What is Health Care Transition?

Healthcare transition is the process of changing from a pediatric to an adult model of health care. Transition aims to optimize health and assist youth in reaching their full potential. Achieving this goal requires an organized transition process to support youth in acquiring independent healthcare skills, preparing for an adult model of care, and transferring to a new provider without disruption in care.

What are the Six Core Elements?

The six core elements of healthcare transition define the basic components of healthcare transition support. These components include establishing a policy, tracking progress, administering transition readiness, planning for adult care, transferring, and integrating into adult practice.

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For more information or to learn who represents your area call:

Danielle Kimbrough

Parent Consultant

Title V Children Special Services

501-682-1461

Recommended Health Care

Transition Timeline

Age 12: Make youth and family aware of transition policy.

Age 14: Initiate healthcare transition planning.

Age 16: Prepare youth and parents for an adult model of care and discuss the transfer.

Age 18: Transition to adult model care.

Age 18-22: Transfer care to an adult medical home and/or specialist with a transfer package

Age 23-26: Integrate young adults into adult care.

To begin the healthcare transition, assemble a

team with pediatric and adult providers, clinic support staff, Title V CSS nurse/social worker, youth, and family. For more information check out [www.gottransition.org](http://www.gottransition.org)

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Parent Advisory Council Inc. was founded in March of 1990 and became a 501c (3) in 1995.

Parent Advisory Council Inc.

PO Box 173

Greenbrier AR 72058

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@PACof Arkansas

 www.arkansaspac.org

Parent Advisory Council Inc.

The Parent Advisory Council Inc. (PAC) is a diverse group of parents and guardians of children with special healthcare needs. The PAC is committed to advocacy and educating other families, government agencies, and healthcare professionals on issues that affect children with special healthcare needs.

The PAC has representatives from across the state of Arkansas who meet quarterly along with service providers and agencies for collaboration.

Mission Statement

The mission of the PAC is to serve as a liaison between the families of children with special healthcare needs and existing resources.

Purpose

The PAC will bring issues that impact the lives of these children and families, with appropriate recommendations to representatives of service agencies within the state.

The PAC will also have a teaching responsibility to the families they represent, service agencies and the professionals who serve the children.

Collaborative relationships will increase the ability of parents and families to initiate change.

Parent Advisory Council Goals

Provide a vital link between families of Children with special healthcare needs and available services.

Provide input and feedback to appropriate agencies on how services are delivered to children and their families.

Promote family access and utilization of various support groups.

Educate service providers concerning the changing needs of families that have children with special healthcare needs.

Educate families about current healthcare issues.

We Want you!!

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If you would like to be a member of our Parent Advisory Council (PAC) Board, just go to our website to fill out our application.

www.arkansaspac.org

If you would like more information about joining our Parent Advisory Council Inc., or have any questions please email us at:

[Info@arkanaspac.org](mailto:Info@arkanaspac.org)