

What is Health Care Transition?

Health care transition is the process of changing from a pediatric to an adult model of health care. The goal of transition is to optimize health and assist youth in reaching their full potential. To achieve this goal requires an organized transition process to support youth in acquiring independent health care skills, preparing for an adult model of care and transferring to new providers without disruption in care.

What are the Six Core Elements?

The six core elements of health care transition define the basic components of health care transition support. These components include establishing a policy, tracking progress, administering transition readiness assessments, planning for adult care, transferring and integrating into an adult practice.

For more information or to learn who represents your area call:

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Parent Consultant

Title V Children with Chronic Health
Conditions (CHC)

1-800-482-5850 ext 22277

Recommended Health care Transition Timeline

Age: 12 Make youth and family aware of transition policy

Age: 14 Initiate health care transition planning

Age: 16 Prepare youth and parents for adult model of care and discuss transfer

Age: 18 Transition to adult model of care

Age: 18-22 Transfer care to adult medical home and/or specialists with transfer package

Age: 23-26 Integrate young adults into adult care

To begin Health Care Transition assemble a team with pediatric and adult providers, clinic support staff, Title V CSHCN nurse/social worker and the youth and family. For more helpful resources and information check out www.gottranstion.org

The PAC representative in your area is:

**Parent Advisory
Council, Inc.**

