

Class Schedule December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	2 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	3 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	4	5
6	7	8 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	9 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	10 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	11	12 8:30am- Sparring Class 9:30am- Sparring Class 10:30am- Leadership Class
13	14	15 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	16 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	17 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	18	19
20	21	22 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	23 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	24 No Classes Christmas Eve	25 MERRY CHRISTMAS! 	26 8:30am- Sparring Class 9:30am- Sparring Class 10:30am- Leadership Class
27	28	29 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	30 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	31 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class		

FAMILY KICKS



TAEKWON DO

Pattern Classes - Open to all ranks and ages. Pattern classes focus on techniques, conditioning, self-defense, and patterns.

Sparring Classes - Open to all ranks and ages. Sparring classes focus on techniques, conditioning, and practical application through sparring.

Leadership Classes - Open to blue belts and higher who have received an invitation from Mr. Holly.

Register for your FREE 3-class trial!

www.FamilyKicksTKD.com
FamilyKicksTKD@gmail.com
336-850-0142

1347 Lewisville-Clemmons Road
Lewisville, NC 27023

Please note: Pre-Registration for all classes is required so we can adhere to Covid-19 restrictions, please visit website for more details.