

<div>December 1<sup>st</sup></div> <div>WORD OF THE DAY</div> <div>Longing</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> God listens</div> <div><i>EXHALE:</i> to my deepest longings.</div>	<div>December 2<sup>nd</sup></div> <div>WORDS OF THE DAY</div> <div>Break in</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> May your light break in.</div> <div><i>EXHALE:</i> May your love bring healing.</div>	<div>December 3<sup>rd</sup></div> <div>WORD OF THE DAY</div> <div>Fear</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> My fears are valid,</div> <div><i>EXHALE:</i> and God is near.</div>	<div>December 4<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Possibility</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> God, help me see</div> <div><i>EXHALE:</i> all that is possible.</div>	<div>December 5<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Presence</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> When I'm afraid,</div> <div><i>EXHALE:</i> God responds with presence.</div>
<div>December 6<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Marvel</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> May I marvel</div> <div><i>EXHALE:</i> at each tiny miracle.</div>	<div>December 7<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Hope</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Hope that trembles</div> <div><i>EXHALE:</i> is still hope.</div>	<div>December 8<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Perceive</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> God is making all things new.</div> <div><i>EXHALE:</i> May I perceive it.</div>	<div>December 9<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Trust</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Today I will trust</div> <div><i>EXHALE:</i> that my efforts matter.</div>	<div>December 10<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Useful</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> When I do not feel hopeful,</div> <div><i>EXHALE:</i> help me become useful.</div>
<div>December 11<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Conviction</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> When I feel uncertain,</div> <div><i>EXHALE:</i> steady my convictions.</div>	<div>December 12<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Transformation</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Help me witness</div> <div><i>EXHALE:</i> every quiet transformation.</div>	<div>December 13<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Reorient</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Reorient my path</div> <div><i>EXHALE:</i> to walk humbly with God.</div>	<div>December 14<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Be</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Let it be.</div> <div><i>EXHALE:</i> Let it be with me.</div>	<div>December 15<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Yes</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> A hesitant yes</div> <div><i>EXHALE:</i> can still be holy.</div>
<div>December 16<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Courage</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Help me step forward,</div> <div><i>EXHALE:</i> even when I tremble.</div>	<div>December 17<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Magnify</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> May I magnify the good</div> <div><i>EXHALE:</i> that surrounds me.</div>	<div>December 18<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Awaken</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Awaken me</div> <div><i>EXHALE:</i> to my fullest, radiant self.</div>	<div>December 19<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Vulnerability</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Deep vulnerability</div> <div><i>EXHALE:</i> can create deep possibility.</div>	<div>December 20<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Love</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> May I seek and share</div> <div><i>EXHALE:</i> the love that flows from God.</div>
<div>December 21<sup>st</sup></div> <div>WORD OF THE DAY</div> <div>Dream</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> God's dreams unfold</div> <div><i>EXHALE:</i> through the work of our hands.</div>	<div>December 22<sup>nd</sup></div> <div>WORD OF THE DAY</div> <div>Companionship</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> May I find companionship</div> <div><i>EXHALE:</i> when I need a hand to hold.</div>	<div>December 23<sup>rd</sup></div> <div>WORD OF THE DAY</div> <div>Promise</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> In this fragile, imperfect world,</div> <div><i>EXHALE:</i> may your promises take root.</div>	<div>December 24<sup>th</sup></div> <div>WORD OF THE DAY</div> <div>Joy</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Today I will make space</div> <div><i>EXHALE:</i> for joy that grows and grows.</div>	<div>December 25<sup>th</sup></div> <div>WORDS OF THE DAY</div> <div>Good news</div> <div>BREATH PRAYER</div> <div><i>INHALE:</i> Good news is greater than fear.</div> <div><i>EXHALE:</i> God will not be silenced.</div>

Advent Calendar

Daily breath prayers



What do you fear?

INSISTING ON HOPE THIS ADVENT