, so on so forth

Any category change only after a cycle finish

This category finalized on 29th October 2024

29th Oct 2028 leap year in our Annual dental newsletter

Only to people who deserve it in the dental industry:-)

shall post downloadable for social recognition not needed to collect

Prestigious reward of recognition you can generate financial for good work recognition in the industry and Goodwill for family generation

No financial'

SMILE MAKEOVERS: BEFORE AND AFTER

"The Radiant Sentinel: EDC = Elite Dental Club, Illuminating the Path of Positive Impact - MDS;-) And One Every Year (This Year Nandini;-) - Mohan Dasari Smile Award Winners' Night, Illuminating the Darkness, Dawn of the Age of Truth - Enlightened Guardian Fulfilling Their Divine Duty"

MOHAN DASARI

SMILE AWARDS (A-Z)

- 1. A Jagajit Das
- 2. Dr. Samuel Shadrack
- 3. Dr. Gargi
- 4. ChatGPT Open.AI
- 5. Dr. Divya Raddon
- 6. Dr. Amritha Canada
- 7. Dr. Arjun Nobel
- 8. Sriram Director Engineer Cisco
- 9. Rahesh Dencru
- 10. Oswald Miranda KCK
- 11. Dr. Dmitry Cardiologist and PhD Neurologist
- 12. Obama for peace
- 13. Dr. Ranganathan KSDC President
- 14. Economic Times
- 15. Elon OpenAI kind ideas Tesla: Starlink surpassing authority
- 16. Dr. Dean
- 17. Bhuvaneshwari for efficiency
- 18. Veena
- 19. Abhimanyu
- 20. Shiv

- 21. Dr. Baliga
- 22. Dr. Meenakshi
- 23. Siddharth Javali & Associates
- 24. Namrata Shahid
- 25. Dr. James
- 26. Dr. Dhruv Dental Care: as only one option this leap year

Superstar smile award 2024;-D Nandini

Not gender or race or language or country or religion misusing soft power biased like the Oscars, Not politically hard power inclined like the Nobel, Not financially biased like the UN

DOWNLOAD CERTIFICATE ON 29TH FEBRUARY 2024: VERIFYING

The foundational principle of good work is the same: if you do good work, humans will reward you, or God will reward in some form. It can't be denied, and it's the inevitable play of life, which I have experienced myself. So, like they say, keep doing your duty, and karma rest, leave to God, or that kind-hearted soul will see the good work you are doing and reward you for it.

All together, we contribute collectively to make the world or universe a better place.

Then, take the final step to extraordinarily good work by the identification of your unique talent or skill set, and groom to be better than the best. As you are your only competition, individually contribute, as you are uniquely designed genetically through permutations and combinations in your DNA. The RNA, giving the proteins, gets affected by the environment epigenetically. So, collaboratively, effort is finally required for our better world. You, and only you, can bloom to your full potential. And participate again for the next cycle, as the whole world may be watching with us at your extraordinary good work blossoming full potential.

"Let's start with the dental industry and make our smiles go viral!"

Remember, as we leave with this thought: "N Namrata Night brushing D Dr. Dhruv Day brushing Daily!" Do it for us or yourself

And smile with this thought of our love brand Daily 'Hope.'

Never give in, motto embedded deep like Lawrence School Lovedale Sanawar. Like this candid moment at a get-together at Koramangala Social in Bengaluru, maybe deciding deserving rewards with a panel 1 day.



Happy Lohri! Aag laga do Dil mein. Find your calling like a dentist tech. And LIGHT UP the world and universe on Fire burnt the past Nothing is impossible for God; let's help him/her/dual by helping ourselves and others with a smile. Orthodontic services preventive care system exclusively. Happy Pongal, Happy Makar Sankranti, and every festival, new year!

When the universe and the nature of life on earth were set in motion, it had some fundamental laws which no one, , can't defy, with which we have to live, including with great humility. Our system is based on one foundational law: www.navigational.ai To know more: Top secret smile: Start with your Why like Simon says: I do everything because I live happy; I love my family. That shall make you smile internally and externally.

You make others, we then make you smile for the biggest smile spread with our smile award.

And if not, visit our elite dental club for an affiliation or us for a check-up message to Smile or in-clinic smile makeover, good healthy relationship way, internally in the mouth and aesthetically pleasing. We pray for people to see the difference, then you maintain oral hygiene measures and annually visit again to continue smiling.

We hope for good health. Reach the root cause of your problem; we attempt to give you a solution to your body, oral health, and good health. Not temporary fixing. And keep sharing the responsibility for good health together with a smile, happily ever after, whatever life's journey through togetherness is with us in our elite dental club, for better health, thank you. Smile: everything happens for a reason - Sri K: Let me be honest, I would like to humbly accelerate or make the dental industry lead all the good health of ours to a better health industry to start giving better consultations and treatment methodologies to my family. Join this cause for better health starting with a smile.

