

# Jelly Bean Messenger

## DEAR PARENTS:

Happy November!!! I hope that the children enjoyed taking part in the pumpkin carving during our costume/Hallowe'en Party.

If your child went trick-or-treating, we would like to remind all parents: **PLEASE DO NOT send your child with any candy, chocolates, or chips for snacks** as they will not be allowed to eat them at the preschool. We prefer the children to enjoy those treats at home. At Preschool 101 we continue to promote nutrition throughout the school year and we hope that you will also continue to do so at home.

Our themes for the month of November: **Nutrition** and **Community Helpers**. In our Nutrition theme, we continue to promote healthy eating and how it affects our bodies. In our second half of the month, we will be learning about the people in the community keep the community healthy and safe and help it function more efficiently.

A reminder to all parents that on Tuesday, November 11<sup>th</sup>, 2025, the preschool will be closed in lieu of Remembrance Day.

On Monday, November 10<sup>th</sup>, we are also holding our second field trip: A visit from the dental assistant/A visit to the dental office. Parents are encouraged to participate. We will be having the dental assistant visit us at the preschool, then she will bring us to the dental office (at Northern Hills Dental) for a tour. After the tour we will return to the preschool for play time (dependent on the time) and continue our classroom programming.

Finally, have you given us a Facebook or Google review? All our staff members at Preschool 101 work hard every day to ensure that our preschoolers receive the best education possible. I would like to sincerely thank those parents who have already given us great reviews; I would also like to encourage those parents who have not done so to consider given us a review on either our Facebook or Google.

**Illness Protocol:** As per the Government of Alberta, it is recommended that symptomatic individuals stay home until they are feeling well, are able to fully participate in all normal school activities, and have reached the end of the recommended isolation period (as applicable). This means that your child has been free of fever for 24 hours without the use of fever reducing medication. This is because your child's symptoms caused by other viruses that can be spread to others.

Please remember to email the preschool or call and leave a message about your child's absence so that we can notify your child's teacher.

Ms. Renee BA, ECE (Hons)

## November Newsletter



Ms. Renee

**/ Preschool 101 /**

**FOLLOW US ON SOCIAL MEDIA!**



fb.com/preschool101calgary



@Preschool\_101





## INDOOR SHOE POLICY:

Clean indoor shoes must be worn in the preschool at all times; no matter what the weather or season. **Children play on the floor all the time we do our best to keep the floors clean!** Note that we adhere to all Alberta Health Service requirements.

**INDOOR SHOES MUST BE CHANGED INSIDE THE PRESCHOOL.** If your child forgets to bring indoor shoes, you must notify our staff.



Thank you for understanding.

### Our Mission

To provide a safe and caring environment where children develop their passion and get excited in learning through play, and staff are empowered, engaged and valued.

### Our Vision

Allowing preschoolers to grow all their areas of development from a balance of self-guided play and teacher instruction.

### Our Philosophy

At Preschool 101, we provide a foundation of learning through play. Preschool 101 embraces and promotes the importance of "Diversity".



# November 2025



| SUN                  | MON | TUES                                   | WED | THURS | FRI                                                   | SAT                  |
|----------------------|-----|----------------------------------------|-----|-------|-------------------------------------------------------|----------------------|
|                      |     |                                        |     |       |                                                       | 1.<br>School Closed  |
| 2.<br>School Closed  | 3.  | 4.                                     | 5.  | 6.    | 7.<br>Field Trip –<br>Learning about<br>Healthy Teeth | 8.<br>School Closed  |
| 9.<br>School Closed  | 10. | 11.<br>Remembrance Day<br>- NO CLASSES | 12. | 13.   | 14.                                                   | 15.<br>School Closed |
| 16.<br>School Closed | 17. | 18.                                    | 19. | 20.   | 21.                                                   | 22.<br>School Closed |
| 23.<br>School Closed | 24. | 25.                                    | 26. | 27.   | 28.                                                   | 29.<br>School Closed |
| 30.<br>School Closed |     |                                        |     |       |                                                       |                      |

## IMPORTANT

- November 11<sup>th</sup> - Remembrance Day... "Lest We Forget". 

## REMINDERS

- November 11<sup>th</sup> - Remembrance Day - School Closed

## THEMES OF THE MONTH

### • NUTRITION



### • COMMUNITY HELPERS