Issue 2026/2027-03 | **Empowering a Child to Learn Through Play** | November 2026

Jelly Bean Messenger

DEAR PARENTS:

Happy November!!! I hope that the children enjoyed taking part in the pumpkin carving during our costume/Hallowe'en Party.

If your child went trick-or-treating, we would like to remind all parents: **PLEASE DO NOT send your child with any candy, chocolates, or chips for snacks** as they will not be allowed to eat them at the preschool. We prefer the children to enjoy those treats at home. At Preschool 101 we continue to promote nutrition throughout the school year and we hope that you will also continue to do so at home.

Our themes for the month of November: **Nutrition** and **Community Helpers**. In our Nutrition theme, we continue to promote healthy eating and how it affects our bodies. In our second half of the month, we will be learning about the people in the community keep the community healthy and safe and help it function more efficiently. We will be "gently" covering the topic on Remembrance Day and how the heroes of Canada helped us be able to live in a free and peaceful country.

A reminder to all parents that on Wednesday, November 11th, 2026, the preschool will be closed in lieu of Remembrance Day.

On Monday, November 2nd, we are also holding our second field trip: A visit from the dental assistant/A visit to the dental office. Parents are encouraged to participate; however, if you cannot attend, please let us know. We will be having the dental assistant visit us at the preschool, then she will bring us to the dental office (at Northern Hills Dental) for a tour. After the tour we will return to the preschool for play time (dependent on the time) and continue our classroom programming. Note: We will still be having snack time on that day, please send your child with a snack and their indoor shoes.

Finally, have you given us a Facebook or Google review? All our staff members at Preschool 101 work hard every day to ensure that our preschoolers receive the best education possible. I would like to sincerely thank those parents who have already given us great reviews; I would also like to encourage those parents who have not done so to consider given us a review on either our Facebook or Google.

Illness Protocol: As per the Government of Alberta, it is recommended that symptomatic individuals stay home until they are feeling well, are able to fully participate in all normal school activities and have reached the end of the recommended isolation period (as applicable). This means that your child has been free of fever for 24 hours without the use of fever reducing medication. This is because your child's symptoms caused by other viruses that can be spread to others.

Please remember to email the preschool or call and leave a message about your child's absence so that we can notify your child's teacher.

Ms. Renee BA, ECE (Hons)

November

Newsletter



Preschool 101

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INDOOR SHOE POLICY:



Clean indoor shoes must be worn in the preschool at all times; no matter what the weather or season. **Children play on the floor all the time we do our best to keep the floors clean!** Note that we adhere to all Alberta Health Service requirements.

INDOOR SHOES MUST BE CHANGED INSIDE THE PRESCHOOL. If your child forgets to bring indoor shoes, you must notify our staff.

Thank you for understanding.

Our Mission

To provide a safe and caring environment where children develop their passion and get excited in learning through play, and staff are empowered, engaged and valued.

Our Vision

Allowing preschoolers to grow all their areas of development from a balance of self-guided play and teacher instruction.

Our Philosophy

At Preschool 101, we provide a foundation of learning through play. Preschool 101 embraces and promotes the importance of "Diversity".



November 2026



SUN	MON	TUES	WED	THURS	FRI	SAT
1. School Closed	2. Field Trip – Learning about Healthy Teeth	3.	4.	5.	6.	7. School Closed
8. School Closed	9.	10.	11. Remembrance Day - SCHOOL CLOSED	12.	13.	14. School Closed
15. School Closed	16.	17.	18.	19.	20.	21. School Closed
22. School Closed	23.	24.	25.	26.	27.	28. School Closed
29. School Closed	30.					

IMPORTANT

- **November 11th - Remembrance Day**... "Lest We Forget".

REMINDERS

- **November 11th - Remembrance Day** - School Closed

THEMES OF THE MONTH

- **NUTRITION**



- **COMMUNITY HELPERS**



Preschool 101