"Smart work without pride in God's work. So, 'Do your duty, as the duty manager is watching, to give you your smile rewards.'"

Beyond the known universe, beyond galaxies, known unknown—maybe the light, only the seed of creation. As there was no contraction, as per my understanding of the universe law, only expansion. So, expand that unhappy smile to one of happiness.

"And as you see in your mouth, the whole universe, and especially each one of your works is reflected in your mouth. Therefore, who can you blame? What excuse can you give? Motivate the one next to you, or just do your own duty well. That's called Oral healthcare awareness. Wake up and smell the rose."

Heaven is right here in your mind. Smile and see yourself in your mirror, and you will feel and know your soul.

Knows you won our reward of heaven with a smile. Show what you're made of by reaching your full potential individually together with better health. If you give value the world, the more you get into your home.

With a smart mind and God-given brain, smile.

13. Creating jobs doing the right_thing bring happiness to everyone, including yourself

Love Brand Hiring! Join our team. **Hiring Dentists** in Indranagar, **Who are Experienced** in all type of **Dental treatments. Apply now** share ur resume Caredrdhruv.com **Contact us** 8884757388

Contact us and post your jobs available next year for long term stability especially all those listed above in our shared responsibilities by education:

Progressive thinkers, from dependent to identity formation, to independence growth, to resource sharing – not parasitic but symbiotic interdependence, interconnected for

shared responsibility. So, the system encourages shared resources based on value creation added to better healthcare by smart work, duty done diligently, reliable life touched 24x7. A mutually convenient time requires cooperation with understanding, balance with reason being made. By the way, it is right to doctor fees or otherwise, so job opportunities are created.

Strengthen the institution – only a suggestion to go with democracy: Monarchy, communism – all countries' heads choose one couple heads to lead and decide the resource allocations along with their strategic advice. While the head couple can't be the head of any other state if elected every leap – maximum four terms: UN Security Council has no teeth dentally speaking biased by financial assistance; Like those unaffordable ones losing their teeth due to financial assistance, not comprehensive care. Let's create jobs giving them security: their complete authority is given: "for only the greater good of everyone.

Corruption starts here and ends here, much like the claim to fame of Happy Dent changing the pH environment. Don't chew too long to avoid TMJ pain and musculature issues.

And an annual review for Progressive thinking plan – daily, weekly, monthly, annual – for the leap year with their long-term vision rolling out with their initiatives for leaders to choose them. So, strengthen the institution – marriage with couple leaders, dual nature. The ultimate test of good faith and selflessness and kind mutual interest together, representing guiding constellations of goodwill, smart work, diligent duty with education, minimum graduate being the criteria. Then we can see, from the shared resources, progressive thinkers' job creations happening, and peace and harmony of functioning in our dental industry spreading everywhere else for a better healthy working life balance environment with nature functioning positive climate change. Therefore, we hope to pray to see job opportunities created hereby acknowledged and grateful for receiving your family and ours with our elite dental club.



Job creation SMILE and see yourselves

And tell, wow, thank you! Brahmas Fally, skills upgrading is more important than anything. "Kabil bano, bhai kabil," don't talk, just do. How to earn money: consider online courses or workshops in your field of interest. Develop expertise that aligns with market demands. "Kabil bano, bhai kabil" emphasizes actions over words; focus on applying your skills. Explore freelancing or creating an online presence for potential opportunities. Networking can also open doors. Remember, continuous learning and proactive actions are key to personal and financial growth.

For example, like this: New Dental Assistant Needed for Our Clinic Venture

We are currently seeking a new dental assistant to join our clinic team. The ideal candidate should have completed 12th grade and must not have family connections with our existing staff or relatives.

Key Responsibilities:

- Actively engage in learning and stay updated on industry advancements.
- Contribute to ongoing improvements and innovations in our dental procedures.
- Execute duties with precision and dedication to delivering high-quality work: on time

Additional Requirements:

- No conflict of interest is tolerated.
- Avoid engagement with competitor setups.
- Exclusive membership in our elite dental club is highly encouraged.
- Individual contributions for mutual growth prospects are valued.

We appreciate your interest. If you believe this aligns with your career goals, perform well in the interview. Be prepared for a 6-month probation period and lifelong training aimed at continuous improvement. Apply through our [LinkedIn Job Posting: Basic Responsibilities] (https://www.linkedin.com/jobs/view/3800535680) or send us a WhatsApp business message at +91-8884757388.

