

**Palmetto Shared Services Alliance**

**2024-2025**

# **TRAINING COURSE CATALOG**



# Icon Key

## In Person Training



## Zoom Webinar



## New Course



Zoom webinars are a great way to reach a large number of providers across the state. Here are a few tips to make these meetings even more successful.

- We utilize Zoom for our online webinars. Students should make sure they have the latest version of Zoom installed on their computers.
- Zoom works best on a desktop or laptop computer. We utilize as many interactive tools as possible such as Chat, Breakout Rooms, and Whiteboards. These features are easily accessed on a desktop or laptop and not participating in these interactive elements may prevent students from receiving credit.
- We utilize an Attendance Verification form and ask students to add their names and SC Endeavors number to the meeting chat in order to take attendance. If students do not complete the Attendance Verification and/or put their name and number in the chat, they will not receive credit for attending the webinar.
- We encourage students to log into the Zoom meeting 10-15 minutes early so they can complete any Zoom updates and complete the Attendance verification prior to the start of the training.

# Child Guidance



## **Active Problem Solving**



Every problem is an opportunity to learn. Participants will learn how they can take everyday problems, mistakes, accidents and turn them into teachable moments.

## **Challenging Classroom Behavior Strategies**



**2.5 hours**

Providers will learn the causes of challenging behavior and ways to change that behavior over time.



## **Co-Regulation to Self-Regulation**



Early childhood providers are expert problem solvers but often they issue instructions and demand compliance. When they do, they miss the opportunity to build regulation skills with the children in their care. Participants will explore the transformative power of co-regulation, emphasizing co-regulation strategies, that foster a positive learning environment.

## **Foundations of Guidance**



**1.5 hours**

This session will help providers be aware of best practices of guidance, be able to identify typical and atypical behaviors in children by age, learn the signs of abuse and neglect, and learn what to do if abuse is suspected.

## **Friendship vs. Kindness**



**1 hour**

This interactive session will give providers strategies to foster friendship and kindness in the classroom.



## **Healing Through Play & Optimism**



**1.5 Hours**

Is your cup always half full? Optimism, though fragile, is a superpower to building our social emotional skills by strengthening our ability to see and focus on the goodness in the world, in others, and in ourselves. Participants will explore practices to bring goodness and optimism into our work.



## **How Culture Affects Behavior**



**1.5 Hours**

Culture influences all aspects of a person's life. It is important to be aware of how culture influences us as adults working with children along with how culture influences the children we teach and the program in which we work. Participants will explore how to balance culture when setting expectations and problem solving.

# Child Guidance



## **Stress to Trauma & How to Build Resilience**



Providers will be introduced to common childhood stressors that can lead to trauma and how to help build a child's resilience.

## **Time & Space Matter**



**1 hours**

In this session, providers will learn strategies to use in the classroom to improve their space and timing to enhance child behavior and learning.

## **You Can't Be My Friend**



**2 hours**

Providers will understand this typical behavior of preschoolers and how to address it in their classroom and curriculum.

## **You're Okay!**



**1 hour**

Learn strategies providers can use to support toddler's social and emotional development through use of emotional language.



# Growth & Development



## ★ **Activities to Promote Gross Motor Development**



**1.5 hours**

This session will explore activities educators can provide in the classroom for infants and toddlers struggling with gross motor development.

## **Activities to Promote Expressive Language Development**



**1.5 hours**

This session will explore activities educators can provide in the classroom for toddlers and young preschoolers struggling with language expression.

## **Brain Development**



**1.5 hours or 1 hour**

This session will give providers a quick course on the way the brain develops in the early years and how caregivers can best support early brain development.

## **Exploring Children's 7 Senses**



**1.5 Hours**

Did you know children have 7 senses? This session will provide information about children's 7 senses and how they influence play, learning, and connection.

## **Helping Children Cope with Stress & Loss**



**2 hours**

This session will explore children's developmental stages of understanding and coping with stress and loss. Interventions that providers can use to support a child's coping will be explored.



