

THEATRE SUMMER CAMP

2025

Welcome



Dear Parents,

First and foremost, thank you for considering Najjar Performing Arts Academy program for this summer. We are honored to be part of your child's summer journey.

Summer presents a valuable opportunity to cultivate essential soft skills, such as communication, confidence, and creativity, that are often overlooked in traditional academic settings. We are proud to play a role in nurturing these skills in the next generation.

To ensure a rich and well-rounded experience, your children will be guided by an accomplished professional, bringing her unique area of expertise:

- Rana Najjar, an award-winning Creative Director and a Public Speaking and Storytelling Coach, will focus on personal development and confidence-building through communication and self-expression.

We look forward to a dynamic and inspiring summer together.

Warm regards,
Najjar Performing Arts Academy Team



Beirut Annunciation Orthodox College
مدرسة البشارة الأرثوذكسية بيروت



Fees

PACKAGE 1	2 weeks subscription	First Child 350\$ Second Child 325\$ Third Child 300\$
PACKAGE 2	4 weeks subscription	First Child 450\$ Second Child 425\$ Third Child 400\$
PACKAGE 3	6 weeks subscription (full program)	First Child 600\$ Second Child 550\$ Third Child 500\$

IMPORTANT

- Number of weeks should be decided at the beginning of registration and should be paid fully before the start date of the camp.
- In case of a renewal after attending 2 weeks the full amount of the new package will be paid. In case of a renewal after attending 1 week the remaining balance of the new package will be paid.



Objectives

<p>Week 1 & Week 2 Focus: Confidence</p>	<ul style="list-style-type: none">- Working on developing confidence on stage- Learning the basic rules of theatre- Working on non verbal communication
<p>Week 3 & week 4 Focus: storytelling & Public Speaking</p>	<ul style="list-style-type: none">- Focus on storytelling and structuring ideas- Focus on public speaking- Mastering Delivery, Eye Contact and quick thinking
<p>Week 5 & week 6 Focus: Characterization & Acting</p>	<ul style="list-style-type: none">- Focus on characterization- Focus on Voice projection and manipulation- Focus on improvisation and building a script

Schedule and other info

*Dropping your kids should happen starting 8:30 AM and not earlier

** Activities start at 9 AM sharp

***Picking Kids up should Happen between 1 PM and 1:20 PM

****Kids need to bring with them water and food. Additional food and water and juices can be sold at the location, we will be providing you with a list of items and prices after the start of the camp.

***** In the theatre the AC is strong so please make sure the kids have a warm long sleeves sweatshirt at all times just in case.

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Week 1 – July 6 to July 10

MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Meeting the group and ice breaking exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Learning stage presence, how to share the stage, stage directions, and awareness of body positioning.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Overcoming stage fright through breathing and grounding exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Concentration, listening, and reacting truthfully. Not breaking character or looking at the audience. Introducing the fourth wall and the importance of staying present in the world of the play.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Explore the three forms of expression: vocal, physical and facial.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Collaboration and group decision-making. Learning how to lead a group, how to follow, and how to give constructive criticism.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Develop control over facial and physical expression to convey emotion and character without using words.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Intro to Miming techniques. Convey emotions directly to the audience by applying miming techniques in movements and gestures.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Introduce how space and levels can show characters' status and relationships, and create non verbal scenes that reflect their understanding.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Build a full scene without words

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Week 2 – July 13 to July 17



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Emotional storytelling. learn how to use emotions in silent storytelling.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Build silent scenes and bring them to life.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Select the best scenes to enhance for the performance.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Rehearsals and enhancements on scenes.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Final scene selections and rehearsals.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Explore music and SFX with the scene.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: First run-through of the performance.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Rehearse parts that need more work.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Rehearse, refine and perfect their scenes using expressive clarity, space awareness and ensemble focus.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Getting ready for the final showcase.

*Parents are invited to join us for the first performance from 1 to 1:20 PM

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Week 3 – July 20 to July 24



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Meeting the new comers and ice breaking exercises.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Understanding story structure through fun exercises.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Building Confidence in speaking and Sharing.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: learn to collaborate and listen actively.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: learn how to bring their stories to life by using theatre skills.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Writing a story using the 5Ps.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: working on selected stories, refinement and buildup.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: continue training and improving the stories.
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Rehearse, refine and perfect the stories.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Final selection of stories.

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Week 4 – July 27 To July 31

MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Intro to public speaking and the different types of speakers.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Public Speaking Personas and Styles discussions
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Finding your confident power pose on stage.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: how to start your speech. the 3Cs of a powerful intro + exercise
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: learn how to structure a talk starting with the end in mind.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: power of storytelling in speeches followed by exercise.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: focus on delivery, posture, voice and eye contact.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: 1 minute improvised speech with feedback
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: rehearsing final speech with tips on how to answer difficult questions with confidence.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: relaxation exercises and how to overcome anxiety before a speech.

*Parents are invited to join us for the second performance from 1 to 1:20 PM

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Week 5 – August 3 to August 7



<p>MON</p>	<p>8.30 AM Arrival to theatre</p>	<p>First session 9 AM to 10:30 AM objective: Meeting the new comers and ice breaking exercises.</p>	<p>Break for snack 10:30 AM to 11:00 AM</p>	<p>Second Session 11:00 AM to 1PM objective: Intro to improvisation and creating a safe space for exploration.</p>
<p>TUES</p>	<p style="text-align: center;">NO CLASSES IN MEMORY OF THE VICTIMS of the 4th of AUGUST EXPLOSION</p>			
<p>WED</p>	<p>8.30 AM Arrival to theatre</p>	<p>First session 9 AM to 10:30 AM objective: Act as one. Group improv exercises to help act in sync.</p>	<p>Break for snack 10:30 AM to 11:00 AM</p>	<p>Second Session 11:00 AM to 1PM objective: Building on dialogue, yes and... strategy.</p>
<p>THURS</p>	<p>8.30 AM Arrival to theatre</p>	<p>First session 9 AM to 10:30 AM objective: It is not just acting, it is also reacting when you are not talking.</p>	<p>Break for snack 10:30 AM to 11:00 AM</p>	<p>Second Session 11:00 AM to 1PM objective: Improv exercises to practice buildups.</p>
<p>FRI</p>	<p>8.30 AM Arrival to theatre</p>	<p>First session 9 AM to 10:30 AM objective: Improvisation exercises to practice listening.</p>	<p>Break for snack 10:30 AM to 11:00 AM</p>	<p>Second Session 11:00 AM to 1PM objective: Improvisation exercises to practice quick thinking.</p>

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Week 6 – August 10 to August 14



MON	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Breathing exercises and learning to project voice on stage.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Articulation and Voice manipulation.
TUES	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Finding the Voice of the Character.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Building an entire Character.
WED	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Brainstorming on scenes using different Characters.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Presentation of scenes and selection of scenes to perform.
THURS	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: training on selected scenes, refinement and buildup.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Character analysis and Characterisation work
FRI	8.30 AM Arrival to theatre	First session 9 AM to 10:30 AM objective: Rehearse, refine and perfect the scenes.	Break for snack 10:30 AM to 11:00 AM	Second Session 11:00 AM to 1PM objective: Getting ready for the final showcase.

*Parents are invited to join us for the last performance from 1 to 1:20 PM