

THEATRE SUMMER CAMP

2025

Welcome



Dear Parents,

First and foremost, thank you for considering Najjar Performing Arts Academy program for this summer. We are honored to be part of your child's summer journey.

Summer presents a valuable opportunity to cultivate essential soft skills, such as communication, confidence, and creativity, that are often overlooked in traditional academic settings. We are proud to play a role in nurturing these skills in the next generation.

To ensure a rich and well-rounded experience, your children will be guided by an accomplished professional, bringing her unique area of expertise:

- Lama Najjar is an actress, educator, and youth development specialist who has spent her career helping children and teenagers grow in confidence, creativity, and self-expression through theatre.. After studying Political Science at the American University of Beirut and Drama at the University of California, Irvine, for more than a decade, she has taught Drama at Brummana High School, specializing in IB and A Level Drama, while mentoring hundreds of students through their artistic and personal development journeys.

We look forward to a dynamic and inspiring summer together.

Warm regards,
Najjar Performing Arts Academy Team

Fees



PACKAGE 1	2 weeks subscription	First Child 350\$ Second Child 325\$ Third Child 300\$
PACKAGE 2	4 weeks subscription	First Child 450\$ Second Child 425\$ Third Child 400\$
PACKAGE 3	6 weeks subscription (full program)	First Child 600\$ Second Child 550\$ Third Child 500\$

IMPORTANT

- Number of weeks should be decided at the beginning of registration and should be paid fully before the start date of the camp.
- In case of a renewal after attending 2 weeks the full amount of the new package will be paid. In case of a renewal after attending 1 week the remaining balance of the new package will be paid.

Objectives



Week 1 & Week 2 Focus: Confidence & Life Skills	- Build confidence, stage presence, creativity and trust in their own voice and ideas. - Strengthen communication and listening skills through clear expression and collaboration. - Develop teamwork by learning when to lead, when to follow, and how to be patient and supportive. - Encourage responsibility, commitment, and discipline. - Learn to channel their energy productively through creativity, focus, and self-expression.
Week 3 & Week 4 Focus: Self-Expression: Vocal, Physical and Facial	- Develop confident self-expression through voice, body, and facial awareness. - Build the ability to express thoughts and emotions clearly, reducing frustration and tension. - Learn to use voice effectively by controlling volume, pitch, and tone to communicate meaning and intention. - Strengthen emotional discipline by recognizing when to express feelings and how to do it with control and awareness.
Week 5 & Week 6 Focus: Individual Work: Creativity and Public Speaking	- Build self-trust through individual work and belief in their own creative choices. - Develop public speaking skills by strengthening clarity, structure, vocal control, and presence. - Reduce fear of judgment when speaking alone in front of others. - Strengthen imagination and storytelling through character and scene creation. - Learning to evaluate their work and the work of others, and to give constructive criticism.

Schedule and other info

*Dropping your kids should happen starting 8:30 AM and not earlier

** Activities start at 9 AM sharp

***Picking Kids up should Happen between 1 PM and 1:20 PM

**** Kids need to bring with them water and food. Additional food and water and juices can be sold at the location, we will be providing you with a list of items and prices after the start of the camp.

***** In the theatre the AC is strong so please make sure the kids have a warm long sleeves sweatshirt at all times just in case.

THEATRE SUMMER CAMP

2025

Week 1 – July 6 to July 10



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Meeting the group and building connections through ice breaker exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Develop discipline through fun exercises focused on patience, concentration, listening, and following directions.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Introduction to the stage: Learning stage directions, basic acting rules, stage presence, and how to stand and move confidently on stage.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Coming up with short stories through exercises focused on confidence and creativity.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Explore the importance of breathing to stay calm, control laughter and develop patience.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Trust and communication exercises to build group awareness, strengthen collaboration, and encourage active listening.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Learning story structure by understanding the beginning, middle, and end, and how events connect to create a clear and engaging narrative.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Build teamwork skills by learning how to collaborate effectively under the guidance of a team leader.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Practice expressing ideas clearly and without hesitation through confident and direct communication.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Develop awareness of the importance of rehearsal and time management while building consistency, focus, and performance quality.