## **Infant Play**



**2.5 hours**

This session will explore the developmental stages of infancy and the best play materials to provide to meet the needs of each stage.



# Growth & Development



## **Preschool Play**

**2.5 hours**

This session will explore the developmental stages of preschoolers and the best play materials to provide to meet the needs of each stage.

## **Social-Emotional Development: A Classroom Priority**

**1.5 hours**

This session will explore milestones of social-emotional development and how to support the mastery of those skills in the classroom.

## **Toddler Play**

**2.5 hours**

This session will explore the developmental stages of toddlerhood and the best play materials to provide to meet the needs of each stage.



## **Two's Play**

**2.5 hours**

This session will explore the developmental stages of two-year-olds and the best play materials to provide to meet the needs of each stage.

## **When It All Falls Apart: Understanding Touchpoints**

**2 hours**

Providers will learn the Touchpoints model of development to help anticipate children's developmental needs and gain information they can share with parents to better understand their child's development.

## **When Pink and Blue are Not Enough: Gender Identity in Early Care and Education**

**1.5 hours**

This session will provide early care educators with gender concepts to help them provide gender-inclusive classrooms for children and families.

# Health& Safety



## Active Supervision



**1 hour**

This session will share strategies to help us move from passive to active supervision in our classrooms and programs.

## Biting



**1 hour**

Childcare providers will learn how to address biting in the classroom, how to talk with parents about biting, and how to eliminate some causes of biting.

## Child Abuse and Neglect



**1 hour**

Child abuse knows no boundaries. This professional development session will help you look for signs of abuse or neglect and help support children and families experiencing abuse or neglect.

## Childhood Illness, Medication, & Poison



**1 hour**

This session will help providers to know what to do when children get sick, how to administer medicine, and how to keep children safe from poison.



## Hand Washing and More



**1 hour**

This session will review proper hand washing procedures and discuss the rationale behind this necessary practice.



## Safe Sleep



**1.5 hours**

Sudden Unexpected Infant Death occurs among infants less than 1-year-old. Providers will learn safe sleep practices to reduce SUID and SIDS-related deaths of infants.

## Toilet Learning



**1 hour**

This session will provide strategies for toilet learning in group settings and provide information for providers to share with families.

# Nutrition



## ★ Food Around the World

**1.5 hours**

Providers will have the opportunity to explore foods from around the world and discuss ways to introduce these foods in their programs.

## Healthy Snacks & Celebrations

**1 hour**

This session provide information on healthy snacks and celebrations along with strategies for including families in planning and implementation.

## Nutrition in the Classroom

**1 hour**

This session will explore ways providers can meet children's nutritional needs in the classroom.

## Picky Eaters to Preference Eaters

**1.5 hours**

Providers will be introduced to proven strategies to help picky eaters learn to eat a balanced and healthy diet.





# Curriculum



## ★ **Big Play & Risky Behaviors**

### **1.5 hours**

Providers will explore the concept of big play, how it impacts development, and how to manage these risky behaviors during play.

## ★ **Centered Learning**

### **1.5 hours**

From toddler rooms to preschool rooms centers are the main way that early childhood programs design their classrooms. These centers provide a framework for individual and small group play. The Creative curriculum recommends that activities in each center be changed at least monthly and that they correspond to the schema being emphasized that month.

## ★ **DAP Classrooms**

### **1.5 hours**

Providers will be introduced to Developmentally Appropriate Practice, an important curriculum tool, through case studies to make it come alive in the classroom.

## **Dual Language Learners**

### **1.5 hours**

This session will help you to see the changes that have occurred in the Dual-Language population and provide you with strategies to help all the children learn English, while promoting diversity of multiple languages and cultures in the classroom.


## ★ **Feedback to Promote Engagement and Learning**

### **1.5 hours**

Effective feedback doesn't involve giving advice or evaluating performance. It is goals, concrete and doable, actions, specific and individualized for the user, timely, consistent, and ongoing. Quality feedback increases learning and motivation. Providing this kind of feedback can be challenging in a classroom full of young children. Today we are going to focus on three ways to promote engagement and learning.

