

# SIouxLAND SAMPLERS

## QUILT GUILD

March 2022

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### President's Message

Hi everyone!

We've made it to March. Is it coming in like a lamb or a lion??? The weather forecast looks mild, but I'd like to see it go out mild also. It's been such strange weather!

I'm still finding and finishing UFO's. Two more this month. I have a bad habit of this project jumping, don't I!

Well, I'm trying to get that fixed.... if I don't squirrel and start something new!!!

Don't forget your 5 x 10 pieces for the sweatshop, national quilting day on the 19th, and get some sunshine in your face!!!

## **March Program and Upcoming Events**

This month we will host Dr. Cortni Krusemark from Briar Cliff University. Dr. Krusemark will discuss the ergonomics (work efficiency) relating to our quilting hobby. We'll learn proper methods to avoid injury, pain, fatigue, and general discomfort associated with hours at a particular task. I know many of us forget to concentrate on our posture and the proper alignment of our body with the task at hand. Learn and practice ergonomics and you'll feel so much better. Dr. Krusemark earned her doctorate at Creighton University and is presently a professor in occupational therapy at Briar Cliff University. We know she'll be a great source of knowledge. Prepare any questions you may have for her. We all want to keep practicing our hobby forever.

I'll have the hand-outs for Part B of the Mystery Patriotic Table Runner. Parts C and D will be available in April and May, respectively. The hand-out for the final layout will be ready at the May meeting, as well. Because some members, who desire to participate, may not be present at each meeting, I will also post each block's hand-out as a pdf on the newsletter. Both A and B blocks' hand-outs are attached to this newsletter.

National Quilting Day is Saturday, March 19th. I'm in the process of cutting my pieces for Diabolical Jane. Choosing fabrics from my stash was interesting. My combination of fabrics will either be beautiful or ugly. Beauty is in the eye of the beholder. Right!? It will be fun to see what others are putting together. Thanks to Tammy Kratky for agreeing to preside at this year's National Quilting Day and for providing great instructions. You're free to choose other projects to work on, of course. Come sew with us. There is always fun, conversation, and laughter. Oh, and of course SEWING! Bring treats to share if you're so inclined. Lunch will be on you. There are so many fast-food choices all around Lakeport Commons and Southern Hills Mall; you shouldn't go hungry.

The Flower Pop class is on April 9th. Member, Jane Vereen, has agreed to teach the class. Our registration form is attached as a pdf. We'd love to see a lot of participation. This is a learning experience and instruction in new or different techniques. Sew Kind of Wonderful provides a curve technique using their specific rulers. The rulers are designed to make the cutting of pieces conducive to easily sewing curved pieces together. You'll be amazed at how well the pieces fit together. Luanna and I hope you'll enjoy it. Please join us.

On April 11th, Donna Bremer, of the Quilting Batts Quilt Guild in Cherokee will present an informative program she calls, "What to Do with All the Castaways." She knows how to use up all those pesky triangles from many of our projects. I'm guilty of saving them. How about you? Now, perhaps we can put them to use in gorgeous creations. Donna plans to bring her sewing machine to give a short demonstration as well as showing some of her works in a trunk show.

Our May 9<sup>th</sup> meeting will bring a guest from Mission SD, near the Rosebud Reservation. Vi Colombe specializes in traditional lone star quilts of the many Sioux people. She'll present a trunk show and give us some history of how the lone star became the traditional motif of the Sioux nations. I'll provide a bit more about this in the April newsletter.

Here are a couple of links for your enlightenment. Copy and paste into your browser.

[How to use a Stiletto in quilting - YouTube](#)

[Beginner Bootcamp Seam Allowance: You are SEW ACCURATE! | Quilting Daily](#)

See you all on Monday, the 14<sup>th</sup> of March for Ergonomics and Happy St. Patrick's Day.

Christine and Luanna

## Upcoming Events

Saturday, March 19 - National Quilt Day  
Saturday, April 9 Flower Pop Class

October 21-23 Carol Joy Holling retreat

## March Birthdays

3/8 Andrea Hsu  
Mary Anne Nooney  
3/14 Donelle Olsen  
3/19 Vicki Williams  
3/20 Monica Holland  
3/22 Teri Mevius  
3/23 Kay Minor  
3/27 Dianne Schlotman  
3/29 Nadine Ruden

## Monthly Mini For 2022

March - Jean Erichsen  
April - Nellie Olsen  
May - Vicky Johnson  
June - Willa Yates  
July - Lois Pirozek  
August - Lynn Morgan  
September - Michelle Matney  
October - Lori Baldwin  
November - Sherry Book  
December - Kay Minor

## Board Members

President - Michele Hayden  
Co-Vice President - Christine Gengler & Luanna Gruber  
Treasurer - Dianne Schlotman  
Secretary - Teri Mevius  
Membership - Rhonda Weber  
Newsletter - Julie Boyd  
Quiltshow Chair - Tammy Kratky  
Webmaster Chair - Julie Boyd  
Sunshine Quilts Chair - Alyce King  
Greeting Card Chair - Mary Pointer

## Recurring Monthly

Guild meeting second Monday of the month  
Girl's Night Out 2nd Friday of the month  
Hand sewers and Appliquers meet 4th  
Thursday

## Sunshine Quilts

Requesting Sunshine Quilts be at least 44 X 50 inches for size and can be larger if you choose.

Please include your name on a piece of paper and attach to or place inside the bag when turning in a sunshine Quilt to be donated. If you used your own batting please let me know.

If needing a piece of batting please contact me with the size piece you would like by emailing me @ [pwsptakkng@gmail.com](mailto:pwsptakkng@gmail.com) or calling 1-712-898-2477 and leaving me a message. Your batting can be picked up @ the next guild meeting.

Thank You  
Alyce King

## February Meeting Minutes

February minutes

Michele called to order.

Two new members- Chris Blatchford & Jesse Trudeau. Welcome.

January minutes were approved with no corrections.

Monthly mini was made by Jan Wineland and won by Julie Boyd.

Girls inc will reopen but only two girls at a time.

If you need batting for Sunshine Quilts please ask Alyce King. They request that the quilts be at least 44" x 50" but not bigger than twin size.

Tammy will determine the date for the quilt show. looks like most have voted for next year.

National Quilting will be on March 19. We'll be doing a pattern called Diabolical Jane.

The sweatshop will be in August. More information to come.

\$1700.00 was raised for the Freedom Park from the rummage at the sew and sew day retreat in Menville. Way to go!

People are wondering if we are still making banners for hospice veterans. Yes, we are.

Our March program is about quilting ergonomics. We will have an occupational therapist showing us ergonomic ways to prevent us from being in pain.

Carol Joy Holling retreat in the fall is October 21-23.

2023 will be October 27-29. Both will have the option of an extra day.

Chris Genghler will be doing a mystery table topper February through May. You'll receive a partial set of instructions each month.

We made stilettos with beads, charms and turkey pins.

Show and tell

Meeting was adjourned.