

# TENNESSEE COLONICS

## CONTRAINDICATIONS

A contraindication is when the procedure should NOT be administered or should be administered with caution and/ or only with a Doctor's release or prescription.

These are the contraindications for administering the procedure of Colon Irrigation:

1. **HEMORRHAGING:** Colonic Irrigation is contraindicated when the patient/client has a flow of bright red blood discharging from the rectum.
2. **HEMORRHOIDECTOMY:** Colonic Irrigation is contraindicated after recent rectal surgery. A Doctor's release should be obtained before procedure is administered.
3. **ABDOMINAL SURGERY:** Colonic Irrigation is contraindicated after recent abdominal surgery since the administering of this procedure initiates peristalsis and the use of the abdominal muscles may aggravate sutures and the healing of incision. A minimum of six weeks should pass after the surgery before Colonic Irrigation should be administered. A Doctor's release may be obtained.
4. **PREGNANCY:** Colonic Irrigation is contraindicated during the first and last trimesters of pregnancy. Colonic Irrigation may be administered if it is general procedure to administer an enema prior to childbirth. The Colonic Irrigation would just be substituted for the enema, affording the patient/client more privacy and comfort.
5. **INTESTINAL PERFORATIONS:** Colonic Irrigation is contraindication when a Physician/Surgeon has previously diagnosed the client to have or have had intestinal perforations. The client should obtain a doctor's release prior to administering the procedure.
6. **CARDIAC CONDITION:** If a client has had cardiac surgery or has been diagnosed with a heart condition, such as uncontrolled hypertension or Congestive heart failure or other heart conditions, Colonic Irrigation is contraindicated without a Doctor's release.
7. **DIALYSIS PATIENTS:** Colonic Irrigation is contraindicated when a client is restricted on fluid intake and a Doctor's release should be obtained..
8. **RENAL INSUFFICIENCIES:** Colonic Irrigation is contraindicated when a client has been diagnosed to be renal insufficient. A Doctors release should be obtained before the colonic is to be administered.

9. **AIDS & HIV INFECTION:** Colon Irrigation is contraindicated for people having this virus. It is too high risk since colonics cause a depletion of electrolytes and friendly bacteria. Furthermore, there is a potential for dehydration and additional weight loss.
10. **HEPATITIS:** Colon Irrigation is contraindicated for anyone diagnosed with all types of this severe viral liver infection. During a colonic, the liver is stimulated, and as a result, things that are dormant in the liver can be stirred up, therefore creating a risk for making this condition even worse.
11. **CARCINOMA:** Colonic Irrigation is contraindicated when a client has been diagnosed with Carcinoma of the colon.
12. **ANEURYSM:** Colonic Irrigation is contraindicated when a Doctor has diagnosed a client to have aneurysms. A Doctor's release should be obtained prior to administering the procedure. Procedure should be administered with extreme caution.
13. **ANEMIA:** Colonic Irrigation is contraindicated when a client has been diagnosed with severe anemia and a Doctor's release should be obtained.
14. **ABDOMINAL HERNIA:** Colonic Irrigation is contraindicated when the client has been diagnosed with abdominal hernia or has had surgery for abdominal hernia. The client should obtain a release from their Doctor prior to administering the procedure.
15. **FISSURES/FISTULAS:** Colonic Irrigation is contraindicated when a client has been diagnosed with fissures/fistulas. A release from the client's Primary Care Physician should be obtained prior to administering the procedure.

**IF THERE IS ANY DOUBT BY THE CLIENT OR TECHNICIAN WHETHER THE CLIENT SHOULD RECEIVE THE PROCEDURE, THE CLIENT SHOULD CONSULT THEIR PRIMARY HEALTH CARE PROFESSIONAL OR PHYSICIAN.**

I have read and understand the contraindication for colon irrigation and acknowledge that none apply to me.

Signature\_\_\_\_\_ Date\_\_\_\_\_