

## **Master Plan for the Aging Survey**

## Elders and Caregivers, Lift Your Voice!

If you are an elder New York State resident or someone who helps to care for an elder family member, neighbor or friend, we encourage you to lift your voice to help shape the NYS Master Plan for Aging.

Help the State to understand your needs. Complete the Master Plan for Aging Survey. You can also help someone else to do the survey.

The Master Plan for Aging survey is a vital tool with multifaceted purposes. It will play a crucial role in identifying regional housing challenges, setting priorities for infrastructure and service improvements, understanding how older adults allocate their limited income, and evaluating the impact of various services. Furthermore, it will provide valuable insights into caregiving, the self-perception of caregivers, and the ways in which we can best support them. (Adam Herbst, NYS Dept. of Health.)

To access the survey, click this link or copy it into your browser. (https://forms.ny.gov/s3/mpasurvey).

If you would like paper copies including other languages, please contact MPA@health.ny.gov, Also, feel free to share this information with other New York elders and caregivers.

## The deadline for submitting the survey is December 31<sup>st</sup>, 2023. Don't miss this opportunity!

- The Citywide Behavioral Health Coalition for Black Elders, Inc.