Thank you for considering this opportunity. We look forward to welcoming the right candidate to our team for a fulfilling and long-term association.

14. Credit Roll:

Thank our team and you for your shared responsibility for us all to succeed, especially my wife (Pinky) Mrs. Namrata Shahid Subramanian: happy

Dhruv Subramanian

XII Sc stream Lawrence School, Lovedale

BDS from MRADC, Bengaluru, India

Lasers diploma from SOLA Vienna university MS in biochemistry and molecular biology, from University of Louisville, Kentucky, USA

Acknowledgments to

Rema Subramanian MA Pschyologist and Registered yoga teacher for editing

Cdr Deepak Subramanian for feedback: and all involved

15. Are You Lucky Enough to See a Better World: Next Version, 4th Edition - October 29, 2025

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As I returned from the USA, I had a clear objective: to see a better world.

Lessons learned:

Observe, starting with yourself,

then family happy: Help yourself first, then others, not out of charity, but rather out of kindness, allocating what you can, as mentioned in our charity guidelines when profitable and self-sufficient: not sacrificial selfless first (https://namratadhruv.com/jobs-reports). Compassion is our roots, love our tree, and branches are our oath. Stay consistent in bettering habits, be smart, and worldly-wise. Understand how it operates with the laws of nature, the universe, etc., and then start evolving yourself to be better.

Satya Maya Jayatha - God is Truth, God is One. Happy Guru Purab, and hope and pray our Elite Dental Club grows as one together for better health, spreading awareness for the greater good of a better world with better health in all aspects. Finally, be free. Prioritize self-respect above everything else. I learned the most important thing about life is self-respect. For us to heal ourselves and others, it's crucial to maintain self-respect and extend that compassion to those around us. Now, the mission is clear: our values love, humility, and knowing. However good we are, we can better see our wise elders with experience beyond our years and few seasoned, matured practitioners whose skills come in a healthy way with time, like a baby requires 9 months to gestate. After love, so love the right thing you do. Let it gestate to see the results and form before delivery. You cannot rush the process, only patiently wait while learning about first-time parents or more, as new updates might have happened. Scientists wake up and read preventive care measures for now and futuristic generations. Innovate, innovate, and innovate, and sometimes tweak the wheel, and raise awareness, ensuring a thorough oral checkup, mainly for the mother to enjoy smooth sailing, hopefully, and have contact, with urgent checkups during and medical dental genetics checking. Keep your mind occupied, not stressing - leading to miscarriages. Rather, positively know it's a happy environment the baby needs now and forever.

Additionally, avoid direct blood relationships, as sometimes two recessive genes coming together can lead to genetic modifications that might not be good, being emotional and financial burdens. Be cautious about keeping finances within the family, as the opposite might occur. Similarly, as mentioned above, if you remain a barrier and bargain with doctors, sometimes preventing new consultation and treatment solutions, it's not a good idea. Be prudent in deciding where to say what. In all sensitivity, kindly avoid certain actions, as doing genompatri might be ethically debatable, especially considering the past history of World War 2 atrocities.

Focus on solutions to save a life, as truth can be the tooth in uncovering the truth for a healthier future. In the present moment of self-awareness, we are trying to instill scintillating intelligence from AI as a tool, not a domination, much like stem cells from a child, wisdom teeth, or umbilical cord progression. Is it fear psychosis or based on sound scientific discovery with awareness of what's next? So, let's finish with contributing collaboration, then jumping ahead to our next 4th Edition. Stay tuned, mere dost; you don't know what's coming.

#### Comments: Welcome

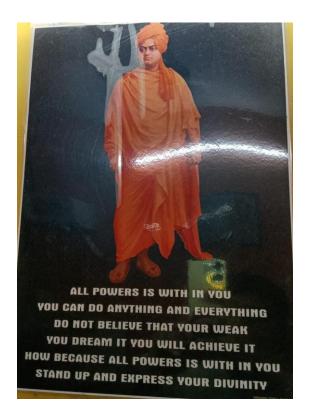
Our elite dental club new smile calendar: Age of Truth (Kalyug to Satyug) Golden Age: Era: Enlightenment: in the <a href="https://www.NamrataDhruv.com">www.NamrataDhruv.com</a> website for couple faith spiritual science and Oral healthcare awareness book



DR. DHRUV

#### My goals:

- 1. Have healthy smile habits and oral hygiene measures
- 2. Clinic association doing well
- 3. Regenerative dentistry grow a tooth  $\widehat{\mathbb{W}}$
- 4. Oral laser light reach pole star, heavenly needle, and habitable exoplanet
- 5. Dream home 🏠



# Start 30th June 01 0001

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