

W1 	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Creamy chicken pie with a crushed potato topping and a side of vegetables Melon slices	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, breadsticks and raisins	Savoury swirls (Chef’s flavour of the week) Greek yoghurt with fresh fruit
Tuesday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Vegetarian moussaka with a side salad Banana	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Pork spring roll with cucumber sticks and a homemade sweet and sour dip Nectarines
Wednesday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Fish cakes with sauteed potatoes and vegetable medley Watermelon	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Wrap station – make your own wraps! Oatmeal cookie
Thursday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Cornflake chicken goujons with peas and homemade wedges Fruit yoghurt	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Jacket potato with baked beans and cheese Pineapple sticks
Friday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Pasta Bolognese with broccoli Sugar free raspberry jelly	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Pepperoni pizza baguettes with pepper and cucumber sticks Orange segments



W2	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Stuffed peppers (stuffed with a sunblush tomato risotto) and mixed vegetables Fruit sticks	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Pesto pasta with chicken, peas and sweetcorn Watermelon
Tuesday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Fish, chips and baked beans Orange segments	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Picnic tea party Natural yoghurt with raspberries
Wednesday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Mediterranean meatballs and pasta shapes Homemade banana ice cream	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Cheese and tomato pinwheels with a selection of salad Melon sticks
Thursday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Posh dogs with a mini corn on cob and homemade potato salad Apple slices	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Crumpet pizzas with veggie sticks Homemade carrot muffins
Friday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Creamy orzo chicken with green beans Berry bowl	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Heroes Charcuterie Board (a selection of cold meat, cheese, dips and crackers) Banana

W3 	Breakfast	Morning snack	Lunch	Afternoon snack	Tea
Monday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Butternut squash biriyani with a mini naan Homemade apple crumble	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Hunters chicken with homemade chunky chips and peas Melon sticks
Tuesday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Fish pie mac n cheese Summer fruit salad	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Homemade sausage rolls with baked beans Watermelon sticks
Wednesday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Gammon and new potatoes with gravy, and a side of vegetables Sugar free orange jelly	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Cheese on toast with a tomato salad Grapes and berries
Thursday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Chicken and chorizo paella Frozen yoghurt	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Picnic tea party Orange segments
Friday	A range of cereals, porridge, toast with butter/ honey/jam	Tiny Tasters (a selection of fruit and dried snacks)	Jerk mince wraps with sweetcorn cobettes Banana	Afternoon snack bar – a daily selection of vegetables, dips, pitta bread, crackers, bread sticks and raisins	Carbonara pasta bake Melon sticks