### **Palmetto Shared Services Alliance**

2022-2023

# TRAINING COURSE CATALOG



# **Child Guidance**





#### **Foundations of Guidance**

#### 1.5 hours for Teachers/Providers

This professional development session will provide strategies to use in the classroom and the recognition that some behaviors are developmentally appropriate for the age group.

#### Friendship vs. Kindness

#### 1 hour for Teachers/Providers

This interactive session will give care providers strategies to foster friendship and kindness in the classroom.

#### Push Past It!

#### 2.5 hours for Teachers/Providers/Directors/Assistant Directors

This session will provide the classroom provider strategies to use when challenging behavior happens.

#### Supports for Addressing Challenging Behavior

#### 1 hour for Teachers/Providers

This session will help you decide which behavior review system you will use, how it will be implemented in your classroom or program-wide, and what actions you will take in your classroom or program-wide.

#### Time & Space Matter

#### 1 hour for Teachers/Providers

In this session, early childcare providers will learn strategies to use in the classroom to improve their space and timing to enhance child behavior and learning.

#### What Do I Do When Children Do That?

## **2.5** hours for Teachers/Providers/Directors/Assistant Directors

This professional development session will enable participants to define behaviors as a normal response to developmental growth and list strategies for making a positive classroom.

#### You're Okay!

#### 1 hour for Teachers/Providers

Daily within the classroom providers can use strategies to help support toddler's social and emotional development through their use of emotional language.



# **Growth & Development**



#### **Brain Development**

#### 1 hour for Teachers/Providers/Directors/Assistant Directors

This session will give participants a quick course on the way the brain develops in the early years and how caregivers can best support early brain development.

## When It All Falls Apart: Understanding Touchpoints 2 hour for Infant/Toddler Teachers

Participants will engage in a developmental journey to identify typical and atypical developmental milestones in children 2 months through five years.



## Infant Toddler Play: Why Some Materials are Better Than Others 2 hours for Infant/Toddler Teachers

This session will allow providers to know which stage of development needs which kind of materials and approaches to learning.

#### Social-Emotional Development: A Classroom Priority

#### 1.5 hours for Teachers/Providers/Directors/Assistant Directors

This session will review social-emotional development milestones and how to support the mastery of those skills in the classroom.

# Health, Safety, & Nutrition



#### **Biting**

#### 1 hour for all staff

Childcare providers need to know how to address biting in the classroom, how to talk with parents about biting, and how to eliminate some causes of biting.

#### Childhood Illness, Medication, & Poison

#### 1 hour for all staff

This professional development session will help childcare providers to know what to do when children get sick, how to administer medicine, and how to keep children safe from poison.

#### Safe Sleep

#### 1 hour for all staff

All childcare providers must know these safe practices since there are still over a thousand SIDS-related deaths of infants each year.

#### **Toilet Learning**

#### 1 hour for all staff

This session will provide strategies for toilet learning in group settings and provide information for providers to share with parents.

#### **Healthy Snacks & Celebrations**

#### 1 hour for Teachers/Providers/Administrators

This session providers and administrators will provide information on healthy celebrations and snacks and strategies for including families in them.

#### **Nutrition in the Classroom**

#### 1 hour for Teachers/Providers

Teachers have the responsibility to provide for children's needs, including nutritional needs, in the classroom day.





## Curriculum



#### **Design Elements in Picture Books: Why Do They Matter?**

#### 1.5 hours for Teachers/Providers

In this interactive session, participants will recognize the design elements that are a part of picture books and why they are important to the learning about books.

#### **Dual Language Learners**

#### 1.5 hours for Teachers/Providers

This session will help you to see the changes that have occurred in the Dual-Language population and provide you with strategies to help all the children learn English, while promoting diversity of multiple languages and cultures in the classroom.

#### **Indoor Outdoor Play**

#### 1 hour for Teachers/Providers

In this session, participants will learn the aspects of play, why play is so important daily, and some specific activities to incorporate into a child's day.

#### **Inquiry Based Learning**

#### 2 hours for Teachers/Providers

Inquiry based early learning is important to the future of early learning and this professional development will encourage teachers to use inquiry in their classrooms.

#### Let's Play

#### 1 hour for Teachers/Providers

Participants will actively learn the types of pretend play that comes with growth and development and the stages of play that children move through as they mature.

#### **Math for Young Children**

#### **1.5 hours for Teachers/Providers**

Interactive session to include information about math and young children including how to include math into daily activities in the classroom.

#### **Outdoor Learning Classroom**

#### 1.5 hours for Teachers/Providers

This professional development session will provide the reasoning behind the need for outdoor time, how teachers can use this time for learning, and activities that can be done from infants to 5 year-olds every day outdoors.

