



TELEMEDICINE MODULE (24/7/365 Access to Doctors)

**Groups - \$8 a month
24/7/365 Virtual Care.
Anytime. Anywhere**



Access a board-certified doctor for non-emergency care for your employees and their families anywhere, anytime without a copay!

HOW IT WORKS

Talk directly with a physician or pediatrician within minutes by phone, video, or mobile app - 24/7/365.

From Anywhere Anytime!

FEATURES AND BENEFITS

- 24/7/365 access to our experienced, board certified doctors
- Unlimited use, with no per-call fees or co-pays
- Prescriptions called in to your local pharmacy
- Reduce costs, redirect claims, and increase productivity
- Improve employee recruitment and retention

COMMON CONDITIONS WE TREAT

- Acne
- Allergies
- Asthma
- Cold & Flu
- Ear Infections
- Fever
- Headaches
- Infections
- Rashes
- Sore Throat
- Sports Injuries
- And much more!

WHEN TO USE TELEMEDICINE

- Instead of going to the ER or urgent care center for a non-emergency medical issue
- During or after normal business hours, nights, weekends, and even holidays
- If your primary care doctor or pediatrician is not available
- To request prescriptions or refills (when appropriate)
- If traveling and in need of medical care



Telemedicine & Teletherapy
\$14 a month
24/7/365 Virtual Care.
Anytime. Anywhere.



TELETHERAPY & MENTAL HEALTH MODULE

Empower employees and their families to be proactive with their mental health and wellbeing, nurture work-life balance, and live happier and healthier lives.

HOW IT WORKS

Connect with a licensed therapist, counselor, psychiatrist, or behavioral health specialist from home, the office, or on the go - on your schedule - via phone or mobile app.

FEATURES INCLUDE

- 24/7 access to our network of experienced behavioral health practitioners
- Up to 10 free talk therapy counseling sessions per year
- Continued, long-term counseling sessions available at reasonable rates
- Psychiatrists and other behavioral health specialists available 24/7 on a fee for service basis
- Services are completely confidential
- Access from the privacy of your home or office - when and where you need it
- Available to you and your family members

COMMON ISSUES WE SUPPORT

24/7 access to experienced therapists, counselors, psychiatrists, and behavioral health specialists to support many common issues, including:

- Addiction
- Bipolar Disorders
- Child and Adolescent Issues
- Grief and Loss
- Life Changes
- Postpartum Depression
- Stress
- Trauma and PTSD
- And much more