



## WHAT IS A PEEL?

A chemical peel is a formula based on a single acid or a combination of acids that, when applied to the skin, spark an exfoliation of the top, middle and deepest layers of the skin based on various factors, such as number of layers, volume applied and exposure time.

A peel encourages the renewal of the skin's layers, causing faster cell exchange and stimulating the dermis to produce new structural fibers and components in the extracellular matrix.

Its action has a double regenerating and anti-aging effect, as it helps to remove the outermost layers, renewing them and improving the micro-relief while stimulating cellular activity, thereby significantly improving the skin's elasticity, firmness and turgor.





### PEEL ACTION MECHANISM

A chemical peel causes a significant alteration to the skin by destroying specific layers of varying depth, leading to the start up of their regeneration mechanisms.

It activates three basic mechanisms:

- Renewal of the epidermis and cell turnover in the stratum corneum.
- Skin thickening when flaking occurs in the papillary dermis (medium and deep peels).
- Activation of inflammation mediators that initiate
  the fibroblasts to provoke increased production of
  new elastic and structural fibers, as well as matrix
  components, all of which are key to having skin in
  great condition.



**EPIDERMIS** 

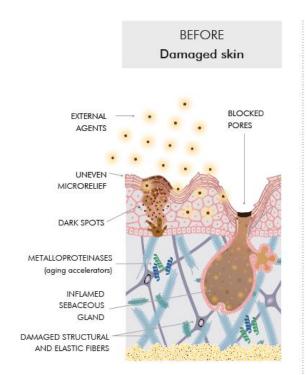
**DERMIS** 

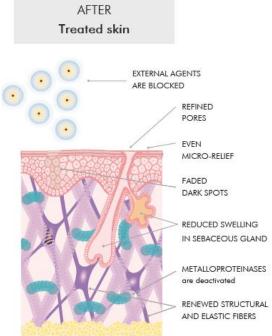
**HYPODERMIS** 



### GENERAL ACTIONS

- EXFOLIATING: keratolytic action that reduces stratum corneum cell cohesion, causing flaking or exfoliation of the external layers, thus improving the skin's texture and micro-relief while also refining dilated pores.
- RENEWING: causes faster cell turnover in the stratum corneum, fading and improving any imperfections on the skin's surface, such as dark spots, wrinkles and marks.
- REGENERATING: promotes the repair of damaged structures and accelerates skin tissue regeneration by stimulating the skin's repair mechanisms and boosting fibroblast activity.
- REJUVENATING: at dermal level, improves the synthesis of collagen, elastin and glycosaminoglycans (GAGs), such as hyaluronic acid. Also improves the structure, elasticity and flaccidity of the skin, increases firmness and reduces wrinkles, delaying their future appearance.



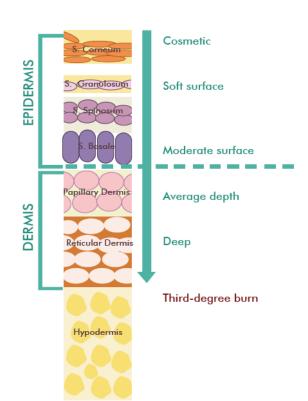




## TYPES OF PEELS

Depending on the acids its formula contains, you can opt for a **MONO-SUBSTANCE OR ACID-COMBINATION** peel.

Peels are normally classified according to the depth reached in terms of layers of skin, meaning by their capacity to destroy cells on the surface, middle and deep layers.



- Cosmetic: instigates renewal of the stratum corneum.
- Surface: instigates full destruction of the stratum corneum and partial destruction of all other layers of the epidermis.
- Medium: instigates full destruction of the epidermis and partial destruction of the papillary dermis.
- Deep: causes full destruction of the epidermis and the dermis, down to the stratum reticulare.

The depth determines the skin's recovery time, which may vary from a few days with light flaking on the surface to 10 days accompanied by severe flaking after deep chemical peels.



