

Season 1: Fall 2025 Class Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B
				3:15 - 4:00 45 Min Ballet / Tap Pre-School							9:30 - 10:15 45 Min Ballet / Tap Pre-School
3:45 - 4:30 45 Min Tiny Tumble Pre-School		4:00 - 4:45 45 Min Ballet / Tap Kindergarten	3:45 - 4:30 45 Min Ballet / Tap Kindergarten	4:00 - 5:30 1 Hour 30 Min Ballet and Jazz Ages 5 - 7	4:00 - 5:30 1 Hour 30 Min Ballet Stretch *Mini Team						10:15 - 11:15 1 Hour Ballet / Tap Kindergarten
4:30 - 5:15 45 Min Ballet / Tap Pre-School	5:00 - 6:30 1 Hour 30 Min Ballet Stretch *Adv Team	4:45 - 5:30 45 Min Acro / Hip Hop Kindergarten	4:30 - 5:30 1 Hour Acro Ages 6 - 8			4:45 - 5:30 45 Min Ballet *Mini Team	4:45 - 6:15 1 Hour 30 Min Ballet Stretch *Junior Team	4:30 - 5:15 45 Min Ballet / Tap Pre-School	4:30 - 5:15 45 Min Acro Age 6 - 8		11:15 - 12:15 1 Hour Acro / Hip Hop Kindergarten
5:15 - 6:00 45 Min Ballet / Tap Kindergarten		5:30 - 6:15 45 Min Acro / Hip Hop Kindergarten	5:30 - 6:15 45 Min Lyrical Cont. Ages 5 - 7	5:30 - 7:00 1 Hour 30 Min Ballet and Jazz Ages 7 - 9	5:30 - 6:30 1 Hour Acro Conditioning Mini Team	5:30 - 6:15 45 Min Leap and Turn *Mini Team		5:15 - 6:00 45 Min Acro Kindergarten	5:15 - 6:00 45 Min Tap Ages 6 - 9		
6:00 - 6:45 45 Min Tap *Mini Team	6:30 - 7:30 1 Hour Leap and Turn *Jr & Adv Team	6:15 - 7:15 1 Hour Ballet *Junior Team	6:15 - 7:15 1 Hour Acro Ages 9 & Up			6:15 - 7:00 45 Min Jazz Contemp *Mini Team	6:15 - 7:00 45 Min Tap Ages 13 & Up *Jr & Adv Team	6:00 - 6:45 45 Min Hip Hop Ages 6-9			
6:45 - 7:30 45 Min Hip Hop Ages 7 - 9 Mini Team				7:00 - 8:00 45 Min Lyrical Cont. Ages 7 - 9	6:30 - 7:30 1 Hour Ballet *Adv Team	7:00 - 8:00 1 Hour Jazz Ages 10 & Up	7:00 - 8:15 1 Hour 15 Min Acro Conditioning Jr & Adv Team	6:45 - 7:45 1 Hour Ballet Age 10 & Up	6:00 - 8:00 2 Hour Rehearsal All Company		
7:30 - 8:15 45 Min Hip Hop Ages 10 - 12	7:45 - 8:30 45 Min Improv: Self Choreo *Adv Team	7:15 - 8:45 1 Hour 30 Min Jazz Contemp. *Junior Team	7:15 - 8:30 45 Min Lyrical Cont. Ages 10 & Up		7:30 - 8:30 1 Hour Jazz Contemp *Adv Team	8:00 - 8:45 45 Min Tap Ages 10 & Up					
	8:30 - 9:15 45 Min Hip Hop Ages 13 & Up Jr & Adv Team				8:30 - 9:15 45 Min Dance Team Prep - ADV.						



The Dance Spot
OF NORTH JERSEY

All Classes Must have 5 or more students to run. * Shows which classes are required for Company Members.