

Wellness Treatments



HOT STONE MASSAGE £55

Hot stone massage helps with releasing the tension in the muscles and thus, easing pain. The heat allows for a more relaxing and deeper massage to relieve stress and anxiety.

FULL BODY MASSAGE £50

This massage will help relieve muscle tension and improve the lymphatic and circulatory systems.
Reducing stress and aid in relaxation.

BACK MASSAGE £22

The back massage helps with reducing tightness and pain. Increased circulation will help with relaxing the back muscles and creating a sense of wellbeing.

BACK CLEANSE £27

The back cleanse treatment starts with a salt scrub and hot towel to exfoliate the skin, followed by a soothing mask to hydrate the skin and a massage to relax.

INDIAN HEAD MASSAGE £30

The Indian head massage uses acupressure points to help to release the tension in the muscles and joints of the head, neck, shoulders and face. Relieves headaches, releases sinus congestion and promotes hair growth. It has a deeply calming and relaxing effect.

Facial Treatments



THE HYDRO FACIAL £60

The Hydro Facial is a non-invasive resurfacing and rejuvenating treatment which combines cleansing, exfoliation and extraction, hydration and antioxidant protection. This treatment is ideal for treating fine lines and wrinkles, hyper-pigmentation and oily acne-prone skin. Soothing and moisturising, this treatment gives instant results, and leaves you with hydrated skin and a more youthful appearance.

THE ENVIRON FACIAL £55

Environ's pioneering dual electro-sonic technology, low frequency sonophoresis with pulsed iontophoresis and professional skincare products make a real and lasting difference to your skin. This treatment is tailored to individual skins and concerns. Appropriate serums are used for different areas of the face to give a totally individual experience.

FOCUS-ON-FROWN TREATMENT £25

An iconic peptide blend assist in reducing the appearance of expression and frown lines around the eyes and forehead resulting in a more youthful appearance.

THE LIGHT THERAPY FACIAL £45

The Celluma light therapy facial uses red and near-infrared wavelength which are clinically verified to enhance your body's natural ability to generate collagen and elastin by activating the fibroblast cells. Course of treatment is required for skin rejuvenation and wrinkle reduction.

EVE TAYLOR FACIAL £40

Eve Taylor aromatherapy skin care is made with natural essential oils to enhance skin and wellbeing. Facial begins with cleansing, toning and steaming the skin, followed by extraction. A relaxing massage to the neck, shoulders and face. A soothing mask to conclude the treatment.