## FACTORS THAT DETERMINE THE DEPTH OF A CHEMICAL PEEL

- SOLUTION TYPE: geloid or aqueous. To achieve a greater speed of penetration, aqueous action vehicles are used. In gel forms, advantages include even application and better visualization of the product's action (control).
- CONCENTRATION of the acids: the higher the concentration, the greater the action on the skin.
- PH: the lower the pH, the greater the action.
- VOLUME OF SOLUTION applied and product EXPOSURE TIME: the higher the volume and time, the greater the depth of penetration and intensity.
- SKIN THICKNESS (skin type in general): the thicker the skin, the more difficult it is to penetrate.
- PRESENCE OF OCCLUSION: occlusion favors the penetration of the active ingredients.
- SKIN CLEANLINESS: clean skin allows for optimal, uniform penetration.
- FREQUENCY OF TREATMENT APPLICATION: the more frequently it is applied, the greater the renewal.
- INTEGRITY OF THE EPIDERMAL BARRIER: degreasing the skin and previous treatments that aid penetration.





Casmara presents its Expert DermaPeels collection, a comprehensive range of SUPERFICIAL AND MEDIUM-DEPTH CHEMICAL PEELS and complementary products for a full skin renewal procedure.

CASMARA has created unique, advanced formulas that combine different acids in carefully selected concentrations to ensure optimal results.

The Casmara Expert DermaPeels collection has been designed by CASMARA Research Center to be safe, controllable, easy to apply and highly effective.

AN AUTHENTIC COSMETIC REVOLUTION TO HELP YOU REDISCOVER YOUR SKIN'S BEAUTY.





#### The range includes:

- PRE-TREATMENT PREPARING LOTION (150ml): degreasing preparing solution.
- **[P.S.F]** peel (50ml): 15% PYRUVIC / 5% SUCCINIC / 5% FERULIC: renewing, anti-aging peel.
- [S.A.S] peel (50ml): 10% SHIKIMIC / 12% AZELAIC / 2% SALICYLIC: renewing, purifying peel.
- POST-PEEL NEUTRALIZING SOLUTION (150ml): neutralizing solution.

CASMARA

[P.S.F.] peel

peel 2

PROFESSIONAL USE ONLY

auccinio 5%

Expert Dermapeels

• **[H.S] PEEL BOOSTER (30ml):** 5% SHIKIMIC and HYALURONIC ACID. Enhancing, recuperating booster.















## PROFESSIONAL PEEL KIT





## [P.S.F] peel – Rejuvenating renewal





## pH 1.7 50ml

#### **TARGET**

Indicated for mature skin with visible signs of aging, including dark spots, deep wrinkles, lack of firmness, and dull or devitalized skin.

#### **ACTION**

Its **DOUBLE REGENERATING AND ANTI-AGING EFFECT** acts by improving all signs of aging and preventing premature aging of the skin. Removes and/or softens wrinkles and expression lines while also providing the skin with firmness and elasticity. Fades dark spots, evens the tone, brightens and revitalizes the complexion.



## [P.S.F] peel

## **RESULTS**

- ✓ Intensely renewed skin. Imperfections are faded and/or removed. Soft and smooth micro-relief.
- ✓ Deeply hydrated and plump skin that's protected against dehydration.
- Rejuvenated complexion. Wrinkles, dark spots and marks are reduced in depth and quantity.
- ✓ Glowing, revitalized complexion.
- ✓ Acutely more elastic, plumped, redensified and firmed skin.
- √ Skin is protected against aging.





## COMPOSITION

CASMARA has created a unique, advanced formula combining three acids in key concentrations to achieve extraordinary results. This blend of acids, as well as their general **EXFOLIATING**, **RENEWING**, **REJUVENATING** and **REGENERATING** actions, have special characteristics that improve the results and enhance the power of the formula when combined.

#### **PYRUVIC ACID 15%**

A lipophilic alpha-keto acid. Capable of reaching deep layers quickly, causing a very fast and effective spectacular skin renewing effect.

Has a unique way of EXFOLIATING without drying the skin, given that it turns into lactic acid and forms a protective film that effectively prevents skin dehydration, giving powerful MOISTURIZING PROPERTIES.