THEATRE SUMMER CAMP

2025

Week 2 – July 13 to July 17



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Encourage healthy competition through group challenges based on last week's exercises, with the winning group becoming team leaders for the week.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Understanding how to respond to and work within a brief.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Build scenes with a clear purpose while staying true to the brief.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Learning how to stage scenes effectively with clear focus, use of space, and intention.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Learning about the fourth wall and when to acknowledge or avoid direct engagement with the audience during performance.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Practicing staying in character with focus and control, without breaking or laughing during performance.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Rehearse the parts of their scenes that need more work.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: First run-through of the performance.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Rehearse, refine, and improve their scenes through repetition.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Relaxation exercises and getting ready for the final showcase.

***Parents are invited to join us for the first performance from 1 to 1:20 PM**

THEATRE SUMMER CAMP

2025

Week 3 – July 20 to July 24



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Meet the new comers and make connections though ice breaker exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Explore how meaning can be created without words through simple movement exercises.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Practice expressing emotions using only facial expressions and body language.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Introduce miming through interacting with imaginary objects.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Strengthen focus and imagination in physical storytelling.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Experiment with pace and rhythm in movement to create variation, intention, and clarity in physical performance.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Explore voice as a performance tool through volume, pitch, and tone exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Improve voice projection and clear articulation for confident and understandable speech in performance.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Examine how pace, rhythm, and emotion in the voice can influence meaning and audience impact.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Perform a short piece using all expressive tools learned (voice, body, face).

THEATRE SUMMER CAMP

2025

Week 4 – July 27 To July 31



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Encourage healthy competition through group challenges based on last week's exercises, with the winning group becoming team leaders for the week.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Begin creating their silent scene using physical expression, movement, and clear staging.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Learn to give and receive feedback then use it to refine their scenes.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Begin creating their vocal scenes through structured dialogue, character choices, and vocal expression.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Activate their voice through warm-ups to prepare for the vocal scene.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Learning how to create meaningful dialogue by removing repetition and ensuring every line serves a clear purpose.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Rehearse the parts of their scenes that need more work.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: First run-through of the performance.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Warm ups for vocal, facial and physical expression then full rehearsal.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Relaxation exercises and getting ready for the final showcase.

***Parents are invited to join us for the second performance from 1 to 1:20 PM**

THEATRE SUMMER CAMP

2025

Week 5 – August 3 to August 7



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Meet the new comers and make connections through ice breaker exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Introduce individual performance through supportive improvisation exercises that build confidence and ease in working alone.
TUES	NO CLASSES IN MEMORY OF THE VICTIMS of the 4th of AUGUST EXPLOSION			
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Develop posture and audience awareness by practicing eye contact and learning to engage different listeners while speaking.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Refine articulation, intonation, pitch, and projection for clear and expressive speech.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Explore how to break down long sentences, stress important words, and use pauses to enhance meaning.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Engage in fun solo exercises to generate creative stories independently.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Choose a topic they are passionate about and learn how to open with a strong hook that captures the audience's attention.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Apply the techniques learned earlier by creating and delivering a short speech with a clear structure and a strong opening.

THEATRE SUMMER CAMP

2025

Week 6 – August 10 to August 14



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Encourage healthy competition through individual challenges based on last week's exercises. The winners will present their teammates on the final performance.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Begin working on their solo performances.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Practice organizing ideas logically and staying on topic.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Learning to critique each others' work.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Finalize their pieces while using all the tools learned.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Presenting their pieces fully.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Learn how to stay calm and manage pre-performance nerves.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Full run of their pieces and final refinement.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Breathing, confidence and concentration exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Getting ready for the final showcase.

*Parents are invited to join us for the last performance from 1 to 1:20 PM