

Bronzed Honey Co. – Spray Tanning Consultation & Consent Form

Client Information

Name: _____

Email: _____

Phone: _____ **Preferred Contact:** Text Phone Email

Address: _____

Date of Birth: _____ **Occupation:** _____

How did you hear about Bronzed Honey Co.?

Referred by: _____

Have you ever used self-tanning or bronzing products?

If yes, which ones? _____

Have you ever had a reaction to a self-tanner or spray tan?

If yes, please describe: _____

Have you ever been professionally spray-tanned before?

Yes No

If yes, where? (Optional) _____

Do you have allergies?

Yes No

If yes, are any related to Dihydroxyacetone (DHA)? Yes No

Do you have any skin conditions your artist should be aware of?

Yes No

If yes, please list: _____

Do you have any respiratory conditions (asthma, COPD, etc.)?

Yes No

If yes, do symptoms worsen with aerosols? Yes No

Do you wear contact lenses?

Yes No

If yes, please remove contacts before your spray tan.

Are you pregnant?

Yes No

If yes, Bronzed Honey Co. recommends bringing a doctor's approval.

Are you under a doctor's care or taking medications that affect skin?

Yes No

If yes, please list: _____

How does your skin react to natural sun? (Choose one)

1. Burn easily, rarely tan
2. Burn first, but can achieve a light tan
3. Tan easily, rarely burn

How often do you moisturize?

Daily Every few days Occasionally Rarely

Did you exfoliate before today's appointment?

Yes No

Do you have lotions, deodorant, makeup, or oils on your skin right now?

Yes No

Skin Type (Check all that apply)

- Dry
- Oily
- Combination
- Acne-Prone
- Sensitive

Skin Tone: Warm Neutral Cool

Consent, Expectations & Aftercare

Please read and acknowledge the following:

• DHA & Safety

DHA (the active ingredient that creates your tan) is FDA-approved for external use only. Avoid inhalation and avoid contact with eyes, lips, and internal areas. Bronzed Honey Co. provides hair nets, lip balm, and protective barriers and encourages following all instructions.

• Color Development

Your tan will develop over 5–10 hours depending on the solution and your skin. Avoid sweating, skin-to-skin transfer, friction, or water exposure during this time.

• Longevity of Tan

Spray tans typically last 5–7 days with proper care. Results vary based on products used, exfoliation habits, lifestyle, and skin chemistry.

• Possible Reactions

Although rare, some individuals may be sensitive or allergic to spray tan ingredients. If irritation occurs, rinse immediately and contact a physician.

• Pregnancy & Medications

Pregnant clients, or those taking medications such as hormones, steroids, antibiotics, or acne treatments, may experience different results. Please consult your physician if unsure.

• Post-Tan Instructions

After your spray tan:

- Avoid tight clothing and sweating for 6–8 hours (or as directed).
- Expect temporary color transfer to clothing or bedding; this usually washes out.
- Rinse as instructed and moisturize daily to extend your tan.

I acknowledge that I have read and disclosed all relevant medical and skin information. I understand that spray tanning results vary and that Bronzed Honey Co. is not responsible for reactions, uneven fading due to client preparation or aftercare, or color transfer to clothing or fabrics. I agree to follow all pre- and post-tan guidelines provided.

I consent to receive a spray tan from Bronzed Honey Co.

Signature: _____

Date: _____