#### **SUCCINIC ACID 5%**

A HIGHLY ENERGIZING diacid that accelerates the cell metabolism and oxygen consumption, both of which are properties that trigger a strong revitalizing effect in the skin.

Its extraordinary REJUVENATING AND FIRMING ACTION inhibits the metalloproteinases responsible for destroying extracellular matrix components such as collagen, causing a lack of firmness and elasticity.

#### FERULIC ACID 5%

A hydroxycinnamic acid with EXCELLENT ANTIOXIDANT PROPERTIES.
Stands out due to its extraordinary ability to inhibit free radicals, REPAIRING PHOTODAMAGE and preventing premature aging.

Protects the skin against the negative effects of free radicals and controls tyrosinase activity, helping to LIGHTEN DARK SPOTS and HARMONIZE TONE.



## [P.S.F] peel

## CASMARA Expert DermaPeels REJUVENATING

ACTION	RESULT
EXFOLIATING	Improves the texture, the skin's micro-relief and refines pores.
RENEWING	Improves all imperfections on the skin's surface, such as dark spots, wrinkles and marks.
REGENERATING	Stimulates the skin's repair mechanisms and activates the fibroblasts.
REJUVENATING	Increases skin firmness and elasticity.
HYDRATING	Deeply hydrates and prevents skin dehydration.
REVITALIZING	Highly energizing, triggering a powerful revitalizing effect on the skin.
ANTIOXIDANT	Protects the skin against the cell damage caused by free radicals.



## [S.A.S] peel – Purifying Renewal





## pH 1.7 50ml

#### **TARGET**

Indicated for all skin types: young, male, unbalanced or asphyxiated skin.

#### **ACTION**

Its **PURIFYING**, **DETOXIFYING AND REGENERATING** action removes skin impurities while intensely reducing the signs of aging, resulting in an overall improvement in the skin's condition. On one hand, it intensely cleanses and exfoliates, purifying, detoxifying and regulating sebaceous secretion if there is an imbalance. On the other, it softens wrinkles and marks, improving the skin micro-relief and evening the tone.



## [S.A.S] peel

#### **RESULTS**

- ✓ Intensely renewed skin. Imperfections are faded and/or removed. Soft and smooth micro-relief.
- ✓ Deeply hydrated and plump skin that's protected against dehydration
- ✓ Mattified, shine-free complexion. Perfectly balanced skin.
  Provides comfort and a silky-smooth feel to mixed and oily skin.
- Refined, invisible pores. Purified, unclogged skin that's protected against future blackheads.
- ✓ Signs of aging are diminished. Wrinkles and dark spots are softened.





## COMPOSITION

CASMARA has created a unique, advanced formula combining three acids in key concentrations to achieve extraordinary results. This blend of acids, as well as their general **EXFOLIATING**, **RENEWING**, **REJUVENATING** and **REGENERATING** actions, have special characteristics that improve the results and enhance the power of the formula when combined.

#### SHIKIMIC ACID 10%

Innovative acid with a powerful exfoliating action which, in low concentrations, can produce a much more powerful keratolytic effect than glycolic acid in high concentrations.

It normalizes microbiome imbalances that cause the appearance of imperfections and is a POWERFUL ANTIOXIDANT that neutralizes free radicals, protecting the skin from cell damage and preventing PREMATURE AGING.

#### **AZELAIC ACID 12%**

A dicarboxylic acid known for its ANTI-BLACKHEAD PROPERTIES, which also reduces grease production, balances the skin and stimulates its correct function, preventing the appearance of signs of aging.

Helps INHIBIT MELANOGENESIS, thus fading the color of dark spots and marks, while also helping to even the tone.

#### SALICYLIC ACID 2%

A lipid-soluble beta-hydroxy acid with a DETOXIFYING ACTION. It mixes with fats on the skin's surface and with the sebaceous material that collects in the follicles.

It has a BALANCING EFFECT that reduces the spread of microorganisms that lead to the appearance of blackheads. Very effective for treating oily skin.



