

REUSABLE RESPIRATORS – SIZING

As part of the rollout of reusable respirators, a selection of small/medium and large half-face respirators and universal-sized full-face respirators will be provided to appliances. This guide provides assistance in determining which is the correct respirator to select.

Half-face vs Full-face

- The rollout will provide both the Dräger X-Plore 3500 half-face respirator and the Dräger X-Plore 5500 full-face respirator, both with ABEK P3 canisters
- Both respirators provide protection from a range of particulates as well as organic gases and vapours from bush fires
- Selection of respirator may come down to personal preference



Half-face

- Quick and easy to don and doff – ideal for communicating
- Leaves eye protection free for those who need glasses or other specialised eye protection



Full-face

- Provides eye protection
- Covers the face for increased radiant heat protection



Sizing

- To test which size fits your face, don the respirator and perform a fit check as per the instructional video
- Make sure to move your face around, speak and make other facial expressions to check if the respirator has moved, and then re-perform a fit check
- Find which respirator size suits you best
- The majority of members will be medium, however it's best to confirm which size is best
- If you cannot successfully achieve a fit test with the sizes provided, please contact your District Office
- A fit check needs to be undertaken every time a respirator is donned
- If you smell or taste smoke at any time while wearing a respirator:
 - Remove yourself from the hazard
 - Re-adjust the respirator and redo the fit check
 - If this fails, seek another respirator and canister