#### Peace & Calm

#### 2 hours for Teachers/Providers

This session will help childcare providers to be models of mindfulness and give them strategies and activities to use specifically with toddlers to five year-olds in the classroom.

# Curriculum





#### **Read Alouds Are Key**

#### 1.5 hours for Teachers/Providers

This professional development session will guide providers how to use research proven strategies to help children connect to the story and help them learn concepts of print, and the five essential components of reading--phonics, phonological awareness, vocabulary, comprehension, and fluency.

#### **Reading Foundations**

#### 1.5 hours for Teachers/Providers

This professional development session will help early childhood educators provide the literacy foundation for further reading skills development.

#### Room Arrangement for Family Home Childcare Providers

#### 1.5 hours for Home Care Providers

This professional development session will present providers with options for space arrangements, materials needed, and how to make it work in a family home.



## Routines, Rituals, & Traditions 1 hour for Teachers/Providers

This session will recognize the importance of routines, rituals, and traditions in early childhood care and education and give participants new strategies to use throughout the year.

## Sensory Play: A Messy Necessity 2 hours for Teachers/Providers

This session will discuss the benefits of sensory play, provide an introduction to sensory processing, and share tips for successfully providing sensory play experiences in the classroom.





#### **Transitions**

#### 1 hour for Teachers/Providers

This session will help the childcare provider be able to list the transition times that happen during a tupical early childhood setting day and different tupes of transitions that can be used for them.

#### Science for Preschool

#### **1.5** hours for Preschool Teachers/Providers

What ECE Science looks like in the preschool classroom with activities and materials needed to help children learn about their world.

#### Media Literacy for Young Children:

#### 1.5 hours for Teachers/Providers/Directors/Assistant Directors

Media is here to stay and this session will help directors and providers understand how it can be used effectively with young children.

#### **Activities To Promote Expressive Language Development**

#### 1.5 hours for Teachers/Providers

This session will explore activities teachers can provide in the classroom for toddlers and young preschoolers struggling with language expression.

#### **Activities to Promote Gross Motor Development**

#### 1.5 hours for Infant/Toddler Teachers/Providers

This session will explore activities teachers can provide in the classroom for infants and toddlers struggling with gross motor development.

#### Helping Children Cope with Stress and Loss

#### 2 hours for Teachers/Providers/Directors/Assistant Directors

This session will review children's developmental stages of understanding and coping with stress and loss. Interventions that teachers can provide to support a child's coping will be explored.

#### Play and Learn Outside

#### 1.5 hours for Teachers/Providers

This session will provide providers with reasons to invest in outdoor time and how to enhance the playground to become a natural play setting for infants through 5-year-olds.



#### **Active Supervision**

#### 1 hour for Teachers/Providers

One of our prime responsibilities as a childcare provider is to supervise the children at all times. In this session for childcare providers and directors, we will learn strategies to help us move from passive to active supervision.

#### **Adult Learners**

#### 1 hour for Directors/Asst. Directors/Owners

This session will help directors, assistant directors and owners to understand the differences in teaching children and adults and provide them with strategies to use with their staff.

#### **Being A Professional**

#### 1.5 hours for All employees

Professionalism in childcare is important to getting and keeping your position.

#### **How to Talk with Families About Challenging Behavior**

#### 1 hour for Teachers/Providers

This session will help providers with strategies for talking with parents about challenging behavior in the classroom.

#### **Mindfulness**

#### 1.5 hours for Teachers/Providers

This professional development session will give you background on the use of mindfulness and share techniques that you can use today to start regaining your personal calm and peace.

#### **Parent Workshops**

#### 3 hours for Directors/Owners

Palmetto Shared Services Alliance has put together a three workshop plan that includes one workshop on Toileting, one on Understanding and dealing effectively with outbursts, and one on play. These three workshops cover child development issues, discipline issues, and curriculum for the parent's knowledge and benefit. Each workshop will come with directions for the workshop itself and handouts for the parents to take home.

#### Parents are Part of the Job

#### 1 hour for Teachers/Providers

Let's take a look at how to work with parents and build a relationship

#### **Professionalism in Childcare**

#### 1 hour for Teachers/Providers

This professional development session will help you to see the need for professionalism and how to maintain professionalism in the childcare setting.

#### Working with Parents: From Parents to Partners

#### 1 hour for Teachers/Providers

Learn how to work with parents and build a relationship

# Professional Development



Adverse Childhood Events: What They Are and How To Help 2 hours for Teachers/Providers/Directors/Assistant Directors

This session will explore common adverse childhood events and how they impact the children in our care. We will share ways to support children and families coping with ACE's to change outcomes.