# [S.A.S] peel

CASMARA Expert DermaPeels PURIFYING		
ACTION	RESULT	
EXFOLIATING	Improves the texture, the skin's micro-relief and refines pores.	
RENEWING	Improves all imperfections on the skin's surface, such as dark spots, wrinkles and marks.	
ANTI-AGING	Increases skin firmness and elasticity, with an anti-wrinkle and anti-sagging effect.	
SEBUM-REGULATING	Normalizes oil production, removes shine and intensely mattifies the skin.	
DETOXIFYING	Deeply cleanses and purifies inside pores and the skin in general.	
ANTI-BLACKHEAD	Regulates imbalances in the microbiome that result in the appearance of blackheads.	



### **PROTOCOL**

Assessment of the customer: It's extremely important to carry out a prior interview with the aim of assessing the patient's skin type and history. This will aid the selection of the most suitable procedure and avoid possible complications later. The patient must understand the procedure and its potential effects. Their informed consent should be expressed in writing, stating that they have been correctly informed, and a series of initial questions should be asked, which may rule out future complications. Casmara recommends at least five sessions per client. The total duration of the treatment will depend on each client's particular skin characteristics according to professional judgment and the treatment's progress.

The patient assessment must be carried out considering these factors:

- Skin type.
- Phototype.
- Issue to be treated.
- Existence of prior cutaneous pathologies.
- Possible consumption of photosensitizing medication.
- Determining if the person suffers from recurrent herpes.

Once this step has been completed, it's time to indicate the home treatment they should complete before undergoing a chemical peel.



#### CONSENTIMIENTO INFORMADO PARA PROCEDIMIENTO PEELING QUIMICO

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eléfonos			

El tratamiento con peelings químicos se realiza para tratar diversas alteraciones de la piel, así como para promover la renovación celular y así obtener una piel mas uniforme y brillante, ayudando a contraer poros, controlar lesiones de acné leve a moderado, cicatrices superficiales, aclarar manchas y atenuar arrugas o lineas de expresión.

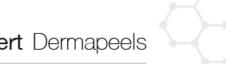
Los efectos que se pueden sentir durante la sesión no debe llegar al dolor. Puede notarse un poco de escozor , quemazón o una especie de calor durante los primeros minutos que después de unos minutos debiera bajar la intensidad.

Es posible observar después del procedimiento efectos secundarios en la piel como: rojeces, hipersensibilidad, sensación de calor local, picor, deshidratación y descamación, ya que la piel reacciona momentáneamente al químico con el objetivo de recambio celular. Los sintomas pueden durar de 24 a 72 o incluso más tiempo dependiento de cada filo la piel.

#### CUIDADOS POST TRATAMIENTO:

- Se recomienda limpiar el rostro con un jabón muy suave y agua tibia, preferiblemente con uno de los limpiadores 3in1 de CASMARA al ser totalmente respetuosos con la piel. Se debe evitar frotarla y usar agua demasiado caliente. Es preferible secar la piel con una prenda o toalla de algodón dando liaeros toquecitos.
- Evitar utilizar productos que contengan alcohol o que contengan ingredientes que puedan initar el cutis.
- No utilizar maquillaje hasta 3 días después de cada sesión de peeling.
- Dormir recostado, sobre la espalda, para evitar fricciones en la piel hasta que se haya regenerado completamente o al menos hasta que desaparezcan completamente las pieles que se desprendan con la descamación posterior a la sesión
- No manipular la piel del rostro aunque aparezcan pequeños granitos y otra alteraciones (ni quitarse las pieles) para evitar que se pueda infectar la piel.
- Evitar el agua del mar, spas, piscinas, saunas durante todo el periodo que dure el tratamiento.
- Evitar realizar deporte o cualquier práctica que implique sudoración al menos 48/72h.
- Evitar el uso de gafas de 2 a 3 días después de la sesión en caso de que la zona donde estas apoyan haya sido sometida al tratamiento.
- · Beber mucha agua: para mantener una piel hidratada constantemente.
- Se recomienda evitar la exposición al sol al máximo, por lo que es imprescindible utilizar una crema fotoprotectora con SPF 50+: es obligatorio





## AT HOME 🞧

Preparing the skin.

