

Jelly Bean Messenger

DEAR PARENTS:

The leaves are falling and the weather is starting to feel cooler as autumn arrives. I am glad that we had so many families participate on our fall walk field trip, I am happy that we were able to find everything on the scavenger hunt.

As our weather and temperature changes throughout each day, please make sure that the children are dressed according to the weather forecast.

Our themes this month are **Thanksgiving** and symbols of **Hallowe'en**. This year we continue to have our annual costume parties for the children; it has been scheduled on the last week of October ([refer to calendar](#)). Feel free to send your child to preschool with a costume; this is totally optional and we would love it if they can join us. For students who come 5 days a week, they can come to the preschool with a costume for both days if they would like to.

The children have started learning to share and have become used to the routine in the classroom. As we continue into the second month of the preschool term, we will learn about many more things that also relate to this colourful time of year.

On November 2nd, we will be going on our next field trip, it will be a visit from Miss Peggy from the Northern Hills Dental Office, she will do a small presentation at the preschool and then take us on a tour of the dental office! Permission forms will be going home soon. I hope that all the children will be able to join us.

A reminder that the preschool will be closed for Monday, October 12th, 2026, for Thanksgiving Day, and there will be no classes Friday, October 23rd, 2026 for teacher's Professional Development Day.

Illness Protocol: Any children who are sick are to stay home until they are no longer showing symptoms for at least 24 hours.

Please remember to call the preschool and leave a message or send us an email about your child's absence so that we can notify your child's teacher.

Ms. Renee BA, ECE (Hons)

October Newsletter



/ Preschool 101 /

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INDOOR SHOE POLICY:

Clean indoor shoes must be worn in the preschool at all times; no matter what the weather or season. **Children play on the floor all the time we do our best to keep the floors clean!** Note that we adhere to all Alberta Health Service requirements.

INDOOR SHOES MUST BE CHANGED INSIDE THE PRESCHOOL. If your child forgets to bring indoor shoes, you must notify our staff.



Thank you for understanding.

Our Mission

To provide a safe and caring environment where children develop their passion and get excited in learning through play, and staff are empowered, engaged and valued.

Our Vision

Allowing preschoolers to grow all their areas of development from a balance of self-guided play and teacher instruction.

Our Philosophy

At Preschool 101, we provide a foundation of learning through play. Preschool 101 embraces and promotes the importance of "Diversity".

Let's Come Together to Help Your Child Succeed!

At *Preschool 101* we want to help your child grow towards success: as parents, guidance and encouragement are some of the ways that we can use to lead them there. We have observed that children are very proud of what they can do, and one thing notice as a parent is that we do not give them enough time to accomplish them or we are afraid that things might get too messy.

At the preschool, we expose children to all sorts of new sensations and experiences: glue, scissors, paints, playdough and lots of time to explore. But we need your help; we would like children to not only be able to have this at school, but also at home.

Remember, supervision of all these activities is compulsory!

You can help your child by:

- 1) **Giving him/her time to pull up his own pants after they use the bathroom, getting himself/herself dressed or putting on their own shoes.** This is mainly when they are trying to pull up the back end of the pants or pulling up the heel of their shoes. We know that it is easier if you do it for them, but slow and steady wins the race, and before you know it, they will be able to do these things by themselves in the long run.
- 2) **Letting him/her feed himself/herself.** Resist the temptation to feed him/her and let them try to conquer poking or scooping the food by himself/herself. If he/she needs to use his/her hands, then let it be, sometimes it is the easier way to eat. This improves their skill of mastering hand/eye co-ordination and messes do happen. Do make sure that your child takes one bite of food at a time; it teaches them to chew properly and most importantly prevents them from choking.
- 3) **Knowing it is alright to get messy.** Water, playdough, paint, glue, sand.... These are all okay to get their little hands into; it teaches children new textures and functions of various items. Some of us dread cleaning these up, but it is all part of learning and discovery. The objective is to introduce children to various areas of science. What can get worse? Washing your hands afterwards and they end up with clean hands.
- 4) **Help them with using scissors.** Many of us are afraid of letting our children use scissors as we do not want them to cut themselves or get hurt. However, laying down the ground rules before letting them use them is a must, before each use. Each time before we let the students use scissors, we demonstrate to the group **what not to do** by acting silly and pretend to try and cut various items in the room. The children would stop us from cutting certain things. We then ask them back if they should cut those as well. When Ms. Renee's children were very little, she would sit down with her children and they would cut straight lines on the flyers that they received every week, like helping her make a visual grocery list or having them provide her with a visual of gifts they would like to receive on their birthday or Christmas. See picture 1 for a sample of how to hold scissors properly.
- 5) **Teach him/her how to hold a pencil.** As teachers, we cringe when we see anyone holding a pencil like she/he is stirring a pot of soup. Proper pencil grip is important for young children to learn as it helps them control their pencil when they are learning to write letters and numbers, and even when they are drawing. See picture 2 for a sample of how to hold a writing instrument properly.

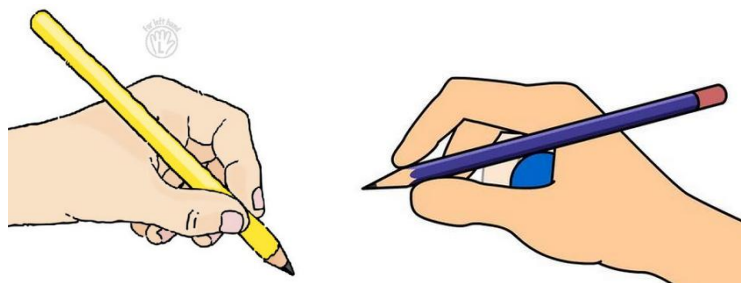
We hope that we have enlightened you as to how we can come together to help your child on a road to success.

Picture 1, Proper Scissor Holding



Thumbs Up!!

Picture 2, Proper Pencil Holding



Left Hand

Right Hand



October 2026



SUN	MON	TUES	WED	THURS	FRI	SAT
				1.	2.	2. School Closed
4. School Closed	5.	6.	7.	8.	19	10. School Closed
11. School Closed	12. Thanksgiving Day - No School	13.	14.	15.	16.	17. School Closed
18. School Closed	19.	20.	21.	22.	23. PD Day - No Classes	24. School Closed
25. School Closed	26.	27.	28.	29. Halloween/ Costume Party	30. Halloween/ Costume Party	31.

IMPORTANT

REMINDERS

EVENTS

- **October 12th – Thanksgiving Day:** Public Holiday - No Classes
- **October 23rd - Professional Development Day** - No Classes.

- **Oct 29th & 30th – Halloween Costume Party:** Please come to school in your favourite costume!

/Preschool 101/