#### **10 Mistakes Directors Make**

#### 2 hours for Directors/Assistant Directors

This session will help directors/administrators see some of the common mistakes that hurt directors and their programs and have strategies to make a difference in how they do their job.

#### **Being A Supervisor**

#### 1.5 hours for Directors/Assistant Directors/Supervisors

This session will help everyone who is in a supervisory role in childcare to understand the fundamentals of working with adults and making their program succeed.

#### **Being A Team Player**

#### 2.5 hours for Director/Administrator

This session will help you the director/administrator to define a team player, give you self-assessments and team building exercises, and reflective questions to help you to work with your staff to make them all team players.

#### **Budgeting, Projecting, & Planning**

#### 2.5 hours for Directors/Owners

This professional development session encourages childcare owners and family care providers to understand financial terms, project income, budget, and plan for the future.

#### **Budgets, Financial Reports, & Internal Controls**

#### 2 hours for Directors/Owners

This professional development session encourages childcare owners, family care providers, and directors to understand budgets, common financial reports, and how to use internal controls to follow strong business practices.

#### **Creating A Work Environment That Supports Staff Retention**

#### 1 hour for Directors

This session will help you understand the important supports that make a work environment where staff stay.

#### **Developmentally Appropriate Practice for Adult Learners**

#### 1 hour for Directors

This session will help administrators to understand adult learning theory and to make sure that all training provide for their staff will engage them, save time, and lead to better staff performance.

#### **Emergency Preparedness**

#### 3 hours for Directors/Owners/Administrators

This session is designed to help Directors, Assistant Directors, and Owners to be prepared before the emergency arrives. This session will provide information about what is needed in an Emergency Preparedness Plan and where resources can be found for the basic parts of a template for such a plan.



#### Financial Reports & Internal Controls

#### 2 hours for Directors/Owners

Directors will learn about different types of financial reports that they can use in their business and types of internal controls that will strengthen their fiscal health and sustainability.

#### **Insurance for Childcare Programs**

#### 1 hour for Directors/Owners

This professional development session will prepare you to know why you should purchase insurance to protect your business and the types of insurance you can purchase.

#### Leadership to Sustain

#### 1 hour for Directors/Assistant Directors

This session is for directors and assistant directors to learn how to include staff and families into a winning team that fosters sustainability of the program for the future.

#### **Marketing Your Program**

#### 2.5 hours for Directors/Owners/Administrators

This professional development presentation helps childcare administrators and providers improve their ability to develop a marketing plan and use marketing tools to communicate with families about benefits of their program.

#### **Motivating Staff: How to Win Their Hearts & Minds**

#### **1.5 for Directors/Administrators**

This professional development session will provide Directors and Administrators with ideas for motivating staff many of which are low or no cost.

#### Moving Past Paper—Technology & Childcare

#### 2 hours for Directors/Administrators

Introducing directors to new technology options, we hope to help them free up some time for the things they WANT to do!

#### Orientation

#### 1 hour for Directors/Administrators

In this professional development session participants will learn how to use orientation as a way to make staff want to stay and be a part of the program.

#### **Recruiting and Retaining Staff**

#### 2.5 hours for Directors/Assistant Directors

This training supports childcare administrators in their efforts to strengthen systems of staff recruitment and improve their ability to retain quality staff.



#### **Staff Meeting Topics**

#### 2.5 hours for Directors

Planning for meetings takes a lot of time and effort so Palmetto Shared Services Alliance has put together a year of monthly staff topics to help directors throughout the state to get the most from their time and to help them improve the quality of their programs.

#### **Strong Business Practices**

#### 1 hour for Directors/Owners/Administrators

This course teaches ways to increase your income and make ends meet through strong business practices.

#### **Time Management for ECE Directors**

#### 1 hour for Directors

This session, for directors, assistant directors, and family home care owners, will help you to use your time well and not get caught going down rabbit holes that eat up the whole day.

#### Why ECE Directors Burnout

#### 1 hour for Directors

This session will help you look for the issues that you can change, those you cannot change, and the ways to make the changes so it doesn't burn you out.





#### **Understanding Early Intervention**

#### 2 hours for Directors/Teachers/Providers

The professional development session will introduce early childhood educators to the early intervention assessment process in South Carolina and the services available to children with special needs.

#### Noting A Child's Developmental Delays: Now What?

1.5 hours for Teachers/Providers/Directors

This session will explore what to do when you notice that a child in your program is not meeting developmental milestones.

# **Contact Information:**



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