

# Montrose Messenger

Newsletter for Montrose United Methodist Church

2022 February Volume 2

*Live by Faith,  
Grow in Grace,  
Walk in Love.*

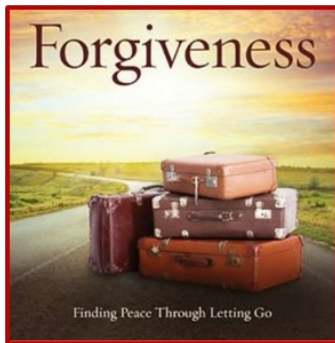
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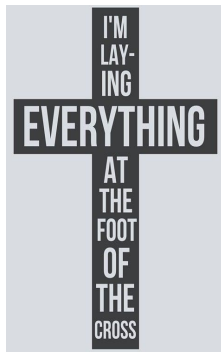
*Lenten Season begins March 2nd*

## Pastor's Column

### Forgiveness: Finding Peace through Letting Go!



Are the things you carry through life a little heavy? Are you carrying too much baggage that doesn't really belong to you? Here is an idea, set it down. Lay it at the foot of the cross. It is too hard for us to carry anyway.



The subtitle of this little book is "Finding Peace through Letting Go." What a wonderful idea. As we continue into this New Year, Jesus wants us to lay down the heavy loads we have carried this far into our lives and walk beside him with the lightness that he offers us. Would you like to leave some of it behind you in 2021? Or by now in 2022? I think we all would.

There are six words that lead to peace; "I am sorry" and "I forgive you." We all need to learn these words. Without learning these words our lives will be more difficult than they need to be. We all want our lives to be full of joy, and less cluttered with negative feelings. This video/book study and sermon series is full of little hints that can help us to find that peace in living.

**I AM  
SORRY**

**I FORGIVE  
YOU**

Adam Hamilton writes in his preface to the book;

*There are many dimensions to forgiveness, and each situation in which forgiveness is required is unique; there are circumstances that have led me to counsel individuals in different ways from what I describe in this book. But, here, we will cover the big concepts surrounding forgiveness, as well as the most common relationships in which we find ourselves needing to give or receive it.*

Depending on the situation, Forgiveness may be both the most difficult thing we will ever do, and also the most life-giving thing we will ever give ourselves. Life's hurts are real. They can cut deep. And yet we trust that there is a power that can overcome the hurt and renew our spirits. The is the power of that four-letter word, Love. If we can trust enough in the love that God and Jesus have in us, then we too can love ourselves.

Sometimes we are our own worst critics. Yet, we need to trust that since God really does love us, then we are worthy of loving ourselves as well. None of us will ever be "good enough." But that is not the standard ruler by which Jesus measures our worth. Jesus loves us not only for the things we do, but also because we belong to Him. We are His. And nothing can ever change that fact.

So, have faith. Love yourself enough to let go of the hurts and burdens that others may have placed on you. Love yourself enough to let go of the burdens you have placed upon yourself. Jesus died for us while we were still sinners. That proves his love for us.

It is worth the effort to restore and enrich our relationships through the power of forgiveness. And God has promised to be with us along the way.

It is time to make this prayer come alive in you; Lord "forgive us our trespasses, as we forgive those who trespass against us."

May God's Kingdom come, on earth as it is in heaven!

Pastor Paul D. Baker  
(320) 455-7314

### February Worship Theme

**"Forgiveness: Finding Peace through Letting Go!"**

**Sunday, February 6, 2022  
HOLY COMMUNION SUNDAY**

*"A Forgiving God in an Unforgiving World"*

Scripture: Psalms 32:1-5

**Sunday, February 13, 2022**

*"For Better, For Worse"*

Scripture: Colossians 3:12-15

**Sunday, February 20, 2022**

*"70 Times 7"*

Scripture: Matthew 18:21-23  
and Matthew 5:23-24

**Sunday, February 27, 2022**

*"The Dreamcoat"*

Scriptures: Genesis 50:15-21

### We continue to be in PHASE YELLOW

For more info on the various phases, go to our Minnesota Conference webpage <https://www.minnesotaumc.org/regatheringplan>

For our specific county we have been asked to make safe decisions based on the positive test rate for our county. If the positive test rate is over 5% then we are asked to consider whether we need to initiate more precautions.