# Curriculum




- ★ **Happiness and Well-Being Makes for Quality Infant Care**   
The attitudes and well-being of the adults caring for infants impacts how children learn and grow. Participants will explore elements of happiness and well-being for teachers and children and how that creates quality infant care.

**Honeycomb Hypothesis: How Infants, Toddlers, & Two Year Olds Learn Through Nature Play**

**1.5 Hours**



This session will discuss the Patterns of Play for infants, toddlers, and two-year-olds and how to encourage exploration using nature items. Participants will explore nature items and learn ways to incorporate them in the classroom.


- ★ **Inclusion: Removing Barriers in Play**   
Play is essential for all children, and it is our job to provide environments and opportunities for play. Participants will address barriers that prevent some children from playing and how to foster independence in play where all children feel challenged and supported.

**Infant, Toddler, Twos Reading**

**1.5 hours**



This session will provide early care educators with tools to introduce infants, toddlers, and twos to books and early literacy skill development.

- ★ **Integrated Curriculum & Literacy**   
**1.5 hours**  
Participants will be introduced to the concept of integrated curriculums and will explore using it as a framework for literacy learning.

**Inquiry Based Learning**

**2 hours or 1 hour**



Inquiry based early learning is important to the future of early learning and this session will encourage teachers to use inquiry in their classroom.

- ★ **Let's Play Indoors and Outdoors**   
**1.5 hours**

Participants will actively learn the types of pretend play that comes with growth and development and the social stages of play that children move through as they mature.

# Curriculum



## ★ **Math & Science Outdoors**

### **1.5 hours**

Hands-on session to explore math and science activities that address developmentally appropriate concepts outside.

## **Math for Young Children**

### **1.5 hours**

Interactive session to include information about math and young children including how to include math into daily activities in the classroom.

## **Media Literacy is Literacy**

### **1.5 hours**

Media is here to stay and this session will help early childhood educators understand how it can be used effectively with young children.



## ★ **Nature Based Learning**

### **1.5 hours**

Providers will be introduced to the components of nature based learning through hands-on activities they can implement in their classrooms.

## **Outdoor Learning Classroom**

### **2 hours**

This session will provide the reasoning behind the need for outdoor time, how teachers can use this time for learning, and activities that can be done from infants to 5-year-olds everyday outdoors.

## **Peace & Calm**

### **2 hours or 1.5 hours**

This session will help providers be models of mindfulness and give them strategies and activities to use specifically with toddlers to five-year-olds in the classroom.

# Curriculum



## **Preschool Reading**



**1.5 hours**

This session will provide early care educators with tools for engaging preschoolers in early literacy skills development.

## **Product vs. Process and Nurturing Creativity**



**1.5 hours**

Providers will be exploring art mediums to distinguish the value of product versus process and how to nurture children's creativity.

## **Reading Foundations**



**1.5 hours**

This session will help early childhood educators provide the literacy foundation for further reading skills development.

## **Room Arrangements for Family Childcare Providers**



**1.5 hours**

This session will present providers with options for space arrangements, materials needed, and how to make it work in a family home.

## **Routines, Rituals, and Traditions**



**1 hour**

This session will help providers recognize the importance of routines, rituals, and traditions in early childhood care and education and offer new strategies to use throughout the year.

## **Sensory Play: A Messy Necessity**



**2 hours**

This session will discuss the benefits of sensory play, provide an introduction to sensory processing, and share tips for successfully providing sensory play experiences in the classroom.



## **Science for ECE: Infants, Toddlers, Twos**



**1.5 hours**

This hands-on session will help providers create an environment that promotes science, integrates core principles of scientific & engineering practices, and activities for the four areas of science—physical, life, earth & space, and engineering.



