



BOARD HOUSE COFFEE

ESTD



MMXVI



#4



#6



#1



#2



#7



#5



BREAKFAST Gluten Free Bread available

1) FRIED EGG & CHEESE SANDWICH (EGG OMELET +\$0.95)..... \$7.95

served on: plain or everything bagel/Multi-Grain or Sourdough bread
add-ons: ham/bacon/sausage (+1.25c), turkey-bacon or turkey-breast (+1.95)

2). SUPREME CROISSANT EGG SANDWICH..... \$10.95

bacon, ham, scrambled eggs, avocado, swiss, cheddar and mayo

3). ENGLISH MUFFIN FRIED EGG & CHEESE SANDWICH..... \$7.7

add-ons: ham/bacon/sausage (+1.25c), turkey-bacon or turkey-breast (+1.95)

4). QUESADILLA CHICKEN..... \$9.75

grilled chicken, avocado, dried tomatoes, cilantro, onions, ranch, shredded monterey jack, cheddar, quest quesadilla & asadero cheese served with sriracha ranch sauce.

5). BOILED EGG AVOCADO TOAST..... \$8.25

served on sourdough or multi grain bread/plain or everything bagel (add cream cheese for \$1.10)

6). AVOCADO TOAST..... \$8.75

cream cheese, tomatoes, avocado and lemon pepper served on: plain or everything bagel/Multi-Grain or sourdough bread

7). BAGEL & LOX..... \$12.75

cream cheese, capers, tomatoes, onions, cucumbers & dill on plain or everything bagel

8). ULTIMATE EGG SANDWICH..... \$9.95

swiss, bacon, greens, tomatoes mayo, pesto on multi-grain

9). HASH BROWNS WRAP (TORTILLA)..... \$7.5

hash browns, cheese, fried eggs
add-ons: ham/bacon/turkey-breast/sausage (+2.25.), turkey-bacon (+2.95)

10). OMELET WRAP (TORTILLA)..... \$7.95

fried eggs, avocado, cheddar, chopped onions bell peppers tomatoes
add-ons: ham/bacon/sausage (+2.25), turkey-bacon or turkey-breast (+2.95)

11). TURKEY & FRIED EGG WHITE..... \$7.75

served on: Bagels/Multi-Grain/Sourdough

12). TOFU BREAKFAST SANDWICH..... \$8.95

himalayan salt, cheddar, tomatoes, pesto & mayo on multi-grain

13). OATMEAL & BANANA..... \$5.45

brown sugar, cinnamon and banana

14). POWER OATMEAL & BANANA..... \$6.5

banana, ground flax, chai, hempseed with coconut

15). GARLIC ONION JAM EGG SANDWICH..... \$8.25

fried egg, mixed greens, havarti & roasted onion jam served on multi-grain

16). NUTELLA & STRAWBERRY TOAST..... \$5.95

Nutella and fresh strawberries served on sourdough bread

17). PEANUT BUTTER, BANANA, AND HONEY TOAST..... \$5.75

on Sourdough or Multi-Grain

18). RASPBERRY JAM AND GOAT CHEESE..... \$5.75

on Sourdough or Multigrain

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert our staffs if you have special dietary requirements.



SALADS

- 19). MIXED GREENS..... \$8.75
walnuts, goat cheese, tomatoes and cucumber served with balsamic vinaigrette
- 20). BEET SALAD WITH GOAT CHEESE..... \$9.75
on mixed greens with walnuts, tomatoes and cucumbers served with balsamic vinaigrette
- 21). CHEF SALAD..... \$10.25
ham, turkey, cheddar, swiss, tomatoes, cucumbers, mix greens served with Italian dressing

SANDWICHES

- 22). VEGGIE & CHICKEN WRAP (TORTILLA)..... \$11.95
grilled chicken, mixed green, tomatoes, cucumbers, avocado, shredded cheee and ranch.
- 23). MALIBU SANDWICH..... \$9.25
avocado, cream cheese, cucumbers, tomatoes, mixed greens and lemon pepper
- 24). CALIFORNIA CLUB SANDWICH..... \$13.45
turkey, ham, bacon, cheddar, swiss, mixed greens, tomato, mustard and mayo
- 25). BIG BIRD..... \$12.25
turkey, avocado, cucumbers, muenster, tomatoes, mixed greens, mayo and mustard
- 26). HUMMUS SANDWICH.....  \$9.95
avocado, cucumbers, tomatoes, mixed greens, ground pepper
- 27). GRILLED CHEESE..... \$7.95
muenster, swiss, provolone and cheddar. (add avocado, bacon or garlic onion jam \$1.50 each)
- 28). CAPRESE..... \$7.95
fresh mozzarella cheese, basil pesto, tomatoes on sourdough
- 29). CHICKEN PESTO..... \$12.5
chicken, artichokes, tomatoes, provolone and pesto
- 30). TURKEY CLUB HAVARTI..... \$12.5
grilled cheese, turkey, bacon, garlic onion jam, with mixed greens
- 31). AVOCADO GRILLED CHEESE..... \$8.95
havarti, muenster, swiss, mixed greens & pesto

Gluten Free Bread available





JUICE & SMOOTHIES

GREENISH (ORGANIC).....	\$10.25
spinach, chard, kale, grape, orange, banana, ginger, agave nectar	
TRIPLE BERRY SMOOTHIE.....	\$9.95
blueberries, strawberries, raspberries, greek yogurt made with almond milk	
MELON SMOOTHIE.....	\$8.75
honeydew, cantaloupe, watermelon, and condensed milk made with oat milk	
AVOCADO SMOOTHIE.....	\$9.45
avocado, spinach, kale, banana, cinnamon, and agave made with almond milk	
FRESH SQUEEZED ORANGE JUICE.....	\$6.95
SUPERSEED SMOOTHIE.....	\$8.95
cocoa, banana, flax, chia, hempseed and coconut made with almond milk	
POWER PROTEIN.....	\$8.25
whey protein, dragon fruit and banana made with apple juice	
TROPICAL FRUIT SMOOTHIE.....	\$9.45
pineapple, mango, passion fruit, and banana made with apple juice	
PEACH & MANGO SMOOTHIE.....	\$7.95
STRAWBERRY BANANA SMOOTHIE.....	\$7.95
DRAGON FRUIT SMOOTHIE.....	\$7.95
dragon fruit and strawberries made with apple juice	
PPB SMOOTHIE.....	\$8.25
passion fruit, peach and banana made with apple juice	
ACAI SMOOTHIE.....	\$7.95
Acai and banana made with apple juice	
PINA COLADA BOWL.....	\$10.45
banana, blueberries, strawberries, coconut flakes and granola	
ACAI BOWL.....	\$10.45
banana, blueberries, strawberries, coconut flakes and granola	
LIARD SUPERFOOD SMOOTHIE.....	\$8.95
peanut butter, superfood creamer, banana made with almond milk	

