

# Class Schedule February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	3 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	4 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	5	6 8:30am- Sparring Class 9:30am- Sparring Class 10:30am- Leadership Class
7	8	9 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	10 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	11 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	12	13
14	15	16 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	17 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	18 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	19	20 8:30am- Sparring Class 9:30am- Sparring Class 10:30am- Leadership Class
21	22	23 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	24 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Sparring Class	25 4:30pm- Little Kicks 4:30pm- Pattern Class 5:30pm- Pattern Class 6:30pm- Pattern Class	26	27
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**FAMILY KICKS**



**Pattern Classes** - Open to all ranks and ages. Pattern classes focus on techniques, conditioning, self-defense, and patterns.

**Little Kicks** – Introductory class for 4 & 5 year olds.

**Sparring Classes** - Open to all ranks and ages. Sparring classes focus on techniques, conditioning, and practical application through sparring.

**Leadership Classes** - Open to blue belts and higher who have received an invitation from Mr. Holly.

**Register for your FREE 3-class trial!**

[www.FamilyKicksTKD.com](http://www.FamilyKicksTKD.com)  
[FamilyKicksTKD@gmail.com](mailto:FamilyKicksTKD@gmail.com)  
 336-850-0142

1347 Lewisville-Clemmons Road  
 Lewisville, NC 27023

Please note: Schedule changes will be announced via Facebook and will be reflected on our website.