## Natural Peeling Tri-Active

Before the salon treatment, it's advisable to prepare the skin at home to enhance the results of the professional chemical peel.

Casmara recommends NATURAL PEELING TRI-ACTIVE, which removes dead cells from the skin's surface and refines the stratum corneum, allowing the subsequently applied peel to penetrate evenly, thereby increasing its efficacy.

#### **Application method:**

We recommend applying NATURAL PEELING TRI-ACTIVE to the face twice during the week before the start of treatment, allowing 3-4 days between each application. We recommend applying it at night, leaving the product on for 10 minutes for sensitive and delicate skin, and up to 20 minutes for thicker, more resistant skin. Then rinse with plenty of water and continue with your usual care routine.









PHASE 0	PHASE 1	PHASE 2	PHASE 3	PHASE 4	PHASE 5
3-in-1 CLEANSING	TARGETED DEGREASING CLEANSING	RENEWING EXFOLIATION	NEUTRALIZING	ENHANCING EXFOLIATION	TONING AND SOOTHING
3-in-1 Cleanser	Pre-treatment Preparing lotion	[P.S.F] peel [S.A.S] peel	Post-peel Neutralizing solution	[H.S] peel booster	NOVANEW 2045 Algae Peel-Off Mask













### PHASE 0. PREPARATORY CLEANSING

## 3-in-1 Cleanser Deep Cleansing.

#### Application method:

Time: 6 min.

With the hands, apply several pumps of cleanser over the face and spread evenly using circular movements to cover the entire area, wetting with water to activate the cleansing action of this phase. To cleanse the eye area, we recommend following the same process using cotton wool pads to help remove any make-up. To finish, rinse with plenty of water and remove any traces of product from the skin's surface.

Once the skin is clean, it's time to take a photograph before treatment.







#### PHASE 1: TARGETED CLEANSING

## **NEW Pre-treatment Preparing Lotion**. 150ml

Preparing lotion that deeply cleanses, reducing the skin's greasy layer to aid the treatment's optimal penetration.

Effectively removes dead cells and impurities, while reducing the skin's hydrolipidic film. By removing the dirt and greasy top layer of the skin, it favors even application of the acids used later, encouraging their subsequent absorption and an even action of the peel.

#### **ACTIVE INGREDIENTS:**

- NATURCLEAN: natural, non-ionic surfactant derived from sugar. Effectively removes accumulated dirt from the skin, ensuring an effective yet gentle cleanse that fully respects the natural balance of the skin.
- ALCOHOL: sanitizing and degreasing effect. Completely removes accumulated dirt and grease from the skin, effectively sanitizing it.
- TREHALOSE: natural disaccharide with a hydrating, protective action at cell level. Helps the skin to maintain its optimal moisture level, increasing its water content and forming a film that allows moisture to be retained for longer. Also effectively protects cell membrane structures.





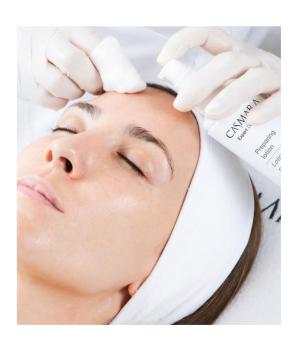
## PHASE 1: TARGETED CLEANSING

## **NEW Pre-treatment Preparing Lotion.**

#### **Application method:**

Time: 3 min.

We recommend soaking a sterile gauze with 2-3ml of degreasing Pre-Treatment Preparing Lotion and apply it to the skin using light strokes to ensure complete coverage without any irritation, focusing on areas with the most sebaceous secretion or shine. There is no need to rinse this preparing solution after applying.