# Curriculum



## **Science for ECE: Preschool**



### **1.5 hours**

This hands-on session will share what ECE science looks like in the preschool classroom with activities and materials needed to help children learn about their world. Five areas of science will be explored: Science of Inquiry, Physical Science, Life Science, Earth & Space Science, and Engineering.



## **Social Emotional Learning: Class Activities & Books**



Providers will experience classroom activities to support social emotional learning and explore books to use when teaching these skills.



## **Teaching Children About Difference & Disability**



Providers will be introduced to strategies for teaching children about difference, disability, and inclusion.



## **Tips for Rejuvenating Your ECE Classroom**



Have you assessed your classroom from the perspective of a young child? Does it still meet the needs of all the children in your care? Learn the elements of a great learning environment, what beauty means in an ECE setting, and identify goals to enhance your program's environment.

## **Transitions**



### **1 hour**

This session will help providers be able to list the transition times that happen during a typical early childhood setting day and different types of transitions that can be used for them.



## **Transitions for After School**



### **1 hour**

Learn how to fill the unstructured times with transitions to reduce fidgeting and other unwanted behaviors.

## **Transitions & More**



Transitions are part of the ever day routine in early childhood classrooms. Explore the pedagogy of transitions for children and families and essential strategies to foster confidence and belonging for both children and families.

# Professional Development



## **Adult Learners**



**1 hour**

This session will help administrators to understand the difference in teaching children and adults, along with providing strategies to use with their staff.

## **Adverse Childhood Events: What They Are and How to Help**



**2 hours**

This session will explore common adverse childhood events and how they impact the children in our care. We will share ways to support children and families coping with ACE's to change outcomes.

## **Being a Professional**



**1.5 hours**

This session will explore what it means to be a professional and how we can encourage these professional behaviors in ourselves and our early education programs.



## **Being a Team Player for ECE Staff**



**2.5 hours**

This session will help early care and education professionals, define what is a team player, why it is important to be a team player, and exercises to determine how to be a stronger team player. Team players make for a positive workplace and isn't that what we all want?

## **Burnout & Self Compassion**



**1.5 hours**

Providers will explore the practice of self-compassion and how to use it to prevent burnout. Participants will learn the causes of burnout and experiment with self-compassion exercises to help prevent it.



## **Classroom Management in ECE**



**2 hours**

Providers will explore strategies for classroom management and how to implement them in the classroom.



## **Communication Between Home & School**



Providers will explore the importance of communication between home and school to develop relationships in the digital age.



## **Developmentally Appropriate Practice & Assessment**



**1.5 hours**

Providers will be introduced to using Developmentally Appropriate Practice as a framework for assessing children's development and learning.



## **DEIAB: Diversity, Equity, Inclusion, Accessibility, and Belonging**



**1.5 hours**

We all need to learn about current thinking on diversity, equality, inclusion, accessibility, and belonging because we all live in a world that is full of diversity, inequality, exclusion, accessibility, and a deep sense of not belonging.

# Professional Development



## ★ **Everyone Has a Role for Engaging Families**



**1.5 Hours**

Family engagement is central to children's successful growth and learning. How can everyone in your program do their part to make family engagement a priority? Participants will explore how strong family engagement leads to quality programs for children, staff, and families.

## ★ **Examining Children's Literature with an Anti-Bias Lens**



Providers will explore popular children's literature using an anti-bias lens and discuss ways to incorporate this perspective into their practice.

## **Families Are Part of the Job**



**1 hour**

This session will discuss the importance of working with families and share strategies for building relationships between providers and families to support children's learning.



## ★ **Gossip** **1. Hour**



Gossip can run rampant in any environment and destroy the positive relationships and community you have worked to create. Learn how you can stop gossip before it starts and repair the damage to trust and respect.

## ★ **How to Talk with Families About Challenging Behavior**



**1.5 hours or 1 hour**

This session will help providers with strategies for talking with families about their child's challenging behavior in the classroom.

## **Maintaining Positivity in the Classroom**



**1.5 hours**

Providers will explore the concept of positivity and how to turn a frown into a smile.

