

BREAKFAST & BRUNCH

U.F.C. & french toast **\$18**
Heartwood hot sauce - buttermilk fried chicken & baguette french toast with fresh fruit

Beef dip **\$17**
Shaved beef, toasted hoggie bun, chipotle mayo, natural jus, smash brown potato and fresh fruit
Add a fried egg..... **\$2**

Bacon & eggs **\$15**
Two eggs, smash brown potato, fruit & smoked bacon + toast. Brown or white

French toast **\$15**
Egg battered french toast, fresh fruit, pork breakfast sausage and maple syrup

Eggs Benedict
Two eggs, toasted english muffin and hollandaise, smash browns & fresh fruit

Heartwood- house cured peameal bacon **\$18**
Salmon- cold smoked salmon **\$20**
Veggie- collection of seasonal veggies **\$19**
*add \$2 for gluten free english muffin

Heartwood salad **\$14**
Hearty Island greens, garden herbs, shaved vegetables, toasted hazelnuts & fresh goat cheese, select green goddess dressing or seasonal vinaigrette

Ukee cobb salad **\$18**
Island greens, green goddess dressing, smoked salmon, hard boiled egg & goat cheese

Fortune fries **\$15**
Crisp chickpea fries with chipotle aioli

Cioppino **\$16**
Tomato, garlic and fennel broth, collection of local fish & pork chorizo sausage and baguette

Curry of the day **\$22**
Daily inspired, basmati rice, naan and mango chutney

Additions

U.F.C. ukee fried chicken (2pc)	\$9
Bacon/pork sausage	\$5
goats cheese	\$6
Smash browns	\$4.50
Toast/bread	\$3.50
Avocado	\$4.50
Bottle of hot sauce to go	\$12



Heartwood Kitchen
food outfitter



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