### PHASE 2: PEEL APPLICATION

Two NEW options: [P.S.F] PEEL and [S.A.S] PEEL

#### **Application method:**

Before applying the chemical peel, it's essential to apply a protective balm to the most delicate areas, such as the mucous membranes, nostrils and irritated or micropigmented areas. CASMARA recommends applying Multibenefit 7in1 with a cotton bud or depressor.



Apply 2.5ml with a brush and leave on for 10 minutes. Reapply another layer of the same amount (2.5ml) and leave on for a further 10 minutes.

**[S.A.S] PEEL:** total exposure time 30 min.

Apply 3ml with a brush and leave on for 10 minutes. Reapply another layer of 1ml and leave on for 10 minutes. Reapply a further layer of 1ml and leave on for 10 minutes.

No rinsing with water is required during this phase; instead, the next neutralizing phase begins.







#### PHASE 3: NEUTRALIZING

## **NEW Post-peel Neutralizing Solution. 150ml**

As the skin's pH decreases sharply after applying the peel, it must be balanced, and its natural pH level restored with this neutralizing product.

#### **ACTIVE INGREDIENTS**

- SODIUM BICARBONATE: basic compound that reacts with the acids applied to the skin, neutralizing them and slowing their action.
- P-P ACTIVE: natural active ingredient formulated with pea proteins with a high skin affinity that acts as a real "builder" due to its restructuring, antioxidant and moisturizing triple action. Restores skin integrity, increases its water content due to its hygroscopic nature and effectively protects against free radicals.





#### PHASE 3: NEUTRALIZING

## **NEW Post-peel Neutralizing Solution**

#### **Application method:**

Time: 5 min.

Spread approximately 5ml of Post-peel Neutralizing Solution over the face with a brush, avoiding the eye area and mucous membranes, allowing a light foaming reaction to occur upon contact with the peel.

The client may notice an increase in facial temperature during this phase; this will subside quickly. After a few minutes, when the foaming reaction starts to slow, fully remove the neutralizer with a moistened Casmara towelette.





#### PHASE 4: BOOSTER

## NEW [H.S] Peel Booster. 30ml

## **5% SHIKIMIC HYALURONIC ACID** pH 2.2

This formula is especially designed to enhance the effects of the peels applied in phase 2. The acids applied in phase 2 must be neutralized, while the [H.S] peel booster must remain on the skin to maintain its action over time, causing a longlasting renewal boosting effect while helping the skin to recover.

Exclusive, next-generation formula that enhances and increases the effects of the previous phases due to the blend of two powerful active ingredients: shikimic acid and hyaluronic acid. Combines the long-lasting exfoliating effect of shikimic acid and the powerful restorative action of hyaluronic acid.

On one hand, it exponentially enhances the cell renewal induced by the peel; and on the other, it helps to immediately recover a feeling of comfort due to its moisturizing and humectant effect.





#### PHASE 4: BOOSTER

## NEW [H.S] Peel Booster. 30ml

#### **ACTIVE INGREDIENTS**

SHIKIMIC ACID 5%: a powerful natural acid that exponentially increases its exfoliating efficacy on the skin unless neutralized. A clinical trial conducted by San Gallicano Dermatological Institute demonstrates that its keratolytic efficacy at 5% is 24% higher than that of glycolic acid at 50% when it acts on the skin over 24 hours. Despite high efficacy, shikimic acid is much less irritating than glycolic acid. This study proves its significant long-lasting exfoliating power, which enhances the effects of the peel in the long-term.

HYALURONIC ACID: restores optimal skin moisture levels and rebuilds the hydrolipidic film due to its moisturizing and humectant properties. Forms a protective film that effectively prevents skin dehydration and intensely moisturizes due to its ability to attract water molecules, granting the skin immediate comfort.





### PHASE 4: BOOSTER

## NEW [H.S] Peel Booster. 30ml

#### **Application method:**

Time: 5 min.

Apply 1.5ml of the Booster using smoothing, penetrating movements to enhance its action, performing a short 5-minute massage until the product is completely absorbed. Do not rinse with water during this phase as it's essential that the active ingredients remain on the skin for at least 5 hours after the CASMARA Expert DermaPeel session.