## ★ **Mindfulness for Today's Childcare Professional**



**1.5 hours**

This session will give you background on the use of personal mindfulness practices and share techniques you can use today to start regaining your personal calm and peace.

# Professional Development



## **Piaget, Erikson, and Vygotsky: Who Were Those Guys?**



**1.5 hours**

Providers will learn about well-known and lesser-known developmental theorists and how those theories inform their teaching practices today.



## **Respecting & Working with Others**



Providers will explore common workplace challenges and best practices for managing workplace working relationships.

## **Working with Families**



**1 hour or 1.5 hours**

Build a strong partnership between provider and family any and all problems can be addressed and resolved.



## **Zoom Training and Online Course Completion**



Providers will receive hands-on step-by-step training in how to effectively use Zoom and online courses for professional development.





# Program Administration



## **10 Mistakes Directors Make**



**2 hours**

This session will help directors/administrators see some of the common mistakes that hurt directors and their programs, along with strategies to make a difference in how they do their job.

## **Baby Boomers, Gen Xers, Millennials, Zoomers, Oh My!**



**1.5 hours**

Participants will explore all the generations currently in the workplace and strategies for building rapport with each one.



## **Behavioral Interviewing**



Administrators will learn behavioral interviewing techniques, explore ways to implement them in their hiring practices, along with gaining hands-on practice.

## **Being a Supervisor**



**1.5 hours**

This session will help everyone who is in a supervisory role in early childhood education to understand the fundamentals of working with adults and making their program succeed.

## **Being a Team Player**



**2.5 hours**

This session will help directors and administrators define a team player, give you self-assessments and team building exercises, and reflective questions to help you work with your staff to make them all team players.

## **Budget, Projection, & Planning**



**2.5 hours**

This session encourages childcare owners and family care providers to understand financial terms, project income, budget, and plan for the future.

## **Budgets, Financial Reports, & Internal Controls**



**2 hours**

This session encourages childcare owners, family care providers, and directors to understand budgets, common financial reports, and how to use internal controls to follow sound business practices.



## **Coaching Through Mistakes**



**1.5 hours**

Administrators will learn how to respond to staff mistakes and turn them into coaching opportunities.

# Program Administration



## ★ **Creating a Work Environment That Supports Staff Retention**



**1.5 hours or 2.5 hours**

This session will help directors understand the important supports that make a work environment one where staff stay and programs succeed.

## **Developmentally Appropriate Practice for Adult Learners**



**1 hour**

This session will help administrators understand adult learning theory and make sure that all training provided for their staff will engage them, save time, and lead to better staff performance.

## ★ **Emergency Preparedness for Childcare**



**3 hours**

This session will help directors and owners be prepared before an emergency arrives by providing information about what is needed in an Emergency Preparedness Plan, and where resources can be found developing a plan.

## ★ **Financial Checkup for Your ECE Program**



**2 hours**

Directors and owners will have an opportunity to walk through a financial checkup and sound business practice model for home and center based programs.

## **Financial Reports & Internal Controls**



**2 hours**

Directors and owners will learn the different types of financial reports that they can use in their business and types of internal controls that will strengthen their fiscal healthy and sustainability.

## ★ **How to Transform Your ECE Outdoor Space**



**1.5 hours**

Learn what can be easily done to improve your ECE play space with limited money.

## **Innovative Leadership Approaches to Collaboration**

**1.5 hours**

Innovative leadership approaches that can use your leadership style to help you run a quality program. Using leadership styles that build on strengths, shared values, and advance equity, you can manage and direct others to increase collaboration towards shared goals.

## **Insurance for Childcare Programs**

**1.5 hours**

This session will prepare directors and owners to know why they should purchase insurance to protect their business and the types of insurance you can purchase.

# Program Administration



## **Interviewee to Employee**



**1.5 hours**

Administrators will explore the best practices for searching for, interviewing, and hiring the best person for the job.



## **Learning to Lead**



**1.5 hours**

Participants will explore their current leadership skills and learn new ones to succeed in their roles.

