

**Do not be anxious
about anything!
Philippians 4: 4-7**



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Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4: 4-7



**Cast all your anxiety on him
because he cares for you.
1 Peter 5:7**

So Long for Now

You may want to frame Philippians 4:4-7 & 1 Peter 5:7 and hang them up in a place where you will see them often. Also, if you found this resource to be encouraging, PLEASE send it on to others.



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Have an AWESOME Day!

Max Reid | Kidz Rock University