<sup>\*</sup> Given the combined power of the peel and this formula, this phase may be omitted when treating sensitive skin.



### PHASE 4: TONING AND SOOTHING

## **NOVANEW Mask 2045**

Provides a cooling, moisturizing and decongestant effect. Reduces the facial temperature by up to 6 degrees, intensely toning and soothing the burning sensation felt after the peel, providing a very pleasant cool sensation. Restores the skin's moisture balance due to the combination of the moisturizing properties of algae derivatives and glucose. Also produces a certain occlusive effect on the application area, enhancing the penetration of the active ingredients applied beforehand, as well as the moisturizing active ingredients of the mask itself.





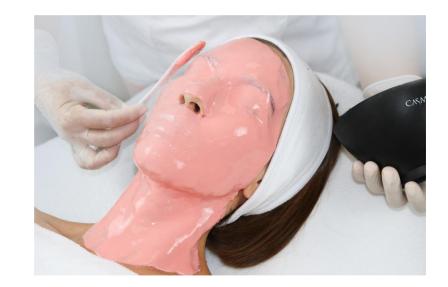
## PHASE 4: TONING AND SOOTHING

## **NOVANEW Mask 2045**

#### **Application method:**

Time: 20 min.

- 1. Pour the entire contents of sachet 1 (GEL) and sachet 2 (POWDER) into a bowl.
- 2. Using a spatula, vigorously mix both components for around 30 seconds, until you achieve an even mixture.
- 3. With the same spatula, spread the mixture over the face, working quickly, as the mask will begin to set on the skin approximately 3 minutes after being prepared. The eyes and lips may be covered for a wonderfully relaxing result.
- 4. Leave the mask on for 15-20 minutes.
- 5. Remove the mask in one piece from top to bottom.







#### OPT FOR EXTRA SAFETY BY PROTECTING YOUR SKIN AFTER YOUR SESSION

After finishing your CASMARA EXPERT DERMAPEEL chemical peel session, CASMARA recommends you protect the skin with: Lightening Clarifying Anti-aging Cream SPF 50 o Photoaging Control Gel Cream SPF 50+



## Lightening Clarifying Anti-aging Cream SPF 50

Crema antiedad aclarante iluminadora con protección total que repara, aclara, protege y combate los signos del envejeciemiento unificando el tono.



## Photoaging Control Gel Cream SPF 50+

Cremigel solar facial oil-free que previene el fotoenvejecimiento, aumenta la firmeza y elasticidad, y protege frente a la radiación solar UVA+UVB+IR.

It's important to be able to appreciate the skin's development and perform an overall assessment of its powerful results after completion of all the sessions that the professional has prescribed at the start of the protocol.





Post-treatment care at home

## **Age Defense Cream**

After a peel the skin is imbalanced, which is why it's especially important to provide it with ingredients that help it recover and intensely protect it.

The exclusive, unique, 100% natural formula of this cream contains probiotics (Lactobacillus and Lactococcus) and prebiotics that restore the microbiome and have the power to reinforce the skin's natural defense capacities.

It also contains technologically advanced natural active ingredients that provide exclusive anti-aging care, helping to stimulate the skin's regeneration mechanisms.







Post-treatment care at home

## **Age Defense Cream**

#### **ACTION**

- Protective: strengthens the skin's first line of defense, stimulating a balance in its microbiota.
- Renewing: accelerates the cell renewal process and encourages skin redensification.
- Provides hydration and nutrition in an optimal fusion. Maximum comfort and softness.
- Anti-pollution and antioxidant: forms a protective shield against external aggressions, preventing the formation of free radicals.

#### **RESULTS**

- Renewed, strengthened skin.
- Protected, healthy complexion.
- Slows down, prevents and improves the already visible signs of aging.
- o Redensified, plumped skin. Reduces wrinkle depth and quantity.
- Intensely hydrated, nourished complexion that's soft and silky.