## **Leadership to Sustain**



**1.5 hours**

This session will provide directors the opportunity to learn how to include staff and families into a winning team that fosters sustainability of the program for the future.



## **Manager, Director, or Leader?**



**1.5 hours**

Learn how to groom a staff member to become a director, manager, and a leader for your ECE program.

## **Marketing Your Program**



**2.5 hours**

This session helps childcare administrators improve their ability to develop a marketing plan and use marketing tools to communicate with families about benefits of their program.

## **Motivating Staff: How to Win Their Hearts & Minds**



**1.5 hours**

This session will provide directors and administrators with low or no cost ideas for motivating staff.



## **Observation and Teacher Evaluations**



**1.0 hour**

Learn how to observe and provide feedback to staff that helps them improve and add value to your program.

## **Orientation is a Retention Tool**



**1.5 hours**

In this session, participants will learn how to use orientation as a way to make staff want to stay and be a part of the program.

# Program Administration



## ★ **Recruiter Secrets for Finding the Right Staff**

Finding quality staff is challenging. Learn secrets from those in the recruiting business how to improve your marketing, social presence, and recruiting to find the right staff for your program. Using new technology to attract new staff and keep them.

## **Recruiting and Retaining Staff** **2.5 hours**

This session supports childcare administrators in their efforts to strengthen systems of staff recruitment and improve their ability to retain quality staff.

## **Staff Meeting Topics** **2.5 hours**

This session will introduce directors to a year's worth of staff meeting topics and how to implement effective staff meetings to get the most from their time and help improve the quality of their program.

## **Sound Business Practices** **1.5 hours**

This session teaches ways to increase your income and make ends meet through sound business practices.

## **Time Management for ECE Directors** **1 hour**

This session will help directors, owners, and administrators use their time well and not get caught going down rabbit holes that eat up the whole day.

## ★ **Tips for Playground Makeovers** **1.5 Hours**

The new thing in playgrounds and supported by DSS are natural playscapes. Learn how to complete this makeover on any budget to provide child directed play with loose parts and natural spaces.

## **Why ECE Directors Burnout** **1 hour**

This session will help directors look for the issues that you can change, those you cannot change, and the ways to make the changes so it doesn't burn you out.



# Special Needs



## ★ **All Children are Special**

### **2.0 Hours**

Interactive session exploring how to adapt our early childhood environments for all of the children in our care.

## **He's Not Meeting Milestones: Now What?**

### **1.5 hours**

This session will explore what to do when you notice that a child in your program is not meeting developmental milestones and how you can help the child succeed.

## ★ **IFSP: What is That?**

Children receiving early intervention services have an individualized family service plan. As an early childhood educator, you may participate in the writing of the IFSP and in helping the child reach his/her goals. Learn more about IFSP's and how you as an educator can use them to help children thrive.

## **Understanding Early Intervention**

### **2 hours**

This session will introduce early childhood educators to the early intervention assessment process in South Carolina and the services available to children with special needs.



# Quotes From Providers



My staff and I were so excited to have in person training onsite today. We completed 5 hours in Growth & Development which Emily and Susan made extremely interesting and informative. PSSA worked for us to find professional and affordable training geared to our staff needs.

**Christina Via, Director St. Matthew UMC Preschool, Greenville, SC.**

It was fun and kept me interested the whole time.

**Allisa Collins, Teacher Prince George Episcopal Church Preschool, Georgetown, SC.**



**Science for Infants, Toddlers, 2s in Abbeville, SC**

**Preschool Play, Georgetown, SC**



The zoom classes are great. Always on time and they give a lot information that is really useful!

**Loretta Cremedy, Family Provider**

I love the classes you guys offer, I have been in rooms all year covering due to being short staffed and haven't been able to take any during normal hours. I love the ideas that other directors are able to bounce around and off of each other to help improve our center all together.

**Amanda Whitman, Abundant Life CDC**

# Contact Information:

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