As of this publication, Wright County is hovering around the 25% positive test rate level. We will be making adjustments to our response weekly, with an eye to whether the infection rate either declines or increases, and how the new rapidly spreading OMI-CRON variant is impacting these numbers. HERE IS WRIGHT COUNTY'S COVID WEBSITE:

[https://covidactnow.org/us/minnesota-mn/county/wright\\_county/?s=23141234](https://covidactnow.org/us/minnesota-mn/county/wright_county/?s=23141234)

We are asking everyone to wear masks again at worship service, social distance and we've suspended Coffee & Fellowship Hour at this time. We hope to remove these restrictions by the end of February.

*Sincerely, Your Church Council*



## PRAYER PAGE



### *Grieving with Families...*

† **The Corey Kingstedt Family.** Corey, Pam Johnson's cousin's son, passed away Dec. 26 from Covid at age 53.  
† **The William "Bill" Johnson Family.** Bill, Russ Johnson's brother, passed away Jan. 1 from Covid at age 70.  
† **The Jolene & John Belchak Family.** Both hospitalized for weeks with Covid, and passed away; Jolene on Dec. 4 at age 57, John on Dec. 25 at age 60. They leave behind two children.

### *Our Friends Staying Safe at Home...*

Gloria Adickes  
John Hylland



### *Lifting in Our Prayers...*

**Angie Ferrell, battling a severe cold.** Pastor Paul offered his sincere thanks to Angie for finding the Christmas Eve Interactive Service skit.  
**Those in Colorado impacted by sudden and extreme wildfires,** over 1,000 homes destroyed.  
**Don Danford,** having a medical procedure Jan. 11th. Don will meet with doctor Jan. 19th to discuss bypass surgery.  
**Sue, Ricki Malerich's housekeeper,** sick for a few weeks now. Sue's sister passed away from Covid.  
**Joel Williams Family.** Joel's memorial service was Jan. 9th. (Linda Williams husband, she's the secretary at AUMC.)  
**Mpls. - St. Paul Archdiocese,** almost 2 dozen priests out with Covid week of Jan. 16th.  
**The families of those lost to apartment fires;** 12 in Phila., PA Jan. 5 and 17 in Bronx, NY on Jan. 9.  
**Roger & Jacque Vanderlinde's granddaughter positive for Covid,** so they had to cancel their trip to Michigan.  
**Kelly Rux,** as she travels to Sweden for work for two weeks.  
**Those impacted by volcano and tsunami in Tonga Jan. 15** (over 160 islands in So. Pacific - over 40 wiped out).  
**Jerry Baird, Kim Wagner's brother-in-law's brother,** hospitalized after chemo treatment and now has Covid.  
**Deb, a friend of Ricki Malerich's,** injured her leg and is in nursing home awaiting care plan.  
**So many sick with Covid. Outbreaks all around us.**  
**Green Bay Packer Fans!**  
**Tod Ovall's brother and family.** Wife had heart issues, both had Covid and then their barn burned down.



### *Blessings and Celebrations*

**Tod Ovall, feeling great after his surgery for brain tumor.** Expressed his Thanks to everyone for their prayers!  
**Dan Baker, Pastor Paul's dad doing very well!** Able to join us Jan. 23 for Worship Service!  
**Jason & Skyler Chaffins,** at Lake of the Woods for a week enjoying some fishing!  
**Joy, friend of Ricki Malerich's, had a baby boy!** (Lost a baby boy to illness in Oct. 2020.)  
**Charlie, teammate of Belle Johnson's, broke her femur on Sat., Jan. 29.**



*We celebrate  
the many special  
Birthdays & Anniversaries  
In January!*



## **The Lenten Season Begins in March Dates for 2022**

Ash Wednesday ~ March 2, 2022  
Palm Sunday ~ April 10, 2022  
Maundy Thursday ~ April 14, 2022  
Good Friday ~ April 15, 2022  
Holy Saturday ~ April 16, 2022  
Easter Sunday ~ April 17, 2022



The February Walk to Emmaus Retreats have been **CANCELLED DUE TO COVID-19.** Pastor Paul will let everyone know when they get rescheduled.



Reverend Fred Vanderwerf, our District Superintendent, was scheduled to be our Guest Speaker on Sunday, January 30th - however, he tested positive for Covid so recorded his sermon.

For those of you that were unable to attend worship service on Jan. 30th, or you were there and had trouble hearing Pastor Fred's message, here is the link to his sermon. His last story is amazing!  
<https://vimeo.com/416181157?embedded=true...>  
(You will find the sermon on our Facebook page too!)