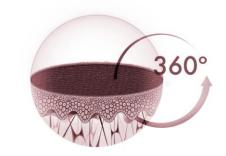


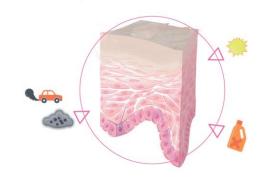
Post-treatment care at home

## **Age Defense Cream**

#### MAIN ACTIVE INGREDIENTS

- PRO & PREBIOTIC COMPLEX: 360° anti-aging active ingredient with a probiotic and prebiotic base that strengthens the skin's first line of defense. Prevents dehydration and malnutrition, while also canceling out the effects of external agents that cause aging. Redensifies the complexion and reduces wrinkle depth and quantity. Powerful cell renewer.
- DRYING OIL COMPLEX: new, nourishing drying oil complex with a base comprised of olive oil, almonds and apricots that are combined with Korean licorice extract, providing the skin with an exquisite texture and a significant anti-free radical power.
- POLLU-BLOCK: natural, detoxifying active ingredient that creates a shield against pollution. Acts by forming a barrier against three types of contaminants: ultraviolet light, air pollution and chemical agents. Cancels out their effect on the skin and favors their removal.
- JOJOBA AND BEESWAX COMPLEX: active ingredient with a jojoba and beeswax base, which has innovative vehicle-establishing and long-lasting hydrating properties, with a rich yet light texture. Smart natural active ingredient that adapts to the climate, providing an extraordinary sense of well-being in any climate or season.











### ADVANCED COMBINATIONS

[P.S.F.] peel	[S.A.S] peel	
OCEAN MIRACLE TREATMENT SKIN SENSATIONS TREATMENT INTENSIVE Q10 TREATMENT INFINITY TREATMENT	PURIFYING TREATMENT SHINE STOP TREATMENT	
AGE DEFENSE TREATMENT (Restore the skin microbiome)		

ADVANCED COMBINATIONS ACCORDING TO SKIN TYPE			
SPF 50: CLARIFYING ANTIAGING CREAM / ANTIAGING PHOTOCONTROL GEL CREAM	ALL SKIN TYPES		
AGE DEFENSE	ALL SKIN TYPES		
NATURAL PEELING TRI-ACTIVE	RESISTANT SKIN		



It is time to take the final photo.

It is important in order to appreciate the evolution on the skin and make a global assessment of its powerful results once the treatment is finished.

### **REAL RESULTS**







## **REAL RESULTS**





#### **Recommendations**

- On the days following the session, cleanse the face with a very mild soap and warm water. Casmara recommends its collection of cleansers, which provide deep and gentle cleansing. Be careful not to treat the skin roughly: avoid rubbing it and washing with hot water and dry the skin with a cotton towel by patting it lightly.
- Do not touch or pick the skin of the face, even if small pimples or other changes appear, to prevent any skin infections.
- Avoid spas, swimming pools, saunas and intense sport for 48 hours after each session.
- Drink plenty of water to keep the skin hydrated at all times.
- We recommend you avoid exposure to the sun as much as possible, for which reason it's essential you use SPF50+ sunscreen. This is mandatory from the first session up until one week after finishing treatment, and it should be reapplied every time you are going to be exposed to the sun.

#### Contraindications

Cases in which a chemical peel IS NOT RECOMMENDED.

- Extra care must be taken with dark phototypes as the darker the skin, the greater the chances of hyperpigmentation occurring in the skin post-treatment.
- After the peel the skin should not be exposed to sunlight, which is why we do not recommend chemical peels for people who are exposed to the sun for extended periods of time due to their profession or other circumstances.
- Preexistence of inflammatory dermatoses (such as psoriasis or atopic dermatitis).
- Patients who have undergone treatments with photosensitizing drugs during the six previous months.
- History of abnormal healing, keloids, skin atrophy.
- Pregnancy and breastfeeding.
- Hypersensitivity to the applied substances.
- Local inflammatory process or open wounds.
- Active bacterial, viral, fungal or herpes infection.



# THANK YOU for being a part of the CASMARA universe

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