



Tanning procedure

Patch testing -

For new clients, and clients who have not tanned before, a patch test will need to be completed. If the client declines this, then this must be documented and signed by the client before the tanning.

The patch test must be completed at least 24 hours before the appointment for the full tan.

A small amount of the solution will be applied by the back of the ear, using a cotton bud.

A deposit will be paid by the client for this, which will be deducted from the total tan cost.

Contact will be made before the appointment to ask if the client can notice any adverse reactions in the area the solution was applied.

The area of application will then be checked again by the tan specialist, before the full tan is applied.

If an adverse reaction is recognised, then the tan will not be applied and aftercare advice will be given – please note, the deposit is non-refundable, but clients will not be charged further.

Setting up –

Equipment needed:

- Pop up tent
- Spray gun
- Extension lead
- Towels
- Gowns for dignity
- Ring light
- Sticky feet
- Gloves
- Masks
- Hair net
- Wipes
- Thongs
- Barrier cream
- Spritz spray
- Consultation cards
- Leaflets
- Tan solution
- Paper roll

On arrival, the technician will have a chat with the client regarding the consultation, and ask the client to sign the document if not already signed during patch test.

The tanning technician will then ask where is best to start setting up, and ask for a power source/plug socket for the extension lead to be plugged into.

The technician will then set up the tent, light and spray gun, considering hazards such as wires across the floor.

The technician will place paper roll on furniture and carpet surrounding the area of the tent in case of any spray back of solution.

Once these are completed, tanning prep will begin. This includes, undressing, application of barrier cream, hair net, masks, sticky feet, etc.

Tan application –

The technician will ask client to carefully step into the tent being mindful of the raised lip of the tent, then once comfortable tanning will begin.

The technician will ask the client to stand in various different positions for ease of access to different areas of the body.

The client will be asked to remove their mask when beginning the facial tanning, and warned to hold their breath for a few seconds whilst the face is being sprayed.

After the application, the technician will use the hose of the gun to dry the client in areas that feel damp from the solution.

Once dry, the technician will use the wipes to remove any solution from the palms of hands, nails, and round the bottom of the foot area/toe nails.

The client can then get dressed.

Packing away –

The technician will pack away the equipment used, and dispose of the sticky feet, hair net, gloves, thong (if used), masks, wipes, and paper roll, in an appropriate waste bin.

After care –

The client will be advised to wear loose fitting clothing after the tan to prevent it from coming off, and advised when to wash off the solution, and how to maintain the tan. A leaflet can also be provided with this information on.

Signed: Amy James

Role: Owner/Manager

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