**Staff Parish Relations Committee (SPRC)  
Online Training Thursday, February 10th  
6:30 pm - 8:30 pm**

Big Waters Dist. Supt. Rev. Susan Nienaber will be covering the role and responsibilities of the SPRC and the SPRC Chair, nominating members of SPRC, staffing structures, providing feedback, dealing with conflict and concerns, and the SPRC role in the appointment process.

**REGISTER AT:**

<https://mnumc-reg.brtaapp.com/SPRCTraining22>

## SCRIP News!

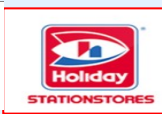
ShopWithScrip®

Remember... you can designate where you want your rebates to go and we have the following Gift Cards on-hand for those last minute shopping or gift-giving needs!

Question? Please contact Angie Ferrell (763) 442-4876 or Kelly Rux (952) 221-8659.

### FEBRUARY ORDER DATES

Monday  
February 7th & 21st



## FE+ED UPDATE



Coldest ever FE-ED food distribution! Everyone survived the cold, including Melissa Hausladen, as she again greeted and recorded almost every client! We now offer prayer request cards and received so many heart tugging prayer requests. This is a much needed service.

### Our community contributed a lot of extras:

- \* 13 boxes of bread and 800 frozen meals from WCCA.
- \* 30 hams, 20 bags chicken, 30 deli sandwiches, 4 cases of apples, 100 packs of yogurt from Buffalo Food Shelf.
- \* 50 dozen eggs from Monticello Food Shelf.
- \* 4 cases potato chips, 3 cases onion crisps, 20 cases stuffing mix from Delano Food Shelf (Delano can also start saving bread for us-they have freezer space).

Everyone reported FE-ED is contributing to their nutritional needs!

### January Statistics:

- 6,320 pounds of food from SHH
- Families served 121 (All 1st time visitors as required each January)
- Individuals served 419
- Veterans served 21
- Communities served 14

The next food drop is **Tuesday, February 22!**

Report prepared by Pam Johnson, Secretary

## Upcoming Community Events!



### RED CROSS BLOOD DRIVE

Thursday, February 3rd  
12:30 am - 6:30 pm  
at the Montrose Community Center



### MONTROSE FIRE DEPT. PRIME RIB/SHRIMP DINNER

Saturday, February 5th  
5 pm - 8 pm  
at the Montrose Community Center



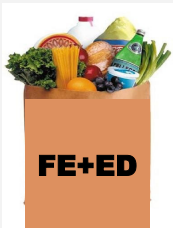
### KITES ON ICE FESTIVAL

Saturday, February 12th  
11 am - 3 pm  
on Buffalo Lake



### MONTROSE LION'S PANCAKE & FRENCH TOAST BREAKFAST

Sunday, February 13th  
8:30 am - Noon  
at the Montrose Community Center



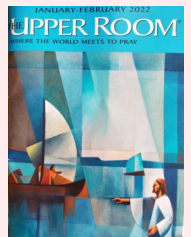
### FE+ED FOOD DISTRIBUTION

Tuesday, February 22nd  
12 pm - 1:30 pm Set-up & Packing  
3 pm Distribution  
at the Montrose Community Center



### The Montrose UMW "Hannah Circle" Meets on the 3rd Monday of each month at 7 pm

We typically start with a short devotion, then move into discussion from our resource books, be it the Program Booklet or The Upper Room Devotional.



Come find out how YOU can make a difference in the lives of Women and Children! Join us for an up-coming gathering.

~ Next Meeting, Monday, Feb. 21st at 7 pm ~

Please contact us at: [montrosemumw@gmail.com](mailto:montrosemumw@gmail.com) with any questions. We'd love for you to join us!



# FEBRUARY

Drive-Up  
Food  
Distribution



FE+ED FOOD DISTRIBUTION

**TUESDAY, FEBRUARY 22nd**  
3 pm until gone

Drive-thru pick-up on a first come- first serve basis while quantities last.

