



Client Intake Form

| Personal Details | | |
|----------------------------|---------------------|-------|
| | | |
| Name | | |
| Date of Birth | Gender | |
| Occupation | Emergency Contact : | |
| Address | Mobile | |
| | Address | |
| Suburb | Post Code | State |
| Email | | |
| How did you hear about us? | | |
| | | |

| Health | | | | |
|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Doctor's Name & Address | | | | |
| | | | | |
| Phone | Date of last check up | | | |
| Medications | | | | |
| | | | | |
| Vitamins & Supplements | | | | |
| | | | | |
| Health problems/issues (past & present) | | | | |
| | | | | |
| | | | | |
| From the list below circle/tick your areas of concern: | | | | |
| Addictions: Drinking Smoking Drugs Gambling Compulsive O.C.D | Anxiety Stress Fears Phobias Panic Attacks Guilt Relaxation | Eating problems Food/Menu Weight Problems Anorexia Bulimia Exercise Body Image | Depression Confidence Self Esteem Motivation Achieving goals Procrastination Childhood problems | Career Issues Interview Skills Nerves Public Speaking Concentration Exams Memory |
| Driving Skills Sight/Vision Hearing Pain Control Skin problems Hair Growth Sleep problems | Relationships Sexual problems Fertility IVF Conception Pregnancy Birth | Other problems or issue you would like to discuss: | | |
| | | | | |
| | | | | |
| | | Which of the following do you feel most strongly about | | |
| | | It is not available to me | | |
| | | I am Different | | |
| | | I am not enough (worthy of) | | |

Signature:

Date:

