


Class Schedule December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 6:30pm- Pattern Class 7:30pm- Pattern Class	4	5 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	6 5:30pm- Sparring Class 6:30pm- Sparring Class 7:30pm- Sparring Class	7
8	9	10 6:30pm- Pattern Class 7:30pm- Pattern Class	11	12 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	13 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	14 8:30am- Sparring Class 9:30am- Sparring Class
15	16	17 6:30pm- Pattern Class 7:30pm- Pattern Class	18	19 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	20 5:30pm- Sparring Class 6:30pm- Sparring Class 7:30pm- Sparring Class	21
22	23	24 Christmas Eve – NO CLASSES	25  MERRY CHRISTMAS!	26 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	27 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	28 8:30am- Sparring Class 9:30am- Sparring Class
29	30	31 New Year's Eve – NO CLASSES				

FAMILY KICKS



Pattern Classes - Open to all ranks and ages. Pattern classes focus on techniques, conditioning, self-defense, and patterns.

Little Kicks – Introductory class for 4 & 5 year olds.

Sparring Classes - Open to all ranks and ages. Sparring classes focus on techniques, conditioning, and practical application through sparring.

All Classes are 1-hour.
(Women's Self Defense is 90 minutes)

Register for your FREE 3-class trial!

www.FamilyKicksTKD.com
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Please note: Schedule changes will be announced via Facebook and will be reflected on our website.