ALL ARE WELCOME!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Montrose Fire Department Prime Rib/Shrimp Dinner Sat., February 5th 5 pm - 8 pm Montrose Community Center</b></p>		<p><b>1</b> 7 pm Bell Choir Rehearsal (S)</p>	<p><b>2</b></p>	<p><b>3</b> 12:30 pm - 6:30 pm <b>RED CROSS BLOOD DRIVE (MCC)</b> 7-8 pm Palabra Viva Worship (S)</p>	<p><b>4</b></p>	<p><b>5</b> 5-8 pm MFD <u>Dinner (MCC)</u> 6-8 pm Palabra Viva (S) 8-10 pm AA Meeting (C)</p>
<p><b>6</b> 9:30 am Sunday School (C) 10:30 am Worship Service (S)</p>	<p><b>7</b> <b>SCRIP ORDER DAY!</b> 6:30 pm Cub &amp; Boy Scouts (C) 7 pm Palabra Viva (S)</p>	<p><b>8</b> 7 pm Bell Choir Rehearsal (S)</p>	<p><b>9</b></p>	<p><b>10</b> 6:30 - 8:30 pm <b>SPRC Training (ON)</b> 6:30 pm 4H Club (C) 7-8 pm Palabra Viva Worship (S)</p>	<p><b>11</b></p>	<p><b>12</b> 11 am-3 pm <b>KITE FESTIVAL (Buff)</b> 6-8 pm Palabra Viva (S) 8-10 pm AA Meeting (C)</p>
<p><b>13</b> 8:30 am - Noon <b>LION'S Pancake Breakfast (MCC)</b> 9:30 am Sunday School (C) 10:30 am Worship Service (S)</p>	<p><b>14</b>  6:30 pm Cub &amp; Boy Scouts (C) 7 pm Palabra Viva (S)</p>	<p><b>15</b> 7 pm Bell Choir Rehearsal (S)</p>	<p><b>16</b> 7:15 pm Church Council (C)</p>	<p><b>17</b> 7-8 pm Palabra Viva Worship (S)</p>	<p><b>18</b></p>	<p><b>19</b> 6-8 pm Palabra Viva (S) 8-10 pm AA Meeting (C)</p>
<p><b>20</b> 9:30 am Sunday School (C) 10:30 am Worship Service (S)</p>	<p><b>21</b>  <b>SCRIP ORDER DAY!</b> 6:30 pm Cub &amp; Boy Scouts (C) 7 pm Hannah Circle (L) 7 pm Palabra Viva (S)</p>	<p><b>22</b> 12 pm - 1:30 pm FEED Set-up 3 pm FEED <u>Distro (MCC)</u> 7 pm Bell Choir Rehearsal (S)</p>	<p><b>23</b></p>	<p><b>24</b> 7-8 pm Palabra Viva Worship (S)</p>	<p><b>25</b></p>	<p><b>26</b> 6-8 pm Palabra Viva (S) 8-10 pm AA Meeting (C)</p>
<p><b>27</b> <b>TRANSFIGURATION SUNDAY</b> 9:30 am Sunday School (C) 10:30 am Worship Service (S)</p>	<p><b>28</b> 6:30 pm Cub &amp; Boy Scouts (C) 7 pm Palabra Viva (S)</p>	<p><b>Montrose Lion's Pancake &amp; French Toast Breakfast Sun., February 13th 8:30 am - Noon At the Montrose Community Center (Proceeds going to new swing sets for city's parks)</b></p>				

**FEBRUARY BIRTHDAYS!**

1st-Josh Illies  
2nd-Alivia & Randy Jr. Segler  
3rd-Shane Carter  
6th-Sue Hylland  
6th-Kelsey Marquette  
7th-Sherry Oval

9th-Kathy Jerde  
13th-Joe Prestidge  
16th-Austin Peterson-Lomker  
24th-Russ Johnson  
25th-Stephen Hayes  
28th-Steve Lieser  
28th-Austin Torres



**ANNIVERSARIES!**

We have no February Anniversaries!

**MONTROSE UMC, 230 Center Avenue So., p.o. Box 13, Montrose, MN 55363, 763-675-3571**

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## Montrose United Methodist Church



**FE+ED**  
**For Each and Every Day**  
**(4th Tuesday of the Month)**

**UPCOMING FOOD DISTRIBUTIONS:**  
**February 22nd**  
**March 22nd**  
**April 26th**

**Starting at 3:00 pm**

This will be a drive thru event at the  
**Montrose Community Center**

**Volunteers are needed & welcome starting at  
12:00 pm to pack food boxes!**

FE+ED offers a drive-thru food distributions every  
4th Tuesday of the month! Pre-packed boxes/bags of dairy,  
produce and food items will be distributed starting at  
3 pm until gone at the Community Center parking lot.

Go to the FEED website for more information:

**[www.fe-ed.org](http://www.fe-ed.org)**



*We invite you  
to join us on  
Sunday Mornings!*

- ♦ *Sunday School 9:30 am*
- ♦ *Coffee & Fellowship Hour\**  
*\*has been paused at this time due to Covid*
- ♦ *Worship Service 10:30 am*

*Watch our Worship Service Live on  
Facebook or anytime at our website!*

*Reverend Paul Baker, Pastor*