

Class Schedule

February

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 6:30pm- Pattern Class 7:30pm- Pattern Class	5 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	6 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	7 6:30pm- Promotion Test	8 8:30am- Sparring Class 9:30am- Sparring Class
9	10	11 6:30pm- Pattern Class 7:30pm- Pattern Class	12 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	13 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	14	15
16	17	18 6:30pm- Pattern Class 7:30pm- Pattern Class	19 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	20 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	21	22 8:30am- Sparring Class 9:30am- Sparring Class 11:00am- Women's Self Defense
23	24	25 6:30pm- Pattern Class 7:30pm- Pattern Class	26 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	27 5:30pm- Little Kicks 5:30pm- Pattern Class 6:30pm- Pattern Class 7:30pm- Pattern Class	28	29

FAMILY KICKS



Pattern Classes - Open to all ranks and ages. Pattern classes focus on techniques, conditioning, self-defense, and patterns.

Little Kicks – Introductory class for 4 & 5 year olds.

Sparring Classes - Open to all ranks and ages. Sparring classes focus on techniques, conditioning, and practical application through sparring.

All Classes are 1-hour.
(Women's Self Defense is 90 minutes)

Register for your FREE 3-class trial!

www.FamilyKicksTKD.com
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Please note: Schedule changes will be announced via Facebook and will be reflected on our website.